


**ROYAL**  
  
**BAKING POWDER**  
 Absolutely Pure  
 The only baking powder made with Royal Grape Cream of Tartar  
 No Alum, No Lime Phosphate

**The Fly Nuisance**

Now that the season for the pestiferous house fly is at hand a word touching this pest will be in order. It is a well-known and undepicted fact that the contamination of the food supply of the filthy and germ-carrying house fly is a fruitful cause of disease, aside from being the cause of almost unbearable annoyance to the housewife at all times and to the other inmates of the home when they seek rest and repose in the enjoyment of home comforts. Much may be done to mitigate this pest by the use of good screens at doors and windows, and about porches where practicable, but where they are present in quantities they will get into the house, no matter what care or precaution is taken, so the nuisance cannot be abated to the greatest possible extent without doing something toward removing the cause. As is well known the fly breeds profusely in filth. They reproduce themselves in countless thousands in the open manure pile at the barn, in the filthy hog pen or farl in places where the house slops are daily deposited, in the vault of the outhouse and similar places. Some figures recently compiled by Dr. Howard, entomologist of the United States Department of Agriculture, show that under perfectly favorable conditions a single pair of flies would be almost nothing, and the little extra labor required to maintain a more wholesome and sanitary condition about the farm house would be more than repaid by the improvement secured, to say nothing of the increased comfort, and less danger from infectious and contagious diseases which could be enjoyed by the elimination of a very considerable proportion of the seventy-four germs which Dr. Howard says may be reproduced from a single pair—Michigan Farmer.

"Health Coffee" is really the closest Coffee imitation ever yet produced. The clover Coffee Substitute was recently produced by Dr. Shoop of Racine, Wis. Not a grain of real Coffee is in it either. Dr. Shoop's Health Coffee is made from pure toasted grains with malt, nuts, etc. Really it would be an expert—we might drink it for Coffee. No. 20 or 30 minutes before boiling. "Made in a minute" says the doctor. Sold by J. E. LLOYD.

"For those who are taking up the question of poultry raising, we would suggest writing to the Department of Agriculture for Ontario, for their 'Poultry Institute Report,' or to Dr. Saunders, Ottawa, for Bulletin No. 54 on 'The Breeding, Feeding, and General Management of Poultry.'"

**RAINBOW FLOUR**

Milled by the Tillsons at Tillsonburg.

Milled by the careful Tillson process from the best Manitoba wheat, it is rich in nutriment.

**Are Nova Scotia Apple Packers Dishonest?**

(From St. John Telegraph.)  
 In a St. John dispatch to the Toronto News, it is charged against Nova Scotia fruit packers that, because of dishonest marking, their apple barrels, they have lost the confidence of the buyers here; that they have been sending only the poorest fruit at the same time marking it No. 1; that in inspections made last summer from 70 to 80 per cent. of the Nova Scotia apples sent here were falsely marked; that the fruit barrels were not suitable and that if a man wanted good apples it was best not to send him any Nova Scotia stock.

The dispatch added that as a result of this, Ontario fruit growers have, by honest dealing, captured the New Brunswick market.

In conversation with a Telegraph reporter yesterday afternoon, about this, one of the leading wholesale dealers in the city remarked that he did not expect to lay in one barrel of Nova Scotia winter apples next season.

Besides himself, he said, there was at least one more dealer who would refuse to buy apples from the neighboring province. He intended to import all his apples from Ontario.

The reason for this, he said, was that the markings on the Nova Scotia barrels are now utterly unreliable. Sometimes dealers were fooled with apples from Ontario, but if the fruit was from a reputable packer, they were to be depended on in every instance. Last fall he had imported two carloads of winter apples from Nova Scotia, paying at the rate of \$2.75 and \$3 a barrel. When the fruit arrived in St. John he was compelled to sell at 75 cents a barrel. This was not on account of a sudden drop in the market, but because the bulk of the apples should never have been put in barrels and they were trash.

It is sometimes asserted, he continued, that the reason they send poor apples is better sanitary conditions generally about the house, the troublesome fly can be greatly reduced in numbers and the comfort of the home greatly increased thereby. The manure pile at the barn, the filthy calf pen which is too often found in some outhouses near the house, or any one of the unnecessary conditions above referred to will afford a suitable breeding ground sufficient to provide a multitude of flies about any farm yard or in an extended neighborhood if the houses are comparatively close together. The cost of eliminating these common breeding places for our common fly would be almost nothing, and the little extra labor required to maintain a more wholesome and sanitary condition about the farm house would be more than repaid by the improvement secured, to say nothing of the increased comfort, and less danger from infectious and contagious diseases which could be enjoyed by the elimination of a very considerable proportion of the seventy-four germs which Dr. Howard says may be reproduced from a single pair—Michigan Farmer.

**BEAVER FLOUR**

is a "bread flour" and a "pastry flour." As good for one as for the other—and THE BEST for both.

Beaver Flour is a blend of Ontario Fall Wheat and Manitoba Spring Wheat. It contains just the right proportion of each to make the whitest, most nutritious Bread—and the lightest, tastiest Cake, Pies and Pastry.

Insist on having Beaver Flour.

Dealers—write for prices on all kinds of goods. Coopers, Grains and Cereals, 7, H. Taylor and Co., Limited, Charlottetown, Ont.

**LITTLE KITCHEN HELPS.**

A farm home that was well furnished apparently so far as big things were concerned seemed to me when I went to do some baking in the kitchen during the temporary absence of its mistress to be distressingly lacking in little kitchen conveniences which could have been secured at very trifling expense. When I went to turn a pan of biscuits around in the oven I searched in vain for anything that seemed suitable for the purpose.

"What does your mother use to handle hot pans?" I inquired of the children. "Oh, she takes the dish towel, or her apron, or the bottom of her dress, or anything that happens to be around," they said.

In her patch boxes in the attic there were quantities of material which in a few minutes could have been transformed into convenient holders for lifting pots, kettles and pans. The children would have enjoyed making them when they were shut in the house by the rain or winter storm, and might have been getting some useful lessons in sewing at the same time. The woman who uses the dish towel, her apron or the bottom of her dress to handle hot cooking or baking dishes never has a clean dish towel, a clean apron or a clean dress very long at a time.

Another point that seemed lacking at that house was in the matter of dust. A dirty pillow-cover or any other similar article was pressed into service as a duster on various occasions, and if perchance a duster was set apart there was no special place set apart to keep it and there was a search for the article when it was needed as a duster on various occasions, and if perchance a duster was set apart there was no special place set apart to keep it and there was a search for the article when it was needed as a duster on various occasions.

The brooms were all out of shape because when not in use they were thrown in a corner of the woodshed. They lasted only about half as long as if they had been properly cared for. At a trifling expense of time and labor a place could be fixed in which the broom could be placed in end and besides the prolonging of the life of the broom it would be a neat way of caring for them. One of the simplest and most practical devices for this purpose is a three-cornered board with three or four holes bored large enough for broom handles, mop handles, etc., to pass down through. This board can be fitted into a corner of the woodshed or summer kitchen, and if a strip is placed below on which dust-pans can be hung there should be no more trouble with long-nosed brooms or in searching for the dust-pan.

A course in domestic science is a good thing, but it will never take the place of domestic sense, and habits of thrift and neatness can be formed in the humblest home.

**Digby Game Warden Denounces Greedy Sportsmen**

(Halifax Chronicle.)  
 To the Editor of the Chronicle—  
 Sir,—I notice in your issue of May 21st an account of a fishing party from the City who are reported to have taken four hundred and seventy pounds of trout from Mill Lake. Either the party must have been an exceptionally large one, or the members of the party must have been exceptionally greedy. Of what use is it for the Government to hatch and distribute trout fry, when a single party of anglers will make such a wholesale slaughter?

If the bag had been the result of a fishing party from Preston or Alricliffe, and the ultimate destination of the fish had been the Green Market, it would be had streams; but when such a massacre is perpetrated by sportsmen, in the name of sport, it is doubly disgusting.

I constantly hear complaints about the destruction of trout and salmon by sawdust and dams, which are both a necessary evil. There are also many complaints about the harm done to our inland fisheries by otters, herons, loons and shill-birds. The American tourist also comes in for a certain amount of abuse, though most of the Americans I have hunted and fished with were gentlemen who knew where to stop.

The chief factor in the destruction of our fish and game gets very little blame—I allude to the resident sportsman who fishes and shoots for sport.

There is no country of its size in the world, where fishing and shooting are as good as they are in Nova Scotia. The woods lack streams are free to anyone who chooses to enjoy himself with rod and gun. There are no millionaire sporting clubs with exclusive rights over thousands of acres of forest and water, as there are in many of the other Provinces and in most of the eastern States. The game and fish remain the property of the people, may they long continue to do so.

If one party of anglers take from the party who devastated Mill Lake two to three hundred large fish, as must have done, what will remain for the rest of the sportsmen?

I can quite understand a party, or an individual, catching every fish that will take the fly, and returning fifty or seventy-five per cent. of them to the water, keeping those of exceptional size, and those which are "zill-hooked." That is the procedure adopted by the fishing parties from Digby, Weymouth and Bear River, when they make their annual habit excursions to the Tusket, Siasiboo, and Bear River waters. Your ten line paragraph has attracted more unfavorable comment from the leading sportsmen in this town than any paragraph of its size I have read.

Yours truly,  
 EDMUND F. L. JENNER.  
 (Game-warden.)

**BADLY SPRAINED ANKLE CURED**

Three years ago our daughter sprained her ankle and had been suffering terribly for two days and nights—hadn't slept a minute. Mr. Chamberlain's Pain Balm. We went to the store that night and got a bottle of it and bathed her ankle two or three times and she went to sleep. Had a good night's rest. The next morning she was much better and in a short time could walk around and had no more trouble with her ankle.—E. M. BRUMMITT, Hampton, Tenn. 25 and 50 cent sizes for sale by W. A. WARREN, BRIDGETOWN, W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

According to figures just submitted, there are 25,000 Nova Scotians in Boston, which means that one out of every twenty-four persons you meet on the congested streets of the 'hub' is from this Province.

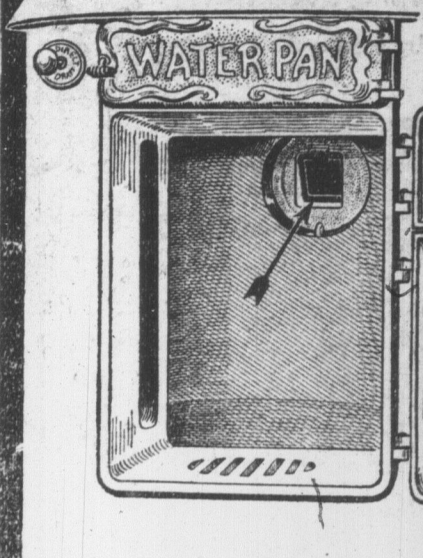
**PROPOSED ROAD TO HUDSON BAY.**

Ottawa, May 27.—The first move in the direction of establishing a new outlet for western exports, to the sea-board via the proposed Hudson Bay route is now being made by the government. A survey party, under the direction of Mr. Marrier, is being sent out by the interior department to lay out the town site of Fort Churchill, the future metropolis of Hudson Bay and the terminus of the proposed Hudson Bay Railway. The future city will be located on the eastern side of the river, opposite the ruins of old Fort Prince of Wales, and across the river from the Hudson Bay Company's trading post. Plans and drawings of the harbor are also being prepared under the direction of the department.

The present population of Fort Churchill consists of four half breed families, a mounted policeman and one settler named William Beech. The latter is the only man whose home is pitched on the future town-site. He settled there with his wife before the area in question was reserved for settlement, and is therefore entitled to claim a free quarter section of 160 acres of city real estate.

It is expected that the government measure providing for the construction of a railway to Hudson Bay will be brought down in the commons shortly.

**Heading off a Risk**



Gas is liable to puff out of the front door of any furnace unprovided for gas escape.

"Sunshine" Furnace has Automatic Gas Damper directly connected with smoke-pipe. Gas pressure always damper sufficiently for it to escape up chimney (see illustration), but heat doesn't escape.

What does "Sunshine" Gas Damper mean to "Sunshine" Furnace? Means protection to the furnace parts against evil effects of gas.

What does "Sunshine" Gas Damper mean to "Sunshine" household? Means furnace can be operated without fear as to "puffing" gas; furnace can be left without doubt as to whereabouts of gas.

What does "Sunshine" Gas Damper mean to "Sunshine" coal account? It means, instead of owner with "ordinary furnace" fear having to keep check-draft indefinitely closed to "let off" gas—when there's two-thirds parts of heat-energy to one part of gas passing up chimney—draft can with all safety be opened, and coal saved for another day's duty.

**McClary's**  
 Bridgetown Foundry Co., Local Agent.

**MORSE'S TEAS**

Morse's Teas are put up in 1/2 lb. and 1 lb. packages at Halifax by J. E. MORSE & CO. The selling prices are 30c., 35c., 40c., 45c., 50c. & 60c. per pound.

To make a good cup of tea some care is necessary. You must have freshly boiled water and you must have a tea that will respond to proper treatment. Morse's Teas is an easy tea to work with. You need only follow the directions on the wrapper to be absolutely sure of a good cup of tea.

J. E. MORSE & CO.

**SEEDS!**

Do not go by our store when you want to buy Field and Garden Seeds.

Timothy, Brown Top, Alsike, Red Clover, Rape, Hairy Vetch Barley, Buckwheat, Ensilage Corn. All of Best Variety.

Garden and Flower seeds in great Variety at

**J. E. LLOYD'S**

**PLOWS & HARROWS.**

We have received our spring shipments of Syracuse Plows and Spring-tooth and Disc Harrows and offer exceptional values on these lines. We import these goods direct from the factory and guarantee them second to none on the market.

**Bridgetown Foundry Co. Ltd.**

Advertise in the Monitor

**BLACK WATCH**

Men should look for this Tagon Chewing Tobacco. It guarantees the high quality of Black Watch The Big Black Plug.

**FERRY'S SEEDS**

Shows Great Best Ferry's Seed. Ferry's Seed Harvest for 1908. Ferry's Seed Harvest for 1908. Ferry's Seed Harvest for 1908. Ferry's Seed Harvest for 1908.

**TRY THESE.**

(Houston, Tex., Post.)  
 The Seams Club met and the following questions were asked, answered, and discussed: What faithful wife set herself a never-ending task of weaving tapestry while her husband was at war? What couple in "Mother Goose" were especially congenial regarding their diet? What well-known literary couple were separated for a day during the long happy life? What queen saved her husband's life by sucking poison from his wound? Whose bad temper has rendered her name proverbial for a conjugal scold? What character in Dickens was eternally hopeful, while his wife was eternally faithful? What woman in fiction lost her husband through curiosity? What man in mythology lost his wife through looking back? The wife of what Roman was above suspicion? What character in fiction is a model of wifely patience and forbearance.