

THE STERLING BANK OF CANADA

"Ask Our Manager"

The Sterling Bank branch manager can be of valuable assistance to you. He has made a special study of financial matters affecting farmers. He will explain anything that bothers you and give you general information of value.

Call and see him at any time, especially if you are planning for larger production next year.

The Farmer-Banker Alliance



You go to your lawyer for legal advice; to the doctor for medical advice; why not to The Merchants Bank for financial advice?

If you want a loan to buy cattle, hogs or equipment—if you want information as to how to invest money—come to those who make a business of financial matters, and are in a position to give you sound and impartial advice.

THE MERCHANTS BANK OF CANADA

Head Office: Montreal, Established 1864.
WATFORD BRANCH, F. A. MacLEAN, Manager.
ALVINSTON BRANCH, G. H. C. NORSWORTHY, Manager.

Guide-Advocate

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AUTHORITATIVE CARDS:—\$5.00 a year.

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Advertisements without specific directions will be inserted till forbid and charged accordingly.

W. C. AVLESWORTH, Publisher.
T. HARRIS, Editor.

Guide-Advocate

WATFORD, AUGUST 29, 1919

The British Breed

[Toronto Times.]

A few weeks ago a British aeroplane achieved the first non-stop passage of the Atlantic. A monster British dirigible has now completed the first Europe-to-America flight ever accomplished by a lighter than air machine.

Great Britain is first in aerial navigation as for hundreds of years she has been first in the navigation of the sea. The ancient mother country never grows old.

Never in her long history extending over a thousand years did she show more vigor or resourcefulness than in the terrific conflict of the last five years. Taking into consideration all her contribution to the war on land and sea, she did more for the allied cause than any of her allies, perhaps more than all of them put together.

The British breed is a great breed and nowhere does it show finer or higher qualities than in the original home and cradle of the race.

State of Ohio, City of Toledo,
Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE. FRANK J. CHENEY

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1919. A. W. GLEASON,
(Seal) Notary Public.

Hall's Catarrh Medicine is taken internally and acts through the Blood on the Mucous Surfaces of the System. Send for testimonials free.

F. J. CHENEY & Co., Toledo, O.
Sold by all druggists, 75c.

Hall's Family Pills for constipation.

Gumming About Taxes

The Wiarion Echo is of the opinion that too much attention is paid to taxes as a cause for gumbling. It says:

In Wiarion it costs a family of five who use four pounds of butter per week about \$2, whereas it cost them five years ago 80 cents. This makes a difference of \$62.40 per year, while the taxes may be about \$10 for that household. No one hears anything about the cost of butter as enough to drive a man out of town, it is altogether on account of the taxes that it does not pay to live here. In 1914 if everyone in the family got two pair of shoes per year at \$4 per pair, it then cost \$40 per year for footwear. Now if they get two pair it will cost at least \$80, an increase of \$40, still the only thing we can find to complain about is the taxes. And so we may go through all the various items of household expense, which have increased from \$500 to \$1,000 per year or higher, according to our pace—still it is the \$10 of additional taxes we most talk about. We should give the taxes a rest.

This may be a very good logic, but it will not put a stop to grumbling about the taxes. There is a psychological reason for it—in other words it is in human nature. The reason a man kicks so much about his tax bill is really not that it represents so large an amount of money, but that it means so much money that he doesn't have the fun of spending himself. A man may spend on perfectly useless things during a twelve-month a much larger sum than he pays in taxes and be quite cheerful about it; but present him with his tax bill, or his bill for church or lodge dues (especially if he is not a regular attendant), or for anything else of the kind, and he will grouch about it until he thinks he has got the value of his money in gouching. It is just the way we humans are built.—Ex.

Are You A Plodder?—Or A Plugger?

Plugging denotes energy, driving force, determination, and a will to conquer. Plodding is aimless, ambitionless and often hopeless. A Plugger is a man who pushes ahead—a Plodder is a man who trudges ahead. A Plugger is a man who gets what he wants by going after it. A Plodder is a man who never gets what he wants because he doesn't travel fast enough to catch up to it.

To the Plodder each morning begins another day. To the Plugger each morning begins a new day. See the difference? To the one each day is another eight or nine hours of grinding out work—of performing monotonous duties and filling in time. To the other each day opens a new vista of possibilities—chances to make good—of new ideas to put

into practice—of more knowledge to be gained—of new opportunities for self-advancement and self-development.

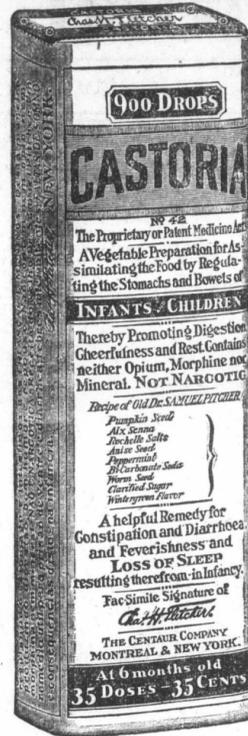
It's the man of energy—the go-ahead fellow who strikes out and works his way up the hillsides, brushing aside the obstacles and clambering over the rocks, that the world delights to honor.—"The Packer," Toronto.

Counting Seconds

An easy method of counting seconds that is sufficiently accurate for photographic purposes is to repeat a phrase that it takes one second to pronounce. The majority of people will require one second of time to pronounce the words one hundred and one as rapidly as clear enunciation will permit. The last word of the second should always indicate the number of seconds that have been counted. Six seconds, for instance, should be counted one hundred and one, one hundred and two, one hundred and three, one hundred and four, one hundred and five, one hundred and six. Many who use this method can count from thirty to sixty seconds without varying more than one or two seconds from the time recorded by a watch.

Canada's Longest Tunnel

The longest railway tunnel on the American Continent is the Rogers Pass tunnel on the Rocky Mountain division of the Canadian Pacific line, which is five miles in length and runs under Mt. Macdonald, in the Selkirk range. It was constructed at a cost of more than \$10,000,000. Previous to its being put through, the Hoosac tunnel on the Fitchburg division of the Boston and Maine Railroad, 4 1/2 miles in length, was the longest tunnel in America.



CASTORIA

For Infants and Children.

Mothers Know That
Genuine Castoria

Always
Bears the
Signature
of

Chas. H. Fletcher

In Use
For Over
Thirty Years
CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

Counter Check Books at The Guide-Advocate.

Wake up, Ontario!

Let the Referendum Battle-Cry Be
"No!"—"No!"—"No!"—"No!"

SINCE the announcement in the Legislature last spring that a Referendum on the Ontario Temperance Act would be taken this fall, the different temperance organizations of the province of Ontario have met together to consider what attitude they should take. The result has been the formation of the Ontario Referendum Committee, which comprises representatives from the organized temperance forces of the province and the temperance sentiment of the province outside of these organizations. The new Committee will conduct the Campaign. We are asking the voters of Ontario to vote "No" to all questions submitted on the ballot.

The Referendum Ballot AND HOW TO VOTE

	Yes	No
1. Are you in favor of the repeal of THE ONTARIO TEMPERANCE ACT?.....		X
2. Are you in favor of the sale of light beer containing not more than two and fifty-one one hundredths per cent. alcohol weight measure through Government agencies and amendments to THE ONTARIO TEMPERANCE ACT to permit such sale?.....		X
3. Are you in favor of the sale of light beer containing not more than two and fifty-one one hundredths per cent. alcohol weight measure in standard hotels in local municipalities that by a majority vote favor such sale, and amendments to THE ONTARIO TEMPERANCE ACT to permit such sale?.....		X
4. Are you in favor of the sale of spirituous and malt liquors through Government agencies and amendments to THE ONTARIO TEMPERANCE ACT to permit such sale?.....		X

By the Ontario Temperance Act, sale and distribution of alcoholic liquors for beverage purposes within the province were prohibited. For practically three years the province has experienced the good effects of this law. Its repeal would be a calamity. Any of the amendments would spoil it.

For the Temperance forces to win they must secure four "No" majorities. That is, a majority for "No" on EVERY question. The Temperance forces will be

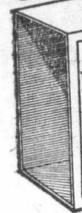
defeated if there is a majority for "Yes" on any of the questions. You must mark an X after each of the four questions, or your ballot is counted as spoiled.

A century of temperance progress in this province is at stake in the coming Referendum. The Ontario Referendum Committee earnestly and respectfully ask you to mark your X in the "No" column after each and every question, as indicated in the sample ballot reproduced herewith.

Ontario Referendum Committee

JOHN MACDONALD, Chairman D. A. DUNLAP, Treasurer ANDREW S. GRANT, Vice-Chairman and Secretary
(1001 Excelsior Life Bldg., Toronto) 80

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