A Page of General Interest to Women Readers



Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as assible, and to write on one side of the paper only. It is impossible give replies within a stated time, as all letters have to be answered turn. No letter can be answered privately.]

Dear Miss Grey,—Here I am once more to ask you a question. I also received the song, and thanks very much.

1. Will you please give me a few nice names for boys and girls?

2. To clean white felt here.

names for boys and girls?

2. To clean white felt hats: Use the soft, inner part of a stale loaf of white bread. It does the work perfectly.

3. Tomato Salad—Pare with sharp knife, slice and lay in salad-bowl, make dressing of 1 teaspoon of salt, pepper, and fresh-made mustard, with 2 table-spoons of salad oil, add only a few drops as a time; whin in with an eggheater, 4 at a time: whip in with an eggbeater, 4 tablespoons of vinegar, toss up with

4. To remove egg stains from silver, apply table salt with a wet cloth, and they will quickly disappear. I remain, GLENCOE READER. Ans.—Here are some names you may like: For girls, Bernice, Dorcas, Geraldine, Hilaria, Elsa, Rosalle, Vivian, Joan, Mildred, Lois, Sylvia, Phyllis, Elizabeth,

Janet, and Catherine; for boys, Arnold. Conrad, Donald, Eric, Martin, Kenneth, Hugh, Rupert, Oscar, Wilfred, Philip, Austin and Cyril.

Your hints, "Glencoe Reader," are very greatly appreciated.

Making Soft Soap.

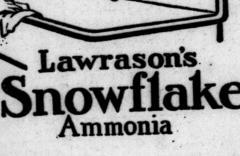
Dear Miss Grey: I am coming to your department to see if I can get some information as how to make soft soap with Gillet's or other lye, and grease.
Also if any of the readers have a
vine called Madeira Vine or potato
plant. I would like to get one bulb

me out.

Ans.—The only formula I have using lye is for hard soap. I give it, but per-haps some reader will be kind enough the benefit of R. L. C.

To 3 pints cold water add a one

You can clean a sink in a



Puts a shine on taps too. Ask for it by name-say "Snowflake." 5 and 10 cent packages.

TREMENDOUS DEMAND FOR HAIR TONIC.

Parisian Sage has been so honestly it to put an end to these troubles or advertised that its tremendous sales money back. have surprised and even astonished

The idea that advertising copy must exaggerate the merits of the goods it aims to sell is false, and the sales

of Parislan Sage prove it. Parisian Sage won't grow hair on bald heads; it isn't guaranteed to grow hair on

But if your hair is thin; if it is falling cut or splitting at the ends; if your scalp itches and you are bothered with dandruff, the makers of Parisian Sage guarantee

70

coffee pot.

No Soft Grounds

OUR improved process

This expertly-blended, fine-

flavored coffee is sold

only in sealed tins-45c. a lb. at your grocer's;

Gorman, Eckert & Co.,

LONDON and WINNIPEG

smaller tins, 25c.



of grinding "Rideau Hall" Coffee re-

moves all chaff and dust. Nothing but

the clean, evenly-cut berry reaches your

Rideau Hall

STEEL-CUT Coffee CHAFFLESS

Billy Coffybean Says:

Name it when you try a pound-RIDEAU HALL' Fine Coffee.

Coffee

dead. It kills the dandruff germs and stops itching It nourishes the hair roots and falling hair ceases, It puts vitality into the hair and gives it a radiant lustre. large bottle by druggists is to lower the quality and put in more dust. The Salada Tea Co. give

etc., try Parisian Mus-Cerate. Its effect is lerful. Use in place of mustard plasters poultices or hot applications. 25c a tube.

blic with for 23 years, but they must charge the higher prices they are com-pelled to pay for fine teas.

pound can lye; place over fire to dis-solve; meit 5½ pounds clean grease, and strain it; when lye-water is cool, and the grease cool enough to bear the hand, pour together and stir thorough-ly until thickened. Pour into a box or pan lined with greased paper; let stand in a warm place 24 hours. Then

cut into bars.

2. Request regarding vine passed on to readers. Am holding R. L. C.'s address until I hear if anyone can oblige.

refer to is this, by George Klingle, Yes, it is a favorite of mine, too:

God broke our years to hours and days

With woes and struggles, meet us face

Our feet would stop; and so God lays a little on us every day; And never, I believe, on all the way

Or pathways lie so threatening and so

But we can go, if, by God's power,

We only bear the burden of the hour

Dear Miss Grey: Is Mary Roberts

inehart married and has she a fam-

Ans .- Yes. She is the wife of Stan-

ley M. Rinehart, a physician of Pitts-burg, Pa. I do not know whether she

"A Friend of the Mail Box," Wilton

Grove. sends a copy of the song asked for by "Unknown," and entitled "The

Little Mohee." If Unknown sends her address I shall be glad to forward it.

Thank you, "Friend." also for your very kind words. Yes, quite better.

Missed the Mali Box. Dear Miss Grey: Here I am again

with some more questions. I hope you have fully recovered from year \$2-

nuch to do as ever. I am sure the

most of the readers have missed your column a great deal. I kept watching

every day to see when it would start again. Now for the questions:

kind of powder.

2. And last, but not least, what do

think of my writing?

ILDERTONITE. Yours truly. ILDERTONITE.

Ans.—1. I do not know what remedy

ou refer to unless it was the powder-

In regard to your other query, re

the umbrella, if you send your address I can tell you where it may be attended to quite satisfactorily.

Thank you for your kind remarks.

When teas make the enormous ad

vance that they have during the past few months, the general inclination

exactly the same quality and freedom

from dust as in the past. They would prefer going out of business to lowering the quality they have served the

ed rosin which a reader recomme to use; or, perhaps, it was this for-mula: Give the feet a quick dip in

1. A recipe which was given some time ago to relieve sore feet. It was not rosin, but I think it was some

illness, it seems you have just as

Will burdens bear so deep,

as a family or not.

And day by day,
Just going on a little way,
We might be able all along
To keep quite strong.
Should all the weight of life

Be laid upon our

We could not go.

steep.

"Hour by Hour."
Mrs. R. L. S.—I think the verse

cut into bars.

Local Items

VICTORIA MOTHERS' CLUB. The closing meeting of Victoria Mothers' Club will be held on Tuesday evening at 8 o'clock. A miscellaneous rogram is being arranged for, and re-

> BUSY BEES' CONCERT. a familiar one. Organized in 1875 by rs. Gregsten, a large number none have quite forgotten the pleasant smooth you would never know the leg times spent in the "Busy Bee" hive at had been broken. Had the cornet-Wesley Hall. Each year, too, the annual concert has been a feature of in-terest, when the little "Bees," their older friends and the children of the Protestant Orphans' Home, have con-tributed to a most interesting and enjoyable program. This year the con-cert will be held on Tuesday evening

next in Wesley Hall, when a good at-tendance is hoped for. An excellent program has been arranged. from being easily broken, put in a ket-tle of cold water, heat gradually till water has reached boiling point. Set aside; when water is cold take out

Lake Breezes at "Summerholm" --- Delightful Vacation Spot

Season at Y. W. C. A. Cottage, Port Stanley, Opens On July 1.

Many business girls in London are looking forward eagerly to the opening of the Young Women's Christian Asso-

as hostesses at different intervals durof the Young Women's Christian Association summer cottage, "Summerholm," on Orchard Beach, Port Stanley. Thursday, July 1, is the opening day this year, when all will be in readiness to commence the holiday season. "Summerholm" is situated in one of the most merholm" is situated in one of the most and Miss Thornley, later in the month,



attractive spots at Port Stanley, and is and Miss Davis and Miss McBride durattractive spots at Port Stanley, and is a favorite vacation-home for many girls from the city, to whom a nearby resort is desirable. Lawn tennis, bathing and various other recreations are indulged in by the girls, who find their stay by the lake restful and recuperative in every respect.

Advice To June Bride On Picking a Husband



Temperaments vary. For that reason some of us buy Windsor ties and become musicians, while others of us wear thumb nails always in mourning be-cause we are carpenters and mechanics. Some women prefer to marry the ag-time artist rather than the man who is handy with a jack-plane. Later in life they regret it generally and be-

come strong advocates of manual trainng in the public schools. The reason is this: The man who is clever at the plane generally can't mend a chair nor make a window seat from a the butter! soap box. The musical husband may do to entertain company, but it is more economical for the young woman wh would marly this June to go in for the autmatic plano-player, and select a guy who is able to put a step in the llar stairs. The majority of folks have untrained ears that can't dis-tinguish handmade music from the canned variety anyway. But any guest

can tumble down the cellar stairs when he steps on a step that isn't there. Instead of wasting wind exercising his cornet on the back porch, the me-chanically-inclined husband utilizes his breath doing useful things. If a chair leg has been kicked off by your sister's children, the handy hus-band puts it back on and the job is so player or rag-time artist mended the same chair, the off hind leg would have rested on the bass and the high one on

the treble cleff.

A handy man will take a box that grandpa shipped the crabapples in and turn out, after work, a jardiniere stand that a woman couldn't get for less than a million tobacco ccupons. Give a piano-playing husband the same box, whole chest of tools and a blue print whole chest of tools are the control to the control to the chest of tools are the chest of tools ar and he couldn't make a shelter tomato plant.

se a last June's bride who had married a professional piccolo player wanted a red plush tete-a-tete for which she had found a corner in a newly-rented house. Would he build it? He couldn't. He would merely turn ver a dollar or so as the first installment on such a piece of furniture and 'Mocking Bird" and variations. The mechanically-inclined male, how ever, would say: "Sure thing, Mary," right off the bat, and proceed to build that tete-a-tete directly. He would re-

move from the fence a couple of boards the landlord wouldn't miss. Then he

would take the red plush robe that he O. D. E., with Mrs. Whitman presidwore as high priest before marriage compelled him to drop out of the "Short Quarts" club. And within a week Mary would be able to sit on that which delivery man got the most cook ies from the woman next door. The handy man may not be such as enthusiastic dresser as the "artist" of may hang like a leather-hinged gate. But his screen doors, you will find, never hang so that the flies can steal

HOUSEHOLD HINTS.

Before sweeping old carpets, sprinkle t a with pieces of newspaper wrung out of the olks cloth wrung out of a weak solution of water. After sweeping, whe over with a cloth wrung out of a weak solution of ammonia water, which seems to brighten colors.

Smoked ceilings may be cleaned by Contributions of old tablecloths or old Smoked ceilings may be cleaned by washing with cloths wrung out of water

Curtain and portiere poles allow the hangings to slip easily if rubbed with hard soap. The hinges of creaking doors may be treated in the same way. A small soft brush such as painters use is excellent for dusting carved and

DRINK

wicker furniture.

Grand Mogul TEA It's Pure Tea

Lantic

Sugar

The American Girl Fashion's Latest Model

Let us introduce the American Girl-

COMMITTEES FORMED

pital Supplies" Shower To Begin

June 21.

Members of the Municipal Chapter,

Collect Supplies.

of the motor committee may be secured by telephoning any of the following:

Mrs. Stevely, 453; Mrs. McKillop, 451;

The following committees were formed:

Press-Miss Macbeth, Mrs. Cl. T.

during the second, each assisted by members of the various chapters. At a meeting of the Daughters of the

are going to assist at the patriotic gar-

eral matters of importance were dis-cussed. It was decided to add the names of the first vice-regents of the

different chapters, to the original com-mittee, of which Mrs. W. A. Young is

mittee, of which Mrs. W. A. Young is convener. The names now are: Mesdames Niven, Whitwam, Cl. T. Campbell, McCrimmon, R. M. Graham, Callard, Smallman, Logan, Hale, S. Stevely, Puddicombe, Ernest Smith, Misses Ora White, Ruth Stevely, Nita Black, Cathorine Smart and Rashera Brown. It is

erine Smart and Barbara Brown. It is expected that the Sir John Carling Chapter will take charge of arranging

During the lessons one afternoon in a public school a thunder storm arcse, and, seeking to lessen the fright of the children the teacher began an en-

tertaining discourse on the wonders of the elements.

"Jimmy." said she, finally turning

"That's right," smiled the teacher, encouragingly. "Now tell me why it is that lightning never strikes twice in the same place."
"Because," answered Jimmy, quite easily, "after it hits once the same

easily, "after it hits once to place ain't there any more."

he tennis tournaments

empire committee, members of

len party in aid of soldiers' con n the University grounds, June 17, sev-

arrange committees

Red Cross Society Will Open Central Bureau on Monday Next.

WILL BE CONVENIENT

Richmond Street Store Lends Space for Patriotic Work.

"Through the kindness of the J. P. Cook Company, these premises have been loaned to the Red Cross Society. This entrance to the J. P. Cook shoe store still open."

This is the sign which, on Monday next will hang in the window of the Richmond street entrance to Cook's shoe store, which is being converted into an office and information bureau for the London branch Red Cross Society. A Central Bureau.

The purpose of the store is to have a central place, where donations may be the "stand by the president" girl. She left, patterns and instructions regarding sewing obtained, and has discarded Belgian blue and the Kaiser's green-gray, she has put aside her military stripes and buttons, so popular a few weeks ago, and she is proving her patriotism by wearing gowns of American design and "neutral" colors.

Here's a very charming illustration her military stripes and buttons, so popular a few weeks ago, and she is proving her patriotism by wearing gowns of American design and "neutral" colors.

Here's a very charming illustration hoped to keep the office open all day.

The advantage of such a central Here's a very charming illustration bureau will readily be understood. Visof the new American girl model which I sketched the other day in the studio of a famous fashion designer. It's made of white wool with pin stripes of black. The jacket is semi-fitted, and it's lined with reseda green crepe; the collar and the tabs on the coat and skirt are also of green crepe. The buttons are green with rims of white. The skirt is circular, and it gains a becoming fullness from the pleats at the sides. It's the popular shoetop length. A blouse of polka dotted chiffon would be pretty with this gown—and of course, the only hat for a good American girl is the prim little, trim little sailor hat.

BETTY BROWN.

BUTTA BROWN. itors to the city, arriving from either sketched the other day in the studio

and Detroit Send Proceeds to C. W. C. A. FOR I.O.D.E. SHOWER

A splendid donation of the funds raised come to us through the interest of Mrs.

A. E. Cooper.

The making of this quilt has been

and the Misses Nesbitt and Mrs. E. G. Henderson of Windsor. Many ladies Windsor, Walkerville, Sarnia and Detroit have contributed to the working of it. It is composed of white linen ing, met yesterday in Cronyn Hall to plocks, on which the ladies have embroidered, in scarlet, all the names of those interested; and each one represented thereon has contributed something to the revenue. All this money—which has reached the really magnificent sum of \$359.65—has been handed "hospital supplies shower" which will ent sum of \$369.65—has been handed June 21. All citizens will on that day, and in the extra special comforts. The quilt itself is also to be presented, through the C. W. C. A., to No. 3 stationary hosfollowing days, be asked to contribute pital, which is under the direction of any supplies for Dr. Casgrain of Windsor; and many ospital needs. Among gifts that would acceptable are: New material for wounded soldier, we are sure, will find sheets and pillowcases, towels, gauze, work. When "bed linen" is spoken of

Owing to the conditions abroad, the . W. C. A. must regretfully refuse to Phones 558-9. J. CHIERA, Mgr. undertake the delivery of any more private parcels whatever.

The thanks of the C. W. C. sheets will be equally acceptable, only it is necessary that they be laundered.

A central place where supplies may be collected and packed during the Miss Bella McLeod Mrs. W. Blair ing committee. For those who wish to contribute, but desire donations called for, several ladies formed a motor com-The Farmers' Advocate25 00 Miss N. Allen, Glanworth 1 00
Two barrels of assorted articles for mittee, volunteering to call at any address in the city for parcels. Members

Shornecliffe Hospital, from the ladies of Kerrwood. Mrs. Fayette Mrs. Beddome, 861, and Mrs. E. H. pairs socks. From I. O. D. E., Stratford, 60 pair socks, 59 day shirts.

To keep sink drain free from grease pour down once a week at night one half can lye dissolved in one quart of Campbell, Mrs. A. E. Miller and Mrs. R. M. Graham. water. If the drain appears to be choked pour into sink one-fourth pound ne different chapters will act one day each during the "shower."
Motor committee—Mesdames Samuel
Stevely, Smallman, McKillop, Duffield, ing water. Stevely, Smallman, McKillop, Duffield,
A. A. Campbell, Fred White and F. W.
D. Jarvis, Misses Nancy Niven, Ruth
Robinson and Lilian Purdom.
Packing committee—Mrs. Callard for
the first week, Mrs. W. A. McCrimmon

Saves Money in Every Home.

SHRINK EDUCATIONAL.

Say you saw it in The Advertiser.

Say you saw it in The Advectors

INTERNATIONAL CORRESPONDENCE Schools—Local office, 286 Dundas street. Local enrollment approximately 1,700. Architecture, civil, electrical and mechanical engineering,
drafting, commercial, advertising,
salesmanship, etc.; three hundred different courses. What subject interets you most? Call and we will give
you a book, or we will mail it. Phone
4779. Head office at Scranton, Pa.,
will send any literature.

HOME STUDY SUMM BR SCHOOL

DUEEN'S to a bright little youngster. "can you tell me what lightning is?"

"Yes, ma'am," was the ready rejoinder of little Jimmy, "lightning is streaks of electricity."

"That's right," smiled the teacher, UNIVERSITY

KINGSTON, ONTARIO

ARTS EDUCATION MEDICINE SCHOOL OF MINING CHEMICAL MECHANICAL ELECTRICAL ENGINEERING GEO, Y. CHOWN, Registrar



EWGILLETT CO. LTD(

To keep an ice chest in good condition wash thoroughly at least once a week with water in which washing soda has been dissolved. If anything is spilt in the ice-chest, it should be wiped up at once. Milk and butter should be kept covered, or they will absorb impurities and odors. Many people keep a lump of charcoal in the refrigerator to keep it



Have announced a performance of "The Kleptomaniac," to be given next Tuesday, June 15, in the Auditorium. Friends interested in the work of this department may receive invitations to this splendid comedy by applying to the registrar.

The performance is entirely under the direction of Miss Newbury, the head of our Elocution School,

1 London onservatory Music

354-6 Dundas St. Phone 1101 Lottie L. Armstrong, Registrar. F. L. Willgoose, Mus. Bac. (Dunelm), Principal,

Dressmaking Under Instruction Bring your material and be shown how to make it. Terms very reason-

MISS SMITH, COO BUILDING. 110 Dundas Street-Phone 533.

The making of this quilt has been managed by Mrs. Dolman of Detroit, and the Misses Neghitt and Mrs. F. G. BY EXPERTS

Why not send that suit or dress to us with your next laundry parcel. We'll give it the best of treatment, and return it to you in a patented dustproof to the C. W. C. A. for the "trench fund," and will go forward to our soldiers in the trenches in the shape of envelope. One trial is all we ask.

PARISIAN LAUNDRY

"Sweetheart" Jelly Powders MADE IN CANADA

See the DANGLER GAS RANGES

Displayed in our window. Equipped with white porcelain, enamelled door panels galvanized iron dust slide, aluminized oven linings and racks, plain canopy and shelf, absolutely guaranteed. Prices range from \$14.50 to \$45,

H. WOLF & SONS

COCOA

CUMDY'S CHOCOLATES

VEGETABLES

HOME GROWN.

New Carrots...10c, 2 for 15c New Beets....10c, 2 for 15c Asparagus.....10c, 3 for 25c MAIN & COLLYER

"Perfect for Buy in Original Packages

2 lb. and 5 lb. Sealed Cartons. Also 10 lb., 20 lb. and 100 lb. Bags.

Look for the Lantic Red Ball on each package.

Atlantic Sugar Refineries Limited

MONTREAL, QUE.