weary, Jesus will help to carry the cross. He has promised to do this, and He never forgets His promises.

When you are all alone in some quiet place and are thinking about these things, remember these words of Jesus:

"IF YE LOVE ME, KEEP MY COMMAND-MENTS."

"I WILL NOT LEAVE YOU. . . I WILL COME TO YOU."

"YE ARE MY FRIENDS, IF YE DO WHATSO-EVER I COMMAND YOU."

Questions on the Lesson

1. Who were following after Jesus? 2. What did Jesus tell them it was not easy to do? 3. What must they be willing to do for His sake? 4. What is it to bear our cross? 5. About whom did Jesus bid His hearers think? 6. What does one do before he begins a building? 7. What might happen if he did not do this? 8. How would his neighbors treat him? 9. Whom did Jesus next picture? 10. What would the king do before commencing a war? 11. Why will those who follow Jesus never be sorry? 12. Repeat some words of Jesus which we should remember. 13. What is the Golden Text?

Lesson Story

"I'm going to be a different kind of a doctor from Uncle Jack," said Norman. "I'm going to be a—a spec'list like Dr. Burns, and have a fine big house, and visit my patients in a motor car. I heard Cousin Frank say that was the only way to live. Why Uncle Jack might be eaten by a lion or a tiger any day, and then what would it all be worth?"

"Worth everything in the world," said Grandmother gently, "because he would be doing it for Jesus' sake. And Uncle Jack knows he isn't going to lose his life out in Africa."

"Why, how can he tell?" asked Norman. "It's not a bit safe."

"Any place is safe where God wants us to be, dear, and the life He is preparing Uncle Jack for, isn't numbered in years like ours, and to lose it in God's service, may be the very quickest way of winning the new and eternal life that God has promised."

Lesson Hymn

I am trusting Thee, Lord Jesus,
Trusting only Thee!
Trusting Thee for full salvation,
Great and free. Amen.
—Hymn 154, Book of Praise

The Catechism

PRIMARY CATECHISM—85. Which is the Seventh Commandment? The Seventh Commandment is, "Thou shalt not commit adultery." 36. What did Jesus say about the Seventh Commandment? Jesus said this Commandment is broken by all impure thoughts.

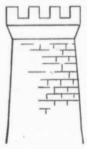
SHORTER CATECHISM—90. How is the word to be read and heard, that it may become effectual to salvation? A. That the word may become effectual to salvation, we must attend thereunto with diligence, preparation, and prayer; receive it with faith and love, lay it up in our hearts, and practise it in our lives.

The Question on Missions

3. Why should we carry the gospel to the Honanese? Because they have little knowledge of the true God, and therefore worship idols. Their religions, Taoism, Confucianism and Buddhism, are unable to satisfy their souls' needs, nor do they furnish a power whereby they may overcome sin and live a pure life.

AFTER SUNDAY SCHOOL

Copy the drawing of a tower, and remember what Jesus said about counting the cost of



being His follower. We must love Him so dearly, that we shall be willing to give up everything we have for His sake.

I Have Learned To:day

THAT I SHOULD BE IN EARNEST