

**Emergency Services  
Centre - 3333**

**University**

**New approaches on a changing campus**

## Psych. Services moves into the community

With the massive expansion and changing aspirations of their members, universities in the 60's began what some regard as their most profound change in centuries.

Few groups were more closely involved than the people at Psychological Services.

What not so long ago was little more than an extension of the high school guidance office has now become a sophisticated centre that itself is pressuring for change within the university in accordance with developing needs of students and offers a wide range of programs from an information service to group communication and techniques for improving study skills.

Two new programs in weight control and how to stop smoking will be inaugurated shortly if there is sufficient demand.

In an informal discussion earlier this week, in the reception area on the first floor of the Behavioural Sciences Building, members of the York department stressed their expanding and active involvement with the community at large.

### More outward looking

"We're more outward-looking than we used to be and have a more campus-wide approach," one member explained. "These walls don't seem quite so solid anymore."

With one or two psychologists in each of the colleges active in tutorials, counselling and extra-curricular programs, the department is better able to assess what the needs are and in the words of Graham Haley, "help make the university a more liveable place."

Al Ehrlenbusch explained the college program as "like a mirror of what goes on over here (in the central offices in BSB). We act as internal consultants to the college."

"Last fall we had people at Vanier involved with the orientation program and are now studying the advising system, taking a look at the possibility of using first year tutorial leaders as advisors (to try and establish closer contact between advisors and students). We're

dealing with the structure of the colleges and university as a whole to try and head off problems and eliminate roadblocks."

### Outpost centre

One proposal now under discussion by the department is the feasibility of establishing an 'outpost centre' in a house in the downtown core of the city.

The hope is such a centre, with some residents living in the house, would be of assistance to courses on urban living by providing them with a meeting place in the core area.

A large part of the department's work still centres on individual counselling, with many counsellors drawn from the ranks of psychology graduate students, who work under the guidance of trained professionals. Two or three of these people are on call 24 hours a day, seven days a week. They can be reached by calling 635-3333.

Many of the professionals are cross-appointed with the Department of Psychology, spreading their involvement between teaching and work with Psych. Services.

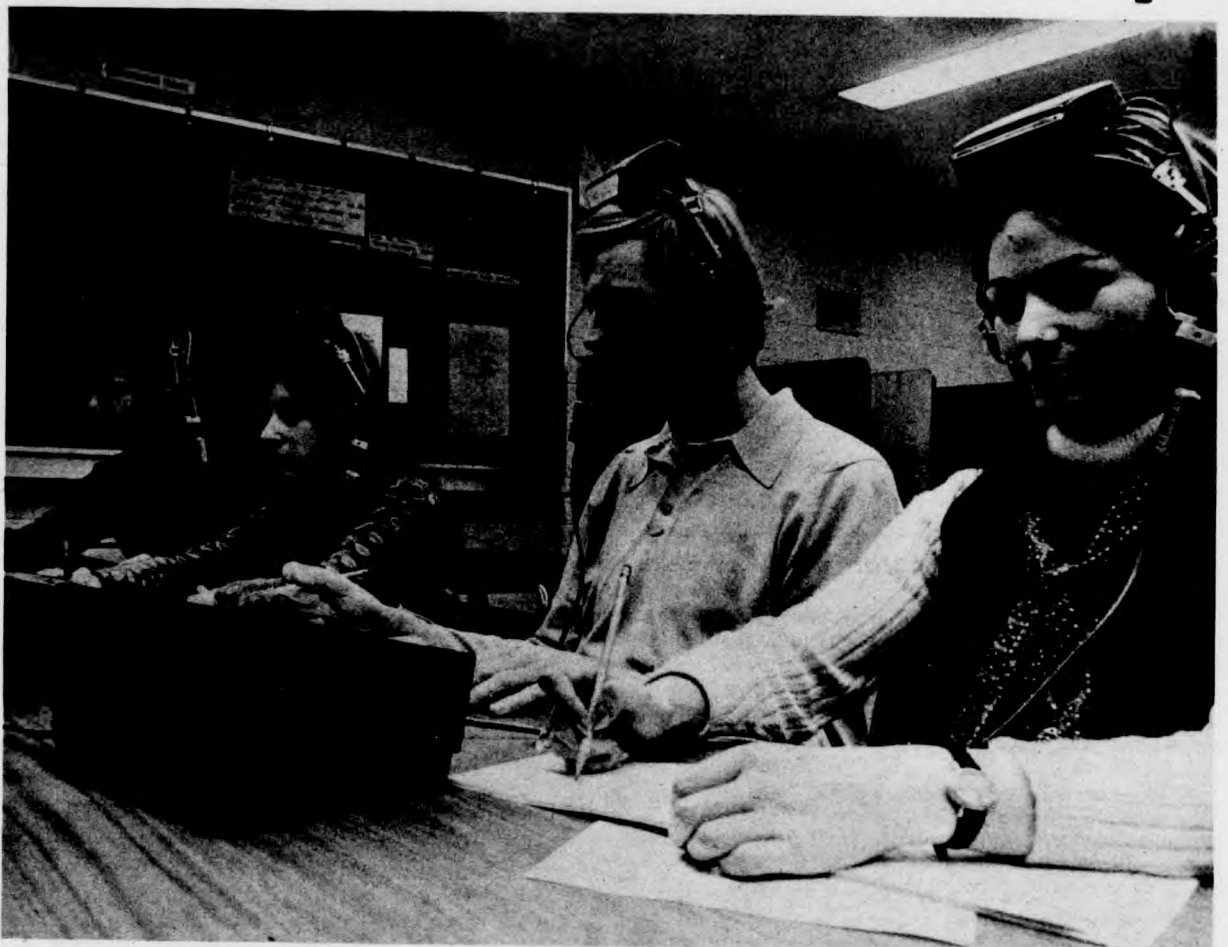
While these people have dealt with most of the problems likely to arise in a community of 20,000, the bulk are, according to psychologist Ann Salter, normal problems "dictated by the age of the population", such as making career decisions, improving study skills or resolving difficulties based on an inability to communicate in group situations such as seminars and tutorials.

There is some referral both ways between the Student Clinic and the department on drug problems, but according to Salter, the clinic handles the bulk of this work and does an excellent job.

Those interviewed stressed they are not interested in providing a psychiatric function to the community and while they have an affiliation with one or two psychiatrists this is largely for advice and they "don't have that much occasion" to call on them.

### Strictly confidential

All counselling is strictly con-



The students and staff members above are shown testing their comprehension rate in one of the rooms operated by Psych. Services in the

Behavioural Sciences Building. Equipment is available for improving other study skills from reading to pronunciation and tension control.

fidential with no records available to anyone other than the counsellor and the client.

For those with particular problems in the area of study skills, elaborate equipment is on hand for practising reading, pronunciation and improving comprehension or vocabulary.

Continuing programs are available in group communication, sometimes using the T-group model and with self-evaluation of progress being made. A well-outfitted tension-control room is also available for measuring levels of anxiety and

learning relaxation techniques — of particular benefit to those who have problems around exam time.

Participation in any or all programs is strictly voluntary, although in some cases a deposit of up to \$10 refundable at the end of the program, is required. The rationale was explained: "There's not much point in beginning a program if several of the people involved are going to drop out part way through."

### Limited knowledge

As the department moves out into the community, it is becoming much better known, but the major

problem still facing it is letting the campus know what services it can provide. Some 1600 people have used these services in the past year. But in a survey taken in November, half of those interviewed said they didn't know what the department did and the other half had for the most part only limited knowledge.

But the response was, at least, not negative. As one staff member put it: "The myth that we are a shrink shop is pretty well dead — people seem to realize we're not going to try and change their heads to fit into the establishment."

## Lecture spotlight

### Law & Social change

Professor Paul Weiler, a member of the Osgoode Hall Faculty, will give the third lecture of the academic year in the College's annual lecture series — Law and Social Change, next Wednesday, January 19 in the Moot Court Room, Osgoode Hall.

Weiler, known for his jurisprudential writings and studies of the Canadian judicial process will speak on the Supreme Court of Canada and Canadian Federalism, a topic upon which he has been engaged for some time.

### The Arts :

#### Affluence and Exploitation

Art critic and author Hugo MacPherson will deliver the second lecture in a series presenting contemporary Canadian, British and American viewpoints on the arts, in Burton Auditorium at 8:30 p.m. tomorrow night.

Formerly head of the National Film Board of Canada and presently Professor of English at McGill University, MacPherson has been closely involved in the development of arts in Canada. Tickets are available at Burton Auditorium.

### France Since 1968

Roger Garaudy, formerly a prominent member of the Central Committee of the French Communist Party (P.C.F.) and leading communist intellectual, will be at York University Tuesday, January 18, Room G, Curtis Lecture Hall at 2:30 p.m. "French Society Since 1968" is the theme of Mr. Garaudy's address; his visit is sponsored by the co-ordinating committee on Communist and Slavic Studies, the Department of French Literature and the Political Science Department.

### Russian Art

#### in the 19th century

The Co-ordinating Committee on Slavic Studies will present an illustrated slide lecture by Professor Michael Petrovich on Russian Paintings of Social Protest in the Nineteenth Century next Wednesday, January 19 at 10:00 a.m. in Stedman Lecture Hall B.

Petrovich, best known for his study of the emergence of Russian Pan-Slavism, is professor of Russian History at the University of Wisconsin (Madison). His lecture will be particularly concerned with the social message of Russian art in the latter half of the nineteenth century.

## Odds & Sodds

### WUSC seminar selection

Kenneth Hundert, a third-year political science student at York has been selected to participate at the World University Service of Canada's 1972 international seminar in Peru.

WUS is a voluntary association of people in more than 60 countries working for the advancement of the world university community.

First offered in 1948, WUS Canada's seminar program offers Canadian university students an opportunity to study and travel during the summer months, meeting with representatives of the universities, government, agencies and institutions of the host country. Five faculty members and 42 students will represent 34 Canadian universities on the four to six weeks' study tour this summer.

### Quote of the week

Had there been no neglect there would have been no rebellion. If no rebellion, then no arrest. If no arrest, then no trial. If no trial, then no condemnation. If no condemnation, then no execution. They therefore who are responsible for the first are responsible for every link in that fatal chain.

— Edward Blake, on the execution of Riel, 1885

### New research aid

The Data Bank Section of the Institute for Behavioural Research has developed an information retrieval system for literature relevant to the social sciences. It is now operational and available to faculty, staff and students free of charge. The system will automatically search abstracts of 7,000 articles appearing in major social science journals since 1966. Each user must specify the concepts or variables of interest and the search will produce all entries in which they appear. Each entry contains the title, authors, journal, date and page numbers and a summary of the article. To make use of this system, contact Ann Montgomery, S436 Ross, 635-3026.

### Gelinas at Burton

The 1971-72 Performing Arts Series will present Gratien Gelinas on January 19 in Burton Auditorium. Founder of La Comedie Canadienne, author of Yesterday the Children Were Dancing, Tit-Coq and other plays, the actor-playwright will present an evening of his work. The event begins at 8:30 p.m.

### Writing workshop

The Centre for Continuing Education will offer a writing workshop beginning January 15 at 10:00 a.m. in Room 151 on the Glendon Campus. Designed for the student who wishes to develop his potential as a writer, the course runs for fourteen weeks. Call 635-2503 for further information.

## SCHOLARSHIPS

Faculty of Arts undergraduate students who are currently registered in the third or fourth year of a degree program majoring in Psychology and or Sociology, having completed second year at York, are invited to apply for the 1971-72 Dr. Paul Christie Memorial Bursary Award. Demonstrated financial need is as important a consideration as academic performance.

It is hoped that candidates exhibit a special interest in the area of mental health through their program of study or through extra-curricular activities. Eligible students wishing consideration for this award should address enquiries to their major department by Friday, February 4, 1972.