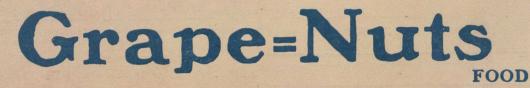
Powerful Physical Forces Must be Governed by Mind and Brain To Secure Results



supplies true nourishment for brain work.

Made of selected parts of wheat and barley, Grape-Nuts is rich in Phosphate of Potash—the vital tissue salt of gray nerve and brain cells. A regular morning dish of this appetizing food *Brings Results*.

"There's a Reason"

Postum Cereal Company, Limited Battle Creek, Mich., U. S. A. Canadian Postum Cereal Co., Ltd. Windsor, Ontario, Canada