

GOOD ENOUGH.

Dear boys, I want to give you a motto safe and good, 'I will make you successful in the thing you do.'

And whether at your lessons, or at your daily work, Don't be a halfway dabbler.

Every box and bale and counter; It will pay you always to be careful, patient, thorough.

So you'd better take my motto, To any station higher Than a stable boy or clerk.

THE HOME.

Shaken Milk for Nutrimet.

A stout, florid gentleman of about sixty years is subject to the usual disturbances from drinking even the best quality of milk.

The use of milk just drawn from the cow is also important for infants and weakly persons but most people can do admirably well, I opine, on "shaken milk."

Health Hints. I have the Sick Room.—A saniferous of shaved ice, may be preserved for 24 hours with the thermometer in the room at 90 degrees F.

Exercise for Chest Development.—Exercises of strength lead rapidly to an increase in the size of the thorax.

Minard's Liniment cures Bandruff.

The Journal of Health recommends as quite infallible the following remedy for curing the tendency to dandruff.

Hints for the Well. When an engine is running full speed, every part in perfect play, the engineer knows well that constant vigilance is the price.

Do not wear tight clothing; the obvious reason every intelligent mind can see. Cleanliness is next to godliness, therefore a virtue worthy of praise.

Do not eat too much. Each person can best determine for himself when that amount is reached. Do not eat late at night.

THE FARM.

Plough Well.—A field well ploughed, is half mown, is an old saying of the British farmers.

The Hollyhock. At one time the finer hollyhocks used to be named as we name geraniums, and we had quite a job every year raising a fresh stock of plants from sprouts.

Roots for Food.—Roots can be grown and made profitable. Troubles in winter arise from improperly sized ratios.

Kerosene as a Contact Poison.—Kerosene has a wide range of usefulness as a contact poison.

An Ohio Farmer corresponds praising his novel way of securing peas in perfection with little cost or labor.

An Iowa man of much observation and personal experience as to relative merits of evergreens for windbreak, writes to The Homestead of that State in strong commendation of white pine.

thing to see the cattle and horses collect as close to the leeward of this pine belt as is possible for the width of the lane.

Mr. Matthew Crawford is credited with having realized one season \$300 from a square rod of his Ohio garden.

Suggestions as to Spraying. It will not usually pay to spray apple-trees more than once during the season; in case of any driving rains it is profitable to spray three weeks after the first spraying.

How Elephants Quench Their Thirst. One day a circus and menagerie train halted at the railway station on its way through town.

Seven thirty elephants, shut up all day and all night in a car that gave them hardly room to move; their warm bodies fairly glowing with heat.

The mystery of the empty tank was a mystery but a short time. The keeper of the elephants, on visiting the car, had found it and the elephants deluged with water.

Thinness has its advantages.—Family Physician (to very cadaverous patient) "H'm! Distress in your stomach and a pain in your back, eh? Well, I'll fix you up a plaster, and you can clap it on either in front or behind."

—Captain John R. Hire, of schooner "Lillian," says: "I was suffering from inflammation of the chest, brought on by exposure to sea. Took a good supply of Putner's Emulsion, which promptly cured me."

To the Deaf.—A person cured of deafness and noise in the head of 23 years' standing by a simple remedy, will send a description of it free to any person who applies to NICHOLSON 30 St. John St., Montreal.

JOHNSON'S ANODYNE LINIMENT. Unlike any other. Original by an Old Family Physician. Think Of It.

BAIRD'S FRENCH OINTMENT. This Ointment has been used with the greatest success in the cure of all eruptions arising from an impure state of the blood or from infection.

NOTICE OF SALE.

To Catherine Kierstead, wife of Thomas W. Kierstead, formerly of the Parish of Sherbrooke in the County of Sanjour and Province of New Brunswick.

NOTICE IS HEREBY GIVEN that under and in pursuance of a certain mortgage, bearing date the twenty-second day of July, 1899, and registered in the County of Kings and said Province of New Brunswick, Master Martin, of the said County of Kings and said Province of New Brunswick, Master Martin, of the said County of Kings and said Province of New Brunswick, there will, for the purpose of satisfying the mortgage, defaulting in made in payment of the interest money due on said mortgage, be sold at public auction in front of the Court House in Hampton, in the said County of Kings and said Province of New Brunswick, at one o'clock in the afternoon, the lands and premises described in said mortgage, the same being as follows:

To BENJAMIN ABRAMS, now of the Parish of Springfield, in the County of Kings, and ELLA JANE, his wife, and all others whom it may concern—We hereby give notice that in default of payment of certain mortgage money...

To the HEIRS, EXECUTORS, Administrators, or Assigns of HENRY CRAWFORD and MARY JANE, his wife, both deceased, of Saint John, in the County of Queens, deceased:

Seven thirty elephants, shut up all day and all night in a car that gave them hardly room to move; their warm bodies fairly glowing with heat.

EDUCATIONAL.

HANDY HELPS.

Something entirely new. Fifteen bright, helpful books printed in colors on antique paper, and put up in a neat case 8x6x2 inches.

AGENTS WANTED.

We will pay five agents a salary of \$10 a week to work for us. Send \$1.50 for a set and full particulars.

NOVA SCOTIA NURSERY, CHURCH STREET, CORNWALLIS, N. S. T. E. SMITH, Prop.

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Fruit Growing in all its Branches. Adapted to the wants of the Maritime Provinces. Ready by the leading horticulturists of the Dominion.

Putner's Emulsion. IS THE BEST. TAKE NO OTHER. ELECTRICAL CITY'S LIFE!

Putner's Emulsion. IS THE BEST. TAKE NO OTHER. ELECTRICAL CITY'S LIFE! THE ONLY Electrical Appliances.

ALL Diseases are Cured by our Medicated Electric Belts and Appliances. Which are brought directly into contact with the diseased parts; they act as perfect absorbents for the germs of disease and remove all impurities from the body.

CATARRH. NO VINEGAR OR ACID USED. IMPOSSIBLE UNDER THE INFLUENCE OF ACTINA. W. T. BAER & Co. 171 Queen St. West, Toronto.