

# EVENING TIMES-STAR MAGAZINE PAGE FOR THE HOME

## ADVENTURES OF THE TWINS

By Olive Roberts Barton

### PATENT-LEATHER PUSS PAYS A PENNY.



"This is great for me!" he shouted at them.

"Well," said Mister Fuss Wuzz, the pipe-cleaner man, when the twins got back to the courthouse in Doofunny Land, "did you find the tin mouse?"

"Yes," said Nick, "he's under a board and now I can't get it out. He says to tell you he isn't there!"

"That shows that his guilt is as plain as the tail on my back," said the patent-leather cat. "I knew it all the time."

"I'm not so sure about that," said the rubber dog, and he whistled indignantly through the top of his head, drawing in a deep breath and then letting it out until his sides touched.

"Gentlemen! Gentlemen!" cried Mister Fuss Wuzz, hammering loudly. "This is no place to fight. And since the mouse won't come to court, the court will go to the mouse. Come, ladies and gentlemen."

The napkin rabbit saw them coming and flopped his ears with joy. "This is great for me!" he shouted at them. "I can't move because I am coming untied. But now I'll see everything!"

"My goodness gracious!" cried Nancy. "I could have tied you together. I never thought of it. Here I'll give you a good pull and you'll stay together."



### The acute pain of RHEUMATISM

will be relieved by this treatment. Apply Sloan's gently without rubbing. A tingling glow—comforting warmth, spreading through all the aching tissues! The pain eases off—then stops. Get a bottle from your druggist today—35 cents.

Sloan's Liniment—kills pain!

## Was Constipated For Several Years

If you have suffered from constipation for years, tried all kinds of remedies without getting relief, if you have been subject to all the miseries associated with constipation, wouldn't you consider it a blessing to be able to keep the bowels regular and in a good healthy condition and prevent disease getting a foothold on your system?

Milburn's Laxa-Liver Pills are indicated just for this purpose; their regular use relieves the worst cases of constipation.

Mr. M. Hedican, Sudbury, Ont., writes: "I have been troubled with constipation for several years. I began to use Milburn's Laxa-Liver Pills and find them to be the best remedy I have ever used for regulating the bowels and liver. I always keep them now and recommend them highly."

Milburn's Laxa-Liver Pills are 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

## N. B. REQUEST TO RECEIVE ATTENTION

Special Consideration to be Given by Red Cross to Plea for Assistance.

The Canadian Red Cross has decided to confer further financial assistance upon the divisions of Alberta, British Columbia, Nova Scotia and New Brunswick, the idea being that these grants will be made for specific purposes only and that an effort should be made in these divisions to raise a sum approximate to the amounts asked for from the Central Council. C. B. Allan, who is one of the representatives of New Brunswick on the Central Council and the only member of the executive from the Maritime Provinces, returned to the city on Saturday after attending the annual meeting of the society in Toronto last week and brought back encouraging reports. The New Brunswick statement was declared to be the best presented by any division and the New Brunswick plea for funds was given special consideration.

Dr. James W. Robertson, chairman of the Central Council, presided in the absence of the president, Sir Robert Borden. When finances were discussed it was reported that \$29,000 had been raised for Japanese Relief of which New Brunswick contributed \$7,841 and to date \$1,700 has been received from the Canadian Red Cross. The fund is being distributed to organizations fighting tuberculosis and to tubercular soldiers in need. With reference to the grants to divisions it was stated that no further grants would be made for general administration and in every case budgets would have to be submitted by the divisions receiving grants.

The society received an application

## THE OLD HOME TOWN

By STANLEY



from the Canadian Society for the Prevention of Tuberculosis for a grant to enable the society to make a survey in the Maritime Provinces and Alberta. Dr. Parfitt, the president, was able to make so convincing an argument that he succeeded in getting this grant.

The Nova Scotia division extended an invitation that the society hold the next meeting of the Central Council in Halifax and this invitation will be dealt with by the executive.

The New Brunswick representatives on the Central Council are C. B. Allan, R. T. Hayes, M. L. A., Mrs. Charles Sargeant, of Newcastle, and Hon. Dr. W. F. Roberts, newly elected. The members of the executive were re-elected with the exception of Sir Richard Lake, C. M. G., of Victoria, B. C., whose place was taken by Prof. J. A. Dale, of Toronto. Mr. Allan is the only Maritime Province representative on the Dominion executive of the society.

## PHYSICIAN DIES ON STEAMSHIP

Halifax, March 23.—The Anchor liner Athenia, on arrival today from Liverpool, reported the death at sea two days ago of Dr. C. C. Whitehead, of Newry, Michigan, aged 57 years. Pneumonia was the cause of death. The body was landed here and will be forwarded to Michigan.

Keep Off of Springs Please  
Headline—"Winter On His Last Legs." All right, but let him keep off springs. We don't want the old codger lingering in that sweet girl's lap.

To Distract Attention  
Cigar Dealer—"Yes, I want a boy here. Have you had any experience?" Youthful Applicant—"Lots." "Suppose I should mix up the price marks in these boxes, how could you tell the good cigars from the bad ones?" "Easy enough." "How?" "The wust cigars is in the boxes wots got the purtist pictures."

**Vichy Supreme**  
A SPARKLING LEMONADE  
**Purgative**

Pure natural Vichy Water. Flavored with Lemon. A pleasant drink in the morning, promoting regular action and giving health and energy to your day's work. Insist on "Vichy Supreme LEMONADE Purgative." On sale at all Druggists and Grocers.

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—from Vichy, France!

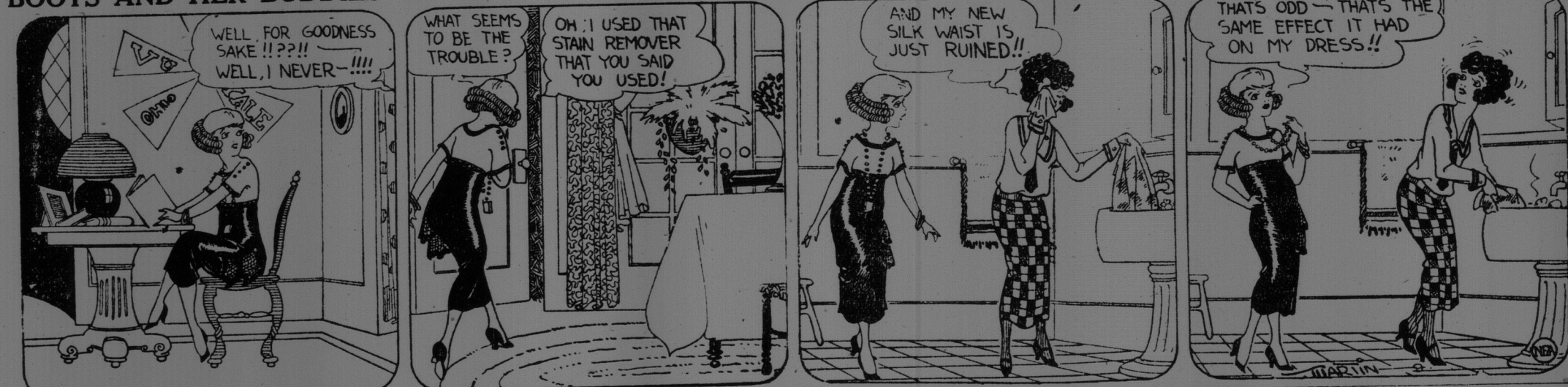
AGENTS FOR NEW BRUNSWICK  
**THE CANADIAN DRUG CO., LIMITED**  
70 Prince William Street, St. John, N. B.

## FRECKLES AND HIS FRIENDS—WILLIE USES JUDGMENT



## BOOTS AND HER BUDDIES—EXPERIENCE WASN'T A TEACHER

By MARTIN



## SALESMAN SAM—WHO WINS THE MONEY?

By SWAN



## Your Health

BY DR. CLIFFORD C. ROBINSON

**MIXED DIET.**

There is every opportunity in the world for a healthy, satisfactory mixed diet. First, learn the real quantity of food that is needed to nourish your body properly. Do not eat more than the necessary amount.

Learn how many calories, or heat measures for energy the body requires. Have at least 15 per cent. of the total amount required in protein foods. You remember the different kinds of foods and the work each accomplishes for the body—proteins, fats and carbohydrates.

Don't eat the same foods every day. This is all right for a while, when on a severe diet, but for satisfactory results, a change in programme is necessary. For the proteins, change the necessary amount of meat about a quarter daily for adults, and balance the daily change in both proteins and fats.

In breads, corn bread, muffins and pancakes, always change as often as possible. This kind of food, with the varieties of green vegetables and fruits, will supply the last third of the content, remember the glass of milk, some kind of cheese, an egg or some kind of beans.

### STEP-IN CORSETS.

Step-in corsets with fronts of elastic and backs of broche, very lightly boned, are recommended for wear with spring tailleur.

### That "Kruschen" Feeling!



## It Puts the Spring in Spring-cleaning!

Who says Spring-cleaning isn't jolly? It's one of the biggest "larks" in the whole year to those who know how to make it so. Out come buckets and brooms, sleeves are rolled up, and everyone sets to work cheerily to set the house to rights. No grumbles, no one gets worried or irritable.

That's how you ought to tackle Spring-cleaning, and you can, if you go about it in the right way.

When you have that feeling of not being quite up to the mark, and housework is a long dreary drudge that never seems to be finished—there is something wrong with your health.

That "something" is almost entirely a matter of your internal system. Your liver and kidneys are not working as they should, with the result that poisonous waste matter is collecting in the blood and lowering the tone of the body. You must take steps to put that right—in the Kruschen way.

Every morning, in your breakfast cup of coffee or tea, take as much Kruschen Salts as will lie on a 10 cent piece. You can't taste the tiny dose, but it effectually cleanses the waste material that is depriving you of vigour. Soon you will begin to feel better, more full of life and vitality, fresh and smiling, strong and well from first thing in the morning till late at night.

You owe it to yourself to start the Kruschen habit at once. The sooner you do so, the sooner you will get back that glorious feeling of radiant health—the much-talked-of "Kruschen feeling."

**Kruschen Salts**

Tasteless in Coffee or Tea

Put as much in your breakfast cup as will lie on a 10 cent piece. It's the little daily chemical that does it.

## Good Health for Half a Cent a Day

A 10 cent bottle of Kruschen Salts contains daily use "as much as will lie on a 10 cent piece"—nearly enough for six months' use. It's the breakfast cup of health which means good health for less than coffee or tea. Every druggist sells Kruschen. Get a 10 cent bottle today.

SOLE IMPORTING AGENTS: CHARLES GYDE & SON, MONTREAL

## That Longed-for Relief comes to stay when the blood is cleansed with

Bad Legs Healed at the age of 67.

Mrs. Greenwood, of 11, Stephen Field, Sticker Lane, Dudley Hill, Bradford, England, writes: "It is eleven and a half years since my legs first started, and what I have gone through with pain and loss of sleep, nobody but myself knows. I tried all sorts of lotions, plasters, and pastes, but it never healed. About 12 months ago my right leg also broke out, and altogether I had fifteen wounds on my legs. Then I bought a bottle of Clarke's Blood Mixture, and after taking seven bottles my legs were healed. I was 67 last November, so you see it is not the age that matters."

Profit by Mrs. Greenwood's Experience and Start Cleansing Your Blood to-day.

Wholesale Agents for Canada: HAROLD F. BITCHIE & Co., Ltd., 10, McCaul St., Toronto, Ont.

## Maritime Dental Parlors

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Full Set Teeth ..... \$8.00  
Crown and Bridge Work ..... 5.00

Our Teeth are Guaranteed to Fit Perfectly and Look Natural. Broken Plates Repaired in 3 Hours.

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