greatly relished; it is well adapted for all ships, as it is easily made without the aid of a first-rate cook; and all sea-going people should take it. It is an admirable article, and I should always like to use it, and be happy to give it my best recommendation.

ERASMUS OMMANNEY, Capt. R.N. Late of H. M. S. Assistance, Arctic Expedition.

Admiral Sir John Ross to Captain W. White.

London, Nov. 10, 1851.

My DEAR SIR,—I am afforded much satisfaction by giving you my willing testimony of the vast superiority of the antiscorbutic acid which was supplied by you to the Felix, during our late voyage to the Arctic seas, over every other kind of anti-scorbutic I have ever met with, as was proved in two very serious cases of scurvy when the lime-juice and sugar would not remain upon the stomach, while the acid not only did continue, but was decidedly more efficacious.

The curry paste is also no less superior to everything of its kind, and was so found by us during our late voyage; and was exceedingly useful.

Both of the articles having been universally approved of, I have no hesitation in recommending them for general use both in the royal and mercantile navies.—I remain, my dear Sir, yours faithfully,

JOHN Ross, Rear Admiral.

Captain W. White.

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Commander Phillips, R.N. to Captain White.

Woolwich, 29th December 1851.

My DEAR SIR,—On re-opening of the "Steam School" here, I am favoured with a very handsome *Christmas-box* from you, in the form of curry paste, and a kind note, dated six days back, which I hope I shall not be held rude in not earlier replying to, as, in truth, the Christmas holidays kept it from me till this day.

I am pragmatical about curry, my India service has made me so, and I have always held that curry in perfection must be made and eaten in India, although they make very good ones at the Cape and St. Helena.

But I can safely affirm that the curry paste we had on board Sir John Ross's vessel, and made by you, is decidedly the best article of the kind twenty-three years' sea service has brought under my observation. It is excellent on bread and butter, as well as an immense improvement of every kind of soup. For Arctic service I would suggest that the package should be of the lightest material.