another. Don't let anyone separate you from the group. When you check into your hotel, ask for the local emergency number and the address of the nearest hospital, and keep that information handy when you go out.

Resist the Temptation

One day you might be offered a fabulous deal: a free round-trip ticket to a sun destination and a tidy sum of money in exchange for carrying a few kilos of drugs through customs. You might be tempted to take the bait.

Here are the reasons for saying no:

- Many countries will not release you on bail pending trial. You could spend months, even a year, in a cell by yourself or with people who don't speak English.
- If you break the law in another country, you are subject to that country's justice system. In many countries, offenders are guilty until proven innocent. Drug convictions lead to long prison terms and even the death penalty in some countries. Canada cannot intervene to secure your release.

Behind Bars for a Long Time, or Worse...

In Tunisia, serious drug-related charges may result in 20 years' imprisonment plus a fine. In some countries, such as Venezuela, drug traffickers face life imprisonment. Algeria, Indonesia, Iran, Malaysia, Singapore, Thailand and Turkey can impose the death sentence for offences related to narcotics.

- As a Canadian in a foreign prison, you will experience living conditions that will put you to the test both physically and mentally.
- You will be separated from your loved ones. While you are in jail abroad, you could become a serious financial burden to your family.
- If you are arrested and convicted by Canadian authorities when you come home, you will have a criminal record in Canada.
- You will probably never be allowed to return to the country in which you were arrested.
- If you get sick after your arrest, you may have trouble getting treatment. You could also contract a viral infection or a disease in prison.
- Every day you will know shame, anger, depression, guilt and remorse.