

water all night. When taken out next morning and bathed with lobelia he was able to use it quite well. The hot-water process was continued more or less during the day, and by the third day he was again superintending his men. I could add several cases of ankle, knee and wrist sprain that would be but a restatement of the same successful treatment, which quickly relieves the tension of the nerves and circulation, soothes the injured muscles and ligaments, and relieves the hyperemic and congested conditions present. Though the parts injured may be weak for a few days, this process is simple, effective and quickly curative. Let the lobelia be freely applied when the part is not in the water.—*Sanitary Home.*

### PASSING THE CATHETER.

When you attempt to introduce the catheter into the bladder where the prostate gland is enlarged, remember the sinus pocularis. Well, how will you avoid it? Oil the index finger of the right hand and introduce it into the rectum. After introducing your catheter, hold it in the left hand and push it down until you meet the obstruction. Then follow the catheter with the index finger to its point—I mean the index finger in the rectum—gently raise it up, apply a little more force with the left hand, and ninety-nine times out of a hundred you will be surprised to find how easily the instrument enters the bladder. I can say without boasting that I have never failed in this simple operation in my life, and it is seldom now that I ever draw blood or give the patient much pain.

Never try to introduce a catheter into the bladder where the prostate gland is enlarged, without having the finger in the rectum to spread the lateral lobes apart, and lift the point of the instrument above the sinus pocularis.—*Ex.*

### THE TREATMENT OF GONORRHOEA WITH FREQUENT IRRIGATIONS OF HOT DECIMAL NORMAL SALT SOLUTION.

In looking over the germicides added to the water in the modern irrigation treatment and considering their strength, one is justified in being sceptical also as to the value of specifics used in this way, and in suggesting that plain water would do as well. The germ, though at first a resident of the upper layers of the mucuous membrane,