

the subject upon the attention of both *rulers* and ruled. But while thus enlarging your scientific and general knowledge, you should bear in mind that you have other duties than the mere acquisition of knowledge,—other faculties of our nature besides the intellectual require cultivation and development. Physicians should be men of large sympathies; you are men as well as physicians. Hence, every thing that concerns man's welfare should interest you, and engage a fair share of your attention—your moral, and as far as possible, material support must be given to all enterprises calculated to improve the social, material and moral progress of your fellowmen.

Take an active part then in all well-advised schemes for the instruction and elevation of the lower classes; lend the aid of your professional knowledge to the dissemination amongst all classes, of correct notions respecting the influence upon the health of dissipation in all forms, of sensational literature, of fast living, of motiveless, unemployed lives, of late going to bed and late rising, and of over application to business. Co-operate with others in the establishing of club-houses and reading-rooms for the working classes, of asylums for the cure of the habitual and hereditary drunkard, of magdalens for the recovery of fallen women, of reformatories for the correction and reformation of youthful criminals, of houses of refuge for the destitute and improvident.—Young men when about beginning the practice of medicine, naturally seek for hints as to how they shall attain professional success; I do not know that I can tell you how, but will offer some suggestions for your consideration.

First, do not rely upon letters of introduction, nor upon the influence of friends, nor upon the favour of family connections. These are all extrinsic aids, chiefly of use as sources of hope during the period of probation, in which your own intrinsic merits shall establish your reputation as competent and judicious practitioners. You must rely upon yourselves, not in a boastful, but in a manly honest way, and you will find that although the road to success may be long and lonely, and strewn with obstructions, yet its end may be reached by patient determined exertion.

When in charge of a patient, spare no pains to ascertain the real nature of the illness, and if it be obscure and serious, or one in the management of which you feel you would like assistance or counsel, do not hesitate to inform the friends; they will generally approve of your conscientiousness. Cultivate kindness of heart and sympathy with suffering; these will not only make you better men and attentive physicians, but will win the regard of those who employ you, and make you favorites. Be careful in your intercourse with the sick, to be truthful, simple and free from finesse or deceit; and in stating your well weighed opinion, do not endeavour to