

and established the sanitarium at Goerbersdorf about twenty years ago. Of course, as Brehmer says, neither the reduced atmospheric pressure nor the rarefied and pure air alone, should be regarded as *specifics* for the cure of consumption, and it is indeed a mistake, frequently made by practitioners to send phthisical patients to some place situated within the region of more or less perfect immunity from phthisis, and then to allow them to take care of themselves according to their own judgments. The proper management of each individual case, the judicious administration of nutritious food, stimulants, and, if necessary, of drugs, together with a constant and abundant supply of pure air under reduced atmospheric pressure, have, in Brehmer's hands, during a period of over twenty years, proved to be the best means for the treatment of phthisis in its different varieties and in all its stages. The merits of the influence of high altitudes on consumption have been discussed extensively: I simply intend to bring before the members of the Society a reliable description of that institution where all the factors, "high altitude," together with "careful medical supervision" and "good common sense management" are found almost to perfection.

Goerbersdorf is located in Silesia, in the district of Breslau, near the Bohemian border. The village lies in a valley, 1,900 feet above the level of the sea—not 1,720 feet, as has been stated until very lately. The valley is longer than broad. The mountains which surround it, many of which are almost 3,000 feet high, do not seem to crowd upon it, they simply protect it from the unfavorable influences of sudden changes of temperature, great storms, etc. The sanitarium itself is erected on an open space amidst a large pine forest. The exhalations of the pine trees contain considerable of the vapors of oil of turpentine, and they are continuously causing the presence of a large amount of ozone in the air. Whatever the real therapeutical value of ozone may be, its presence certainly has a great influence on tissue changes or secondary assimilation, and thereby it helps to bring about an improved state of nutrition. It is for this reason that ozone takes a prominent position among the remedial agents for the cure of consumption. The temperature of Goerbersdorf is moderately cool, not as changeable as that of many other health resorts. Great differences between the mid-day's heat and the evening's coolness affect consumptives more unfavorably than other patients. It is the frequent and sudden change of tem-