

If parents are under any obligation to make provision for their children, is not a government, which is but a collection of families, likewise duty bound towards her own inevitable increase.

Since those who are shaping our country's policy are so recreant in this matter, it behooves the coming generation to look out for themselves. Certainly efforts should be made to defer as long as possible the day when it will be necessary for an American to leave his native land and be himself an emigrant in a foreign land.

I cannot see how temperance people and others who are interested in the future of America can utter no warning against immigration. Prohibition was defeated in Texas by the vote of 60,000 Germans, but the foreign vote has been felt in many other states. The Personal Liberty League, of Philadelphia, is composed of 20,000 liquor-loving foreigners; and they also have the "Anti-Prohibitionist" working hard for free rum and plenty of it. Ninety-three per cent. of the saloonkeepers of New York City are of foreign birth. Our prisons, almshouses, and hospitals are largely filled with immigrants of foreign birth. Immigration has been some pecuniary benefit to this country, but it has not been so morally, which is of far more importance. To avert the evils of over-population for as long a time as possible, we should work for the prohibition of immigration, and so prevent our fair land from becoming the home of the pauper—the land of the knave.

R. HAINES.

Don't waste life in doubts and fears; spend yourself on the work before you, well assured that the right performance of this hour's duties will be but the preparation for the hours or the ages that follow it.—[Emerson.

You must measure the strength of a man by the power of the feelings he subdues; not by the power of those which subdue him.—[F. W. Robertson.

SWEET COMMUNION.

NOTES AND THOUGHTS ON A SERMON BY
ISAAC WILSON, DELIVERED AT YAR-
MOUTH ON FIRST-DAY, 3RD
MO., 11TH, '88.

The blessing of having sweet communion with our Father is the greatest of all blessings, for through it all others come. We can cultivate and learn to love these meetings with Him in the silence of all assembled.

We should feel that this is a privilege that all may know if they will. It is a personal work for each to cultivate and keep clean the garden of the heart, and so make our lives pure and upright.

It is God speaking to us when we realise that there is something wrong within us; in fact our revelation, as truly as in the days of old. It always speaks one language, "Cease to do evil, love to do well."

At the first there is self-denial, but all must know self-denial as to the flesh, and after a time there comes a higher and sweeter knowledge that brings us in full accord with God.

And we henceforth can no more be under the dominion of self, but of the spirit.

In the sunshine of health, strength and prosperity we too often forget, for a time, the only true source of strength, and begin trusting only in our own selves; but in adversity and affliction how clearly we see our error, and we return gladly—seek again an abiding trust in the only One Help.

Thus how easy to look backward in our lives, and how clearly we now see how the Spirit has ever been with us. When we stepped aside, now here, now there, we have felt His restraining hand that has led us back. How often this has occurred in our past experiences; in truth, we have been guarded all through our lives. So in the future, notwithstanding the natural tendencies of our lower natures to outward ex-