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(ESTABLISHED 1843.)  
Physician for Affections of Throat, Lungs  
and all other Chronic Diseases,  
357 KING ST. WEST, TORONTO.  
SPECIALTY—The Treatment of Affections of  
the Respiratory Organs by Inhalation.  
All those suffering from Catarrh, Bronchitis,  
Asthma, Consumption, or any other disease of  
long standing, are cordially invited to call.  
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An Internal Remedy and a SURE CURE  
for all kinds of  
Rheumatic Complaints.



If you are suffering from  
**KIDNEY COMPLAINTS**  
Give RHEUMATINE a fair trial. You will  
never regret having done so.

Testimonial from Rosa Needham, who has been for  
years in the service of the Rev. Dr. Williams, St. Catharines  
St. Paul Street Methodist Church, St. Catharines  
St. CATHARINES, July 2, 1883.

MR. SUTHERLAND—  
Dear Sir,—I have been afflicted some years with  
Rheumatism, became stiff and almost helpless. I also  
suffered very great pain. I was in this state when I  
first saw your advertisement of Rheumatine in the  
papers. I thought it could do me no harm to try it,  
which I did with the best results. Now I can move  
about as well as ever. I had to take quite a number  
of bottles. Still that is nothing to being cured when  
I am happy to say I am.  
I do not feel any relief until I had taken four  
five bottles; then I began to feel better. I truly hope  
anyone else who is suffering from Rheumatism will  
give your Rheumatine a fair trial, for I was very red  
and it cured me. Do as you see fit with this letter  
and believe me to remain,  
Most gratefully yours,  
(Signed) ROSA NEEDHAM.

P.S.—I am living at the Rev. Dr. Williams, St.  
Catharines. Any reference to him will prove that the  
above is true. (Signed) ROSA NEEDHAM.

See our Change of Testimonials every week  
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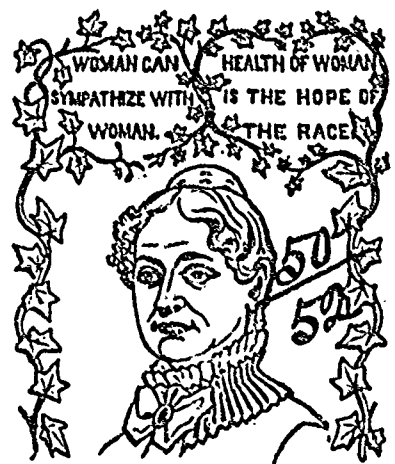
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regular and Painful Menstruation,  
Inflammation and Ulceration of  
the Womb, Flooding, PRO-  
LAPUS UTERI, &c.  
Pleasant to the taste, efficacious and immediate  
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FOR ALL WEAKNESSES of the generative organs  
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KIDNEY it is the Greatest Remedy in the World.

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Find Great Relief in Its Use.**

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will eradicate every vestige of Humors from the  
blood, and the same time give tone and strength to  
the system. As marvellous in results as the Compound.  
Both the Compound and Blood Purifier are pre-  
pared at 225 and 227 Western Avenue, Lynn, Mass.  
Price of either, \$1. Six bottles for \$5. The Compound  
is sent by mail in the form of pills, or of lozenges, on  
receipt of price, \$1 per box for either. Mrs. Pinkham  
freely answers all letters of inquiry. Enclose a cent  
stamp. Good for pamphlet. Mention this paper.  
LYDIA E. PINKHAM'S LIVER PILLS cure Constipa-  
tion, Biliousness and Torpidity of the Liver. 25 cents.  
Sold by all Druggists.

**HEADACHES**  
Are generally induced  
by Indigestion, Foul  
Stomach, Acidity,  
Deficient Circulation,  
or some Derangement  
of the Liver and Digestive System.  
Sufferers will find relief by the use of

**Ayer's Pills**

to stimulate the stomach and produce a regu-  
lar daily movement of the bowels. By their  
action on these organs, AYER'S PILLS divert  
the blood from the brain, and relieve and  
cure all forms of Congestive and Nervous  
Headache, Bilious Headache, and Sick  
Headache; and by keeping the bowels free,  
and preserving the system in a healthful  
condition, they insure immunity from future  
attacks. Try

**Ayer's Pills.**

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**Dr. J. C. Ayer & Co., Lowell, Mass.**  
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Works, Camden, N. J. 26 John Street, New York.  
Dr. Pinkham's "Pleasant Purgative Pills" are  
agreed and included in glass boxes, their vir-  
tues being thereby preserved unimpaired for any  
length of time, in any climate, so that they are  
fresh and reliable. No cheap wooden or tin boxes.  
By druggists.

**Scientific and Useful.**

**MACHINE** oil stains can be removed by  
washing with cold water and soap.  
TEN minutes and ten turnings is the finest  
axiom about chop cooking. Turn with two  
spoons.

A BAG of charcoal suspended in a cistern  
will purify the water, and meat wrapped in a  
cloth and packed in charcoal will keep fresh  
for weeks.

BRECKEN tree leaves, collected in dry wea-  
ther, make pleasant beds. The smell is  
agreeable and wholesome; they are free from  
vermin, quite elastic, and soft.

BEFORE using new earthenware, place in a  
boiler of cold water, and heat gradually till  
it boils; then let it remain until the water is  
cold. It will not be likely to crack if treated  
thus.

THE sales of the new firm of Pelley &  
Pelley are far in advance of those of the old  
firm—a convincing proof of the very low  
prices at which they are selling the many ar-  
ticles in their line of trade.

A CARPET, especially a dark one, often  
looks dusty, when it does not need sweeping;  
wet a sponge in water (a few drops of am-  
monia helps brighten the colour), wring it  
quite dry, and wipe off the dust.

A TEASPOONFUL of borax, put in the last  
water in which clothes are rinsed, will whiten  
them. It is especially good to remove the  
yellow tint time gives to garments that have  
been laid away two or three years.

WHY should vinegar for pickling never be  
boiled? Because boiling takes all the strength  
from it. Whatever vegetables are to be  
pickled should first be made soft with boiling  
water strong with salt, and then be well  
drained and the vinegar poured over.

If you want to get the good of your toma-  
toes to the very last, cut the green ones in  
slices, nearly half an inch thick, put salt,  
pepper, and flour on them, or dip them in  
egg, and cracker crumbs, and fry them in hot  
lard. Many persons think the flavour super-  
ior to that of egg plant.

To dry pumpkins for winter pies: Take  
ripe ones, pare, cut fine, stew soft, mash and  
strain through a colander. Spread this pulp  
on plates in layers less than an inch thick,  
and dry in a cool oven. When dry the sheets  
thus made may be stored away in a dry place;  
and when soaked over night in a little milk  
they return to a soft pulp, as good as fresh  
ones.

BAKED FRUIT.—A good way to bake  
apples and pears is to first put them into a  
small jar, cover them with water, and bake  
slowly for at least two hours. If you choose,  
scatter sugar over each layer of fruit before  
putting the water on. The juice will then be  
ready to serve with them, but you can add  
the sugar afterward, and let it come to a  
boil.

TO MAKE SHEEPSKIN MATS—Nail the  
fresh skin to a board with the fleshy side  
out; remove all loose pieces of flesh, then  
rub in as much chalk as you can, when the  
chalk begins to powder and fall off, take the  
skin down, fill it with fine alum, roll it up  
and lay it away for two or three days, then  
unroll and shake out. Keep while tanning  
in a dry place. Trim the skin to the desired  
shape, and line if you wish.

To make apple butter have ripe, clean ap-  
ples, free from rot; six or seven gallons of cider,  
have three bushels of snits; boil one-third of  
the cider or more away and skim well. Then  
take out of the kettle nearly all of the bat-  
tage, and put in the apples, and cook slowly,  
until all are cooked up, then put in the cider  
and boil until all in a pulp and some hours  
afterwards. Put spices and sugar in but a  
short time before finished. If the butter is  
to go into jug it need not be boiled away  
much; if in open pots it must be boiled down  
well and tolerably thick or it will not keep.

The Great Dr. Virchow  
has resigned from the medical association of  
Berlin. He won't be forced to keep "his  
light under a bushel." He approves of ad-  
vertising any remedy or combination that  
will cure, regardless of medical habit. The  
surgeons of the International Throat and  
Lung Institute, head office London, Eng-  
land and branch offices Montreal, Toronto,  
Winnipeg, and Detroit, Mich., using Dr. M.  
Soubielle's wonderful invention, the Spiro-  
meter, are curing thousands of cases of bron-  
chitis, consumption, catarrh, asthma, and  
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to physicians and sufferers all over the world.  
Physicians and sufferers are invited to call  
and try the Spirometer, free. If impossible  
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**Blessed Benefactors.**

When a board of eminent physicians and  
chemists announced the discovery that by  
combining some well-known valuable reme-  
dies, the most wonderful medicine was pro-  
duced, which would cure such a wide range  
of diseases that most all other remedies could  
be dispensed with, many were sceptical; but  
proof of its merits by actual trial has dis-  
pelled all doubt, and to-day the discoverers  
of that great medicine, Hop Bitters, are  
honoured and blessed by all as benefactors.  
These Bitters are compounded from Hops,  
Buchu, Malt, Mandrake and Dandelion, and  
other oldest, best and most valuable medi-  
cines in the world, and contain all the best  
and most curative properties of all other  
medicines, being the greatest Blood Purifier,  
Kidney and Liver Regulator, and Life and  
Health Restoring Agent on earth. No dis-  
ease or ill health can possibly long exist  
where these Bitters are used, so tried and  
perfect are their operations.

They give new life and vigour to the aged  
and infirm. To all whose employments cause  
irregularities of the bowels, or who require an  
Appetizer, Tonic and mild  
Stimulant, these Bitters are invaluable, being  
highly curative, tonic and stimulating, with-  
out intoxicating.

No matter what your feelings or symptoms  
are, what the disease or ailment is, use Hop  
Bitters. Don't wait until you are sick, but  
if you only feel bad or miserable, use the  
Bitters at once. It may save your life.  
Hundreds have been saved by so doing.  
\$5.00 will be paid for a case they will  
not cure or help.

Do not suffer yourself or let your friends  
suffer, but use and urge them to use Hop  
Bitters.

Remember, Hop Bitters is the purest and  
best medicine ever made; the "Invalid's  
Friend and Hope." No person or family  
should be without them.

"I was troubled for many years with seri-  
ous Kidney and Liver Complaint, Gravel,  
etc.; my blood became thin; I was dull and  
inactive; could hardly crawl about, and was  
an old worn out man all over, and could get  
nothing to help me, until I got Hop Bitters,  
and now I am a boy again. My blood is  
pure, kidneys are all right, and I am as active  
as a man of thirty, although I am seventy-  
two."—FATHER.

"For ten years my wife was confined to  
her bed with such a complication of ailments  
that no doctor could tell what was the matter  
or cure her, and I used up a small fortune in  
humbug stuff. Six months ago I saw a U.S.  
flag with Hop Bitters on it, and I thought I  
would be a fool once more, and I tried it,  
but my folly proved to be wisdom, and two  
bottles cured her; she is now as well and  
strong as any man's wife, and it cost me only  
two dollars."—H. W., Detroit, Mich.

Millions of sufferers of the  
Dyes have been cured of a  
plaint. Every bottle of the  
Dyes.

"BUCHUPA" 50¢  
Quick, complete cure, all  
Kidney, Bladder and kindred Diseases. 50¢  
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DO NOT BE DUPED.—A recently  
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has lately been exposed as an  
fraud. Not so with Haggard's  
Dill; none name it but to praise. John  
Mitbridge, testifies that it cured him of deaf-  
ness.

SKINNY MEN.  
Wells' Health Renewer" restores health  
and vigour, cures Dyspepsia, General  
Bility. \$1.

A GREAT SOURCE OF EVIL.—Every far-  
mer will admit that one of the most destruc-  
tive evils to good crops is that of worms or  
parasites that prey upon vegetable life; other  
species of worms infest the digestive system  
and are productive of much suffering and ill  
health. Freeman's Worm Powders will ef-  
fectually rid the system of this trouble, are  
pleasant to take, and contain their own  
cathartic.

PERSONS of weakly constitutions derive  
from N. Atthrop & Lyman's Emulsion of Cod  
Liver Oil and Hypophosphites of Lime and  
Soda a degree of vigour obtainable from no  
other source, and it has proved itself a most  
efficient protection to those troubled with a  
hereditary tendency to consumption. Mr.  
Bird, Druggist, of Westport, says: "I knew  
a man whose case was considered hopeless,  
and by the use of three bottles of this emul-  
sion his weight was increased twenty pounds."

MOTHER GRAVES' Worm Expeller is  
pleasant to take; sure and effectual de-  
stroying worms.  
Why go limping and whining about your  
corns when a twenty-five cent bottle of Col-  
loway's Corn Cure will remove them?