

TORONTO WOMAN WELL AGAIN

Freed From Bearing Down Pains, Backache and Pain in Side by Lydia E. Pinkham's Compound.

Toronto, Ont.—"Last October, I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of bowels, backache, and pain in the side. I also suffered terribly from gas. I took Lydia E. Pinkham's Vegetable Compound and am now entirely free from pain in back and bowels and am stronger in every way. I recommend Lydia E. Pinkham's Compound highly to all expectant mothers."—Mrs. E. WANDBY, 92 Logan Avenue, Toronto, Ontario.



Consider Well This Advice.
No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.
This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and invigorator of the female organism. Women residing in almost every city and town in the United States bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Guide-Advocate

Watford, Ont.
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HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.
WATFORD, SEPTEMBER 6, 1912.

NOTE AND COMMENT.

All prosperity, both in the country and in the city, depends largely upon the success of the rural population. Stop and think what your work on the land means to the country. Its importance can scarcely be realized. Stop the plow and the reaper, and what would be the result? Even in years of light crops the outcome is serious enough. A realization of the importance of the calling should stimulate every individual engaged therein to put forth great efforts, should induce others to turn to agriculture as a means of livelihood, and should influence all to make a more thorough and complete study of the agricultural principles which insure success.

Teaching agriculture and the rudiments of English in the country schools is praiseworthy work, but parents should not leave the teaching of morals and manners to the overworked schoolmistress. These should be taught at home, and the instruction should begin early, for it is absolutely true that as "the twig is bent the tree's inclined." Many brilliant men and women have had

Every Woman
is interested and should know about the wonderful
MARVEL Whirling Spray
The new Vaginal Syringe. Best—Most convenient. It cleanses instantly. Ask your druggist for it.
If you cannot supply the MARVEL, accept no other, but send stamp for illustrated book—sent. It gives full particulars and directions, invaluable to ladies.
WINDSOR SUPPLY CO.,
Windsor, Ont. General Agents for Canada.

cause to regret the carelessness in speech and deportment in the home in their tender years; and many youths and maidens, surprised into sin, have had cause for lasting regret that they were not sufficiently fortified in their early days against the insidious pitfalls of life.

Nothing is better calculated to ruin a small boy than for him to have two homes, to either of which he is permitted to go at will. If mother reproves or chastizes him for his naughtiness, he takes his hat and goes over to grandma's or auntie's house. There he is received, cajoled, petted and permitted to remain for a day or two or perhaps a week. Then, because of some overt act, he is reproved and he picks up his hat and goes off home where he is kindly received and no reference made to his former misconduct. In this way he is permitted to oscillate between two homes, all the time developing his disregard of the restraints of rightful authority. Trained in this way, he grows up self-willed, has no regards for the rights or wishes of others and unless some remarkable freak of grace interposes to check his wild career, he is pretty certain to land in the penitentiary.

Great Cost of Weeds.

(Guelph Herald.)
Prof. Thomas Shaw, a Canadian who is in Dakota, and formerly professor of agriculture at the Ontario Agricultural College, Guelph, estimates that the farmers of that state lose from \$10,000,000 to \$15,000,000 annually because of weeds in their grain fields. A drive through the country around Guelph will show that in Ontario, too, there must be a heavy loss from this cause. One farmer stated, when the amount of mustard in his field was shown to him, that it was useless for him to pull it out, as he was formerly in the habit of doing, because his neighbors allowed theirs to remain, and his field was re-seeded with a new crop for the next year. Combined effort is needed before weeds can be reduced to a minimum.

Deafness Cannot Be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a running sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous services.
We will give One Hundred Dollars for any case of Deafness, (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.
F. J. CHENEY & CO., Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Break Up the Old Pastures.

This is a bit of advice which farmers in general would do well to follow. Some of our most troublesome pests find their breeding places in land that has been left for some years under grass. Wire worms and white grubs, which are often-times very destructive to crops of all kinds increase and multiply in such places where they feed upon the roots of the grass. Wire worms in their adult stage are known as Click Beetles, oblong, dull-colored creatures. White grubs turn into what are commonly called June bugs or May beetles. These worms take from two to three years to grow to maturity and during that long period they feed upon roots and are out of sight and out of reach. There is a popular idea that salt will kill these creatures and the question is often asked, "How much salt should be used per acre?" Like many other popular superstitions, there is nothing whatever in this material for the purpose. Enough salt to affect the grubs would completely prevent the growth of any vegetation and it is doubtful if any amount whatever will kill the insects. Many other substances have been tried but so far without success. The remedy is, therefore, to break up the breeding places. This should be done by plowing up the grass fields deeply late in the fall in order to expose the grubs and their winter quarters to the frost and rain, and also to the various animals and birds which

feed upon them. The safest crop to grow during the first year is peas. After that a hoed crop, preferably turnips, would be the safest; after the second year there will probably be no grubs left. During the first year any that there are in the ground would feed upon the sod that had been plowed under and would let the growing crop pretty well alone. To grow corn, grain, potatoes or mangels at the outset would be very risky indeed. Besides these two insects, old pasture lands, especially where the soil is dry, are productive breeding-places for grasshoppers which spread from these fields to crops. In the Southern Counties of Ontario bordering on Lake Erie, there is another serious pest which also breeds in old pastures where the soil is light or sandy. This is known as the Rose Chafer. The beetle appears usually in great swarms about the time the roses come into bloom and devours, not only these flowers, but all sorts of others that may be growing in the garden. The worst damage it does is to the blossoms and young fruit of grape vines, of which it is particularly fond. These four serious pests, which are extremely difficult to control, may be greatly reduced in numbers, if not got rid of altogether, by a short rotation of crops and especially by keeping pastures not more than three years under grass.—C. J. S. Bethune, Ontario Agricultural College, Guelph.

Loynes—Thompson.

A very interesting event took place at Woodstock on Tuesday, Aug. 19th, when Miss Rosellia M. Thompson became the bride of Mr. G. J. Loynes, Manager of the Northern Crown Bank, of Luwood. The ceremony was performed at the residence of the bride's parents, Mr. and Mrs. M. Thompson, in the presence of only the immediate relatives of the contracting parties. Mr. and Mrs. Loynes left on the noon train from Woodstock for Sarnia where they will start on a trip up the lakes.

Nineteen Below Zero on 15th of June.

Seattle, Wash., Aug. 29.—Prof. Herschel Parker of Brooklyn, N.Y., and Belmore Brown, of Tacoma, who came within three hundred feet of reaching the summit of Mount McKinley last June, returned from Alaska late last night. Prof. Parker and Mr. Browne left Seward February 2nd, reaching the foot of Mount McKinley April 25th. In June an altitude of 20,100 feet was reached. There, with only three days' provisions left, they were unable to withstand the terrible cold, and gave up their hope of reaching the summit.

Prof. Parker, in explaining the severe cold on the mountain, said that at a height of 15,000 feet on June 15th it was nineteen degrees below zero. "I found that pemican, the special food used by Arctic explorers and made of beef tallow and raisins, is of no value at the high altitudes," said Prof. Parker. "We were soon afflicted with severe cases of indigestion, as the food was too heavy and we were unable to use a large part of our rations. About the coldest weather we experienced was at an altitude of 13,000 feet when the temperature fell to twenty-six degrees below zero." Both Prof. Parker and Mr. Browne said they had made their last attempt to reach the top of Mount McKinley.

It has been computed that for every 10 messages sent by first-class mail 15 go by telephone.

There is plenty of farm talk in the air, but it is farm work that counts in the bank balance.

Mother Graves' Worm Exterminator does not require the help of any purgative medicine to complete the cure. Give it a trial and be convinced.

The most pompous man in the community is Mr. Know-it-all, while the most desirable citizen is Mr. Merit.

What your wife thinks of you is a great deal more important than how the neighbors regard you.

The never-failing medicine, Holloway's Corn Cure, removes all kinds of corns, warts, etc., even the most difficult to remove cannot withstand this wonderful remedy.

Prescott, Ont., Aug. 29.—A month ago Miss Nellie Theresa Carroll accidentally drenched William Joseph Coress, while she was spraying the front lawn of her home. She apologized very prettily and a mutual friend passing, the two were introduced to one another. A week later their engagement was announced and yesterday they were married at St. Mary's Church, Dundalk, N.Y.

NA-DRU-CO

Ruby Rose Cold Cream
A toilet delight, with the exquisite fragrance of fresh roses. It preserves the most delicate complexion against sun, wind and dust, and keeps hands and arms soft and smooth. Splendid for sore lips. Try it—you'll certainly appreciate it.
In 25c. and 50c. glass jars, at your druggist's. 186
NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

900 DROPS

CASTORIA

Vegetable Preparation for Assisting the Food and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr. J. C. WELLS, FITCHBURGH

Pumpkin Seed -
Licorice -
Rochelle Salt -
Aloes Seed -
Sassafras -
Cinnamon -
Caster Oil -
Syrup of Marshmallows -
Syrup of Gum Arabic -
Syrup of Gum Tragacanth -
Syrup of Gum Benzoin -
Syrup of Gum Myrror -
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Syrup of Gum Sassafras -
Syrup of Gum Turpentine -
Syrup of Gum Resin -
Syrup of Gum Copal -
Syrup of Gum Benzoin -
Syrup of Gum Myrror -
Syrup of Gum Gaiac -
Syrup of Gum Sassafras -
Syrup of Gum Turpentine -
Syrup of Gum Resin -
Syrup of Gum Copal

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of
Chas. H. Fletcher
NEW YORK.

At 6 months old
35 Doses - 35 CENTS

EXACT COPY OF WRAPPER.

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For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

of *Chas. H. Fletcher* In Use For Over Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

WILSON'S FLY PADS

will kill more flies than 300 sheets of sticky paper.

House Flies are hatched in manure and revel in filth. Scientists have discovered that they are largely responsible for the spread of Tuberculosis, Typhoid, Diphtheria, Dysentery, Infantile Diseases of the Bowels, etc.

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Liberal Prizes Instructive Exhibits
Speed Events each day
New Art Building filled with Magnificent Paintings

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Programme Twice Daily Live Stock Parade Daily
Besses o' the Barn Band
of Cheltenham, England, One of the greatest Brass Bands in the World, and several others.
Aerial Acts, Comedy Acts, Trampoline and Acrobatic Acts, Seabert's Equestrienne Act, and others.
The Midway better than ever.
Fireworks each Evening.

SINGLE FARE RATES OVER ALL RAILROADS FROM KINGSTON TO DETROIT
Special Excursion Days, Sept. 10th, 12th, 13th.
Prize Lists and all information from
W. J. REID, President A. M. HUNT, Secretary.

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The Best Work at Reasonable Prices. Estimates Furnished

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Samples of WALL PAPER on Hand.
When you have work in his line let him figure on it.

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STAGE

WATFORD AND WA
Warrick Village on
day, reaching Watford at 3.45 p. m.
conveyed on reasonable terms.

WATFORD AND ARK
Arkona at 9 a. m.
Returning leaves Watford
and freight conveyed on
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