Cynthia Grey's Answers Helps for Every Woman Follow the Bill-o'-Fare

DESCRIPTION OF THE PROPERTY OF A PAGE FOR WOMEN

Daily Hints on Styles. Women at Work and Play Stories for Children

Good-Time Summer Girl, in the Country, Offers Her Tom Plums-Not On a China Plate-But With Her Fingers! Another Picture and a Story From the Fascinating Pen of Alice Goddard.



ed to any "Tom" by any "Janie" taste the land or sea."

This Tom, in fact, who lives all year in the country, thinks he has a shade the best of it over the Toms-of-the-city, for the city Janies offer their plums on china plates and it is the feel of Janie's cool fingers on his cheek that makes these plums a nectar fit for the gods to

The heat of the hay fields is forgotten when he sees the sun shining through the golden tendrils of Janie's hair, and watches the shadows through the flickering leaves make fascinating little arabesques on her face.

It is full summertime now and where there is youth, life turns to the purple and to me!"

HOME BUSICHAT

FASHIONS AND A LECTURE.

It is pleasant ionable. These flounced dresses are

dress that have been brought to special perfec-

these two col- tion this summer. We all know what

ors have re- beautiful effects are obtained from the

white lace, women by their foolish desire for

seeing others arrayed in such lovely

It makes no difference if Tom is a worker gold of love! And love is always the same, hard-boiled egg and mix in about equal the fields or in the shop-if his Janie wears although each Janie and Tom think theirs a sunbonnet or a creation! For plums offer- only is like "the light that never shone on

"Dear heart," says this Tom to his Janie, under the plum tree, "I am glad you are so simple and sweet and that your cheeks have Mix these to a paste with whipped grown pink with the kiss of the sun. I could cream or beaten, egg-white, and add a not love you, dear, if you were otherwise than white or brown bread. nature's own Hebe, who lifts to my lips the cup that holds the very joy of living.

"When you look at me and smile, I know how this dull old earth feels when the sun Sponge Cake Sandwiches. — Cut peeps over the crest of the hill in the morning sponge cake in slices a quarter of an and turns the night mists that have filled his inch thick and spread lightly with eyes to a glory of crimson and gold.

"It's summertime, dear, and summertime wiches and cut in small shapes. and God's great out-of-doors belong to you and

iety of "greens."

The Poets' Corner

What tributary nations would I bring

Beneath your feet what treasures The stars should be your pearls upon

a string, The world a ruby for your finger ring, And you should have the sun and moon to wear.

Let these wild dreams and milder words take wing, Deep in the woods I hear a shepherd

If I were king.

A simple ballad to a sylvan air, Of love that ever finds your face I could not give you any goodlier

New Ways To Make Sandwiches

Neapolitan Sandwiches.-Neapolitan sandwiches are among the prettiest made. On a slice of white bread spread with cream butter, flavored with horse radish or mustard, a thin layer of cream or cottage cheese. Then put a thin layer of brown bread spread with anchovy or sardine paste, or some pot ted meat, then a layer of cheese, and top the pile with a piece of cream buttriangles like cuts of layer cake. Egg and Olive Sandwiches.-Chon

or olives. Season with salt and pepper and moisten with melted butter. Spread Raisin Sandwiches .- Raisin sand-

viches come under the head of sweet cup of seeded raisins fine and add one cup of finely chopped walnut meats

Pecan and Date Sandwiches.-Mix equal parts of chopped pecan nuts and pitted dates, freed from all fibre, to a chopped candied cherries moistened with orange juice. Make into sand-

Sensational Sale

Women's Fancy Neckwear

Lace Jabots, Fancy Collars, Bulgarian Trimmed Jabots, Dresden Trimmed Collars Worth Regularly from 25c to 50c On Sale SATURDAY for, Each .

This remarkable sale is the outcome of a special purchase of travellers' samples, the output of one of the best manufacturers of Women's Neckwear in Canada. Some of them are very slightly mussed, but not one of them is worth less than 25c in the regular way. Shop early and get first choice. There are enough of these to make this event a two days' sale.

Saturday Only, 10c Each

Clearing Sale of Misses' White \$2.89 Lingerie Dresses, Worth up to \$6.00, for

In this collection are some of the prettiest Dresses shown this season. Some of them are very slightly soiled. Smart Dresses, daintily trimmed with Val. lace and embroidery, embroidered skirts and high waistline, made of fine quality English lawn. Sizes 14, 16 and 18. Clearing sale price\$2.98

Misses' Linon Norfolk Blouses, with all white, navy, sky blue and cardinal sailor collars and belts. All sizes. Regular \$1.50.

Ladies' Rainproof Coats, in fawn and tan colors, set-in sleeves, convertible collars, guaranteed rainproof. Worth up to \$8.50. Clearing sale price\$4.85

dietetics"

We close at 5 p.m. during August. Saturday 10 p.m.

SOME FACTS ABOUT BUTTER

Delivered Daily in France, Just Like Milk-Butter as an Appetizer.

New Fall Fashions in Togs and Dogs

as a seasoning and as a garnishing, is really one of the most valuable foods in the larder. It is not merely to spread chunkily on bread-although it is good enough there; it should be made an inter-

> In middle-class French families the real it is fresh, creamy butter, too, for the most part—always fresh instead of salt. them in ice water, and then stamp the eaten with the rolls that form the body of this meal. At luncheon butter is frequently served-always daintily-with read and radishes, or some other side dish, as an appetizer. Then, eaten slow-ly, its goodness can be appreciated.

Making Butter Pats. If the making of butter pats or molds is a burden, try making them only once eslowly a hlaf taspoonful salt, an eighth in three days. Keep them in a bowl of ice water in the refrigerator, and they spoonful of lemon juice and the same will retain their shape even in the warm- amount of minced parsley.

The full value of butter, both as an | troublesome for maid or mistress to have appetizer, as a nourishing article of diet, to spend five or ten minutes before each meal making butter pats; but fifteen minutes once in two or three days will be realized by very few cooks. Butter is enough for the making of many molds, since the utensils and materials need only be got out once, and since a certain deftness comes with repeated making and the second score of butter balls can be esting part of the meals at which it is made in half the time it took to make the first score.

The small wooden molds are easier to alue of butter is better understood than manage than paddles, and surely prints is here, Every morning the butter is of butter from the molds look and taste left at the door, just as the milk is; and as well as balls of butter formed with The butter is then chilled and shaved butter out carefully, taking care to push into water-like strips for breakfast, to be the bottom of the mold as far out as possible before removing the print. The butter should be cold when it is printed

Butter as a Relish.

Horseradish butter is good with cold meats, and it is also delicious to use when making meat sandwiches. To make cream two tablespoonfuls of butter, add of a teaspoonful of white pepper, a table-

The up-to-date young girl this

fall will wear a loose-belted coat that

is VERY loose. She will wear a separ-

ate skirt, which will blend with the

ccat, but will not be of the same color

or material. Her hat of plain felt will

match her coat, and her shoes will

The costume pictured shows a skirt

of blue and white check, with a plain

blue coat. This kind of a costume

would be particularly sensible for the

girl who works in a business office, as

well as the girl who is going away to

Fashion, for once, says you may

lcck healthy, comfortable and whole-

have the low English heels.

lover broiled steak or fish. To make it, diments is ill advised and misguiding cream two tablespoonfuls of butter, eighth of a teaspoonful of white pepper, a tablespoonful of lemon juice and the same amount of minced parsley. Parsley butter can be used with vege-

tables. To make it, cream three tablespoonfuls of butter and add a tablespoonful of lemon juice, the same amoun of minced parsley and half a teaspoonful of salt.

Sardine butter is delicious for sandwiches. Lettuce, tomatoes, cucumbers, cress or chicken can all be used with it in sandwiches. To make it, pound a sardine to a pulp, add three tablespoonfuls of butter and two teaspoonfuls of lemon juice, and cream it thoroughly with

half a teaspoonful of salt. Green butter is for use with fish. To make it boil and drain an eighth of peck of spinach and press it through sieve and then through a cheeseclot Beat a quarter of a pound of butter to a cream, add the spinach, two table-

spoonfuls of minced parsley and two tea spoonfuls of minced capers.

WOMEN'S INSTITUTES

KOMOKA.

The Komoka branch of the Women' Institute will hold their August meet ing in conjunction with Lobo Institute on the afternoon of Aug. 13, instead of usual date, at the home of sonal charms. est weather. It does sometimes seem Maitree d'hotel butter is used to spread Mrs. Wm. Robinson. Roll call to be answered by favorite sentiment. All classed in the luxurious and expensive ladies welcome.

ABOUT PICKLES.

addition of spices and sugar aid in expert. preserving and increase the palatable-

who depend on authoritative

hould avoid pickles or the use of acids of any kind. Nature or the abnormal condition of the system will soon demnstrate the danger of indulgence by the discomfort caused by too much acidity in the stomach. pickles unless you crave them, and if after eating them, as an accessory, not in a large quantity, you feel no ill effect, but on the other hand, assimilate your food properly, you may consider pickles are wholesome in your individual case at least.

and official information in the line of

There is a large class of persons who

EMBROIDERY ALL THE RAGE IN NERO'S TIME.

Who Delight in Dress and Home Decoration Should Read This.

Today anything which looks like real embroidery is snapped up quickly, if a dealer, with the purpose to sell again, if a wearer to triumph over her less alert sisters. As a matter of fact, embroidery has played a most important part in the history of the social world, from king to peasant, and the belles of the fashionable element of society from Nero's time to the present day have invoked embroidery in all its phases to enhance their per-

At all times embroidery has been class, but The Advertiser has identifled itself with a proposition that will. bring it to the humblest door as well In pickling vegetables and fruits the as to the mansion at a cost representirst idea is to employ a means of ing about one-sixteenth what has been preserving these foods for a consider- the regular eate. In addition to this able length of time, generally until the a free booklet of instruction and also winter, when there is a scarcity or ut- a hoop on which to operate will be ter lack of fresh fruits and green veg- supplied, by which assistance any etables. For this purpose salt or acid school girl can produce results that lquor is used. In vinegar pickles the will defy the best work of a life-long

Watch The Advertiser for future ess of pickles. The sweeping con-announcements and particulars condemnation against all pickles and con-cerming this great special offer.

The Top and the Ball the same chances of being lost, and A

and MR. TWIRLING TOP!

yellow. Then he felt very gay and The next day the ball went out in

Once, years ago, there lived in a strange old house, in a town down by "Maybe you do not know that my had many playthings! Now our story today is not so much

For, boys and girls, though it may

for any-use? But, anyway, that was "You see whenever I my up into the air Mr. Swallow always puts his head Now isn't that too queer-sounding top.

leather and believed herself to be a though. very fashionable girl.

get married. We live in the same desk back. work for the little master every day Top.

don't see why we shouldn't be happy together while we may.' "H'm," said Miss Ball, very proudly:

the deep, rolling sea, a little boy who parents were morocco slippers and that I have real cork in my body!"
"Yes, Miss Ball," answered the about the boy as about two of his Twirling Top suitor, "but I am made" of mahogany!"

"Well, that being the case, I might seem very strange to you, this little possibly consider you if it were not fellow had the kind of toys that fall in for the fact that I am almost betrothed to the swallow in yonder tree

The two particular toys you are to out of his nest and seems to smile learn of were MISS BOUNCING BALL at me. I have as good as told him I will marry him some day. This much Miss Ball was made of real morocco I will tell you. I will never forget you

"Thank you very much," said Mr. Mr. Twirling Top was not very Twirling Top, spinning away to his stylish-looking until one day his lit- own corner of the desk drawer. "I will le master painted him bright red and not urge you further at this time."

to the garden and was tossed into the "Look at me. Look at me," said Mr. air. She kept on flying higher and Top to Miss Ball when his new paint higher, nearer and nearer the swal-"I hope you like me, Miss low's nest, until the ninth time, when Ball. I don't see why we shouldn't she flew so high that she never came!

drawer in our master's play room. "I wonder where she ie. I wonder "We usually are called upon to where she is," sighed the lonely Mr. To Be Continued in the same garden. We both have

ROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

turned to full favor in Paris. We use of painted gauzes, but alas, they

are assured that Parisiennes are are not for the woman of limited

pure white, in black, or in a mix- perishable fabrics, and be generou

ture of black and white. It is the enough too, to enjoy seeing all these

same in London. At the Ascot races costly fabrics on others without envy.

we learn that many of the famous Half the joy of life is spoilt for many

black lace or of black and white ma- things out of all keeping with their

terials cleverly combined. This was ability to buy them. It is a great

bound to happen, colors may riot for pity that anyone should let this habit

a day, but the taste of women will of envy and foolish desire for un-

tones and colors, and there is nothing costly clothes, spoil her happiness.

in dress so capable of distinction as There is so much that she can get

a combination of black and white, for fairly moderate prices, and one

indiciously and tastefully mingled can look quite well and even smartly Lace of all kinds is in demand too dressed for very little. And after all

eastly the favorite. A black Chantilly next season what one wore last

gown worn with a large picture hat Nevertheless it is all vanity and vex-

an a scarf of pastel tinted chiffon ation of spirit to be eternally envious

is an outfit very charming to read of what one can't afford. It is a habit

and wide lace flounces are very fash- cation of common sense.

Lace is more and more worn -and therefore curable by the appli

gowning themselves in means, who must content herself in

lead them back to quieter attainable el-emeral things, such as

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

Is an Old Correspondent.

Dear Miss Grey: Please answer me the following questions: 1. How many miles by train is it

Quebec to Ottawa? 2. What will be the prevailing colors for street wear this coming fall and 3. Is a girl of 18 years old enough to have a beau?

4. How long would it take to train for a kindergarten teacher? Also, where could one train? 5 For what reasons is toilet water used? How much does it cost? 6. What can I do to the water in

which I wash to make it soft?

Thanking you sincerely, AN OLD CORRESPONDENT. are 180 and 115 miles respectively. 2. Navy, taupe, prune and black will

4. For all information write to Inspector Edwards, London,

your bath you would not ask the ques tion. It gives a delightful elusive fragrance to the water that is extremely pleasant, especially in warm weather. 6. Add a little powdered borax, say, from Quebec to Montreal, and from a tablespoonful to each pailful.

> Kohl-Rabi and Swiss Chard. Dear Miss Gray: Will you please tell me through your helpful column in The Advertiser a recipe for cooking "kohl-rabi" and one for "Swiss chard."

Thanking you in advance,

WORRIED COOK. A .- 1. Kohl-rabi or kale-turnip as it is sometimes called, is cooked the same as turnips. Wash and part the root, cut in slices, cover with boiling water, and boil until tender, about 30 -1. Approximately the distances minutes. Drain into a colander, press lightly and mash fine, adding butter, the leaders, according to advance pepper and salt to taste. Or if you prefer, cut in dice and add cream

sauce when cooked. 2. In Swiss chard or asparagus beet both leaves and stems are used. the 8. If you once used toilet water in mode of cooking being exactly the

Re the Ram's Horn, I have been informed that the above publication, about which "Sister No. " was inquiring recently, was merged

same as for spinach, or any other var-

several years ago into a paper called the Home Peril, published in Chicago, Answer to Lambeth. Lambeth .- 1. The gentleman will

doubtless expect to pay the expenses you mention, and when you go out together it is correct to allow him to do 2. It is customary now for the

bride's family to provide sufficient carriages for the bridesmaids, etc., and news to the arranged in three and four tiers and for any guests who may be forming a lover of black are very smart. Side by side with lover of black lace there is finely embroidered tulle house party at the time of the cere and white in and painted gauze, the latter said to mony. The other guests provide their own conveyances.

Daily Menu

SATURDAY.

BREAKFAST. Hominy Corn Pone.

DINNER. Vegetable Soup. Steak With Mushroom Sauce. Sliced Tomatoes. Rice Bread. Boiled Potatoes

Radishes. String Beans Raspberry Dumplings. SUPPER Creamed Potatoes and for afternoon gowns Chantilly is what does it matter? Who remembers Veal Croquettes. Rice Bread. Sliced Tomatoes.

> Corn Pone.-Into 2 cups cornmeal mix 1 teaspoon salt and 1 teaspoon sugar; scald with 2 cups boiling water and let stand till it swells and becomes lukewarm; then add cake of compressed yeast dissolved in little cold water; if too stiff reduce with warm water to a consistency ufficient to retain its form; then pu t in the baking-pan, let rise 4 or 5 hours, and bake in a moderate oven till thoroughly done. Pone should be eaten fresh and warm, or may be

> toasted after it is a day old. Raspberry Dumplings .- Make dough f a quart of flour sifted with a half teaspoonful of salt and two teaspoonuls of baking powder, two tablespoonfuls of butter chopped into bits, and a pint of milk. Roll this dough and cut into pieces about five inches In the middle of each of these squares put a heaping tablespeonful of black raspberries, sprinkle liberally with sugar and turn over ipon them the four corners of the lough square, pinching them together in the middle. Put in the oven and bake for half an hour.

Daily Healthogram

Wash offensively perspiring feet night and morning with soap and water and rinse. Then apply a solution of alcohol and salicylic acid in the proportion of one quart of alcohol to one tablespoon of salicylic acid,