

UNCLE BEN "In Central Africa they turn the back about it when and it ended in an argument whether I thought was an African, which I didn't and ain't that just like

Health Tonsils Help the Voice

(Monday Health Talk No. 8.) (By Wm. H. MacPherson, D.C., Ph.C.) Healthful tonsils help to give re-sonance and tone to both the singing and the speaking voice. There is no-thing in life more pleasing than the human voice when it is of good quality and strength. It is a big asset to the man or woman in any walk of life. Voice impairment is the usual result of the too popular tonsils operation, an operation which is seldom or nev-er necessary where chiropractic is given a fair opportunity to show what

it can do. When tonsils are diseased and weak it is due to pressure of spinal bones on spinal nerves at the spinal nerve exit between spinal joints. The chiro practor readily detects the nature of the disordered spinal alignment and by adjustments of just the right force and direction restores correct position. This frees the spinal nerves. Diseased tonsils become healthful when this pressure on spinal nerves is re

School Doctors Said to Operate.

"Miss Eva Kimble while attending school was examined by a committee of physicians and told that she had enlarged tonsils and would have to be operated upon. She tried what chiropractic would do, and in three weeks was pronounced well, and has had no trouble since." Chiropractic Research Bureau case report, Statement No 1344C.

> YOUR APPOINTMENT FOR HEALTH

can be made to-day. DR. W. H. MacPHERSON.

11 Atlantic Avenue.

UNDER THE MAGNIFY ING GLASS IS PINCHED BY A MISALIGNED JOINT PINCHED NERVES CANNO TRANSMIT HEALTHFUL IMPULSES, CHIROPRAC TIC ADJUSTING RE-MOVES THE PRESSURE THE UPPER NERVE IS

THE LOWER NERVE

CHIROPRACTIC CORRECTS

PRESSURE ON SPINAL

NERVES IN DISEASES OF

- ARMS

LUNGS

LIVER

PANCREAS

SPLEEN

KIDNEYS

APPENDI

As the North Sees It.

(Twillingate Sun).

THE REAL DUTY. The Advocate at last enters into the question of taxation, and but for the Telegram giving a true itemized Munn Memorial account, one would apt to be led into delirium tremens. or horrors, after trying to figure out the account as the Advocate gives it, in regard to FINANCIAL POSITION PLACED BE duty on the necessities of life. On sugar that paper gives no figures only by belittleing the tariff the people who read will hardly think we are heavily in the Town Hall on Wednesday night

have brought the duty over double. every dollars worth imported. Oakum a live thing or if it will have to be

truth. and when comparing the im- ed fact, if they are not, then it falls portation and earnings of our peo- to the ground and the property will ple with the difference of real duty- have to be passed over to the Munn sixty-five centa on every dollar- family. owing that 32% is not taxed is only hoodwinking an oppressed people. Why are the fishermen crying out and demanding reduction if the

pound duty on sugar! And it has to be kept up to allow the enormous ex-penditure on civil service, by a govpenditure on civil service, by a gov

FORE PUBLIC.

in a vague manner, and thinks that (Harbor Grace Standard, Nov. 10.) A meeting of townspeople was held by the Munn Memorial Hospital Committee in order that the financial per ton, while it used to be on the position of the Committee and other free list. Coal also used to be free, details could be laid before those of but is now 50c. per ton owing to the the public interested in the proposi-5 per cent. sales tax. Pork formerly tion. The attendance was a small one. was \$1.50, now \$3.50, more than dou- The financial report was read and ble. Beef \$1.60 per barrel, when for showed that in all some \$300 had merely it was \$1.00. On tea at an been received from the garden party, average of 24 cents per pound the hire of ground and one donation. The duty is 81/2 cents. Molasses is 10cts. expenditure was made up of repairs, per gallon duty, which was formerly insurance on property from August, 5 cents per gallon. Kerosene in steel 1919, and freight on the beds donated barrels is 51/2 cents per gallon duty, by Sir Thomas Roddick, Montreal. On flour, which for some years was The balance on hand was about free, until the tariff of 1914 put it up \$60. The statement was made that to 25 cents per barrel, the present \$3000 were needed annually to staff duty is roughly 68 cents. Lines and the Hospital and until that sum was twines, formerly free, every pack in sight, the committee could not uncosting \$1.50 pays 71/2 cents duty, and dertake any active work. About \$1300 o on in proportion to greater cost will be available when the Hospital price. Rope is taxed 31/2 cents per is an assured going concern. This pound, the regular tariff rate is 11/2 amount is the combined money that cents, but sur, super and sales tax was raised at the John Guv Celebra-Raisins and currents, when not im- The meeting decided to hold a drive ported from Greece, are taxed at 41/2 to secure funds in the town. It is cents per pound. Peas may be rated also decided that the Ladies' Comat 70 cents per barrel. Beans 11/2 cts. mittee of the Garden Party held in the per pound duty and was formerly half summer would become the nucleus of cent, until acting Minister of Finance a Women's Auxiliary. The meeting Squires added 10% sur tax, the 25 cleared up certain misunderstood and super and 5 p.c. sales tax. Rice is 1c. other points and will help the comper pound duty, but formerly it was mittee and people in solving the quesone quarter cent per pound. On tar tion of whether the Hospital is to be the duty works out at 9 cents per or not. The opinion is that the drive gallon. Pitch pays 44 cents duty on should tell if the project is to become is listed in the tariff at 1 cent per dropped. An amount should be set pound. It is nearer 2 cents when extra and in the endeavour to reach that sum it will be apparent whether the Trying to prove as the Advocate general public are behind the movedoes that the average duty is 33%, is ment or not. If they are, then the only trying to cover up the real Hospital will become an accomplish-

Open Air Golf School.

POPULAR IN LONDON.

LONDON .- Just off the busy shopping center of Kensington in the spacious grounds of the Holland House, retired Admirals and Generals. government officials, American actresses, clergymen and just ordinary citizens meet on common ground. The place is an up-todate school of golf. A company, recently formed, has acquired the property and made it into an "all weather" practice course with greens. bunkers, and a series of nets which measure the length of the drive. Cumberland turf has been provided for a perfect putting lawn and four professionals are kept busy all the time with their variegated assortment of pupils. The golf school has proved a popular institution and there is a steady stream of pupils from dawn until sundown. It is even planned to install high powered electric lights in order to allow the city men to play after dark. More than 2400 golf balls are used daily, and so great is the demand for the use of the grounds that the instructors' time is booked for many days in advance. Further extensions of the schools facilities are ontemplated.

Excitement of Rum-Running Attracts Norwegians

CHRISTIANIA.-Illicit dealing in liquor in prohibition Norway has proved such a profitable trade that it is estimated twenty per cent. of the population is actively engaged in rum smuggling. The excitement and adventure involved appeal to many people, and arc by no means a small factor in causing them to enter the business. The competition in the trade at sea is so great that ninety-six per cent. alcohol from Germany is ought at thirty cents a quart on the oats and sold ashore for two dollars. The greater portion of this stuff is rank and contains a large percentage of wood alcohol and other poisonous ngredients. Once ashore this liquor finds a ready market at many times its value, and it is sold under the eyes of the government in all of the cities and towns of the restricted districts. The press of Norway agrees that the situation is little short of a public scandal, but it is not able to offer any uggestions as to how the revenue department should cope with the law violators. Meanwhile the government is losing millions of crowns, as the liquor brings no revenue into the state

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Lion to be Scrapped.

BUT RELICS MAY BE KEPT FOR the war, they are const THE PUBLIC.

The Admiralty announce that the Washington Treaty names the battle-While they are, therefore, unable Bight, the Dogger Bank, and Jul

to fall in with a suggestion that the FINED FOR SMUGGLING.-A me Lion should be preserved as a na- sage has been received by the Deputy tional memorial of the Navy's part in Minister of Customs from Inspector the war, they are considering the Dee stating that on Saturday a resi The Lion was the flags

miral Beatty (now Lord Be led the British fleet in the three gree

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