

Mrs. Housekeeper,—

When you go to buy Condensed Milk ask your Grocer for the best--it costs no more.

Betty Brand Condensed Milk.

Made by the largest milk producers in Canada.

A. E. HICKMAN CO., Ltd., Distributors.

sept. 13. lead

Physical Development

And its Bearing on Health and Strength.

By GEE.

POWER OF THE WILL. (Continued.) Also the reader may, once he himself has obtained control over these irritable but none the less real forces, exert a beneficial influence on his friends as under:—

On meeting a sick friend who is inclined to be despondent, immediately force on him your opinion that he is on the high road to health, that he will do no harm to himself (whether he is so or not) and that you will be very much surprised if he is not well again in a few hours (or days) time. This suggestion if delivered with conviction, will take deep root in your friend's mind and be of material assistance in helping him, to say the least, to look on the bright side of things. He will first begin to doubt he is as ill as he has thought, and finally decide he is rapidly recovering. Once this state of mind is arrived at his speedy recovery is assured.

The state of the mind affects the physical condition; the continuance of life is wholly dependent on the physical condition; it follows that, in the degree in which the state of the mind is capable of affecting the physical condition, it is capable of affecting the duration of life. It is impossible to maintain the physical processes in a natural and vigorous condition if the mind be in a state of suffering. Everyone must have observed the altered appearance of persons who have sustained calamity. A misfortune that struck to the heart happened to a person a year ago; observe him some time afterwards. He is wasted, worn to the miserable shadow of himself; compare about him at the distance of a few months, he is no more." —Dr. S. Smith.

There is no greater curse than a bad mind, the possession of which, by constantly dwelling on some particular disease, may induce the ailment mentally pictures into his system, as I have shown. This is termed auto-suggestion, and I propose to show you how by simply picturing good conditions, i.e., perfect health, sound organic strength, etc., one may obtain the reverse and, decidedly, the more desirable physical condition.

That faith and hope are powerful factors in curing disease and establishing better physical and mental conditions is sufficiently proved by the thousands of testimonials which attain the highly expectant state necessary

THE RAILWAY CROSSING.

He reached the railway crossing the same time as the train; I saw the engine tossing his auto over the plain; an epitaph engraved above the plain, with buckets and valves the undertakers came, and gathered up the pieces of his poor mortal frame, the while his weeping relatives declared it was a shame. He speeded up his horse, and tried to beat the train; his speed was surely dizzy and certainly insane; why be so hindered busy, when all such haste is what he had all week to travel to Jacktown-in-the-Hole; but he must reach the gravel, the poor, misguided soul; and now no druggist's shop will restore this Peter Polo. "Oh, stop, and look, and listen," the railway sign-board said; he saw the wise

words glisten in fresh paint, just ahead, and he worked every piston, and to the crossing sped. They scraped him from the plain; the public prints had leaders, that showed his course was vain, a warning to all speeders who try to beat the train. Alas, for poor old Peter! Much grief my spirit feels; and as I toward tetter, no more he rips and reels to show his lizzie's fleetness than anything on wheels.

THE NEW FRENCH REMEDY, THERAPION No. 1 THERAPION No. 2 THERAPION No. 3

"Laugh and grow fat" is an old axiom. We advise the use of a good tonic, named "Brick's Taster's". Price \$1.00; postage 20c. extra.—ap226.14

Novel Attack on the Germans.

An extraordinary incident of the war was witnessed during the Battle of the Marne. When the news of the approach of the Germans was announced the peasants of the district of Montceau, near Lezanne, opened all their stable doors in order that the cattle might have an opportunity of escaping in safety, and hoping they might have a chance to collect after the tide of battle rolled on. Among the cattle was a very fierce and savage bull, who, as soon as the door was opened, rushed out into the road, snorted, lashed its tail, and glared round for some object on which to expend its fury. At that moment a round of cannon was heard. The brute rushed forward and out of the village towards a mound where a German company had just taken up position. The bull, with its horns down and mad with rage, dashed right into the middle of the Germans, and began to bowl them over like ninepins. The soldiers, taken by surprise, remained stupefied for some moments, then fired at the animal, but only inflicted slight wounds. It continued on its mad career, and dashed hither and thither among the affrighted Germans, tossing and trampling them until a storm of bullets ended its life. By that time the bull had killed no fewer than eighteen Germans.

Mainly About People.

ROYAL AND OTHERWISE.

The King has given another example of his skill as a sportsman. In the first of the season's grouse drives over the Gairnsdale moors, his Majesty had no fewer than 88 brace of fine plump birds. That was a good proportion of the total bag of 264 1/2 brace secured by the party of nine. It is expected the King will have some very good grouse shooting on the Gairnsdale moors, which are said to be particularly well stocked this season.

No definite arrangements for the Prince of Wales' visit to Japan have yet been made, but the expectation is that the Prince will sail from Kursesee for the Far East and travel direct to one of the Japanese ports, probably Yokohama. He is expected to remain in the "Island Empire" for nearly a month, and will pass most of his time in Tokio and neighborhood, being housed in the beautiful Imperial Palace there.

The marriage between M. Ventzelos and Miss Schilizzi took place quietly at Sir Arthur Crossfield's house, in Highgate, early this month. M. Ventzelos, a bride will make a tour through America shortly. Miss Schilizzi inherited a gigantic fortune from her father, and this she has used for the good of Greece. During the war of 1912 she equipped an entire hospital train in Macedonia at her own expense, and it was she who purchased and presented to the Greek Government a house in London, for use as a Legation.

Dr. Macnamara, who recently celebrated his 50th birthday, has many a time and oft delighted an audience with musical satire at the expense of his own profession. The sympathetic ring which the Right Honorable vocalist can put into his trony is manifest when he sings to a company of fellow politicians, his favorite ditty: When in the House M.P.'s divide, If they've a brain and cerebral lobe, They've got to leave that brain outside, And vote just as their leaders tell 'em too.

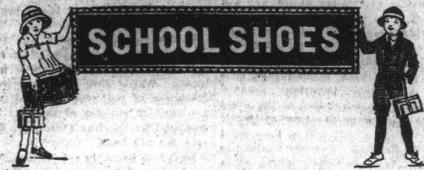
The fee of 10,000 guineas paid to Mr. Barrington Ward, K.C., to go to Egypt to defend a wealthy Albanian charged with attempting to murder Lord Allibury, is one of the biggest legal fees of modern times, but not a record. Mr. Balfour Browne, K.C., had 20,000 guineas to go to Singapore. The famous Sergeant Ballantine, who went to India to defend a Prince charged with attempting to murder Lord Somerville, like Mr. Barrington Ward, received 10,000 guineas. Sir John Simon is said to have received 4,000 guineas in a big case between Brunner Mond's and one of Lord Leverhulme's companies. Of course, this was only a home job.

Starting life as an office boy, Mr. Robert Somerville, who has just died at Dalkeith in his 33rd year, had become one of the best-known ship-owners in Scotland. He was chairman of Messrs. George Gleson and Company, Limited, of Leith, Glasgow, Dundee, Hull, and Middleborough. He placed the first order for a steamer for the firm in 1880, and eventually had a fleet of 14 vessels running regularly from Scottish and English ports to Rotterdam, Antwerp, Dunkirk, etc. He was made a member of the Leith Dock Commission when a single dock was sufficient to accommodate all the shipping of the port. His contributions to religious and philanthropic institutions have been on a princely scale.

When Moslems Mourn.

The orthodox Turk of the Moslem religion wears no mourning, nor do the Osmanli tribes observe periods of seclusion after the death of a relative. Women friends pay visits of condolence to the harem, but the inmates, after thanking their guests for their formal expressions of sympathy and good wishes for their future freedom from bereavement, speak calmly and resignedly of the departed. If a child has died the mother and her relatives even rejoice before their friends. It is considered sinful to mourn over the death of a child. On the other hand, it is considered an act of filial duty to mourn constant-

Here's the Greatest Sale of SCHOOL BOOTS Ever Offered the Buying Public



VACATION days are hard on Boots, and every Foot that goes to School will need a pair of New School Boots for the Fall term! We appreciate this fact and, as we have made splendid provision for our School Children Friends we are now going to hold a

SCHOOL BOOT SALE!

This sale will commence on Monday Morning and end Saturday night, Sept. 3rd. Our School Boots are made of the very best of leathers, and are of good style and correctly formed. Every feature, that could benefit the Boots, has been well looked after. They are School Boots of unusual goodness!

OUR OWN MAKE ALL SOLID LEATHER Tremendous Reductions in Prices

Below we give you an idea of what you may expect at this School Boot Sale. Bring in the Boys and Girls at once.

FOR BOYS--Sizes 1 to 5		FOR GIRLS--Sizes 5 to 10	
Boys' Black Calf Boots at \$3.85	Our own make; all solid leather. (Former price \$5.20.)	Black Kid Laced Boots \$2.25	(Former price \$3.00.)
Boys' Black Kid School Boots at . . \$3.50	Our own make. (Former price \$4.80.)	Black Calf Laced Boots \$2.50	(Former price \$3.20.)
Boys' Box Calf School Boots at . . . \$3.85	Our own make. (Former price \$5.10.)	Black Kid Blucher Laced Boots . . \$2.40	(Former price \$3.40.)
Boys' Gun Metal Blucher Boots at . . \$3.50	Goodyear Welt Soles; all solid leather. (Former price \$5.00.)	Black Kid Button Boots \$2.30	(Former price \$3.50.)
		Black Calf Button Boots \$2.50	(Former price \$3.50.)
		Black High Cut Button Boots . . . \$2.75	(Former price \$4.00.)
		Black High Cut Laced Boots \$2.56	(Former price \$3.50.)
		OUR OWN MAKE.	
		For Girls--Sizes 11 to 2	
		Girls' Black Laced School Boots . . \$2.50	(Former price \$3.00.)
		Girls' Black Calf Laced Boots . . . \$2.95	(Former price \$4.25.)
		Girls' Black Kid Blucher Boots . . . \$2.75	(Former price \$4.25.)
		Girls' Black Calf Blucher Boots . . . \$2.75	(Former price \$3.85.)
		Girls' Black High Cut Laced Boots . \$3.75	(Former price \$5.40.)
		Girls' Black High Laced Boots . . . \$3.50	(Former price \$4.20.)
		Girls' Black High Cut Button Boots, \$4.00	(Former price \$5.40.)
		Girls' Tan Kid Button Boots \$2.95	(Former price \$4.20.)
		Girls' Black Kid Button Boots . . . \$2.75	(Former price \$3.80.)
		OUR OWN MAKE—ALL SOLID LEATHER.	

PARKER & MONROE, Ltd., THE SHOE MEN

For lost parents, and to pray unceasingly for their forgiveness and acceptance by Allah. On the occasion of the death of a person in good circumstances, gifts are made to the poor from among his or her personal effects, and money is given to the needy in the neighbourhood. Three days after the funeral a large batch of "loukma"—a kind of doughnut—is made, and plates of it are sent to friends. The poor also receive their share of these funeral cakes. while searching for lost balls, saw a squirrel enter a hollow log. He investigated and discovered that the animal had secreted 41 balls in the log. Search of other hiding places in the locality resulted in the location of over fifty balls.

"REG'LAR FELLERS"



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