

Making Better Cakes

There is nothing better for making cakes than Freeman's Egg Powder, which is not merely a substitute for eggs but actually an improvement upon them—being lighter and more digestible. It is also much more economical in use than are eggs.

Freeman's Egg Powder,
One of Freeman's English Foods.

In the Prize Ring.

FRENCH CHAMP. AT MONTREAL.

Montreal, May 15.—Smiling Georges Carpentier, hero of the great war, European heavyweight champion and challenger for Jack Dempsey's title, created an impression that will long live in the memory of the seven thousand who crowded Mount Royal arena last night to witness his boxing exhibition. Unlike the majority of prize fighters, Carpentier is modest and reticent in his manner, and accepted the warm reception accorded him with the smile that has earned countless friends for him since his arrival in America. He was ushered into the ring by Mayor Martin and Dr. Boucher, president of the Canadian Hockey Club, under whose auspices the entertainment was given.

When introduced, Carpentier bowed and smiled like a lad fresh from college, and acknowledged the welcome by waving his hands to the crowd.

Carpentier was accompanied into the ring by his manager, Deschamps. Previous to the exhibition, Carpentier was presented with a travelling bag by Mayor Martin, on behalf of the members of the Canadian Hockey Club.

Carpentier's exhibition was almost of too short a duration, as it only afforded a glimpse of what he is capable of doing. He sparred only three rounds with his sparring partner, Jules Lanoers, an old-time period displayed all of his wins. That Carpentier has weight behind his punches was demonstrated, when he floored Lanoers in the early stages of the second round. The European champion did not evince the delight at flooring the knockdown that other champions who have displayed their prowess in a local ring showed, but stopped and helped Lanoers to his feet and apologized for the hard blow. There is nothing of the braggadocio style about the French fighter, and he went through his work in well trained and machine-like order.

Carpentier's greatest asset, and the blow with which he has disposed of the majority of his opponents, is a right uppercut. In delivering that blow Carpentier wheels so that if it misses the mark he is protected against his opponent's attack. Carpentier is as agile as a kitten, and can use his left as well as his right

hand in administering punishment. He displayed marked ability at fighting, although he apparently pulled his punches while attacking Lanoers. In appearance Carpentier is the last man who would be taken for a prize fighter. He bears none of the marks usually displayed by champions, while his physique resembles that of a finely trained track athlete. He stripes larger than he looks in street attire, and his muscles, although soft and pliable, stand out, showing him to be in perfect physical condition.

That he is versatile was shown by his frequent changes of tactics. In each round Carpentier displayed a different style and each carried with it effectiveness and determination. Although Lanoers is a heavier man than the champion, he was held off and only on one or two occasions was able to land on Carpentier, while the Frenchman broke down his partners' guard at will and landed right and left hand punches to face and body. Previous to the boxing exhibition Carpentier held a reception in the office of the arena and was introduced to many of Montreal's most prominent boxing enthusiasts. He had little to say of his proposed meeting with Dempsey, but admitted that he was anxious to meet the American titleholder.

DEMPEY'S TRIAL IN JUNE.

San Francisco, May 15.—The date set for the trial of Jack Dempsey, heavyweight champion of the world, and his manager, Jack Kearns, on selective draft evasion charges, was set for Monday, June 7, in the United States District Court here to-day.

SCORES TECHNICAL KNOCKOUT.

Law Tender, of Philadelphia, scored a technical knockout over Georges Papin, the French lightweight boxing champion, in the 8th round of a scheduled 12-round bout, at Jersey City.

NEW BOXING RULES FOR QUAKER CITY.

Philadelphia, May 15.—Philadelphia's Director of Public Safety, James T. Cortelyou, recently announced a new code of rules to govern boxing bouts in that city which it is

believed will benefit the ring sport there. Under the old rules, which had been in vogue for about nine years, all bouts were limited to six rounds, but Director Cortelyou, has decided to allow bouts of eight rounds duration. He claims that by lengthening the number of rounds, boxers will be less apt to "stall" and every fighter who signs up for a match will have to "weigh in" at, or under, the stipulated weight called for in his contract. The director also has asserted that the new code will be enforced to the letter and has warned all promoters, managers and boxers to that effect. Following are some of the new rules:

Contestants shall not be permitted to have more than three attendants or seconds and these must refrain from coaching during the progress of the rounds.

Seconds shall use a fan and not a towel for fanning boxers.

All seconds shall remain in their boxers' corner during the bout and not place themselves in a neutral corner.

Throwing water by seconds on their men during a round shall disqualify the boxer, and one-half of the latter's money shall go to a hospital to be designated by the club.

Wherever a boxer is apparently outclassed the bout must be stopped. No boxer shall be allowed to contest against an opponent ten pounds heavier than himself, in the lightweight class or under.

Weights shall be announced from the ringside.

Only soft bandages shall be allowed on boxer's hands.

Only six round bouts permissible. The foul blow, known as the "kidney punch," shall be barred.

Smoking shall be prohibited.

No boxer shall be permitted to wear white costume.

Every contestant must be furnished a contract, signed by manager, boxer and promoter.

Greasing boxers shall not be permitted.

All contestants in star bouts shall report to the superintendent of police twenty-four hours before the contest.

In case of disappointment the public must be notified.

Gloves must be put on in the ring.

Gambling in any form shall be prohibited. Any boxer, manager or handler guilty of gambling, shall be barred from contests in this city for all time.

O'DOWD WON.

Camden, N.J., May 14.—Mike O'Dowd, the St. Paul middleweight won his 10-round bout with Jackie Clark, of Allentown, Pa., here to-night. O'Dowd was the aggressor throughout and had the better of eight of the ten rounds, all of which were fast and furious. It was O'Dowd's first fight since a referee's decision in Boston gave him the title of middleweight champion to Johnny Wilson. It was also the first ten-round fight to be staged here under the auspices of the New Jersey boxing commission.

Willie Jackson, New York, defeated Young Russo, Philadelphia. Billy De-foe, St. Paul, won from Ralph Brady, Syracuse, N.Y., and Johnny Murray, New York, beat Joe O'Donnell in eight-round bouts.

A CHANGE OF OPINION.

There have been a host of invading fighters from Europe from the earliest days of our history says the Boston Globe. Some came over in red coats and others appeared wearing the Un-

Watery Blood

YOUR blood may be rich and red—well stored with nourishment for the cells and tissues, or it may be thin, weak, and watery.

If thin, there is a pallor of the lips, gums and inside of eyelids. In other words you are anaemic or bloodless.

Since every ounce of nourishment supplied to the human system is obtained from the blood, the anaemic condition means a starving of the nerves and crippled functioning of the vital organs.

Anaemia

Miss Alice H. Howes, 21 Haddington Street, Galt, Ont., writes:—"I was very ill with anaemia, could not sleep at night, and my appetite seemed entirely gone. I suffered in this way for nearly three years, and had treatment from two doctors in Toronto, where I was living at the time, but did not get any relief. I became completely run down, and as I did not see any immediate hopes of getting better, I went back to live with my mother in Galt. I thought, perhaps, the change of air might do me good. My mother saw that I was in a bad state, because my nerves were affected, and everywhere I went I used to take dizzy and fainting spells. My hands and limbs would become numb, I would see black specks before my eyes, and cold perspiration would come out on me. My mother had been taking Dr. Chase's Nerve Food with excellent results, and she advised me to do the same. But it is hard for me to take pills, so I went to a doctor in Galt instead. However, his treatment did me no good, so I at last decided to follow my mother's advice. I began taking Dr. Chase's Nerve Food, and gradually found myself getting better. I soon was able to sleep at night without any difficulty, my appetite came back, and I began to gain back my natural color. After taking about twelve boxes of this medicine I was able to return to my work in Toronto. My friends there all noticed the improvement in my condition, and I am now stronger and healthier than I have been for a long, long time. I shall always recommend Dr. Chase's Nerve Food wherever I go, as I really think it is the best treatment obtainable for worn-out nerves and run-down system."

Headache, lack of energy and ambition, failure of the digestive system, shortness of breath, weak heart action and sluggish, torpid condition of the liver, kidneys and bowels are some of the symptoms of anaemia.

Cure can only be brought about by improving the condition of the blood by use of such treatment as Dr. Chase's Nerve Food.

The digestive system has failed to supply proper nourishment from the food you eat, so you must get the blood-forming elements in condensed and easily assimilated form as they are found in this well-known food cure.

The letters published here will give an idea of the benefits to be obtained from the use of

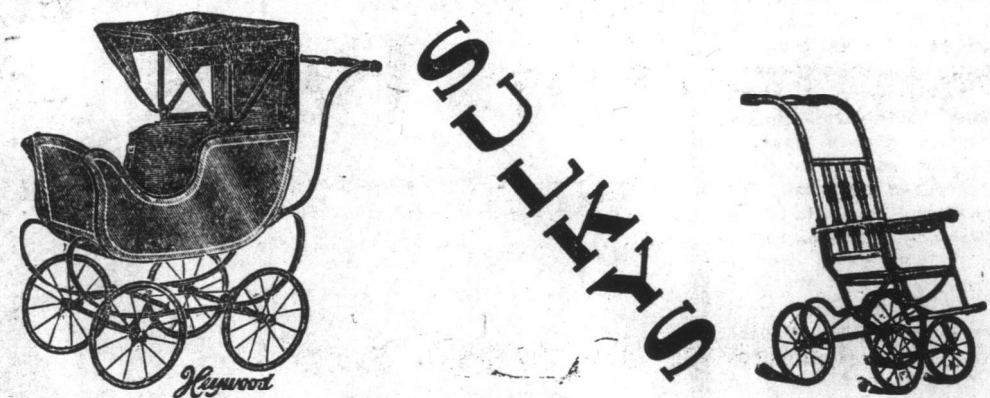
Dr. Chase's Nerve Food

50 cents a box, all dealers or Edmondson, Bates & Co., Ltd., Toronto. The portrait and signature of A. W. Chase, M.D., are on every box of the genuine.

AT ALL DRUGGISTS AND DEALERS.

GERALD S. DOYLE, St. John's, Distributing Agent.

Baby Carriages



Our Stock of

CARRIAGES and SULKYS

Are now open for inspection.

You will find our prices the

The Lowest in Town.

Martin-Royal Stores Hardware Co., Ltd.

Never a corn on millions of feet nowadays

Do you know that millions of people who use Blue-jay keep entirely free from corns?

If a corn appears it is ended by a touch. A Blue-jay plaster or a drop of liquid Blue-jay is applied.

The corn pain stops. Soon the whole corn loosens and comes out.

The method is scientific, it is gentle, easy, sure. Old-time harsh treatments are supplanted by it with every one who knows it.

It is made by a world-famed laboratory, which every physician respects.

It is now applied to some 20 million corns a year. You can see that corn troubles are fast disappearing.

Then why pare corns and keep them?

Why use methods which are out-of-date?

Try this new-day method. See what it does to one corn. You will never forget its quick and gentle action. Your drug-gist sells Blue-jay.

Blue-jay
Plaster or Liquid
The Scientific Corn Ender

BAUER & BLACK, Limited Chicago Toronto New York

Makers of Sterile Surgical Dressings and Allied Products

Toronto, May 14.—That the directors of athletic events for the carnival which will be held here the week beginning May 22 are making a great effort to provide real entertainment is shown by the fact that they have offered Frankie Fleming \$4000 to box champion Johnny Kilbane. Fleming, however, refused, and chances are not bright that he will come to terms.

Among those who have been or are being communicated with are Jack Dempsey, Fred Fulton, Harry Wells, Sam McVey, Sam Langford the new middleweight champion, J. Wilson, the ex-champion Mike O'Dowd, welterweight champion Jack Britton, Eddie Fitzsimmons, Lew Tendler and others of reputation.

The complete programme will be an-

nounced Wednesday, when all matches are made and contracts signed.

WILDE AFTER BANTAMWEIGHT CHAMPIONSHIP.

New York, May 15.—Jimmy Wilde, world's flyweight champion, will seek the bantamweight crown next fall.

"I have been approached several times recently about a bout with Pete Herman for the bantamweight championship, and I'm willing, if I don't have to give away too much weight," the little Welshman said to-day.

Wilde said that Tex Rickard, setting presumably as the matchmaker for the International Sporting Club, had been talking to him about the match.

"I'll box anybody in the world up to 116 pounds," he said. "If Herman will come in around that mark, I'll meet him any time."

It is thought that the Wilde-Herman

battle over the fifteen round route is one of the major attractions being planned for this city when the new Walker Boxing bill becomes effective. Wilde will go back to England in June, but is to return in the fall.

When you feel so "blue" that even the sky looks yellow, you need BEECHAM'S PILLS

A sluggish liver and poorly acting kidneys fail to destroy food poisons, which affect the mind as well as the body.

Largest Sale of Any Medicine in the World. Sold every where in Canada. In boxes, 25c, 50c.

Are You Efficient?

How many of your readers, asks a correspondent, can give the correct definition of the following list of words. It is safe to state that any one who knows over one-half of these words is widely read, and that any one whose knowledge embraces less than five should betake himself quickly to his or her library for further study. The list follows:

atoll	fen	stilt
bathe	fetid	stilt
bell	jetsam	syph
can	limpid	soot
cull	loil	timbre
crypt	pease	trice
dint	preempt	tumid
dour	queasy	turgid
dudgeon	roan	wright
duration	sconce	woth