

Hr. Grace Notes. Hall, and giving free treatment to sufferers from various afflictions. atism and all such ills will be train with the Shamrock Exforced to go hence and be no more sion Party arrived here at 11.40 seen, or we should say felt. is morning. A few of the party deained here, but Carbonear is head-A large Lunenburg banker with her arters to-day. The attraction being cargo of fish was taken up on the ather McCarthy's Garden Party. The dock yesterday for painting. The lav is most suitable for the event and dock works splendidly, and when its all who fail to have a good time, will advantages become well known will be ave themselves to blame a profitable concern to the shareholders, and a great benefit to the town. liss Bride Dicks after a very envable visit to friends in St. John's turned home by the excursion train Mr. James Gould died yesterday at the residence of his son-in-law, Conthis forenoon. stable Dooley, LeMerchant Street, The entertainment in the Academy after a short illness. Mr Gould was Hall last night given by a St. John's a native of Carbonear, and had passed company for the benefit of the Marine the four score years allotted to man. Disaster Fund was well patronized He was a man well known and much and a decided success. It will be re- respected in this town and Carbonear and his death is regretted. To his eated in Carbonear to-night. sorrowing relatives we tender our The Veedee Demonstrators are hold- sympathy. His funeral takes place g forth to-night in the Academy to-morrow afternoon. BANANAS Eagan, Duckworth St. and Queen's Rd

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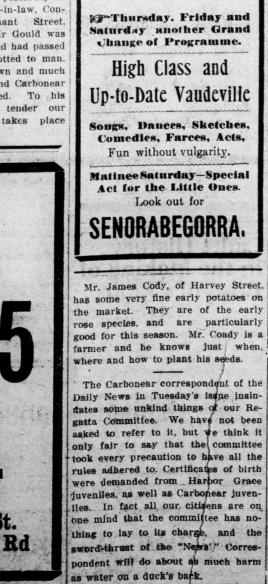
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ROSSLEY

THEATRE.

Hr. Grace, Aug. 21, '12. Baseball. The return game between the Base ball teams of the Nova Scotia mines and the Imperial Tobacco Company took place yesterday at Stancombe's field and was enjoyed by about 400 "fans." The game was close throughout, and intense excitement prevailed when in the last innings with the score 16 to 13 in favor of the Wabana team, the Tobacco Factory managed to put over more runs. The boys from Bell Island took their defeat very graciously, and won the favor of the crowd by their exhibition of true sportsmanship.

CORRESPONDENT.

It was gratifying indeed to see such a large crowd attend, and that it was thoroughly enjoyed was evident by their staving until the last man was out With the interest now being taken in this new sport, it is safe to assume that within a short time Baseball will become one of the pastimer

of this sport-loving community. The line up and score follow: **Tobacco** Factory Wabana Team

Catcher Ireland Duff Brown Pitcher Proudfoot Pitcher Proudfoo Morris Blackwood Hilts 1st Base 2nd Base McDonald McKenzie Ford 3rd Base Cavanagh Hartnett S. Stop Noonan L. Field Burroughs Rice Carman . R. Field Seabourne McCrindle C. Field Pierce Score: 17-16 in favor of Tobacco Factory; Umpire: Mr. Wyley.

After the game the teams adjourned to Wood's West End Restaurant where an excellent dinner was served, after which speeches and a general good time were indulged in, to the enjoyment of all present.

Mr. Simeon Sparks, leaving a wife and four sons, Dr. John in Mexico, Robert, at the Reid Newfoundland Electrical Department, Allan in Winnipeg, Thomas, at the King George the Fifth Seamen's Institute, and one daughter, Marie, to mourn the loss of a kind and affectionate father.

pots in the suburbs were occupied by squid and reports that the "school" Davis, H. Kennedy, M. Fennell, Dr. picnickers, Notwithstanding this it have not yet made their appearance M. Grosvenor, M. Halfyard, Rev. W. F. was a busy day at a few premises around Holyrood. Capt "John" is one Weir, C. S. Beer, R. McEachren, Miss along the waterfront, as it was an of the veteran fish killers and will B. Leaman, Mrs. M. McGregor, Miss ideal day for drying fish, and some rank foremost among our high liners M. McGregor, P. Downey and A. E. March. thousands of quintals were handled. on the Banks this year.

day out of town, while all available ing. Capt. Lewis is now looking for S. and Mrs. Burnett, J. W. Wallace, A.

## Are Tea and Coffee

They contain caffeine-a subtle, habit-forming drug which sooner or later shows in weak heart, short breath, stomach trouble, headache, sleeplessness, rheumatic pains, etc.

> Why trifle with such beverages when there's health and comfort in well-made

POSTUM

-a palatable, nourishing food - drink, made of wheat, which rebuilds in Nature's own way.

The morning cup will be hot, snappy and just as satisfying with no hurt fol-There passed away on Wednesday lowing if you have Postum in place of tea and coffee.

KNIFED Old Seldier's Story of Coffee

An old soldier, released from cof-fee at 72, recovered his health and

Against You ?

tells about it as follows: "I stuck to coffee for years although it knifed me again and again." (Tea is just as harmful as coffee because it contains caffeine -the same drug found in coffee.)

. "About eight years ago I was taken with a very severe attack of malarial fever. I would apparently recover and start about my usual work only to suffer a relapse. After this had been repeated several times during the year I was again violently ill. "The doctor said he had carefully studied my case and it was either 'quit coffee or die,' advising me to take

Postum in its place. "I had always thought coffee one of my dearest friends, and especially when sick, and I was very much taken back by the doctor's decision for back by the doctor's decision for 1 hadn't suspected the coffee I drank could possibly cause my troubles. "I thought it over a few minutes and finally told the Doctor I would make the change. Postum was pro-cured for me the same day and made according to directions. Well, I liked it and stuck to it and since then I have been a new man. "The change in health began in 'a

have been a new man. "The change in health began in 'a few days and surprised me, and now, although I am seventy-two years of age, I do lots of hard work and for the past month have been teaming, driving sixteen miles a day besides loading and unloading the wagon. That's what Postum in place of coffee has done for me. I now like the Postum as well as I did coffee." Lock for the little brock "The Road Look for the little book, "The Road to Wellville," in pkgs.

Made by Canadian Postum Cereal Co., Ltd., Pure Food Factories, Windsor, Ont.

"There's a Reason" for POSTUM