Watch your growing children

WATCH the health of your growing children that they have the health and energy necessary for their school work and play. For growing children—par-ticularly girls—a rich supply of red blood is essential. Languor, pervaness Languor, nervousness, de-pression, fickle appetite or pallez indicate anaemia.

Dr. Williams' Pink Pills enrich the blood, prevent anaemia and build healthy bone and tissues. Thousands of mothers have proved this.

of mothers have proved this.
"My twelve-year-old girl,"
writes Mrs. Robert Devitt of
Brougham, Ontario, "became
so pale, so ill and nervous
that we had to take her out of
school. I tried Dr. Williams'
Pink Pills for her and
she gained in weight and
strength. She is now the picture of health."

Buy a box of Dr. Williams' Pink Pills at all druggists and dealers in medicine or, post-paid, by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville,



The Waste of Words

Victoria Colonis t(Cons.): There is more time lost in the world to-day by the expenditure of words than in any other way. It is the perennial curse which lies on action. It is the waster of time, of strength and of When roliticians realize that defensive tactics through the of verbiage only weakness in themselves, and when manship. Even in a democratic age men are elected to office for some purpose other than that of quibbling and quarreling with their political oppon-

Manitoba Taking Her Place

Manitoba is now experiencing a mining company.

Newt. Boyd.-How can you dis tinguish between mushrooms and toad-stools? Bill Stewart.—Try eating them. If you die they are toadstools



An Anchor - Donaldson Engineer . . . like most ship engineers, a devoted Scot, proud of his ship, engines, and gauges. His enthusiasm and pride are typical of the service you get throughout the ship on the "Letitia" or the "Athenia." Sail Anchor - Donaldson!

Book through The Robert Reford Co., Limited, Cor. Bay and Wellington Sts., Toronto (Tel. Elgin 3471), or ary steamship agent,



DONALDSON LINE

Cabin, Tourist Third Cabin and Third Class.

New Leprosy Remedy Asserted

Afflicted Natives Rush Joyously for Treatment, Says London Story

London.—A message of hope for the hundreds of thousands suffering from leprosy appears in the annual report of the British Empire Leprosy Relief

The report asserts that leprosy can be cured, and confidently predicts that with adequate public support the asso-ciation can rid the British Empire of

the disease within a generation.

"This wonderful ideal," as the Prince of Wales has called it, is already being worked out, particularly in East and West Africa and India, where the great mass of British lepers exist.

ly tested with remarkable results, and the association is actively sending out supplies of drugs and chemicals to missionaries and others throughout the affected areas.

out already.

News of the new treatment and cures has spread far and wide amongst the sufferers.

voluntarily coming forward for treat nent. This was unknown ten years

Some of the dispensaries and treatment huts are so overwhelmed with epers demanding injections that the loctors and their helpers have to turn

very hopeful. We have patients at tending from different tribes, and it is the first time up here in this very primitive isolated hill district that anyone has come forward for treat-ment acknowledging himself a leper. It is great to see the hope in their

The report mentions a recent ruler in India who was a leper for many years. A chief in Uganda now has hope of recovery. Another chief in Nyasaland who has suffered for years is on the way to health.

Hamilton Spectator (Ind. Cons.): "There are many reasons for increasing our purchases from the United they correct that fault they will have Kingdom," recently declared Mr. H. mad ea step on the road to states.

Henwood, of the Bank of Toronto, referring to the work of the Empire pation and indigestion; break up colds as far as possible, which could be but Marketing Board and the excessive and simple fevers; expel worms and slightly, away from the dog. And, of volume of purchases from the Uni-ted States; "the very least we can do Tablets are sold by medicine dealers or is to divert most of our possible foreign purchases to British Empire That is a policy ought to commend itself to all patrio tic Canadians, and especially to the period of intensive mining development. Copper, gold, silver, lead, zinc and other metallic products have been mined, and exceptional opportunities exist for the prospector and mining company. pers, whether in a large or a small

The North-west Passage

Manitoba Free Press (Lib.): the means of communication between Great Britain and the Far East the Hudson Bay route is incomparably the shortest route. It cuts the distance of 16,000 miles by the Suez, and of 11,000 miles by San Vrancisco, to 8.000 miles by Prince Rupert. Cana- up." dians are not building the Hudson Bay Railway for purposes of war, and hope that it will never be war which will demonstrate its greatest benefits. But they have to yield to Captain Munro when he insists that "the pos-sibilities by this route (as a line of communications) for the British Empire are immense, and are only to be compared with the advent of the Suez and Panama canals, with this excep tion ,that it is all within the British Empire."

Diatomaceous Earth Deposits

Diatomaceous earth, a material exthe purification of oils, etc., has for many years been extracted in a small way in Colchester county, Nova



This "Tweed" Steel STONE \$12.00 BOAT Cash With Order
Delivered free to you, station,
Runs easily; very durable. Three
steel runners underneath give added strength; won't rot like wond
Made of 3-16" boiler plate; angle
iron around edge keeps stones
from falling off. If not as represented, return and get your money
back. BOAT

DOMINION FOUNDRIES.

to Be Sure

exist. A method of attacking the disease by means of injections has been wide

Half a million doses have been sent

Instead of hiding themselves and concealing the disease, they are now

Buy Empire Goods

"Do you think he has a future?" "No, I think he has about used it 100

"Why do you call her a belle?" She is nither pretty nor sweet-voiced." "True enough-but what a chapp

> More Pheasants for Alberta Calgary, Alta.-An additional 2,000 Chinese ring necked pheasants, 600 Mongolian pheasants and 300 pheasants' eggs for hatching will be brought into Alberta this year by the Calgary Fish and Game Protective Association and released in selected districts south and southwest of Calgary. In the past few years a few thousands of different varieties of pheasants have been imported and released by the As-

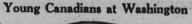
most sanguine expectations. Epitaph on a Dog Here lies at rest, unknown to fame

of dark descent and doubtful name,

sociation and the birds have thrived

and flourished to a degree beyond the

One "Binks." Here lic his treasures A ball ,a bone, a worried shoe. Nay, stranger, drop no idle tears: He loved one small lad all his years! -Nancy Byrd Turner in "Our Dumb





TWO LIVE BEARS TO BE PRESENTED TO HOOVER

Here is one of a pair of three-weeks-old bear cubs, found by Philip E. Lamont near Mattawa, Ont., which will be presented to President Herbert

And the Dog Was

Saved

A dog was swimming across the

was then about midway of the chan

hundreds away. A nurse in Northern Tanganyika has written home: The leper clinic up here is in its early stages, but it is very honeful. YOUNG CHILDREN

Mothers are quick to praise anything which brings health and comfort to their little ones—any medicine that will make the baby well and keep him well will always receive hearty recommendation from the mother. That is why Baby's Own Tablets are so popular. Thousands of mothers dog to have gotten across the chan-throughout the country, not only use nel. Either he would have been them for their own little ones but are always delighted to be able to recom-nend them to other mothers. Thou-sands of mothers have proved Baby's and Tablets to be without an equal in nel was extremely narrow there. always delighted to be able to recomrelieving their little ones of any of the minor ailments which arise out of talking with the captain, Captain a derangement of the stomach and bowels. Baby's Own Tablets are the did and called my attention to it. He ideal laxative—easy to take but thorough in action. They banish consti-

by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

HAD LIVED AHEAD

Old Age Pensions

of a large steamer!

course, the dog's life was saved.

This was fifteen or more years ago

but the incident is one that I shall

never forget. And I am sure that many others who saw it will never

orget it either.

Whenever I see a ruthless, careless

automobile driver showing no mercy whatever to a cat, a dog or a chicken that happens to get in his way, this incident comes back to me with

bile compared with the slowing down

ren Brockway in "Our Dumb Animals

La Presse (Ind.): The Province of philanthropy. Our many charitable and friendly institutions are evidence that this is so. But the Old Age Pensions law which is now occupying public attention assumes a different aspect in the sense that it binds the provinces to a contract, the terms of which are dictated by the federal power and deprive them of their entire liberty of action. We cannot blame the Provincial Government therefore, for looking twice before it igns the agrement.

A little love, a little hate, And that was life: A little hanging on the gate And then a wife.

Holes in the pavements-spring's ere, and springs there.

Minard's Liniment for Coughs, Colds,

Every package of Red Rose Tea is prepared with the same care—as if our reputation were to stand or fall upon that single package.

E A"is good tea"

RED ROSE ORANGE PEKOE is extra good

Aviators Down in Australian Bush

Plight of Southern Cross Fliers Regarded as Hopeless

Sydney, N.S.W.-Friends of the missing Southern Cross aviators Wed-1 nesday hoped and prayed for a fort-unate circumstance in the almost certain hopelessness of their plight. Only extreme good fortune, most thought, could result in the rescue of Capt Charles Kingsford-Smith, his pilot Charles T. Ulm, and the two with them ,who Sunday flashed a mysterious message to the world and disappeared somewhere east of Wyndham, Western Australia.

In that message, which they ended with their characteristic "Cherrio,' they told of falling motors on their plane and a heavy rainstorm which obscured the ground from their view. They gave their position as "about one hundred miles east of Wyndham" -and then sank into the vastness of the Australian bush, peopled by wild uncivilized savages, some of them cannibalistic pygmies. Connecticut River, when one of the Hartford-New York steamboats was bearing down close to the dog who

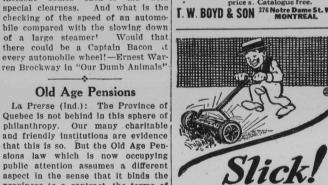
Minard's Liniment for Grippe and Flu

nel. Had the steamer continued at the speed she was then making it The Empire and the Air United Empire (London): Sir San would have been impossible for the uel Hoare, the Minister for Air, says that he gets a little tired of comnel. Either he would have been struck by the steamer or else he plaints that others are doing so much better in the air than Great Britain.
"You might think we had no Air
Force at all and that British aviation would have been sucked down by the under-tow and, undoubtedly, have met scarcely existed." Such critics ob viously know nothing of the facts. Sir Samuel promises that when the two British airships are flying next did and called my attention to it. He has been British progress. immediately gave orders to slow down

> The end of man is an action and not a thought, though it were of the noblest .- Thomas Carlyle.







TONIGHT TRY for that cold and tired feeling. KILL FLU



Excess acid is the common cause of less and tasteless and its action indigestion. It results in pain and sourness about two hours after eating.

The quick corrective is an alkali which when you learn how quickly, how

Animal."

We're not going to get snooty about the Einstein theory, because if there's nothing else to be said in its favor, at least no one has written a theme for it.

The quick corrective is an alkall which ment you ment you method acts in Phillips' Milk of Magnesia. It has Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess at least no one has written a theme for it. times its volume in acid. It is harm- tions—any drugstore.

Classified Advertisements

A-L BABY CHICKS. WE HATCH four varieties, price 9c up. Write for free catalogue. A. H. Switzer, Franton, Ontario.

INTERNATIONAL MOVERS D EST EQUIPMENT, LATEST METHODS, uniform return load prices,
An goods insured. We move you when
you want to move. Make your enquirles
now. Ploneer distance movers. Agents
in principal cities of eastern States and
Canada. Hill The Mover, Hamilton and
Toronto

Question Box at Kitchener

Frank McMurray.-How can you tell the proper temperature of the water in which to bath a baby? Bob Stone.—If the water is too hot, the baby turns red and cries. If too cold, it turns blue and does the same thing.

Vicar—"Do you believe in dreams, Willoughby?" Willoughby—"I used to sir but I don't now." "And why not?" "I married one five years ago."

BABIES GAIN BY THIS SIMPLE METHOD

Doctors say, souring waste in baby's digestive trac' is usually back of any failure to gain weight according to schedule. And the best proof this is true, is the quick way, weak, fretful, puny babies improve when you cleanse their stomach and bowels and put them in order with a few doses of purelyvegetable, pleasant-tasting Fletcher's Castoria. This gentle, harmless preparation is the doctor's first thought to relieve those ills of babies and children, such as colic, gas, constipation, diarrhoea, colds, etc. Just be sure you get genuine Castoria in the bottle that bears the Fletcher signature.





Flashing Eyes Laughing Eyes Downcast Eyes 130 Eyes tell

Your Character Brown eyes for strength-Blue for generosity—Gray eyes for jealousy—Sparkling eyes indicate beauty, yes, and good health, too! Do your eyes sparkle? Are the whites clear or are they tinged with yellow—indicating an out-of-sorts condition—due to constipa-

Keep Your Health

Minard's Liniment

Get Well-Keep Well.

by using the OLD RELIABLE! Minard's Liniment Co. Ltd, Yarmouth, N.S.

There are three trying periods in a woman's life: when the girl ma-tures to womanhood, when a woman gives birth to her first child, when a woman reaches m At these times Lydia E. Pinkham's Vegetable Compound helps to re-store normal health and vigor.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

ISSUE No. 15--'29