

# Farm Women's Clubs

gar, pour over the pickles a small piece of alum to brine it will crisp the

## Cucumber Pickle

cucumbers  
sugar  
onion

## Tomato Catsup

and ripe tomatoes  
sugar  
poons of salt  
on of black pepper  
on of allspice  
on of mustard  
f cloves  
ons of paprika  
cayenne

## Chutney

pies  
gar  
round ginger  
stins  
cayenne  
gar.  
oles to a sauce, chop raisins  
mix all together and boil  
s.—Mrs. O. H.

## Preserving Cakes

## Infectious Diseases

Continued from Page 35

to infection from tuberc

current bronchitis must be

on with suspicion—or a per

se cough. Sputum must al

xamined at the nearest labo

is done free of charge. The

distance again must be b

usual way. Plenty of acrob

—plenty of sleep—plenty of

day and night.

definitely infected and in the

ra, should either be sent to a

or correspondence should be

ato at once with the head of

st sanitarium to obtain rule

ation of life. The weight is

ation to be watched. Increas

ht means movement toward

creasing weight means mov

ards death. All hollow-chest

ely-built children should take

athing exercises, should be

swim, no restricting clothing

allowed. The growing girl is

be unfortunate victim of cri

ps from improper clothing.

sis is the monster waiting for

ild with weakened resistance.

I say again most emphatically

are to reduce the number of

of this White Plague we must

ur children from taking infe

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the mothers rest

responsibility. They of w

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of infectious diseas

their notice, and radical chan

of quarantine r

by the people. We must not

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e community, a

answer. We

If your club secretary has not received a copy of our latest Club Women's Bulletin, please write to the Editor, Farm Women's Club Page for a copy. There are yet a few left for distribution. The bulletin asks that your club send in a report of the whole summer's work. It is important that some review of the season's work be published and we urge on clubs again the necessity of doing this as soon as possible. If your secretary is not in a position to do this, appoint a press reporter who will send a report periodically to The Grain Growers' Guide, and also keep your local paper supplied with club news. Publicity is the greatest single agency in the progress of the farm women's movement. Be a booster! Boost your club!—Editor Farm Women's Club Page.

## Preparing for Winter

It is not a day too soon to prepare for your fall and winter's club work. Those clubs that plan a yearly or half-yearly program and stick to it will not be confronted with the same need of immediate action as those who work on the hit-and-miss plan of letting meetings largely plan themselves. Any woman knows that if she intends to get as much out of her day's work as possible she must carefully plan her work and then work her plan. That holds true with club work just as it does with everything else.

Your line of action should be somewhat after this fashion. Call a meeting of your executive, or if you have one, your program committee. Have each member of the executive prepare in the interval between the notice of meeting and the meeting, all the suggestions for winter work which she has. Something is then ready to begin work on. The first question to be answered is, what are the outstanding problems of the farm women which the farm women's organization should attempt to solve? It may be the labor problem. It may be the reduction of the tariff, or the land problem. Each community must decide its own most outstanding problem.

Let us suppose it is the labor problem as it concerns the farm woman. That one problem suggests a whole season's work right up to convention time. It might be distributed by different phases among all the members of the club. Following is a crude outline of the problem as it may be divided up for a season's study:—

## Labor Problems as it Concerns Farm Women

- 1.—The present situation:—  
In community, in constituency, in province, in Dominion.
- 2.—Some Reasons for the Shortage:—  
(a) What is wrong with the status of the hired woman?  
(b) Why do women prefer to work in town rather than for the country woman?  
(c) Supposing a source of labor can be found, what changes in arrangements must be made to make the solution permanent?
- 3.—Possible Sources of Supply:—  
(a) Canada; (b) United States; (c) United Kingdom; (d) Foreign countries.
- 4.—Relief in other directions:—  
(a) Labor-saving devices.  
(b) Changes in method of living.
- 5.—Bearing of tariff on the problem:—

Tariff makes prohibitive many of the conveniences that would make farm women's work easier.

Information may be secured from the departments of labor in the various provinces, and from the various labor bureaus, both government and private in the province. Canada's agents in the United States will be glad to give information concerning the possible sources of supply there, while various agencies in the United Kingdom will give what information they can. These various addresses may be secured by writing to the Editor, Farm Women's

Club Page, The Grain Growers' Guide, Winnipeg. All information, literature, photographs, etc., regarding labor-saving devices may in all probability be obtained from the advertisers of these goods. The advertising columns of The Guide should indicate some who would be glad to give them. If you will prepare a list of labor-saving devices and machinery, and submit it to the Canadian Council of Agriculture, 616 Boyd Building, Winnipeg, either Mr. Lambert or Roderick McKenzie will be glad to itemize the tariff charges on same.

After your executive or program committee has thoroughly drafted out the problem, divide it into portions of convenient size for papers and addresses. Then assign the studies to the various members for preparation for papers. When this is done it is wise to have your program printed. Send the program to every woman in the community with an invitation to become a member of the club and enjoy the study the club offers. Do not forget that the editor of this page would like a copy of your program too, as well as your provincial secretary.

These are only a few suggestions, and are necessarily brief. After such a thorough season's study, club delegates are in a good position to deal capably with such questions at the annual convention. The club is really something that stands for much in the community if its members become well acquainted with every side of even one question.

But don't fail to plan your work—and then work your plan.—  
Editor, Women's Club Page.

## Our Sisters in Ontario

Mrs. F. Webster, of Oakwood, Ontario, one of the provisional directors of the newly formed section of the United Farmers of Ontario, has issued a leaflet, showing why the Ontario farm women should join the men in their Farmer's Organization. The following extract will show that even though Ontario is the latest to organize, it does not intend to be the least:—

Mrs. Webster, who is also a prominent Institute woman, says in part: "We must organize to create greater interest in the work that we are engaged in. The movement to organize farm women is national, and its strength will depend on two things—the number of its supporters, and the character and ability of those who are its supporters."

"Farm women have to work harder, and longer hours, with less remuneration for their labors than any other women in the world. 'In unity there is strength,' so let us all pull together in the sweet spirit of helpfulness, with the one great object in view: The betterment of farm conditions."

"We must study a great deal more than we have ever done. We must study the present government, and see for ourselves just how and where it can be made to serve us better. We must read and remember everything that the provincial and Dominion Parliaments are doing, and also what the manufacturers and labor unions have done, for only by educating ourselves along these lines, will we ever make the most of our organization. By organizing with our husbands and sons, we can use our ballots to support the Farmers' Platform, and by united effort throw off the yoke

of slavery, and raise the standard of farm life to a higher level, for we do believe 'that agriculture is the greatest among the arts.' It is first in supplying the necessities of life; it creates and maintains manufacturers, gives employment to navigation and materials to commerce. It animates every species of industry and opens to nations the surest channels of affluence. It is also the strongest bond of well-regulated society, the surest basis of internal peace, and the natural associate of good morals."

Miss Emma Griesbach, of Collingwood, sec.-treas. of the United Farm Women of Ontario, writes that in the two months since the organization meeting, there are already seven Women's Sections and mixed locals, and a number of localities are preparing to organize.

Women of the West, do you realize what a power our farm women can become, when we are fully organized, from coast to coast? We are a producing class, and this is our class organization. It means much more than a mere "Woman's Club" movement. We are out to help make production pay for better homes, shorter working hours,

better schools, higher ideals, and more of the conveniences and pleasures of town life.

So, Women Grain Growers, join your organization, boost and help it, and if you have friends in Manitoba, Ontario or Alberta, write and urge them to investigate the aims and objects of the United Farm Women's organization. Do your best to help our movement become truly national.—Violet McNaughtan.

## Send for Annual Report

I have been wondering how many of our U.F.W. members have received copies of the Annual Report, which

this year is bigger and better than ever it has been before. In fact, it is a book which should be in the hands of every member, besides which a copy should be on your library shelf. The report contains each of the addresses delivered at the convention, which were taken down verbatim by our official stenographer. Amongst others are the addresses of Professor Swanson on "Prices and Distribution," "The War After the War"; Professor Elliott on "Agricultural Schools"; and the Hon. J. R. Boyle, on "Consolidated Schools," each of which might well be read and discussed by our locals. Then there are the reports of the presidents and secretaries of both the U.F.W.A. and U.P.A., and a splendid paper which was read by Miss Holmes, teacher at the Mirror School, on "What the Rural School Can Do." Besides this, there is a considerable amount of other valuable information. The reports can be obtained at the Central office for ten cents a copy. Some of you may think that it is rather late in the year to send for copies of this report, but I might say that the items which I have referred to are good reading matter at any time. The 1917 Annual Report is the finest thing of the kind which the association has yet issued, and should be of permanent value to either members or non-members.—M. W. Spiller.

## Convener Resigns

Owing to stress of work Mrs. Spencer, to the regret of the executive has been

forced to resign her position as convener on junior branches. Mrs. Gunn, of Paradise Valley, has consented to carry on the work. It would help her very considerably if all our clubs who are doing anything along the line of Boys' and Girls' Clubs would write her their experiences and plan of work.—Irene Farby.

## To Discuss Laws

It is proposed that a conference of women representing each organization in the province should be called into Winnipeg, in November, to discuss laws relating to women and children, and especially the Dower Law and its needed amendments. The government is willing to enact a suitable Dower Law provided the woman can clearly show them what they want. It is to be hoped our farm women will study this question and discuss it through their local organizations so as to be ready to give valuable suggestions when required. It is one of the most important laws in the interest of women in the history of our province, and it requires great fore-thought and deliberation in its consideration and discussion.

I would suggest securing a speaker to explain the subject, after which appoint a committee within your local to study the question and report findings.—Janet Wood, president, Manitoba W.R.G.A.

## Rest Room at Biggar

We held our regular monthly meeting today at the home of our president, Mrs. Dale, with 11 members and six visitors present.

The afternoon was taken up with various reports re Rest Room, which we have established in Main Street, Biggar. We are very happy in the thought that at last there is some provision made for the comfort and convenience of the women going into Biggar from the country districts.

We are very grateful to the Biggar Town Council, and Biggar Municipality, who have each made a grant of \$100 toward the maintenance of the rest room for this "try-out year." We have not all the funds necessary to pay expenses for the year, but we feel sure it will come. We have to hear from Bushville and Glenade Municipalities yet, pending their meetings we do not know what they will do, but we know they will help.

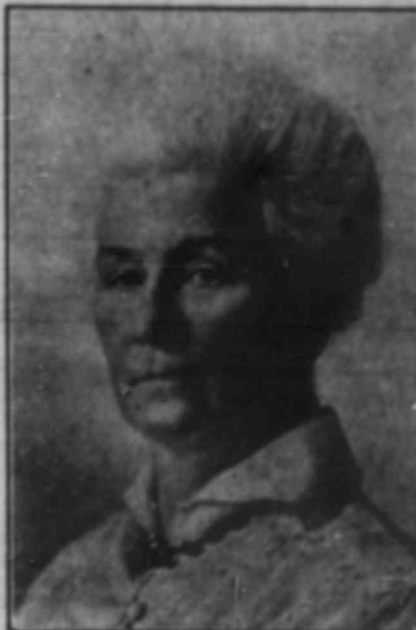
The rest room has only been opened a week, and its use to date shows very clearly that a long-felt need has been cared for.

Mr. McLaren, of Biggar, has very kindly loaned us furniture for a year. If this trial year proves itself, we can not about a permanent place next year. Mrs. Margaret Hindle, sec.-treas., Gladie W.G.A.

## Baby Carriages Ideal

We are indebted to Mrs. E. B. Lind, who has been appointed press reporter for the High River U.F.W.A. for the following very interesting report of the activities of that local:—

We thought you might be interested in our progress at this point. Up to date we have 53 members. Early in the winter we decided to open a rest room. The executive were successful in securing a room which usually rents as a store, right in the centre of the business part of the town. The room is large, light and airy, and fitted with a lavatory and little kitchen. It is lighted with electricity and steam-heated. We have, partly by donations, together with funds raised for the purpose, had it nicely fitted with oil stove, dishes, towels and soap, couch, cushions, rockers, desks, magazines, mirror, etc. Two baby carriages for use of mothers with babies while in town, are also supplied. These are to be used and returned to the room. Funds were raised by an Easter dance, a picnic, and lastly by conducting the booth and lunch counter at the Agricultural Fair. In the latter way, over \$720 was taken in. From this amount, after expenses



Mrs. J. H. R. Wood.  
President Women's Auxiliary, Manitoba Red Cross Society, whose energy and devotion had much to do with the unprecedented success that marked the Red Cross Year just ended.