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MANY USES & FULL DIRECTIONS ON LABEL. SIFTER-CANDID.

**THE LARGE ATTENDANCE the ELLIOTT Business College**

Cor. Yonge and Alexander Sts., TORONTO. There is no other result of accident. Toronto, Ont. is a case for it. We have room for more. Enter now. Catalogue free.

**Capable Old Country Domestic**

Parties arriving about January 14th and 26th

APPLY NOW

The Guild, 71 Drummond St., Montreal and 47 Pembroke St., Toronto

**MAILED TENDERS**, addressed to the Postmaster General, will be received at Ottawa until noon on Friday, the 25th February, 1913, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, six times per week each way, between Peterboro and Warsaw, from the 1st April next.

Printed notices, containing further information as to conditions of proposed Contract, may be seen and blank forms of Tender may be obtained at the Post Office of Peterboro, Warsaw, Douro and Kingston at the office of the Post Office Inspector.

**J. MERRICK**, Post Office Inspector, 30th December, 1912.

**YOUNG MEN WANTED in their VETERINARY profession.** Catalogue free. Grand Rapids Veterinary College, Dec. 16, Grand Rapids, Mich.

**NO MORE WET OR COLD FEET!!**

With Health Brand Clogs on, the man or woman who works in the wettest, coldest places always has warm, dry and comfortable feet. Try a pair yourself this winter.

**Feet-Lined CLOGS** (As illustrated) Fine leather tops, hard wood sole and heel, cozy lined with warm felt. All sizes for men and women, delivered, all charges paid. **ONLY \$1.75**

Higher 3 buckles ..... \$2.25  
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Or if you wish to learn which of these wonderful Clogs before ordering, write to us for catalogue booklet, telling how Health Brand Clogs are made, etc., etc. Dealers, write for proposition.

**CANADIAN FELT-LINED CLOG CO.**, Dept. D, 263 Spadina Ave., Toronto, Canada

**My Friend**

"I am the best pal that I ever had I like to be with me. I like to sit and tell myself Things confidentially.

"I often sit and ask me If I shouldn't or I should. And I find that my advice to me Is always pretty good.

"I never got acquainted with Myself till here of late. And I find myself a bully chum I treat me simply great.

"I talk with me and walk with me And show me right and wrong.

**THERE** is no happier nor more cozy picture of home life than the little family group gathered about the evening lamp, while some member of it reads aloud. These evening readings can be made educational and develop in many ways, which the eager feminine mind, eager for improvement, will easily devise.

I never knew how well myself And me could get along.

"I never try to cheat me I'm as truthful as can be. No matter what may come and go I'm on the square with me.

"It's great to know yourself and have a pal that's all your own. To be such company for yourself You're never left alone.

"You'll try to dodge the masses And you'll find a crowd's a joke. If you only treat yourself as well As you treat other folk.

"I've made a study of myself Compared me with a lot. And I've finally concluded I'm the best friend I've got.

"Just get together with yourself And treat yourself with youself. And you'll be surprised how well yourself Will like you if you do."

—Author unknown.

**Kitchen Comments**

Mrs. E. Snyder, Dist. Pres., Women's Institute, Oxford Co., Ont.

How often we hear women remarking that they would be able to accomplish so much more than they do if they had proper conveniences in their kitchen. I believe a kitchen can be made very convenient with very little expense if one is capable of managing properly.

The first thing I want in my kitchen is plenty of light. And this is one of the cheapest conveniences we can have, especially daylight. Some people claim that they darken their kitchen to keep out the flies, but give me the light, sunny kitchen and I will use other methods to extinguish the fly.

It is necessary to have a large kitchen on the farm as usually there is more or less hired help. The kitchen should be provided with plenty of hard and soft water piped in from outside wells. I would not like water coming from a well underneath a building.

A ROOM IN HOT WEATHER A good sized refrigerator is very handy in a kitchen, especially if one has plenty of ice. Some people prefer a dumb waiter, but not dumb). A large kitchen cabinet is a great labor saver as one can prepare all

their pastry for the oven with but little work. It is rather a plain store for the kitchen, one that is easily polished, (not an ornament.) A woman can use her spare moments in a much more profitable way than in continually cleaning a stove. The woman that continually scrubs and scours is sure to be a crank and she is not a convenience in any kitchen.

What men need is a cheerful all round good housemate and one that can cook a good nourishing meal. I believe one way to keep men in good humor is to "feed the brute." If we do this they will not consider us as farm servants, but will be willing to allow us the egg money at last.

There are some noble women in

South Oxford who, strange to say, have married narrow-minded men. Those who have been so unfortunate, however, should not judge all men alike but should strike a medium and if they can possibly reform their husbands, they will find them conveniences in their kitchens.

**"If You Can't Smile"**

In the anteroom of a certain hospital was once seen a notice posted in a conspicuous place for the benefit of visitors and it read something like this: "Don't speak a discouraging word here; keep your sad looks for other places, and if you can't smile, don't go in at all." Don't you wish for hospital visitors and why should it not be applied to other than those who visit such places?

I have sometimes thought that if we had more ready smiles, more hearty laughs and everyday cheerfulness in our homes there might be less need of hospital visitors. Give the little ones the bright smiles, fathers and mothers, though you may not always feel like it; they turn to you as flowers to the sun, and we are failing sadly as parents if we allow them to grow up in a gloomy, fault-finding atmosphere. A naughty child, when expecting punishment of some kind, is often completely conquered by seeing a sweet, forgiving smile on his mother's face, when a scolding or whipping would have only hardened him.

Suppose a phonographic record could, without our knowledge, be made of the exact words and tones we use during just one day to these in the home. Then, if the stillness of the night we could hear that record reproduced?

**LIFE WORTH LIVING**

The old people need the sunny smile and the cheery greeting; they have gotten where they feel, may be, in the way, not in the heart, and the future has not the brightness for them that it used to have, but a little attention paid them by someone younger, a little thoughtful kindness and the hopeful thought instilled into them that the best is yet to be, and that they are still needed in the world, then the dark dependency vanishes and life seems once more worth the living.

About the children once more. Let us always try to send them off to school with a cheery "good-by," the teacher will find them better pupils because of this, and they and we will

have a happier day for it. Let us help to store their minds with cheerful memories of their home life, so far as possible, and in after years these recollections may be their source of the greatest pleasure and comfort.

Some people are born with the happy, hopeful temperament, and fortunate are they who possess and but they who are naturally dependent may cultivate the opposite spirit by a cheerful habit of thought; we surely may be what we will in the present. I believe that it is the sunny, happy-hearted people who are loved the best, who most influence us for good. The short and simple obituary ("She was always so pleasant") seems to me a beautiful one and she who merited it lived a life which we might well emulate.—Miss C. S. S., Rural New Yorker.

**Situations Wanted**

Experienced Farm Hands and Married Couples require positions. Send full particulars with stamped addressed envelope for quick reply to: **FARM EMPLOYMENT AGENCY**, 140 Victoria Street, TORONTO

**Farm Help**

Farm Laborers will again be brought out this year by our Immigration Department.

**Also Boys and Domestic Servants**

We are making a special effort this year in country districts and will have the best class of immigrants. We speak desirable places for these.

Apply early for application form to: **The Salvation Army Immigration Dept.**, Albert Street, TORONTO, Ont.

Any little girl can do the cleaning with

**MAXWELL'S Favorite Churn**

It makes the smoothest, richest, most delicious butter ever last made. The roller bearings—no hand and foot levers—make churning as easy work for a child.

All sizes from \$4 to \$30.00.

Write for catalogue if your dealer does not handle this churn and Maxwell's Churns and Walkers.

**David Maxwell & Sons, St. Mary's, Ont.**



**RICE-KNIGHT Ltd.**

200 candle power of pure white brilliant light for less than 1 cent per hour. No smoke, or odor. No gas, or oil lamps. No wicks to trim. No simple and efficient. Cannot enable a child can operate it. Absolutely safe—fully guaranteed every year of its life in any home.

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**RICE-KNIGHT Ltd.**, Toronto or Regina

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