



Friday Afternoon Jam Session

STARTING TODAY



Special Events

Oct 12 Alexander Keith's B-Day
Oct 21 Brent Mason

Monday Night Football
Featuring San Diego at Kansas City



Where your Student Card is Your Membership
For Members And Guests Only



Best Specials In Town

- Sunday** – All you can eat spaghetti for just **\$4.99**
- Monday** – Buy one Burger **get one Free**
- Tuesday** – All you can eat wings **for \$7.99**
- Wednesday**– Marguerita night, buy a Fajita and receive **buy one get one free marguerita's all night**

* Specials must have a purchase of a beverage
* All specials starting at 7:00P.M.

458-5636

KINGS PLACE



WHY WEIGHT?

WHY KNOT?

Y NOW !

If you aren't in the shape you'd like to be ...

Or if the stress of classes and assignments is making you inefficient ...

Then why not Try the Y?

We've just raised \$2.2 million and made lots of improvements!

- New 5000 square foot Wellness Centre with Weight Room and Cross Training facilities.
- \$80,000 in new equipment
- high ceilings, big windows, air conditioned
- friendly, certified staff to help you design your program
- pool, steam room, gym, track, racquet courts
- new and refurbished locker facilities
- memberships are honoured at Y's all over the world ... you can use it at your local Y when you are home for Christmas!
- student memberships to the Y cost less than the daily newspaper each day!
- we will develop a payment plan to fit your budget!



- FREE TRY OUT -

Present this coupon, along with your valid UNB/STU student card and have a FREE visit on us. Bring your "stuff" and try out our Wellness Centre, an aerobics class and enjoy our pool and steam room.

One visit per student to be used before October 31st, 1995 please call the Y (462-3000) to check class and swim schedules

Fredericton YM-YWCA - 28 Saunders Street
(on the Exhibition Grounds near Tim Horton's)