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articles. Running up bills is a most dangerous thing to do. Especially should the cash system be adhered to in paying for work done, both in justice to those you employ and in justice to yourself. If you pay well and promptly you are in a position to insist upon having your work done well and promptly; and you should do so. If would never employ a second time ladies those who lightly promise work for a definite time and as lightly fail to have it done, there would soon be an end to the intentional deception practised by so many dressmakers, milliners. shoemakers, and others who undertake work. These few suggestions will, if carried out, assist ladies in dressing well, without giving too much time, thought and money to the work. Of course, the subject is not nearly exhausted.

We have shown at length in this book the danger to health of a blind following of the example of others in matters of dress; and we have hinted at the effects produced on mind and soul by the devotion of so much time and thought to the question of wherewithal we shall be clothed. To simplify dress and render it healthful, and thus deliver woman from the two-fold slavery which saps the vigor of both body and mind, is surely a worthy subject of thought and endeavor. Let our most cultivated and refined women lead