



## Makes Clean Kitchens

You can make your kitchen fairly shine with cleanliness, with less labor and in less time than it takes to clean it with soap, soap powder or other cleansers if you use

## Old Dutch Cleanser

Every speck of dirt is quickly and easily removed from floors, woodwork, walls, metal work, windows, painted walls, cooking and dairy utensils—even the kitchen stove is cleaned and brightened by this wonderful little boon to housewives. Absolutely free from all harmful chemicals.

Many other uses and Full Directions on Large Sifter—can 10¢



## MRS. STEVENS RECOVERS

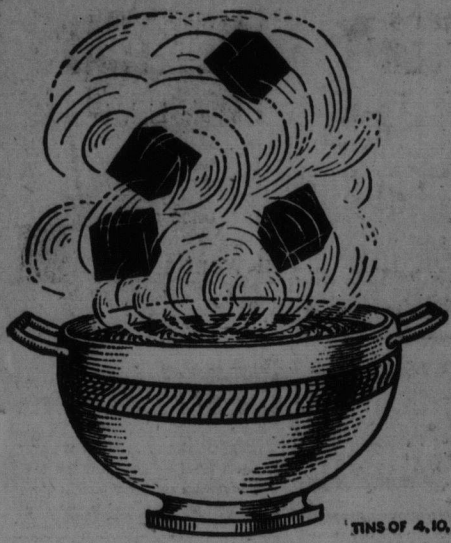
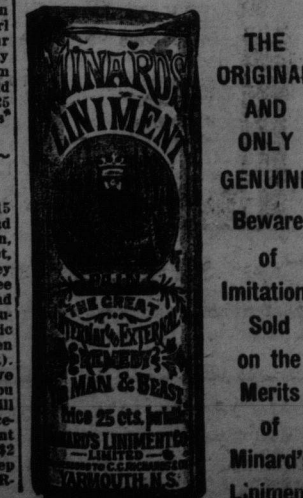
After Years of Suffering. Tells How Her Health Was Regained.

Waukegan, Ill.—"I had female troubles for seven years, was all run down, and so nervous I could not do anything. The doctors treated me for different things but did me no good. I got so bad that I could not sleep day or night. While in this condition I read of Lydia E. Pinkham's Vegetable Compound, and began its use and wrote to you for special advice. In a short time I had regained my health and am now strong and well."—Mrs. SALLIE STEVENS, R. F. D., No. 2, Comanche, Okla.

Another Woman Recovers. Newton, N.H.—"For five years I suffered from female weakness and dragging down pains. Lydia E. Pinkham's Vegetable Compound has restored my health and the pains are gone."—Mrs. F. A. FRANKLIN, R. F. D., Box 88.

Because your case is a difficult one, doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

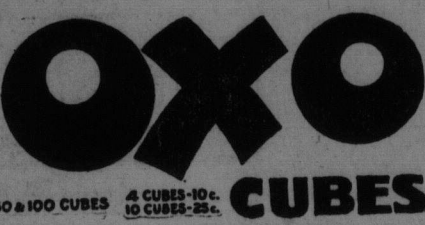
If you want special advice write to Lydia E. Pinkham Medicine Co. (consultant) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.



## A 10 cent tin of Oxo Cubes will make enough delicious Soup for four people

Rich sauces and gravies, too, can be made in a few minutes with Oxo Cubes. No measuring—no musing with sticky curls and bottles—just nest, dainty little Oxo Cubes. Each Cube the same in size—in strength—in flavour—each Cube containing the rich goodness of prime fresh beef obtained from our Oxo cattle; all cattle certified healthy.

Oxo Cubes add nutriment and relish to meat-pies, stews, hashes, boiled rice and mashed potatoes. Handy in a hundred ways and so cheap and good.

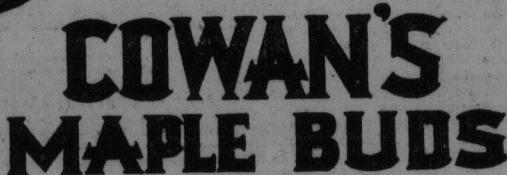


## -And DON'T Forget the Maple Buds, Grandpa!



Shopping is only half done if you forget the Maple Buds. Children must have sweets. Their little natures crave for dainty sweet things. Bad for them? Not Cowan's Maple Buds. Pure milk, pure sugar, pure chocolate. What could be more nourishing and wholesome? What else could make them such favorites with intelligent mothers? Make the children happy. Give them sweets you know are good. Put Maple Buds on your shopping list.

THEY'RE NOT MAPLE BUDS UNLESS THEY'RE



## Range Talks By The Housekeeper

No. 3 - Subject - "Fire Box and Grates"

"WE women folks will always consider the Oven all-important, but my husband—he knows how a range should be made—attaches a great deal of importance to both Fire-box and Grates—they are just as important, in his opinion, as the Oven."

"John likes our Kootenay Range, because it has a real Fire-box—a big, long deep, Fire-box with plenty of heating capacity. — Yet he says it is not too big but nicely proportioned to size of oven. And of course, it is very plain that he is right."

"The 'KOOTENAY' Fire-box makes cooking easy all over the top—it heats the Oven so evenly that one can cook and roast a large joint perfectly at the same time. No waste of time with this dependable Fire-box, so—it is quite evident that it saves fuel—reduces coal bills because one can do so much at once with it."

"The linings of the 'KOOTENAY' Fire-box are made in nine separate pieces—3 in front,

4 in back, and 1 on each end. This allows for contraction and expansion, and—these linings are made of extra heavy, durable semi-steel—they resist the strongest heat for a very long time."

"And the semi-steel GRATES—made in two styles for wood and coal—are remarkable for endurance."

The Coal Grate is made in two pieces, and is easily shaken. The wood Grates are simple and strong. You can take out back end lining when using it, there's a special pocket behind this lining which allows one to burn long pieces of wood."

"It's easy to change the Grates—just slip the steel buttons aside and out they come. My little boy can change them in a few minutes."

"Ashes cannot miss the ash pan—Flanges sloped inward, below the Grate, guide all ashes into the big roomy pan."

"The 'KOOTENAY' burns any sort of fuel and makes cooking and baking easy! Yes! It's the best range I know anything about."

"The 'KOOTENAY' Fire-box makes cooking easy all over the top—it heats the Oven so evenly that one can cook and roast a large joint perfectly at the same time. No waste of time with this dependable Fire-box, so—it is quite evident that it saves fuel—reduces coal bills because one can do so much at once with it."

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LONDON TORONTO MONTREAL WINNIPEG

VANCOUVER ST. JOHN, N. HAMILTON CALGARY

McClary's

For Sale by QUINN & CO., City Agents

NATURALLY. About Ben Adhem, since in that famed quest For kindly men, his name led all the rest. I doubt if there's a man but wishes In that affair, might have Ben Adhem.

Needle in the Haymow. Is there a puzzle in that magazine this month? Yes; try to find the table of contents—Baffin.

For families in moderate means to buy tenderloins at the present price of meat is something in the nature of an economical mistake.

DR. INCH ILL. Sackville, Oct. 11.—Dr. J. R. Inch, ex-superintendent of education, returned to the Highland View Hospital, Amherst, this evening, for a second operation. The venerable educationist's friends feel rather alarmed at his continued ill health.

## Moving Picture Men Face Graft Charges

London, Oct. 11.—Ugly charges of graft are being made in connection with the takings of the moving picture theatres permitted to remain open in London on Sunday. Although charities are supposed to get 65 per cent. of the takings, the great disparity between the box office receipts of the Sunday shows and the disbursements to hospitals and other philanthropic institutions is rather startling.

It is charged that certain favored charities agree to accept donations from the moving picture places without scrutinizing the figures of receipts and net takings too closely if they are assured their share will be regular and certain. During the period of nine months, according to the figures submitted to the London County Council, the total receipts amounted to 400,000 dollars, while charitable societies benefited to the extent of only 70,000 dollars.

The proprietors of the theatres explain these figures by declaring that the expenses of Sunday openings are so great that in the cases of the least scrupulous houses the Sunday opening pays running expenses for a week, and naturally there are no net profits left to be shared with charity.

A bitter municipal fight is being waged between the various parties preparing for the approaching council elections in London. They usually attract little attention, but the issue between the Moderates, who now control most of the boroughs, and the Progressives has become so sharp that the campaign is as exciting as a Parliamentary contest. Each side has its own particular pet problem, but running through all of them is the feeling that the Moderates represent the privately controlled interests while the Progressives stand for the public control of utilities. Many of the local councils will be split on the question of the control of motor bus traffic and the Progressives will make a strong fight for the regulation of this most formidable competitor of the municipally owned street car systems. Even the Moderates will probably be forced to some action whereby the motor bus companies will be compelled to bear a fairer share of the cost of keeping up the roads. In some districts of London the councils are almost as backward as the old vestries which they succeeded, and in these boroughs the labor party as well as the Progressives will make a determined effort to overthrow the Moderates, who are accused of obstructing the most elementary and necessary housing and sanitary regulations. It is expected that the campaign for social reform will bring out a number of women candidates for the councils.

The loud outcry in London against the motor omnibus companies owing to the numerous accidents caused by their vehicles, has caused those companies much alarm. The companies have now begun a campaign to do their best to punish their drivers who exceed the speed limit. This step has irritated the drivers, who already cherish numerous grievances, and it is likely that London will again be in the throes of a great transport strike unless the complaints of the bus men are heeded. The drivers declare that they cannot possibly keep up to their duties without violating the speed limit. They further complain that the parsimony of the companies prevents them from keeping just within the margin, for they are not provided with speedometers.

There are also allegations that the companies actively discourage trade unionism among their employees and this and other grievances are being taken up by the unions concerned and serious trouble may result.

The mounted infantry in the British army will be abolished very shortly in all probability under the reform scheme introduced by the new War Secretary, Lord Curzon. It has been pointed out for some time by military authorities that the mounted infantry as now constituted serves no useful purpose beyond keeping alive a dangerous heresy inherited from the abnormal conditions of the South African War.

Good infantry battalions have been crippled to supply indifferent cavalry. The recent measures conclusively proved this, and the day of the horse for the rapid conveyance of infantry, in fact, for the work was done better by motor lorries.

The cavalry units set free by the abolition of the mounted infantry will be used for the nucleus of another cavalry brigade, which has long been desired by the general staff.

Over 170,000 students this month returned to their work at the evening schools of the London County Council after the summer recess. These busied schools of various kinds are maintained by the Council for night instruction and there is still plenty of room for more students. In fact, the youth of London has not availed itself of the splendid facilities for providing general instruction provided in nearly the numbers expected.

The authorities argue that this is due chiefly to the cheap amusements provided for the Londoner and not because he is less ambitious than his country cousins. Besides the usual technical, engineering and domestic science courses a separate school for waiters has recently been started. This school is designed to check the German invasion which has practically driven the English waiter from the field. In addition to practical table service and pantry work, the waiter students are taught something of food values, menus, bills and technical French. The essentials of a good education are given to them in the form of English, geography and arithmetic.

River thieves on the Thames will soon have to carry on their operations in face of a police force with modern equipment. Experiments are proceeding with the object of providing a suitable motorboat to replace the clumsy old converted row boats which now handicap the efforts of the river police.

The river force, consisting of 120 men, was recently supplied with row boats fitted with gas engines. These craft, but slightly faster than when rowed by hand, are so noisy that the river pirates are given ample warning of the presence of the police. Although the pillage of the river thieves has been reduced since the days of Dickens is small, their numbers are considerable and constant vigilance is required by the police to check their depredations.

Great success has been achieved by the British crown authorities as far as the annual report of the Commissioners of Woods, Forests, and Land revenues, the land under their charge this year paid into the exchequer 2,500,000 dollars, an increase of 150,000 dollars over last year.

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## ANOTHER MIRACULOUS CURE OF RHEUMATISM BY "FRUIT-A-TIVES"

Pain Was Almost Unendurable Until He Began to Take The Famous Medicine Made From Fruit, Which Is Making So Many Cures.

Suffered For Five Years And Would be Still Suffering—Probably—Had It Not Been For "Fruit-a-tives."

There is no doubt about "Fruit-a-tives" being the long sought for cure for Rheumatism, Sciatica and Neuralgia. Every day sees some sufferer relieved by "Fruit-a-tives." Every day sees some "hopeless, incurable" case of Rheumatism yield to the magic powers of these truly marvelous tablets, which are made by a wonderful secret process from the juices of fruits.

There may be skeptics. There may be people who think that perhaps "Fruit-a-tives" is all right for others, but not for them. There may be people who insist that their cases are too far gone to be helped. To all such we say "Try Fruit-a-tives" as Mr. Dobson did. Give them a chance to prove their value. Mr. Dobson thought his case incurable, yet a short treatment was sufficient to cure him.

"Fruit-a-tives" is the greatest remedy for Rheumatism that the world has ever known. Here is the proof:



Bronte, Ont., March 31, 1912

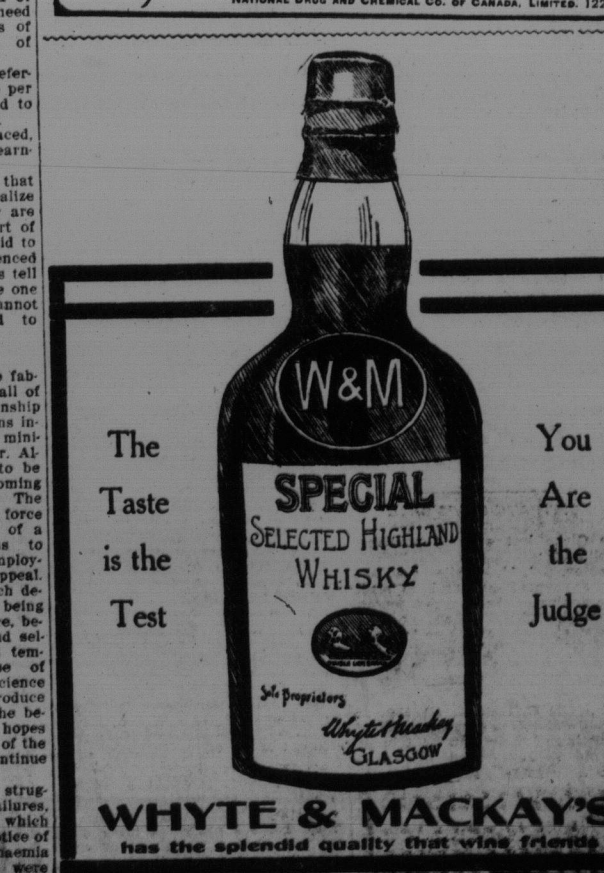
"Fruit-a-tives" has made a complete cure in my case of Rheumatism, that had at least five years standing before I commenced the treatment. The trouble was principally in my right hip and shoulder, the pain from it was almost unendurable. Not being able to sleep on that side, if I changed to turn on my right side while asleep, the pain would immediately awaken me. This kept up until I started taking "Fruit-a-tives." I started by taking one or two tablets in the morning with a large glass of water, before breakfast and experienced pronounced benefit very shortly. After continued treatment for about six months I was cured and am now in first class health. This, I attribute to my persistent use of "Fruit-a-tives." I heartily recommend your remedy to any rheumatic sufferer, feeling confident that if taken faithfully a cure will result.

I keep a general store at the above address and often recommend "Fruit-a-tives" to my customers.

JAMES DOBSON. Get a box of "Fruit-a-tives"—take them as Mr. Dobson took them—"Fruit-a-tives" will cure you just as they cured Mr. Dobson. 50c. a box, 6 for \$2.50, or trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa, Ont.

but too apparent in many of the most poorly paid workers, but except in rare, isolated instances, the girls and women live on their own earnings—meagre as they are—in decency and self-respect." The investigator who returned this testimony was not yet given to gloating facts. Mrs. Florence Kelly, with whom she has pursued several investigations in recent years, considers her a drastic prober for "cold facts." As Mrs. Kelly humorously expressed her zeal and thoroughness, "I have never found so yellow a condition that Miss ——— couldn't go me."

Why doesn't she take NA-DRU-CO Headache Waters? They stop a headache promptly, yet do not contain any of the dangerous drugs common in headache tablets. Ask your Druggist about them. 25c. a box. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED, 122



WHYTE & MACKAY'S has the splendid quality that wine friends