POOR DOCUMENT

ST. JOHN, N. E., SATURDAY, FEBRUARY 5, 1910.

ELEVEY



PANTRY

am the Queen of the Flour Bin, the lady-in-chief of the Royal Pantry, the oracle of the Royal

I want the attention of Big Folks and Little Folks, of Experienced housewives and Inexperienced—of Rich housewives and Poor -Young housewives and Old.

For I have stories to tell. Secrets-flour secrets-to unfold. And these secrets have come by Experience by actual knowledge of flour, actual study of

different grades of flour. So I will ask your close and careful attention to my little stories about flour and bread and cakes and pies and things.

And I will promise you Profit as well as Pleasure from them.

If I can tell you the secret of making better Bread and Cakes and Pies and Pastry, that will be profitable to you.

And if I can tell you why one flour is more economical as well as more wholesome than another, that, too, will be profitable.

For I mean to go into the flour question deeply, giving Whys and Wherefores, Facts and Figures.

I hope to instruct and edify at the same time. So if you follow my little stories from time to time, as they appear, you will learn lots of things about flour that nobody has told you before. These Pantry Talks of mine will be chiefly about

Royal Household Flour

so named because it was the flour selected for use in the Royal Household of Great Britain. It is the one flour in Canada which stands out head and shoulders above all the rest. It is made in Canada by the largest millers in the British Empire—The Ogilvie Flour Mills Co. Limited, Montreal, and, because of its high quality and absolute uniformity, has given the greatest satisfaction both for Bread and for Pastry.



UNCOVERING EGYPT. Temple of Goddess of Love is 4,600 Years Old.

eyes; yellow skin; aluggish bowels; expelids or ankles; leg cramps; unnort breath; sleeplessness and the cently, under the auspices of the cently, under the auspices of the Egypt Exploration Fund, C. T. Currelly gave an account of the excavations at Deir-el-Bahari, and described tions at Deir-el-Bahari, and described the writing this prescription, but I dwill he glad to send it to you see Just 4 p me a fine like this: offineon 1700 cuck Building, Detroit, I will send it by return mail in a cone connection with the discovery of an eleventh dynasty temple in the vicinity of Deir-el-Bahari. Mr. Currelly said the original temple had been erected and dedicated to the Goddess of Love. The shrine was built, it was calculated, about 2,700 B. C., and it differed entirely from the Greek idea of worshipping temples.

The one other food mainstay is frijoles—ordinary beans. They are boiled to a mush and with a liberal quentity of lard are warmed as required in a flat earthen dish that answers for a frying pan. The very poor people do not always have the luxury of frijoles and when they do fiave them cannot always afford the lard.

Cured her Father's

Drunkenness by a

Simple Remedy.

Saves her father from a drunkard's grave. Free sample of Samaria Tasteless Prescription checks his drinking and leads to a complete cure.

It seemed hopeless to keep father from drinking, and we all felt the disgrace. When things were at their worst a friend advised me to try Samaria. I saw that you offered a free sample treats a free sample treats

Chief Train Despatcher Brassard of Riviere du Loup, P. Q., is reported to have been appointed to the Intercolonial Railway commission in the place of M. J. Butler, resigned. The announcement was made yesterday, and has been received with surprise by the cured him, and I am pleased to say he never touches whiskey now. How glad I am that I wrote you and how happy we all are together Father says that he could never have stoped drinking of his own accord."

Trial Package and pamphietgiving maximum and price, in plain sealed envelope, sent on receipt of a 2c stamp. Correspondence sacredly confidential. THE SAMANIA REMEDY CO. 26 Jordan Chambers, Jordan St., Foronto, Can.

"Also for sale at Chas. R. Wasson's price of the I. R. C. It is understood that Mr. Brassard has not been connected with the Intercolonial for many years, He is a French-Canadian and his appointment will give the French-Canadians representation on the I. R. C. commission. Mr. Brassard is well known on this section of the Intercolonial. Drug Store, 100 King St., St. John _ ' tercolonial.

SKUNK IS ODD PET

OF A NEBRASKA GIRL

Animal From Kitlenhood.

Tabby she calls it, and Tabby comes when the call is given.

Mr. Bliss says that he expects some of these days the animal will get excited and the family dwelling will have to be burned.

The Strongest Blood Purifier Known

lemarkable Effect of Calcium Sulphite in Purifying the Blood, Strength ening the Nerves and Building Up Flesh and the System

SEND FOR FREE TRIAL PACKAGE
AND PROVE IT.

Nothing proves so conclusively the remarkable effects of pure blood upon the nervous system as the results of calcium sulphide, the strongest blood structure of the said first-class car new the best all-round remedy for nervous, weak, run-down men and women and the best blood are substituted to be the best blood are supported by the season of the truck of the said first-class car leaving the track.

EMPRESS MET SNOW SQUALL makes the best blood are not week and lump, lack ambition and vim feel all run-down, and your blood is in best or order of the recording to evidence, the suppose of the first the blood pure far handward and the suppose of the first the blood pure and rich, things which ordinary blood-purifiers' and tonics either any of the first the blood pure and rich, things which ordinary blood-purifiers' and tonics either any of the reverse and heraft the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and tonics either the blood pure and rich, things which ordinary blood-purifiers' and respect to the party of the calcium, the strongest blood purifier known; also golden seal, quasasia, eucasylva, and vegetable alternation, and the substitute of the party, and the substitute of the party, and the provided alternation of the bowel, lives and brain, and make pure, rich, healthy blood.

You own satisfaction the remarkable effects of Stuart's Calcium Wafers, and the provided purifier known; also golden seal, quasasia, eucasylva, and vegetable alternation, and the provided purifier known; alaw golden seal, quasasia, eucasylva, and vegetable alternation, a SEND FOR FREE TRIAL PACKAGE AND PROVE IT.

An Encouraging Message

FREE TRIAL OFFER



BEY LET IN THE LUSSIES VAI The strain of the first content of the strain of the strain of the first content of the strain of the strain of the first content of the strain of the stra

a little Union Blend makes more tea and makes it far better than can be made from a good deal of the common kind.

Go to your grocer and get a pound packet of Union Blend—be sure my picture is on the end—and try it for yourself. One single pound carries conviction.

Union Blend one pound packets—the pound packets only—contain coupons that are worth money to you. But this is only an advertisement—the tea itself is worth the price, fully.



my advertising can only induce you to try it once—can only introduce Union Blend to you; after that, its own quality must continue to sell it. Yet I am not only willing but anxious to risk the test—will you give me that chance? Go to your grocer, get a single pound,—or a half pound if you prefer—and I shall be perfectly retisfied to agreent your decision.