

PREPARES FOR
ARCTIC DASH

MacMillan's Ship Under Construction in Maine—Baffin Land is the Objective.

East Boothbay, Me., Feb. 7.—Work is almost completed on the hull of the Bowdoin, in which Dr. Donald B. MacMillan, explorer, will make his next dash into the Arctic regions. The launching of the schooner will take place in the early spring, and the vessel will be in shape to depart from this port by May 1.

Dr. MacMillan is perfecting plans for an expedition to begin next summer, which will include an attempt to circumnavigate Baffin Land and penetrate its western coast, 1,000 miles in length, said to be the longest stretch of unknown coastline in the world. He is a frequent visitor here and keeps careful watch over the construction of his ship.

The Bowdoin, which is being built on the sturdy lines needed in an expedition vessel to withstand the ice-grind, is 70 feet in length, over all, 20 feet wide and equipped with 45 horsepower oil-burning engines. Three-inch oak-plank material is being used for the hull.

Before his departure for the far north, Dr. MacMillan will make an exhibition cruise along the coast during May and June. About July 1, with a party of six men, the explorer will sail from Boston for the polar regions.

Under favorable weather conditions the Bowdoin should reach Fury and Hecla Strait early in September. There the ship will be frozen in.

Leaving their ship under a lone guard, the party will push forward on a 900-mile trip on sleds drawn by dogs. Five Eskimo dog-drivers will accompany the MacMillan outfit across the rugged, ice-bound country which abounds in perils. Establishing a camp 700 miles south of Etah, in the northwestern part of Greenland, is one of the main objectives. Within the last twelve years, Dr. MacMillan has made six trips into the land



Ether!

What a wonderful aid to surgical science and what a precious boon to humanity! How many thousands of lives it has saved—how many poor sufferers it has restored to health—by making serious and delicate operations possible! Ether is universally acknowledged as "a heaven sent blessing to the world" and while it is but one among the many valuable ingredients that are combined in the famous old

Johnson's Anodyne Liniment

yet the presence of this great anodyne exerts a soothing and healing influence—stops pain—and otherwise performs its important share in the treatment of Coughs, Colds, Sore Throat, Grippe, Cramps, Chills, Sprains, Strains, etc. Johnson's Anodyne Liniment originated as the prescription of a family physician—is for internal and external use—older than any other—different from all others.

All dealers .25 and 50c.



You need not endure the pains of Rheumatism

Neuralgia, Neuritis, Sciatica, Lumbago—100,000 Canadian men and women have proved by actual use that

Templeton's Rheumatic Capsules

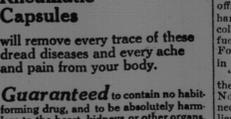
will remove every trace of these dread diseases and every ache and pain from your body.

Guaranteed to contain no habit-forming drug, and to be absolutely harmless to the heart, kidneys or other organs. Prescribed by doctors, sold by druggists \$1.00 per box. Trial free at our agencies or write Templeton, 142 King W. Toronto.

Wasson's Drug Stores, 19 Sydney St., and 711 Main St., Woodstock, Atherton and McAffee.

HEADACHE BANDS

quickly discarded after using



Kumfort HEADACHE POWDERS

Princess to visit Norway.

London, Jan. 22.—(A. P. by mail.)—Princess Mary is expected to pay a short visit to Christiania early in the spring to stay with her aunt, the Queen of Norway. This will be the first occasion on

which the princess has been seen at a continental court.

STOMACH ON A STRIKE

"Pape's Diapesin" puts Sour, Gassy, Acid Stomachs in order at once!

Wonder what upset your stomach—what portion of the food did the damage—do you? Well, don't bother. If your stomach is in a revolt; if sick, gassy and upset, and what you just ate has fermented and turned sour; head lizzy and aches; belch gases and acids and eructate undigested food—just eat a tablet or two of Pape's Diapesin to help neutralize acidity and in five minutes you wonder what became of the indigestion and distress.

If your stomach doesn't take care of your liberal limit without rebellion; if your food is a damage instead of a help, remember the quickest, surest, most harmless antacid is Pape's Diapesin, which costs so little at drug stores.

HE SLEEPS ALL NIGHT LONG NOW

Gets up Every Morning Fresh as a Daisy Since Taking Tanlac, Says Schoope.

"What I needed was just an all round building up, and Tanlac has done that very thing," said Joseph Schoope, Dartmouth, N. S. "For at least a year before taking Tanlac I was in a badly run-down condition. I wasn't sick exactly but had no strength or energy and it didn't take anything hardly to tire me out. What little sleep I got seemed to do me no good and I got up in the morning with a dull, bad taste in my mouth and feeling worse than I did on going to bed. I had a dull headache all the time and felt weak and languid and it was a drag for me to get through my work. "But Tanlac has straightened me out in every way. I have gained ten pounds in weight and am stronger and feel more like working than I have for years. I sleep fine, get up feeling as fresh as a daisy and feel good all through the day. I have recommended Tanlac to a great many of my friends. It is certainly a great medicine." Tanlac is sold by F. W. Munro, and the Ross Drug Co., L. C. Allingham, Campbellton, N. B.; T. H. Wilson, Fairville, N. B.—(Adv.)

NEW PULP MILL

Victoria, B.C., Feb. 6.—A pulp and paper mill costing between seven and eight million dollars is to be established at Prince George by Angus McLean of Bathurst (N.B.); Robert Tyhurst of Dome Creek and others of a syndicate. The mill will turn out 200 tons of paper daily.

CORNS

Lift Off with Fingers



Doesn't hurt a bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Truly! Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the calluses, without soreness or irritation.

"DANDERINE"

Girls! Save Your Hair! Make It Abundant!



Immediately after a "Danderine" massage, your hair takes on new life, lustre and wondrous beauty, appearing twice as heavy and plentiful, because each hair seems to fluff and thicken. Don't let your hair stay lifeless, colorless, plain or scraggly. You, too, want lots of long, strong, beautiful hair. A 25-cent bottle of delightful "Danderine" freshens your scalp, checks dandruff and falling hair. This stimulating "beauty-tonic" gives to thin, dull, fading hair that youthful brightness and abundant thickness—All druggists!

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
BRIGHT'S DISORDER
GRIPPE
DIABETES
14087 THE PROGRESSIVE

BLISS NATIVE HERBS
You are troubled with SICK HEADACHES. You are CONSTIPATED. What you eat makes you sick. Your food lies in your stomach and feels like a rock. You have pain in your head. That is INDIGESTION. For relief take each a BLISS NATIVE HERBS TABLET. R. T. Lowmber, Donnellton, Iowa, writes: "I have used BLISS NATIVE HERBS TABLETS for INDIGESTION, and they have given me good results. My wife has used them for several years for CONSTIPATION. They have proved of great value." MONEY-BACK GUARANTEE in each box. At all Drug Stores, 200 doses \$1.00. Small size, 50c. ALONZO O. BLISS CO., MONTREAL.

USE SLOAN'S TO WARD OFF PAIN
You can just tell by its healthy, stimulating odor, that it is going to do you good.
"If I only had some Sloan's Liniment!" How often you've said that! And then when the rheumatic twinges subsided—after hours of suffering—you forgot it!
Don't do it again—get a bottle today and keep it handy for possible use tonight! A sudden attack may come on—sciatica, lumbago, sore muscles, backache, stiff joints, neuralgia, the pains and aches resulting from exposure. You'll soon find warmth and relief in Sloan's Liniment that penetrates without rubbing. Clean, economical. Three sizes—65c, 70c, \$1.40.
(Made in Canada.)
Sloan's Liniment (Pain's enemy)

Cuticura Soap AND OINTMENT
Clear the Skin
Sole Distributors: The Canadian Drug Co., Ltd., 100 St. John St., Montreal.

GALL STONES
"MARLATT'S SPECIFIC"
A never failing remedy for Appendicitis. Indigestion, Stomach Disorders, Appendicitis and Kidney Stones are often caused by Gall Stones, and mislead people until those bad attacks of Gall Stone Colic appear. Not one in ten Gall Stone Sufferers knows what is the trouble. Marlatt's Specific will relieve without pain or operation. For sale at all Drug Stores or
J. Benson Mahoney, Druggist, - - - - St. John, N. B.
Canadian Drug Co., Ltd., - - - - St. John, N. B.
Ross Drug Co., - - - - St. John, N. B.
J. W. MARLATT & CO., 211 Gerrard St. E., Toronto, Ont.

of the midnight sun. Most famous of these was an expedition by which he disproved the theory that a Croker land existed in the extreme north. At that time he discovered nine new islands. On his visits here, Dr. MacMillan chats freely about his plans, and several hardy mariners have begged to be allowed to accompany him. The townspeople are preparing to present a flag to fly from the forepeak of the Bowdoin.

Habit
Nujol will give you the healthiest habit in the world.
Without forcing or irritating, Nujol softens the food waste. The many tiny muscles in the intestines can then easily remove it regularly. Absolutely harmless—try it.
The Modern Method of Treating an Old Complaint
Nujol For Constipation

PAINS SO BAD STAYED IN BED
Young Mrs. Beecroft Had Miserable Time Until She Took Lydia E. Pinkham's Vegetable Compound.
Hamilton, Ont.—"I have suffered for three years from a female trouble and consequent weakness, pain and irregularity which kept me in bed four or five days each month. I nearly went crazy with pains in my back, and for about a week at a time I could not do my work. I saw Lydia E. Pinkham's Vegetable Compound advertised in the Hamilton Spectator and I took it. Now I have no pain and am quite regular unless I overwork or stay on my feet from early morning until late at night. I keep house and do all my own work without any trouble. I have recommended the Compound to several friends."—Mrs. EMILY BEECROFT, 269 Victoria Ave. N., Hamilton, Ontario.
For forty years women have been telling how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women, why don't you try Lydia E. Pinkham's Vegetable Compound? It is made from native roots and herbs and contains no narcotics or harmful drugs. For special advice women are asked to write the Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of forty years experience is at your service.

ASPIRIN
"Bayer" is only Genuine
Warning! It's criminal to take a chance on any substitute for genuine "Bayer" Tablets of Aspirin, prescribed by physicians for twenty-one years and proved safe by millions. Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Sciatica, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered) in all countries of Monoaceticacidester of Salicylicacid.

RIGA WATER
RELIEVES HABITUAL CONSTIPATION

To Cure a Cold in One Day
Take Grove's Laxative Bromo Quinine tablets 50c.
Be sure you get BROMO
The genuine bears this signature
E. W. Grove

MOTHER!
"California Syrup of Figs"
Child's Best Laxative

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless physic for the little stomach, liver and bowels. Children love its fruity taste. Full directions on each bottle. You must say "California."

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RELIEVES HABITUAL CONSTIPATION

WANT AMONG NOVA SCOTIA FISHER FOLK
Halifax, N. S., Feb. 7.—"Well, I dunno anything about Reverend Miller taking a collection for people at Herring Cove, but I heard Father MacKinnon was collectin' money for some Bear Cove Herring Cove leavine over the counter of Oj Johnston's store on Water Street and looking pointedly at the proprietor who formerly lived in Bear Cove. There was a strained silence. Some days later however, MacWilliams and Johnston met on the street and there was a fight followed by an assault case in the police court which brought to a conclusion the argument arising out of the compar-

isons amount of destitution in two Nova Scotia fishing villages. The opinion of authorities with respect to the degree of distress existing along the coast of the Province varies, but the general consensus of opinion appears to be that the situation in the homes of fishermen who did not lay by their earnings for the proverbial rainy day, now at hand, is anything but happy. This is more especially true in the districts neighboring the towns and industrial centres where the people deserted their nets for the more remunerative pick and shovel in the recent days of the manufacturing boom. Thrown out of their jobs by "shut-downs" and "lay-offs" they are now returning to a lean harvest of the deep, and churches are collecting money to supply flour and fuel to those who are really suffering. Fortunately these are comparatively few in number. "I should say about ten per cent. of the population of the fishing villages of Nova Scotia is actually in want of the necessities of life," said Arthur Boutlier of the National Fish Company. "The worst phase of the whole situation is that the time of stress is apparently still in the offing. The prices of fishing supplies have not dropped in equality with the price of fish, and those who buy their fishing gear now will have to pinch themselves with small prospect of recovering on the catch in the spring unless it is a particularly large one. "The outlook for the fishermen of Nova Scotia generally is bad, and there are dangerous days ahead," said R. H. Williams of the Roberts Simpson Company to the Canadian Press. "However, I don't think there is actually much want among them yet."

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PUT STOMACH IN FINE CONDITION

Says Indigestion Results from an Excess of Hydrochloric Acid.

Undigested food delayed in the stomach decays, or rather, ferments the same as food left in the open air, says a noted authority. He also tells us that indigestion is caused by Hyperacidity, meaning, there is an excess of hydrochloric acid in the stomach which prevents complete digestion and starts food fermentation. Thus everything eaten soars in the stomach much like garbage soars in a can, forming acids, fluids and gases which inflate the stomach like a toy balloon. Then we feel a heavy, lumpy misery in the chest, we belch up gas, we eructate sour food or have heart burn, flatulence, water-brash or nausea. He tells us to lay aside all digestive aids and instead, get from any pharmacy four ounces of Dad Salts and take a tablespoonful in a glass of water before breakfast and drink while it is effervescing and furthermore, to continue this for a week. While relief follows the first dose, it is important to neutralize the acidity, remove the gas-making mass, start the liver, stimulate the kidneys and thus promote a free flow of pure digestive juices. Dad Salts is inexpensive and is made from the acid of grapes and lemon juice, combined with lithia and sodium phosphate. This harmless salts is used by thousands of people for stomach trouble with excellent results.

Abbey's EFFERVESCENT SALT

When you hear the clock strike One—and Two—and Three

do you ever stop to think what is keeping you awake?
It's your Nerves. But why are your nerves so badly unstrung? Constipation and poor digestion can shatter your nervous system just as completely as mental strain or shock.
If the bowels and kidneys are not regular—if food is not properly digested—then the blood will be laden with impurities which irritate and inflame the nerves.
Keep your blood clean—feed the nerves with properly digested food—and you will sleep naturally.
"Abbey's Effervescent" regulates stomach, kidneys and bowels—purifies the blood—and brings quiet and contentment to the nerves.
Try this sparkling, refreshing and agreeable Health Regulator and enjoy restful, refreshing sleep.

Your Druggist will supply you with "ABBEY'S Effervescent".
171

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