

Testament for Lester B. Pearson

A new fellowship commemorating Lester B. Pearson will enable outstanding young professionals from developing countries to study and travel in Canada. The first five Pearson Fellows, young men or women aged 25 to 35 who are beginning a career of public service in their home countries, are expected to arrive in Canada by November of this year.

The Right Honourable Lester B. Pearson – Prime Minister of Canada from 1963 to 1968, and winner of the Nobel Peace Prize – was widely respected for his efforts to promote international co-operation and economic development. The Pearson Fellowship program will be administered by the International Development Research Centre (IDRC), Ottawa, a public corporation established in 1970 to support research by developing country professionals. Pearson was the first chairman of the Board of Governors of IDRC.

The first awards are to be made in the field of agriculture. Each year, the awards will be confined to a single area of study. Candidates will pursue



The late Lester B. Pearson, former Prime Minister of Canada.

any program of formal or informal study, research, or other professional activity that provides them with increased competence within the general subject. Awards will cover costs of travel to

Canada, tuition or training fees, allowances for books and research costs, travel in Canada, and a modest stipend.

Candidates must have had at least three years' working experience in the service of their government or a government-related institution. They must be citizens of developing countries and undertake to return to their home countries after completing their studies.

Award-holders will be affiliated, during tenure, with an appropriate institution in Canada. This might be a research, operational or academic institution – public or private – but one in which the work is related to the professional interest of the candidate.

In the first year there will be five awards. Subsequently, and depending on the success of the scheme, the number of awards will be increased.

Canadian missions in developing countries will be responsible for nominating candidates for the Pearson Fellowships. Candidates will be screened and interviewed at the regional offices of IDRC (Bogota, Colombia; Cairo, Egypt; Dakar, Sénégal; Nairobi, Kenya; and Singapore), with a final selection meeting being held at IDRC headquarters in Ottawa.

Mr. Jamieson abroad

The Secretary of State for External Affairs, Don Jamieson, announced on June 22 that he would pay an official visit to Yugoslavia at the invitation of the Vice-President of the Federal Executive Council and Federal Secretary for Foreign Affairs of the Socialist Federal Republic of Yugoslavia, Milos Minic, from June 26 to 28.

The two ministers would review the international situation with particular emphasis on the North-South dialogue and the results of the Conference on International Economic Co-operation as well as on nuclear non-proliferation and East-West relations. They also expected to exchange views on other bilateral and multilateral topics of interest to both countries.

Mr. Jamieson's visit to Belgrade continues the established pattern whereby the Canadian and Yugoslav foreign ministers meet periodically to consult on matters of mutual concern. The last such exchange took place when Mr.

Minic paid a visit to Ottawa in September two years ago.

Mr. Jamieson was to arrive in Yugoslavia from Paris, where he attended the Ministerial Meeting of the Organization for Economic Co-operation and Development Council on June 23 and 24. Following his visit to Yugoslavia, Mr. Jamieson was to address the Canada Club in London on June 30.

Unique health centre

A new health resource, the first of its kind in Canada, opened in Beaconsfield, Montreal, last month. The Workshop – A Health Resource (L'Atelier – a votre santé), has been developed and will be run by McGill University's School of Nursing. It differs from other health centres in that its purpose is not to deal with illness, but to encourage the adoption and maintenance of healthy living habits. Health is viewed in its broadest context and includes not only factors such as nutrition,

physical exercise, cigarettes, alcohol and the like but also the psychological stresses of growing up, becoming a parent and coping with old age.

Three nurses are on staff and this number will be gradually increased to a total of eight or nine. Their aim is to improve techniques for preventing problems. Their work begins with an assessment of the individual's capacity for health. Then nurse and client work together to develop a health program, for which the client eventually takes responsibility.

Seminars, discussions and particular services will become part of the work of the centre. But their emergence is viewed as developmental – i.e. they will be organized as the need for them becomes apparent to the nurses and the clients.

Reading material dealing with all aspects of health will be made available to clients in The Workshop library.

The Workshop is a research project in nursing. A team of researchers, separate from the nursing staff, will study