

Scientific and Useful.

MANITOBA COOKIES.—One cup of sour milk, one cup of powdered sugar, a little salt, one teaspoon of soda; mix as soft as possible, roll thin, sprinkle with sugar, slightly roll out, and bake in a quick oven.

APPLE CHARLOTTE.—Cut pieces of bread into diamonds and squares, and fry to a light brown in butter. Stew good cooking apples, season highly and let cool. Pour one spoonful on every piece of bread, and send to table while the bread is hot.

APPLE PUDDING.—Pare and core good eating apples; cut them in halves or quarters, and lay them in the bottom of a pudding dish; make a batter of six eggs, six table-spoonfuls of flour, one cup of milk; bake until it is brown; eat with sweetened cream or sauce.

DISH FOR LUNCHEON.—Take pieces of cold meats of any kind, chop fine, season with pepper and salt, just a little onion; break over the meat two or three eggs, add a small piece of butter, stir all together; pour it upon nicely buttered toast, serve hot, garnish with parsley.

BAKED BEETS.—These excellent vegetables are quite as good baked as boiled, and the sugar is better developed by the baking process. The oven should not be too hot, and the beets must be frequently turned. Do not peel them until they are cooked; then serve with butter, pepper and salt.

PAN DODDLING.—This is a New England dish, and is nice at the places where appetites are expansive. Take three cups of rye meal, three cups Indian meal, one egg and three table-spoonfuls of molasses; add a little sauce and allspice and enough rich sweet milk to make a batter stiff enough to drop from a spoon. Fry to a good brown in hot lard.

BARLEY SOUP.—Two or three pounds of beef from the skin, two pounds of cracked bones, an onion, four stalks of celery, four potatoes, a gallon of water, pepper, and salt. Put all into the soup-pot, and boil very gently three hours. Wash a cup of barley and boil in a very little clear water twenty minutes. Strain the soup, pressing hard, boil up, skim, add the barley, and simmer thirty minutes.

CHOCOLATE CANDY.—Two cups of granulated sugar, half a cup of milk; boil just five minutes; then take it from the stove and stir till it is stiff; then drop on buttered plates, and leave till cold; while it is cooling, break a square of Baker's chocolate in small pieces in a bowl, and set it over a tea kettle in which the water is boiling; after it is melted, then take the drops and with a fork roll them into the melted chocolate; then lay on the plates till cold.

GREEN CORN FRITTERS.—Grate the corn and allow an egg for every cupful, with a table-spoonful of milk or cream. Beat the eggs well, add the corn by degrees, beating hard; salt to taste; put a table-spoonful of melted butter to every pint of corn; stir in the milk with just enough flour to hold them together. Fry in hot lard, as you would fritters. Test a little first to see that it is of the right consistency. Some have named them oyster fritters as they have the flavour of oysters.

WORTH KNOWING.—It is said that a small piece of rosin dipped in the water which is placed in a vessel on a stove (not an open fireplace) will add a peculiar property to the atmosphere of the room, which will give great relief to persons troubled with a cough. The heat of the stove is sufficient to throw off the rosin, and gives the same relief that is afforded by the combustion of the rosin. This is preferable to combustion, because the evaporation is more durable. The same rosin may be used for week

IRISH STEW.—About two pounds of the neck of mutton, four onions, six large potatoes, salt, pepper, three pints of water, and two table-spoonfuls of flour. Cut the mutton in handsome pieces. Put about half the fat in the stew-pan, with the onions, and stir eight or ten minutes over a hot fire, then put in the meat, which sprinkle with the flour, salt, and pepper. Stir ten minutes, and add the water, boiling. Set for one hour where it will simmer; then add the potatoes, peeled and cut in quarters. Simmer an hour longer, and serve. You can cook dumplings with this dish, if you choose. They are a great addition to all kinds of stews and ragouts.

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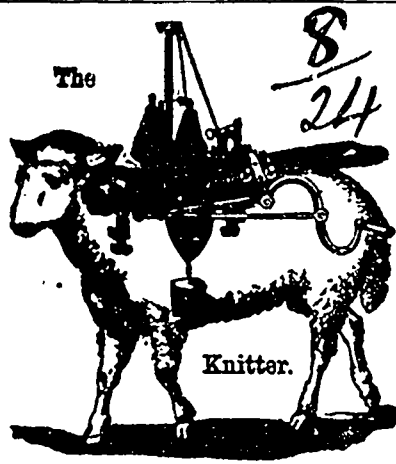
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