

"Shorter" Pastry and "Shorter" Bills.

We are talking about a "shortening" which will not cause indigestion. Those who "know a thing or two" about Cooking (Marion Harland among a host of others) are using

COTTOLENE

instead of lard. None but the purest, healthiest and cleanest ingredients go to make up Cottolene. Lard isn't healthy, and is not always clean. Those who use Cottolene will be healthier and wealthier than those who use lard—Healthier because they will get "shorter" bread; wealthier because they will get "shorter" grocery bills—for Cottolene costs no more than lard and goes twice as far—so is but half as expensive.

Dyspeptics delight in it!
Physicians endorse it!
Chefs praise it!
Cooks extol it!
Housewives welcome it!
All live Grocers sell it!

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Most convenient of access from Ontario of any Health Resort in New York. Hot water heat, electric bells, hydraulic elevator. All forms of Modern Baths are used, with special attention to the manipulation of

Natural Salt Water Baths,

Very effective for Rheumatic and Nervous troubles, and as a General Tonic.

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A NEW INSURANCE

IS something that will interest almost everybody in the civilized world. The eminent and distinguished Dr. Guernsey, of Fifth Ave., New York, says that ADAMS' PEPSIN TUTTI FRUTTI not only insures perfect digestion, but also corrects any odor of the breath which may be present.

Insure Your Digestion!

ESTERBROOK'S —STEEL PENS.—



Leading Nos. 14, 048, 130, 135, 238

For Sale by all Stationers,
B. MILLER, SON & CO., Agts., Montreal

British and Foreign.

The saloons of London if set side by side would reach a distance of 75 miles.

Africa has an estimated area of 11,514, 300 square miles and a population of 162, 000,000.

The Supreme Court of Pennsylvania has decided that it is illegal to sell a newspaper on Sunday.

A single mahogany tree in Honduras was recently cut into boards, which when sold in the European market realized over \$10,000.

The sum of £1,492 was contributed for foreign missions in connection with the self-denial week of the Presbyterian Church of England.

Professor Orr has been unanimously appointed to succeed Rev. James Paton, B. A. of Glasgow, as lecturer in connection with the Protestant Institute of Scotland.

The Unitarian year book for 1893 reports 450 churches, with 348 settled ministers. One hundred churches are unsupplied and there are 514 churches in all.

A distinguished botanist announces that he has discovered in the Philippine Islands a plant which bears a flower nearly a yard wide and weighs twenty-two pounds.

A young girl inmate of a hospital near Paris, had been five months in a trance. Pricking with pins failed to arouse her but she awoke on being touched with a hot iron.

Much interest has been awakened by the delivery of Dr. Pierson's missionary lectures in some of the principal towns in Scotland. The lectures will be published in book form.

In order to provide for non-church goers during the last nine years the Presbyterian Church built nine new churches in Belfast, costing £60,000 and spent £20,000 additional on school houses.

A freak of nature more remarkable than the Siamese twins is reported from Nankin. Two males are joined together by an arm-like piece of flesh in such wise that they stand, not side by side, but face to face.

The report presented at the annual meeting of the St. John's Wood congregation, London, (Dr. Munro Gibson's) showed a membership of 876 in the parent church and 300 connected with the Kilburn Mission.

One of the members of the Kelso Free Presbytery, has given notice of motion calling on the Free Church General Assembly to approach the Supreme Courts of the other Presbyterian communities with a view to uniting them all in one ecclesiastical body.

Rev. John Masson, of Russell Chapel, Dundee, has died in his 87th. year. A native of Aberdeen, he was educated at King's College, and in 1835 became the pastor of Harray and Sandwick Church, Orkney. He afterwards laboured at Brechin and Latham, and latterly at Dundee, where in 1878 he retired from the pastorate of Russell Chapel through failing health.

"I am convinced of the merit of Hood's Sarsaparilla, after having taken but a few doses,"—this is what many people say.

Beware what you say of others, because you only reveal yourself thereby. A man does not think to look behind the door unless he has sometime stood there himself.

The wealth of the mind is the only true wealth

AT LAST.

The sports of summer are always prolific of all kinds of physical injuries, and for the treatment of such, here is a most striking example. Mr. Jacob Etzensperger, 14 Summer St., Cleveland, O., U.S.A., says: "I sprained my arm, clubbing chestnuts; could not lift it; suffered for years, but St. Jacobs Oil cured me." After many years he hit the right thing at last. The best thing first saves much.

STRONG AND PROSPEROUS.

THE SUN LIFE

ASSURANCE COMPANY

OF CANADA.

Minard's Liniment is the Hair Restorer

EXCELLENCE.



RHEUMATISM.—Mr. WM. HOWES, 68 Red Lion St., High Holborn, W. C., London, Eng., states he had rheumatism 20 years; suffered intensely from swelling of hands, feet and joints. He used St. Jacobs Oil with marvelous results. Before the second bottle was exhausted the pain left him. He is cured.

NEURALGIA.—Mrs. JOHN McLEAN, Barrie Island, Ont., March 4, 1889, says: "I suffered severely with neuralgia for nine years and have been greatly benefited by the use of St. Jacobs Oil."

SCIATICA.—Grenada, Kans., U. S. A., Aug. 8, 1888. "I suffered eight years with sciatica; used five bottles of St. Jacobs Oil and was permanently cured." JACOB I. SMITH.

STRAIN.—Mr. M. PRICE, 14 Tabernacle Square, E. C., London, Eng., says: "I strained my wrist and the severe pain yielded like magic to St. Jacobs Oil."

LAMBACK.—Mrs. J. RINGLAND, Kincaid St., Brockville, Ont., writes: "I was confined to bed by severe lumbago. A part of a bottle of St. Jacobs Oil enabled me to go about in a day."

IT HAS NO EQUAL.



**MORSE'S
HELIOTROPE
TOILET
SOAP.**

FRAGRANT,
LASTING
AND PURE

A PERFECT
BOUQUET
IN YOUR
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The Latest.

An extraordinary
Large Flowering
Hardy
Moonflower.



A Collection
of Perfect
Bloomers.

A HANDSOME GARDEN

can be made with our Perfect Blooming Collection—containing 1 root wonderful hardy Moonflower, 25c.; 1 root new Orchid Cannas, beautiful yellow, 30c.; 1 plant famous Double Snowwhite "La Favorite" Geranium, 20c.; 1 plant Helianthus Multiflora Plena Double Dahlia-like flowers—a most handsome plant, 20c. The above 4 plants neatly boxed and sent, postpaid, for

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