#### [MARCH 22nd 1893.



ing" which will not cause indigestion. Those who "know a thing or two" about Cooking (Marion Harland among a host of others) are using

# COTTOLENE

instead of lard. None but the purest, healthiest and cleanest ingredients go to make up Cottolene. Lard isn't healthy, and is not always clean. Those who use Cottolene will be healthier and wealthier than those who use lard-Healthier because they will get "shorter" bread; wealthier because they will get "shorter" grocery bills-for Cottolene costs no more than lard and goes twice as far-so is but half as expensive.

**Dyspeptics** delight in it! Physicians endorse it! Chefs praise it! Cooks extol it! Housewives welcome it All live Grocers sell it!

Made only by N. K. FAIRBANK & CO., Wellington and Ann Streets. MONTREAL.

#### THE WARSAW SALT BAT HS Warsaw, New York.

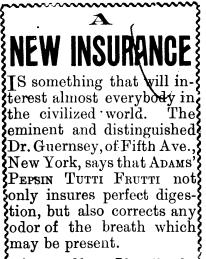
Most convenient of access from Ontario of any Health Resort in New York. Hot water heat, electric bells, hydraulic elevator. All forms of Modern Baths are used with special attention to the manipulation of

### Natural Salt Water Baths,

Very effective for Rheumatic and Nervous troubles, and as a General Tonic.

Among our Toronto patrons are-Sir Oliver Mowat, Rev. Dr. Dewart, Rev. Dr. McLaren, Rev. John Alexander, Rev. Dr. Potts, C. R. W. Biggar, Rev. Dr. Caven, Prof. Thomas Kirkland, Rev. Dr. Reid,

For information, address W. E. MILLER, Business Manager. JOHN C. FISHER, M. D., Medical Superintendent.



**Insure Your Digestion!** 



Leading Nos., 14, 048, 130, 135, 239 For Sale by all Stationers, R: MILLER, SON & CO., Agts., Montreal

## British and Foreign.

The saloons of London if set side by side would reach a distance of 75 miles. Africa has an estimated area of 11,514, 300 square miles and a population of 162,

000.000. The Supreme Court of Pennsylvania has

decided that it is illegal to sell a newspaper on Sunday.

A single mahogany tree in Honduras was recently cut into boards, which when sold in the European market realized over \$10,000.

The sum of £1,492 was contributed for foreign missions in connection with the sed denial week of the Presbyterian Church of England.

Professor Orr has been unanimously appointed to succeed Rev. James Paton, B. A. of Glasgow, as lecturer in connection with the Protestant Institute of Scotland.

The Unitarian year book for 1893 reports 450 churches, with 348 sottled min-isters. One hundred churches are unsupplied and there are 514 churches in all.

distinguished botanist announces that he has discovered in the Philippine Islands a plant which bears a flower nearly a yard wide and weighs twenty-two pounds.

A young girl inmate of a hospital near Paris, had been five months in a trance Pricking with pins failed to arouse her but she awoke on being touched with a hot iron.

Much interest has been awakened by the delivery of Dr. Pierson's missionary lec-tures in some of the principal towns in Scotland. The lectures will be published in book form

In order to provide for non-church goers during the last nine years the Presbyterian Church built nine new churches in Belfast, costing £60,000 and spent £20,000 additional on school houses.

A freak of nature more remarkable than th · Sinmese twins is reported from Nankin. Two males are joined together by an arm-like piece of flesh in such wise that they stand, not side by side, but face to face.

The report presented at the annual meeting of the St. John's Wood congre-gation, London, (Dr. Munro Gibson's) showed a membership of 876 in the parent church and 300 connected with the Kilburn Mission.

One of the members of the Kelso Free Presbytery, has given notice of motion calling on the Free Church General Assem-bly to approach the Supreme Courts of the other Presbyterian communities with a view to uniting them all in one eccles-iastical body.

Rev. John Masson, of Russell Chapel, Dundee, has died in his 87th. year. A native of Aberdeen, he was educated at King's College, and in 1835 became the pastor of Harray and Sandwick Church, Orkney. He afterwards laboured at Brewhere in 1878 he retired from the pastor-ate of Russell Chapel through failing health.

"I am convinced of the merit of Hood's Sarsaparilla, after having taken but a few doses,"--this is what many people say.

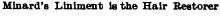
Beware what you say of others, because you only reveal yourself thereby. A man does not think to look behind the door unless he has sometime stood there him self.

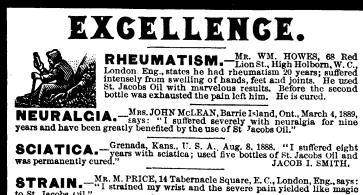
The wealth of the mind is the only true wealth

AT LAST.

The sports of summer are always prolific of all kinds of physical injuries, and for the treatment of such, here is a most striking example. Mr. Jacob Etzensperger, 14 Summer St., Cleveland, O., U.S.A., says: "I sprained my arm, clubbing chestnuts; could not lift it; suffered for years, but St. Jacobs Oil cured me." After many years he hit the right thing at last. The best thing first saves much.



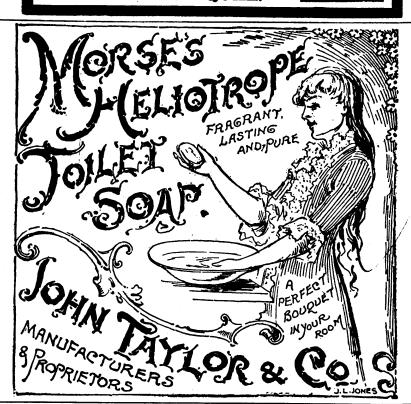




to St. Jacobs Uil."

LAMEBACK.—MRS. J. RINGLAND, Kincaid St., Brockville, Ont., writes: "I was confined to bed by severe lumbago. A part of a bottle of St. Jacobs Oil enabled me to go about in a day."







And sold by all Medicine Vendors throughout the World. LB.-Advice gratis, at the above address, daily, between the hours of 11 and 4, or by letter.