



PUBLIC NOTICE.

"THE DAYLIGHT SAVING ACT, 1918."

Notice is hereby given that the operation, for the present year, of "The Daylight Saving Act, 1918," will commence at 10 p.m. on Sunday next, May 6th, at which hour all clocks, etc., will require to be put forward one hour, that is, to 11 o'clock. This shall be known as "Newfoundland Time," and shall be applicable to the whole Colony, continuing until 11 p.m. on Sunday, October 7th next.

For the guidance of the public of St. John's, the signal gun at Cabot Tower will be fired at 10 p.m. on Sunday next.

R. A. SQUIRES,
Colonial Secretary,
Department of the Colonial Secretary,
May 4th, 1923. may4,23

Clean Up Time.

Galvanized Buckets
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Sprinkling Cans
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61 tons nett, fitted with two 20h.p. Mianus Engines, suitable for prospecting on Labrador. For further particulars apply to J. T. Swyers Co., Ltd., Bonavista, or

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APPLES!

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25 Barrels No. 2 Ben Davis.
125 Barrels No. 1 Ben Davis.
10 Cases Grape Fruit.
40 Cases 216 Oranges.
20 Cases 176 Oranges.

Soper & Moore

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WINDARD'S LINIMENT FOR DIS-TEMPER.

Bananas as Food.

Most fruits are valuable to man because of the medicinal properties of their juices and for their delicate flavours. But from a point of view of food there is nothing, or next to nothing, in them.

Strawberries, for instance, or peaches or pears, are of little use except to quench the thirst. The one great exception is the banana. The great traveller, Humboldt, once said that an acre of bananas will give as much food as 44 acres of potatoes. This is decidedly an exaggeration, yet, acre for acre, a crop of bananas does give more human food than any other plant or vegetable known to man.

The average yield of a plantation of bananas on good, moist land is 238 bunches to the acre each year. You can put the weight of a bunch at 52 pounds, which makes the crop 14,976 pounds to the acre. This would be enough to feed a man for about three and one-third years.

An acre of potatoes will yield, on an average, 42 bushels, sufficient to feed a person for 18 months, or less than half the time that an acre of bananas would feed him.

But, then, the potato crop requires a lot of work. Each year the ground must be prepared, ploughed, and fertilized, the seed sown, kept free of weeds, and finally the crop dug and housed. In the case of the banana all this trouble is saved, for new shoots keep growing up from the old "stools", and there is nothing to do but keep the weeds down with a scythe and cut the fruit when ripe.

No wonder, then, that bananas are, weight for weight, the cheapest food for man, and that life runs easily in countries where the banana will grow. And that, mind you, is a belt nearly 300 miles wide all round the thickest girth of our planet.

TO MOTOR CAR OWNERS—
Rubber Coverings for Foot Boards; also bottoms of Motor Cars. See this very durable article. G. KNOWLING, LTD.
may2,23

Household Suggestions.

Keep a lump of sugar in the teapot when it is not in use. This will prevent it from becoming musty.

When you are making a milk pudding remember that it should be cooked in a very slow oven.

Before cooking raw fish wash it in a little vinegar.

Keep your preserves in a cool, dark place. Always have them labeled, the same kind grouped together, and you will not have to spend much time hunting for what you want.

When working on light material use drab or some dark shades for basting. In this way the basting threads are always readily seen and you know when you have removed them.



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Pole Flight.

400-MILE CHAIN OF BONFIRES.

Ronald Amundsen, the explorer, plans to start from Wainwright, on the north coast of Alaska, for his flight across the North Pole to Spitzbergen on June 20.

Because the date cannot be fixed exactly in advance owing to possible weather conditions and because preparations for rescue if the aeroplane should meet with disaster in Spitzbergen depend on exact knowledge of the time of his departure, citizens of Nome (Alaska) have planned a system of signal fire to carry the news of his start from Wainwright to the nearest wireless station, Noorvik, which is 400 miles away along the coast.

The plan calls for the stationing of between twenty and thirty parties, of two Eskimos each, at intervals along the coast from Wainwright, which is near Point Barrow, to Noorvik, on the Kobuk River, which is just north of Behring Strait.

Huge bonfires are to be built at intervals of about 15 miles, driftwood and coal being used. When Amundsen starts his flight from Wainwright the bonfires there will be lighted. This will set in motion the chain of signal bonfires.

To prevent any break in this chain it is planned to carry the news between stations to make sure that the signal is not missed. As soon as his own fire is lighted, one of the Eskimos will set off for the next signal station.

If the day is clear when Amundsen starts to fly across the Pole, it is believed that the bonfire signals will relay the news along the coast to Noorvik within a few hours.

Communication by a succession of smoke signals is the only practicable means of giving prompt notice of the start of Amundsen's flight, as the journey takes several weeks or a month. Without the bonfire chain, if Amundsen met with disaster, it would be weeks before the world could even know that he had started. By that time searching expeditions could not be sent out from Spitzbergen with much hope of success.

Trees a Thousand Years Old.

How many people realize the great age of the sombre yew trees scattered up and down the land in the British Isles? asks Bassett Digby, F.R.G.S.

Many a shady British yew now standing gave shelter from sun or rain to Anglo-Saxon wayfarers before the Norman Conquest, he continues. There is ample reason for its having been planted so extensively in churchyards as symbols of immortality.

The giant yew at Aldworth, in Berkshire, is over 1,000 years old, and still flourishing. No one knows how many centuries have elapsed since it considered that it had grown enough. Twenty-seven feet round to-day, it measured just the same in 1760, when a note of its girth was made in More's "Berkshire Queries." The Bucklebury yew, also in Berkshire, by an old coincidence, is of just the same size. The leaning yew at Ilfley, near Oxford—unless it has been cut down

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since I saw it last—is accounted to be the oldest tree in England. It is interesting to realize, when you look at an old yew, that your forefathers must have cut branches from it with which to make their bows.

There is a gap of centuries between the birth of Britain's oldest yews and the birth of Britain's oldest oaks and



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Good Fertilizer properly used will convert poor ground into good ground.

Good Seed put into good ground will yield goodly crop of potatoes. A couple of extra barrels of potatoes will repay the cost of fertilizing.

**Farmers,
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Carefully!**

This year, acting on the advice of Agricultural Experts, we have imported Fertilizers of higher grade and greater strength than were imported during the past decade of years.

The Fertilizers we now offer, are of more value than last year's importations and are guaranteed to give even better results.

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