

# A WEEKLY JOURNAL

EDITOR AND PROPRIETOR

WHOLE No. 1295

air while a strong breeze is blowing. The ability to do this with impunity was gained by sitting habitually at a window through which a draft was evened that the head became accustomed to all variations of temperature and all degrees of air motion. In the same way the throat can become habituated to varying conditions. It should be kept free from wrapping.

Women should dispense with the great feather bed, and use a firm bed.

men should cast aside their stiff  
mufflers. It is an excellent practice  
wear turn down collars, and gargle  
with cold salt water in the morning  
a sovereign virtue, as well as bathing  
the throat first with very hot water  
then with very cold. The throat gets  
the effect of a sudden shock and is  
up and permanently strengthened.

**Temperance.**  
NEWCASTLE W. C. T. U.  
A meeting of the W. C. T. U. is

in the Mission Hall every Tuesday afternoon, commencing at 3 o'clock. Visitors from other Unions or any who are interested in the Temperance cause are cordially invited. 11.

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It is often the case that an affliction which to the onlooker appears weighty and unbearable, is acknowledged by the one who daily bears it along to be the 'angel in disguise' that opened

A crossing sweeper, with white hair and a merry twinkle in his eye, limping upon a wooden leg, was accosted by a gentleman waiting upon the curbstone for his car.

Yes, sir. I have; and a good thing to. So don't be sorry.

A good thing to limp about like that?

Yes, sir. Years ago I was overseer in a large factory, but it did not prevent me from drinking. One day, when I had taken a little more than I should

to overlook the workmen above. My head being unsteady, I slipped and fell. My leg was so badly broken that I was taken to the hospital. It was soon found needful to cut it off, and was thereupon amputated.

were very kind to me—especially our good lady, to whom I shall be forever grateful. She first showed me the way of drink and got me to sign the pledge. Yes, and she did more than that; she taught me who could give me strength.

and He has helped me so far, using the old leg as an instrument more than once.

'Shall be glad to sir. Well, this is a talking leg. When I pass a public house and the liquor tempts me, my wooden leg calls out, don't go in! don't go in! and I obey. On the other hand, though I needn't break my blades

of the old gag; so I put my leg on the first step of the public house door. Down it slipped and I with it, of course. That was saying as plainly as a wooden leg could, I won't go in there, and you

better stop out. So I have ever since.  
It's an old saying, sir, and a true one  
that the best side of a public house  
the outside.

'Thank you, kindly sir, Good day

THE LORD'S PRAYER.  
— — —  
AS ARRANGED BY MR. JOHN BENNER, C.  
CANTON, OHIO.  
'OUR FATHER WHO ART IN HEAVEN,  
and then voting license parties to vote

HALLOWED BE THY NAME,  
then voting to legalize the liquor traf-  
fic by license, which causes God's name  
to be continually blasphemed:

then voting that Satan's Kingdom—the saloons—may continue if they will only pay the price which politicians have fixed upon them.

then voting with and for liquor sellers  
keep on under license laws, which is the  
greatest hindrance to having God's will  
done on earth,  
GIVE US THIS DAY OUR DAILY BREAD  
and then voting to legalize that which

LEAD US NOT INTO TEMPTATION, then voting that the allurements and destruction of the saloons may go on under some form of license.

that you will meet the same class of  
fools down yonder. Brother, hear this:  
'Two men went up with their ballots to vote;  
The one was a Christian, the other a bloat.  
The one carried with him the word of God,  
The other a license to sell 'forty rod.'  
But the angels above saw<sup>d</sup> with wonder and  
- James 3

THE SAME.

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