

Windmill

Registered Trade Mark
**Barbados
"Super-Fancy"
Molasses**

A Spread for Bread



for Baking with Beans



for Ginger Cakes and Cookies



for Dessert Saucers



for Brown Bread



for Baked Apples



for Candy

THE pure, whole-sugar Barbados is a truly delicious food that is full of health, energy and heat! It is vastly different from the unwholesome substitutes that now flood the market.

There is no Satisfactory Substitute for the Real Molasses. — Insist on "Windmill" Brand.

"Windmill" Brand is the finest product of the planters of the British West Indies. It costs you no more than the inferior canned goods, and it will make a wonderful improvement to every dish shown here.

We guarantee Windmill to be absolutely pure and highest grade Barbados Molasses.

If your grocer hasn't Windmill, write and tell us his name.

Distributed by
Pure Cane Molasses Co. of Canada, Limited

ST. JOHN, N.B. MONTREAL, Quebec

Write for our book of recipes

The Carleton County Vocational School

WOODSTOCK, N. B.

Course in AGRICULTURE and
FARM MECHANICS

WINTER TERM
Commences JANUARY 3, 1921
and ends APRIL 15, 1921

Those desirous of entering the two year course may still do so, providing entrance is not delayed after January 7th. Applications for enrolment must be made immediately that preparation for the increased number of students might readily be made.

Address all correspondence to

R. W. MAXWELL, Director
Woodstock, N. B.

AMONG THE LUMBER CAMPS

I enjoyed a pleasant trip among some of the lumber camps just recently.

The first visited was that of Miles Sherwood on the Pokok stream. The men are comfortably housed in a brand new set of camps and appear very contented at their work. Mrs. Sherwood, daughter and daughter-in-law form the cooking staff, and believe me, the men have no reason to complain from the food placed before them. The following are employed by Mr. Sherwood: Ernest Clark, Norman Shaw, Kenneth Hallett, Spurgeon Craig, Harold Newell, Addington Newell, Lee Orser, Claude Orser, Guy Pratt, Frank Pratt, Archie Bubar, Stephen Bubar, Humphrey Bubar, John Swim, Horace Clark, Harry Downey, Clayton Clark, Miles Brewster, Hartley Sherwood, Leslie McKenzie, Allen Foster, Burtrem Smith, Enoch Sherwood and Roy Sherwood.

Over on the Nashwaak waters is Rankin Chute's camp with its smiling and obliging cook, J. C. Hull. The following men are employed by Mr. Chute: Murray London, Clarence Clark, Jos Carter, Edgar Haywood, Oscar Haywood, Jake Wallace, Otto Wallace, Percy Shaw, Bunyan Hull, Jas. Hill, Fred McLaughlin, Chas. Glazier, Harry Rockwell, John Delong, Chas. Wassen, Guy Mean, William Mean, Manzer Mean, John Downey, Joe McDonald, Phillip Paul, L. P. Clark, Walter Clark, Ray Clark, Richard Thorne, Oscar Treacartin, Blake Laskey, Olmer Shaw, Reid Greer, Clarence Greer, John Foster, Finnamore Clark, Theo. Clark, Harry Gye and Herbert Ellis.

A short distance from this camp is another operated by Wm. Orser of Carlisle. His cook is Fred Crawford, who formerly lived in Hartland. Mr. Orser has a crew of about 25 men. About a mile and a half farther down the stream is still another camp managed by Abe Chute, with a crew of about 47 men. The cook is Jesse Morehouse and cookee Raymond Dickenson of Windsor. It was surprising to note how well the men are fed in the lumber camps of today and certainly the lumberman has no complaint at the variety and quality of the food he is getting these days, to say nothing of the splendid wages he is receiving.

There are a number of other camps not far distant from these I have mentioned, which I was unable to visit this time, but hope to call on them possibly during the winter sometime. Deer is very plentiful in these lumberwoods while moose is rather scarce.

H. A. SIPPRELL



When Mother's Advice is Most Needed

A GIRL'S future health and happiness depends to a large extent on conditions during the adolescent period.

At about fourteen years of age important mental and physical changes are taking place, which every girl should understand. Then it is that she needs the care and advice of her mother.

Unfortunately this is about the time when school work and examinations are likely to prove an excessive strain on the nervous system.

Anaemia, chlorosis or nervous breakdown in the form of St. Vitus' dance are not uncommon at this age.

There is a failure of the blood to supply the nourishment required by the nervous system. Excessive mental effort consumes the nervous energy required to insure good digestion and the proper functioning of the vital organs.

It is surprising to find how quickly the nervous system responds to the restorative influence of Dr. Chase's Nerve Food. There is no longer any question that this treatment is admirably suited to help girls through this most critical period of their lives.

In almost every community are many cases to prove the exceptional restorative influence of this well-known treatment.

The use of the nerve food stimulates the appetite, improves digestion, and builds up the system in every way.

Miss Rena B. Crossland, Kempt, Queen's Co., N.S., writes: "I feel it a duty, as well as a

privilege, to tell of the wonderful benefit I derived from the use of Dr. Chase's Nerve Food. In March, 1917, I had anaemia of the brain, and the mental and physical suffering I endured is indescribable. I had treatment from three doctors, and for twelve days was unconscious; while for three months I was fed and cared for like an infant. My mother was so anxious for me to use Dr. Chase's Nerve Food that she crushed it and baked it in my food. After using two boxes I could feed myself, and after using it for two months, my health improved so rapidly that doctors and friends said my recovery was a miracle.

"I cannot recommend Dr. Chase's Nerve Food too highly, even to those who seem to be facing death. We keep it in the house now, and I use it occasionally to 'keep fit.' I shall always regret that I did not follow my mother's advice and use it while I was away teaching, whenever I felt nervous or tired. But as I had no serious illness and did not realize the value of it, I neglected heading off a mother's advice until it was too late and I had a complete breakdown. But, thanks to Providence and Dr. Chase's Nerve Food, I have been enjoying my former health and strength for the past two years."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmanston, Bates & Co., Ltd., Toronto. On every box of the genuine you will find the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author.

The BEST CHRISTMAS GIFT —An Independent Future

A small monthly payment, or a lump sum, paid in advance, will assure to young and old a Canadian Government Annuity of from

\$50 to \$5,000

a year for life payable monthly or quarterly. May be purchased on a single life, or on two lives jointly. Employers may purchase for their employees.

Apply to your postmaster, or write, postage free, to S. T. Beattie, Superintendent of Annuities, Ottawa, for new booklet and other information required. Mention age last birthday and sex.

SIX THOUSAND FOR DISAPPOINTED GIRL

Young Woman Who Became Engaged in Andover Wins Breach of Promise Suit, But Appeal Taken

Houlton, Me., Dec. 5.—A jury in the Aroostook county supreme court has awarded \$6,000 to Miss Stella B. Nightingale of Fort Fairfield, a school teacher, in her suit for a breach of promise of marriage against Charles Leith, a prosperous young farmer, to whom she told the court she had become engaged at Andover, N. B. The counsel for Leith filed an appeal to the supreme court of Maine. Miss Nightingale asked \$30,000 damages for her wounded heart.

FARM FOR SALE

The farm at Middle Simonds, two miles from Hartland station, known as the David Shaw place. Good block of land, new house.

ISAAC DYER
R.R. 1, Hartland.

Cataract

Cataract is a local disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the system, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.

All Druggists. Circulars free. F. J. Cheney & Co., Toledo, Ohio.

BE PROGRESSIVE—ADVERTISE

BIG CASH SALE

Beginning December 10, ending January 1

All kinds of produce taken in exchange for goods during this sale. All accounts settled during this sale by cash, 5 per cent. off, settled by produce, 3 per cent. off. We have full line of Xmas Goods, bigger and better than we have ever had before. Presents suitable for young and old, and box chocolates ranging from \$1 to \$7. Bargains to numerous to mention, but I will give you a list of a few of them:

GROCERIES

5 cans Tomatoes	\$1	3 cans Salmon	\$1
5 cans Corn	\$1	3 pk. Oatmeal	\$1
5 cans Peas	\$1	Pure Cream of Tartar 70c lb	
5 cans String Beans	\$1	1 gal. Molasses	\$1.25
7 cans Pumpkin	\$1		

We have a nice range of Men's Mackinaws from \$10 to \$17. All-Wool Bannockburn Pants. Mens and Boys' Overalls and Jumbies at good cash discount. Goods sold on time at regular prices.

We have a full line of Xmas Treat, such as Candies, Nuts and Fruits at very low prices. Come, parents, and bring the kiddies and see our full decorated Xmas tree, also the great Coon Lancers and Mechanical Ball Players displayed on our counter.

We are paying 50c for Butter in prints; 65 for Eggs; \$4.25 for Meal; Pork and Poultry at market prices.

SHOE PACKS

Mens' Draw String	\$6.50	Mens' Atlantic Underwear, first grade	\$3.00
Mens' 10in. Draw String	7.50	Medium Weight	2.50
Mens' ordinary Pack	5.00	Light Weight	2.00
Boys' No. 1 Palmer ordinary	2.75		
Little Girls'	2.45		

H. M. FOSTER

N. B. PHONE 2-3
FARMERS' PHONE 19-3

Mount Pleasant, N. B.