

FIVE MINUTE SERMON

BY REV. WILLIAM DEMOUY, D. D. SECOND SUNDAY IN LENT

THE LESSON OF THE TRANSFIGURATION

At that time Jesus taketh unto Him Peter and James, and John his brother, and bringeth them up into a high mountain; and He was transfigured before them.

The present with man is for the future. God has so arranged that our deeds bring, as a rule, not full recompense at the time they are performed, but gain for us a right to a future reward. It is well that this is so, for the payment we could get in this life would be only temporal. This existence is a short one, but our future will be eternal, hence we would wish full recompense for our good works where it will last.

As the reward for our good works, if we persevere, is not to come until the day of the present life closes, God has hidden from us, until that time arrives, a knowledge of the enjoyments upon which we are to enter. "Eye hath not seen, nor ear heard; neither hath it entered into the heart of man, what things God hath prepared for them that love Him."

But rather than speculate on the beauty of heaven itself, or the exact nature of the sensations to be experienced there—since it is certain that our joy will be replete—we should endeavor to have a greater love for the things that will help to bring us to that happy home, and for those who dwell in that sacred mansion.

People are too apt to forget that they should have frequent intercourse with God in prayer. The world abounds in Christians whose thoughts are centered elsewhere than upon God. How can they expect to dwell in the house of the Lord hereafter in the face of such lack of interest in God and heavenly things?

These truths should stimulate us to a greater generosity toward God; they should incite us to walk ever in His sacred presence. We should count that day absolutely lost in which we have forgotten God, not to the extent of sinning but to a lessening of our enthusiasm over Him and what belongs to Him.

the blessings with which God has surrounded us should serve for the ultimate purpose of union with Him here and eternal happiness with Him hereafter. Where a man's treasure is, there his heart will be. He who lays up treasure anywhere but in heaven will turn his heart away from God; and he who does not lay up treasure in heaven never need expect to arrive there.

The delight of the apostles at the Transfiguration is granted to some extent to those who are ardent followers of Christ. No one experiences it but he who is truly in God's service—possessing, as much as mortal can, God's elevating grace. But this should be true of all, and an effort will convince one of the delights of the sweets of God.

THE CORNER-STONE OF CIVILIZATION

Human progress is a very precarious thing. Quite frequently it experiences serious setbacks and along the entire road it encounters the greatest difficulties. At any time humanity may slip back and relapse into conditions which it seemed to have definitely outgrown.

Not a few thinkers are telling us that mankind is even now heading towards disaster that will come very near extinguishing the last remnants of civilization and spread the darkness of barbarism over the face of the earth. If the awful leaven of corruption, that has brought such untold misery to the Russian people, should contaminate the rest of Europe and find its way into our country civilization undoubtedly would be temporarily paralyzed, if not completely wiped out.

The foundations of civilization are spiritual. No material invention can in any way guarantee the permanence of civilization or ensue human progress. Every human invention has this peculiarity that it can be used for destruction as well as construction. Whether it will be used for the benefit of mankind or turned into an instrument of mischief depends upon mental factors. It follows, therefore, and this has frequently been remarked by philosophers of history, that the very advance of science involves a subtle menace to civilization.

It has been well said that the Decalogue is the corner-stone of civilization. Nothing could be more true. The Decalogue protects those very things that represent the essence of civilized life. If anything, civilization means security of life, inviolability of property, sanctity and stability of the home and respect for the rights of others. It is the Decalogue that inculcates these things and thus renders civilization strong and permanent.

LOOK OUT FOR THE 'FLU

Rainy, Murky Air is Full of Dangerous Germs

HEALTH IS YOUR SAFEGUARD

Keep Well by Taking "Fruit-a-lives", The Fruit Medicine.

Hundreds of people come down with the 'Flu in March and April because they will not take care of their health.

No matter what the weather or how full of disease germs the air may be, there is no danger of Grippe, 'Flu, Pneumonia, as long as your blood is pure and clean, your nerves are steady, your bowels and kidneys regular.

The best protection against colds, grippe, 'Flu, Rheumatism, is the good health which "Fruit-a-lives" bring. These tablets, made of the fresh juices of apples, oranges, figs and prunes, combined with tonics, are just what you need as a bracing, invigorating, cleansing spring tonic.

Take "Fruit-a-lives" now—take them regularly through the wet, changeable spring weather, and your own vigorous health will protect you against the 'Flu.

25c. and 50c. a box at all dealers or Fruit-a-lives Limited, Ottawa.

Decalogue immediately makes itself felt by its disastrous effects upon civilized and social life.

As a logical and inevitable consequence it follows that whatever weakens man's respect for the Decalogue also impairs the resisting power of the whole structure of civilized society. In view of this fact it is astonishing that men can be found that will tamper with the clear and unmistakable law of God. They are tearing away the under-structure, upon which everything rests that makes life worth living, and this globe a happy home of the human race.

Man can only live, thrive and progress by obedience to the law of God. The Decalogue is his salvation. Respect for its mighty and uncompromising injunctions is the condition of human progress and the one great barrier that stands between humanity and barbarism.

In all times mankind has paid dearly for its neglect of the moral law. Terrible visitations follow on the heel of transgression and hammer into the consciousness of

man the solemn truth that there can be no happiness, no human welfare, no progress and no civilization, unless founded on strict compliance with the immut-



"Metallic" Store Ceilings

You'll like "Metallic" ceiling—never cracks, can't shake off, fireproof, attractive, economical, easily put up in old or new buildings. Increases light—improves appearance.

Scores of patterns For stores, kitchens, churches, etc. Booklet and estimates free.

The Metallic Roofing Co., Ltd. 409 Minto St. Phone LAKE 0000 Limited Cor. King & Dufferin St., Toronto

able laws of morality.—Catholic Standard and Times.

From the lowest depth there is a path to the loftiest height.



Ayer's Sarsaparilla

The springtime is Nature's clean-up time. The whole world takes on a new coat of green. It is at this time of the year that Nature asks us to give attention to our bodies.

Ayer's Sarsaparilla is Nature's own Spring Tonic—a root from Mother Earth—known as well to the savages as to the leading doctors.

Agents: Frank L. Benedict & Co., Montreal.

EUG. FLYNN Managing Director HEAD OFFICE: Montreal Tel. Main 7056

Page Fence & Wire Products LIMITED

Write for Catalogue 505 to 511 Notre Dame Street West Montreal, Que.



GORDON MILLS

LOUIS SANDY

HABIT MATERIALS and VELINGS Specially Produced for the Use of Religious Communities

Black, White, and Coloured Serges and Cloths, Velings, Cashmeres, Etc.

Stocked in a large variety of widths and qualities. Samples forwarded on application.

LOUIS SANDY

Gordon Mills STAFFORD, ENGLAND

Telegrams—Lonsard, Stafford PHONE No. 114

FARM HELP

CANADIAN NATIONAL RAILWAYS

IN CO-OPERATION WITH ONTARIO GOVERNMENT DEPARTMENT OF COLONIZATION WILL AGAIN ASSIST FARMERS IN SECURING FARM HELP.

THERE will be an urgent demand all over Canada this year. If you need farm help apply early. The Canadian National Railways Colonization and Development Department, through its representatives in Great Britain, Scandinavian and other European countries, offers a free service to farmers.

Order your farm help as early as possible in order that they will reach Canada in time for Spring.

BLANK APPLICATIONS CAN BE OBTAINED FROM ANY CANADIAN NATIONAL RAILWAYS AGENT OR DEPARTMENT OF COLONIZATION AND DEVELOPMENT CANADIAN NATIONAL RAILWAYS MONTREAL, QUE.

Stained Glass Windows For Commemorating Lives and Events are Most Satisfactory... Special Designs Sent on Request Estimates cheerfully given The Hobbs Manufacturing Co. 444 ST. JAMES ST. MONTREAL, QUE.

DIRECT FROM COBH (Queenstown) TO CANADA

The Irish Free State now has its own direct sailings to Canada. Splendid White Star-Dominion Ships—Doric, Celtic and Cedric—are now maintaining a regular service for Irish people. These are three of the most favorably known ships on the Atlantic.

If any of your friends in Ireland contemplate coming to Canada you will be especially interested in White Star-Dominion Line prepaid passages. Further information, rates and sailing dates from 216 McGill St., Montreal 286 Main St., Winnipeg 93 Hollis St., Halifax 41 King St. E., Toronto Land Building, Calgary 108 Prince Wm. St., St. John, N.B. or Local Railway and S. S. Agents

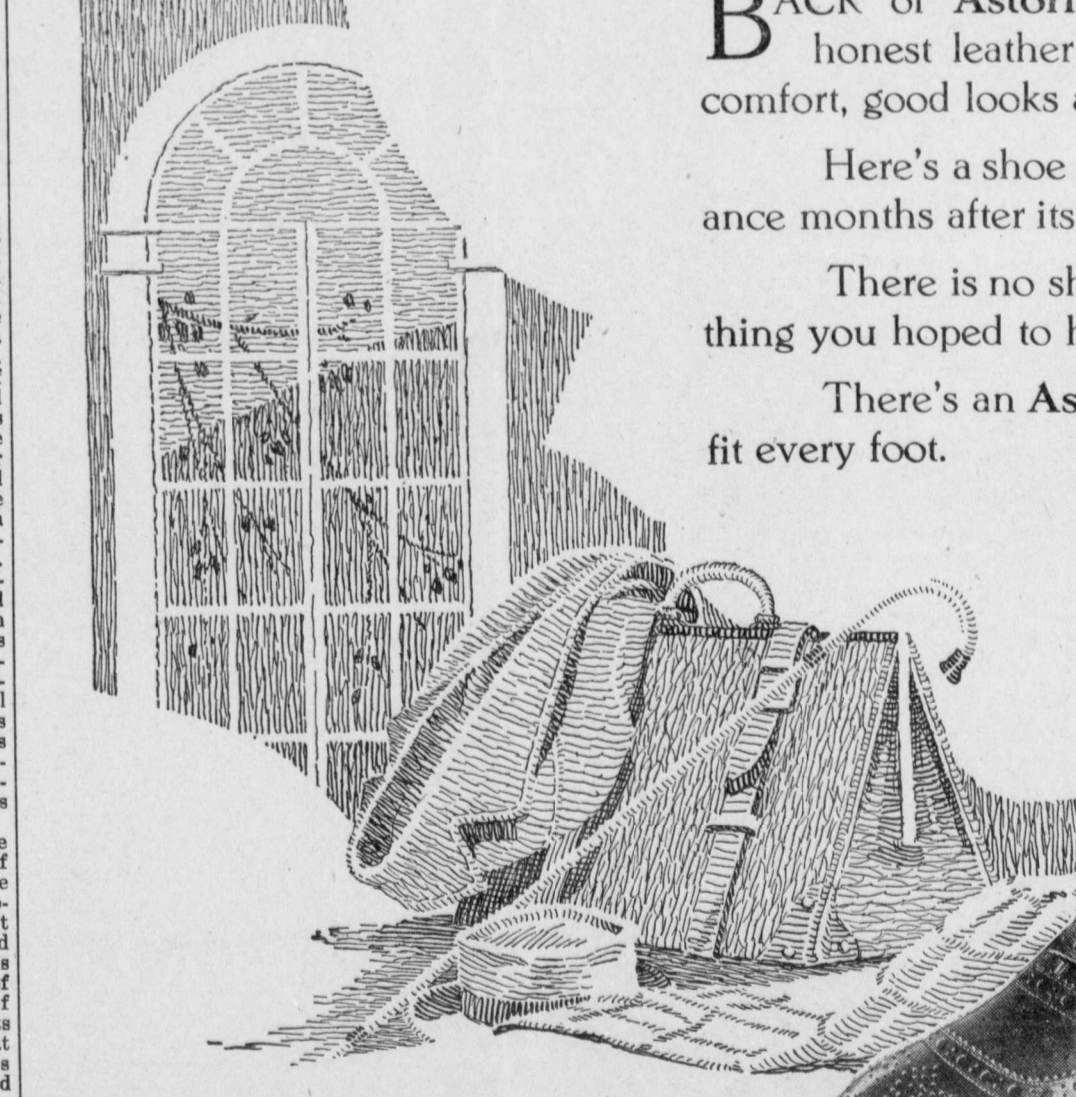
WHITE STAR-DOMINION LINE

All Free! 97 Piece Dinner Set and Lovely Set of Teaspoons

LADIES, you can secure without a penny of cost a lovely set of half-dozen teaspoons in the famous "Patricia" design, covered by a written guarantee for wear and satisfaction and this magnificent 97-piece dinner set. Each set is guaranteed full value for family use, its 97 pieces comprising 13 cups and 13 saucers, 12 tea plates, 12 dinner plates, 12 bread and butter plates, 12 soup plates, 12 sandwiches, 12 platters, 12 oval covered vegetable dishes, a cream jug, covered sugar bowl, a gravy boat, public dish and salad bowl. It is handsomely decorated in rich floral design and will surely delight the most fastidious housekeeper. Read Our Wonderful Offer

Dr. Eason's Famous "Life Building" Blood Tonic and Nerve Pills have been known for over 25 years as the one great Tonic for both blood and nerves—to build up the constitution and keep it constantly healthy, to help make new blood, to help up the entire system. We are offering no expense to have more and more men all over Canada. Will You Sell Just 10 Boxes Among Your Friends AT ONLY 25c a Box

You can do it easily and quickly in your spare time. The circular matter we send will quickly advise your friends of what this famous remedy can accomplish for them. Simply prefer to make fast the best course of treatment at once. Thus selling this small quantity becomes a very easy thing. Send us your name and address to-day and we will send you the 10 boxes at postage paid, and trust you with them until sold. Then return our money, only \$2.00, and we will promptly send you the beautiful set of spoons and the handsome dinner set. You can receive without selling any more goods by simply showing your fine card. Remember you take no risk, as we take back unsold goods, reward you for what you sell and arrange to pay all delivery charges. Write today! M.P. Dr. Eason Medicine Co., Dept. D-8 Toronto, Ont.



SCOTT-McHALE LIMITED LONDON - ONTARIO

BACK of Astoria style stands Astoria quality---the honest leather and skilled workmanship that assure comfort, good looks and long lasting wear.

Here's a shoe that provides a high standard of appearance months after its modest price is forgotten.

There is no shoe just like the Astoria---it is everything you hoped to have in a shoe. Ask for it by name.

There's an Astoria last to comfortably and stylishly fit every foot.

The Astoria Shoe

