

.....The HOME CIRCLE

ST. MICHAEL'S BELLS.

Old "Michaelmas Day," Feast of St. Michael the Archangel, September 30.)

I wonder if the bells ring now, as in the days of old, From the solemn star-crowned tower with the glittering cross of gold;

I have heard them in the morning when the mists gloomed cold and gray O'er the distant walls of Sumter looking seaward from the bay,

Great joy it was to hear them, for they sang sweet songs to me Where the sheltered ships rocked gently in the haven—safe from sea,

They seemed to waft a welcome across the ocean's foam To all the lost and lonely: "Come home—come home—come home!"

They are ringing now as ever. But I know that not for me Shall the bells of sweet St. Michael's ring welcome o'er the sea;

When you're suffering reversion Till it seems naught but diversion Is the only thing you need to keep your weary minds intact,

When you can't make any headway. And each day seems like a dead day, And the thorns begin to pester till your nerves are shattered, racked,

Are you grumpy? Are you grouchy? Do you feel like saying ouchy Every time some one gets near you?

Shelter thrice sweet for those who claim its care— Its pains and blessings share; For friend and kinsman, aye a fireside chair.

Bread for dear lips—the lips we love the best; Or for the unsought guest, Or low or high, a portion with the rest.

Light for the close-drawn circle—cheerful light; And, glimpsed through curtains white, A beam for those that traverse the dark night.

Love for the hearts that none can tempt to roam,— And showered on all who come, Love's overflow of solace: Such is home.

The fairest things have fleeter ends; Their scent survives their close, But the rose's scent is bitterness To him that loved the rose!

She looked a little wistfully, Then went her sunshine way; The sea's eye had a mist on it, And the leaves fell from the day.

Nothing begins and nothing ends That is not paid with moan; For we are born in other's pains, And perish in our own.

city when some awful scandal excites the curious. Every devouring eye has its paper, and the street is more full of purpose than is an audience fused into unity by the burning beams of the orator's glowing periods.

"Truth is diffusive of itself," has been a principle among philosophers from the very beginning, and so the sterling worth of the writer's thought kindles new torches to light intellects and illumine purposes.

The press is the impress of society. It is "the abstract and brief chronicle of the time." How necessary, then, that it should exalt and not depress; that it should inspire and not murder the good and the useful.

Great saints have commenced their sanctity with their books; St. Augustine heard the voice, "take and read!" and, following the heavenly impulse, he sought in the sacred scriptures the foundations for these mental glories that will live as long as the church of which he is a learned doctor.

Of what a woeful neglect, then, is a parent guilty who does not supply good books and papers to his child. The child will read, and if he is not supplied with the true and the correct, he will read false or useless views of life, or the infamous in doctrine and the rotten in morals.

Hardly less important than the supply of pure and unadulterated milk. Much has been done by legislation in late years to assume higher standards in this regard, yet there remains much to be done, especially in eliminating preservatives such as boric acid and formaldehyde, a practice which by our best medical authorities is regarded as highly dangerous to the public health.

Everywhere collections of food in transit or on scale are handled by unclean and impure caretakers, and these articles wherever exposed for sale are further subject to infection from dust or flies or other insects coming from some poisonous source.

All these conditions call for intense care on the part of the housekeeper. The only safe plan is to select as fresh and pure goods as possible and then to cook them before using.

There are few measures in the whole realm of health-promotion equal to the daily bath, and there is nothing so neglected and disregarded by the common people. While it must be said to our shame that the large majority of our American homes are without suitable facilities for bathing, yet, without them much can be done and easily done, in securing in all essentials a healthful bath.

Catholic standards of excellence beckon to the young as they face out towards life and all its perils. If Napoleon held that, with the Bible in his pocket and the sword by his side, he could master the world, the child who begins life's march, fortified by good reading, has nothing to fear.

HINTS TO HEALTH. (By Samuel G. Miller, M.D.) This is a season of the year when on every side and at every hour are lurking special dangers to the health of the people who are now, of all times, the most unsuspecting.

The opening of schools is usually followed by increased outbreaks of infectious and contagious diseases, and the time calls for special attention, not from health and school authorities, but also from parents and children, in the adoption and carrying out of all possible precautionary measures against these diseases and their eradication when found.

Of paramount importance is the condition of pure water, ice, milk, and food supplies. At this season of the year, the water-ways, compost heaps, cesspools, and vaults of ordinary country and village homes and even in the outlying districts of our cities are reeking with decaying animal and vegetable matter, all under rapid fermentation.

Under the wisest supervision given by health officers and the family concerned, one can never feel entirely sure that he is getting water absolutely pure unless scientific analysis shows it so. When such analysis can not be secured, and there remains any doubt of its purity, the water should be boiled and then cooled by pouring it into a stone or glass jar protected by a dust and germ-proof covering.

There is nothing better for a girl sometimes than a little hearty praise. Many good people conscientiously act on the direct opposite and seem to think nothing better than a little hearty blame. They are mistaken, conscientious in their blame as they may be.

There are blunders enough in life, bitterness and pain enough of it—enough to depress us all and keep us humble, a keen enough sense of failure, succeed as one may and a word of hearty commendation now and then will lighten the load and brighten the heart and send a woman on with new hope and energy, and if she have any reasonable amount of brains at all, it will do her no harm.

I appeal to the fathers of families to save the children. The fathers of families can do more to purify the stage than all the mayors and police of the country. The theatre business is like every other business—it seeks to serve the public as the public desires to be served; and when those who produce plays find that decency pays better than indecency the stage will at once become clean and wholesome.

A woman who had failed to receive from a large patent medicine firm a sample of pills for which she had applied, went to the post-office to inquire why the letter (which she believed to have been duly posted) had not reached her. She was served with the customary form on which particulars of her grievance must be stated, and after the words "nature of complaint" she ingeniously wrote "biliousness."

"Are you a married man?" asked the absent-minded lawyer, who was putting a witness through a searching cross-examination. "No, sir," replied the witness, "I am a bachelor." "Very well, sir," continued the lawyer. "Now tell me how long you have been a bachelor, and what the circumstances were that induced you to become one."

FATHER KOENIG'S NERVE TONIC

Daily Spasms. St. JACOB'S, Ont., Nov. 21, 1895. I state a child 6 years old I was subject to St. Vitis Dance and Spasms, and seeing an advertisement of Pastor Koenig's Nerve Tonic I decided to try it.

Mr. W. F. Hackey, of Bathurst Village, N. B., says that his little girl had from two to three attacks of fits a day for five or six months, but since she took Pastor Koenig's Nerve Tonic had only one fit in two months and more since.

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Solved. The bath should be followed by brisk rubbing with a rough towel, and finally with the bare hand. All persons require the soap and warm-water bath at least once a week, and such a bath will be necessary daily for all who work and perspire amidst dirt or dust of any kind.

CAUSES OF FAILURE IN SCHOOL. 1. A dirty, littered room. 2. No attention to temperature or fresh air. 3. Keeping on with one thing because you have no fresh, interesting plans to use.

FRUGAL HOUSEWIVES. The wife who would contribute to success must help her husband to save. It is lamentable that there are so many wives who are ready to spend every penny their husbands earn.

PRaise IN THE HOME. There is nothing better for a girl sometimes than a little hearty praise. Many good people conscientiously act on the direct opposite and seem to think nothing better than a little hearty blame.

SAVE THE CHILDREN. I appeal to the fathers of families to save the children. The fathers of families can do more to purify the stage than all the mayors and police of the country.

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APPLICATION FOR PATENT should be made at the end of three years, before the Local Agent, Sub-Agent or the Homestead Inspector.

Coal.—Coal lands may be purchased at \$10 per acre for soft coal and \$20 for anthracite. Not more than 320 acres can be acquired by one individual or company. Royalty at the rate of ten cents per ton of 2,000 pounds shall be collected on the gross output.

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