HOME CIRCLE

ST. MICHAEL'S BELLS.

fold "Michaelmas Day," Feast of St. Michael the Archangel, September 30.)

I wonder if the bells ring now, as in the days of old,

From the solemn star-crowned tower with the glittering cross of gold; The tower that overlooks the sea whose shining bosom swells To the ringing and the singing of

I have heard them in the morning when the mists gloomed cold and

sweet Saint Michael's bells?

O'er the distant walls of Sumter looking seaward from the bay, And at twilight I have listened to the

musical farewells That came flying, sighing, dying from sweet Saint Michael's belis.

Great joy it was to hear them, for they sang sweet songs to me Where the sheltered ships rocked gently in the haven-safe from sea,

And the captains and the sailors heard no more the ocean's knells, But thanked God for home and loved ones and sweet Saint Michael's bells.

They seemed to waft a welcome across the ocean's foam

To all the lost and lonely: "Come home-come home-come home! Come home, where skies are brighter-

where love still yearning dwells!" So sang the bells in music-the sweet Saint Michael's bells!

They are ringing now as ever. But I know that not for me Shall the bells of sweet St. Michael's

ring welcome o'er the sea; I have knelt within their shadow, where my heart still dreams and But I'll hear no more the music of

sweet Saint Michael's bells.

in my breast Soft as a mother's voice that lulls a

loved one into rest! Ring welcome to the hearts at home-

to me your sad farewells When I sleep the last sleep, dreaming

of sweet Saint Michael's bells! -Frank L. Stanton.

LAUGH IT OFF.

When you're suffering reversion Till it seems naught but diversion your weary minds intact, Try a little healthy laughter

Good old-fashioned, healthy laughter, tonic, for a fact.

When you can't make any headway, And each day seems like a dead day, And the thorns begin to pester till

Stop a bit; get busy quaffing From the bottle labelled "Laughing"-Get your fill and then start overit's a tonic, for a fact.

Are you grumpy? Are you grouchy? Do you feel like saying ouchy Every time some one gets near you? Have you lost the thing called tact? Try a cup of sunny chaffing,

Sweetened up with merry laughingfor a tonic, for a fact.

HOME.

Shelter thrice sweet for those who claim its care-

Its pains and blessings share; For friend and kinsman, aye a fireside

Bread for dear lips-the lips we love themselves a promise of immortality the best:

And for the unsought guest, Or low or high, a portion with the

Light for the close-drawn circle-

che rful light; And, glimpsed through curtains

white. A beam for those that traverse the

dark night. Love for the hearts that none can

tempt to roam,-And showered on all who come Love's overflow of solace: Such is

home -Dora Read Goodale, in Harper's

Bazar.

DAISY.

The fairest things have fleetest ends; Their scent survives their close, But the rose's scent is bitterness To him that loved the rose!

She looked a little wistfully, Then went her sunshine way: The sea's eye had a mist on if, And the leaves fell from the day.

She went her ur emembering way, She went and left in me The pang of all the partings gone, And partings yet to be.

She left me marvelling why my sou Was sad that she was glad; At all the sadness in the sweet, The sweetness in the sad.

Nothing begins and nothing ends That is not paid with moan; For we are born in other's pains, And perish in our own. -Francis Thompson.

GOOD READING.

(From Catholic Union and Times.) Witness the picture presented in a Toronto.

into unity by the burning beams of tined. the orator's glowing periods. From this we can take thought on the power of good reading. In the periodical lives the best part of the man, his thought; it is there to attract, to lead, to influence along the line of the cherished idea. The man with his frailties is not visible, so that his thought is all the more powerful because of his absence. The silent force of the paper, pamphlet or book impresses in seclusion, so that the printed page is as much an adopted child of the reader's mind as it is the heir of the author's genius.

"Truth is diffusive of itself," has been a principle among philosophers from the very beginning, and so the sterling worth of the writer's thought kindles new torches to light intellects and illumine purposes. To please and to instruct is the purpose of every writer; to establish his proposition and to hide the art of so doing is his motive, and while giving true value to give genuine delight. Herein he snows the magic of words as well as the mystery of thought, and he rivets attention in order that he may impress. The paper that does not impart a lesson as does the smiling face of a teacher is useless. The old fellow in Dickens' novel wanted the pedagogue to teach his child "facts," and so does the author who knows his vocation. Yes, he does more; he not only gives facts, but he draws a moral therefrom that is calculated informally but none the less strongly to impart some items of philosophy that will last when the fact is for-

The press to-day does the work of the pulpit, and more. It goes where oft-times the preacher dare not stand. pay A good book or paper carries in its bosom jewels that no lapidary has O ring, sweet bells, forever, an echo cut, for they are spiritual treasures that gleam and glow in human minds

and immortal souls. The press is the impress of society. It is "the abstract and brief chronicle of the time." How necessary, then, that it should exalt and not depress; that it should inspire and not murder the good and the useful. it makes readers.

Great saints have commenced their mental glories that will live as long And you'll find it jolly medicine, a as the church of which he is a learned doctor. So great is the value of a book that it literally begets powers and sends them on their separate mis-

If this is so of a book, how much your perves are shatered, rack- more is it certain of the journal. Bishop Kettler long since held that "if St. Paul were to live in our day, he would become a journalist." And why? Because, with the interesting data that passing history furnishes, every hour can be made to give the reader a new inspiration to the true, the beautiful and the good.

Of what a woeful neglect, then, is a parent guilty who does not supply good books and papers to his child. The child will read, and if he is not Itis the best thing on the market supplied with the true and the correct, he will read false or useless views of life, or the infamous in doctrine and the rotten in morals. good book always supplements the good father's or mother's work, and gives a taste for correct reading. The absence of this taste for good books is the curse of the day, and its presence is an index of a clean life, of a good home, that, in turn, are in

> There is no parent that does not doubt of his work in raising his child properly. This doubt is undone when summons other agencies-the school, where Catholic life is the ideal, but most of all the book where

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for itching skin disease. It is more taken from impure soil. and witness the beneficial results, in- care on the part of the housekeeper. stead of taking medicine and hoping The only safe plan is to select as that in time the desired effects will fresh and pure goods as possible and

be obtained. about largely through the extraor- who are careful, clean, and free from to inquire why the letter (which she dinary cures being brought about by suspicion of infection. Trust the honrheum, psoriasis, tetter, scald head than the push-cart man. and all the dreadful itching skin dis- There are few measures in the particulars of her grievance must be eases, which torture children and whole realm of health-promotion equal stated, and after the words "nature grown people alike, are not held in to the daily bath, and there is noth- of complaint" she ingenuously wrote such terror since the merits of this ing so neglected and disregarded by "biliousness."

great ointment have become known. the common people. While it must be influence Dr. Chave's Ointment clean- jority of our American homes are the absent-minded lawyer, who was ses the sores, allays the inflamma- without suitable facilities for bathing, putting a witness through a searching tion, stops the itching and heals the yet, without them much can be done cross-examination. raw, flaming flesh. In the most sim- and easily done, in securing in all "No, sir," replied the witness, "I ple as well as the most aggravated essentials a healthful bath. Nothing am a bachelor, skin irritation or eruption, this oint- will put the body into such vigorous "Very well, sir," continued the law The general intention of the Sacred ment is certain to give highly satistone, ready to meet and master the yer. "Now tell me how long you Heart League for October is "Good factory results; 60 cents a box, at duties of the day, as a cool sponge have been a bachelor, and what the Reading." It is an age of readers, all dealers or Edmanson, Bates & Co. bath or a full bath in cool water into circumstances were that induced you

Catholic standards of excellence beckon to the young as they face out towards life and all its perils. If Napoleon held that, with the Bible in his pocket and the sword by his side, he could master the world, the child who begins life's march, fortified by good reading, has nothing to fear. The parents need have no dread, for the good periodical will not only lead city when some awful scandal excites him from the wrong, but to the right. the curious. Every devouring eye has Read, the, good prints, and you will its paper, and the street is more full read life's lesson well and wing the of purpose than is an audience fused mind to the skies whither it is des-

HINTS TO HEALTH.

(By Samuel G. Miller, M.D.) This is a season of the year when on every side and at every hour are lurking special dangers to the health of the people who are now, of all are exhausted by the tasks of developing and harvesting the vast resources of our country, many have been A Valuable Book on Nervous Diseases and a Sample bottle to any address. Poor patients also get the medicine free. Pepared by the Rev. Pather Koenic, of Fort Wayne, Ind., since 1876, and depressed by the intense heat, anothgreat army has returned from the host of our youth either begin-

ning or resuming their duties. out of all possible precautionary dir or dust of any kind. ting fall sin of overeating, if they would see that they have due amount CAUSES OF FAILURE IN SCHOOL of healthful exercise as well as regular and timely hours of sleep in wellventilated rooms, children would be better physically, mentally and mor ally than most of them now are, and there would be fewer doctor's bills to

Of paramount importance is the condition of pure water, ice, milk, and food supplies. At this season of the year, the water-ways, compost heaps, cesspools, and vaults of ordinary country and village nomes and even in the outlying districts of our rebellion with severity. rapid fermentation. The summer and enough scheming at home. - School fall rains wash these poisonous pro-The press is not only for readers, but ducts into the source of our water supplies unless these sources are perfectly protected.

bottle closed with absorpent cotton, saying goes. are simple ways of effecting this. And more often than not this meequally germ-proof, is merely cleaner, World. not necessarily pure. Water as clear as a crystal may still be saturated with typhoid and other disease germs, There is nothing better for a girl clean or not, absolutely safe.

is now so general as to be consider- may be. ed almost as great a necessity as There are blunders enough to the method of its handling.

lation in late years to assume high- brains at all, it will do her no harm. in eliminating preservatives such as act up to the estimate put upon tice which by our best medical au- worth their salt. thorities is regarded as highly dangerous to the public health. Milk that has been treated with formaldehyde will keep for days without souring, which is not possible, under or-UNLIKE INTERNAL TREATMENT, very suspicious of the milkman who of the country. The theatre business claims that his milk is so pure that is like every other business-it seeks it will not sour.

Everywhere collections of food in transit or on scale are handled by unclean and impure caretakers, and these articles wherever exposed for sale are further subject to infection from dust or flies or other insects families to do is to forbid their coming from some poisonous source. children to go to a play unless they Water-cress especially is frequently The day is past when people will be gathered from streams reeking with satisfied with an internal treatment filth, while other green vegetables are be no good reason why they them-

satisfactory to apply an ointment All these conditions call for intense then to cook them before using. One This change of opinion has come should purchase only from persons had applied, went to the post-office Dr. Chase's Ointment. Eczema, salt est grocer whom you know rather had not reached her. She was served

which possibly a little salt is dis to become one."



Daily Spasms.

ST. JACOB'S, Ont., Nov 28, 1899. Since a child 6 years old I was subject to St Vitus Dance and Suasus, and seeing an adventi-sement of Pastor Koenig's Nerve Tonic I of cluded to try it. Its effect has been wonderlub for before using I had a sesus almost daily, but since to his remedy have not had an attack for twelve days, and shall continue its use. MISS L. DIA RUDY.

Mr. W. F. Hackey, of Bathurst Village, N. Br.
mys that his little girl had from two to three
attacks of fits a day for five or six months, but
since the took Pastor Koenig's Nerve Tonic had
only one in to months and none since.
Mr. C. Noyes, of Brockville, writes that he
didn't have a fit in 13 weeks since he took Pastor
Koenig's Nerve Tonic, while before that he had
attacks every week.

KOENIG MED. CO., CHICAGO, ILL. tours of recreation and pleasure, while a third-class of no less importance is Co., LTD., MONTREAL.

The opening of schools is usually solved. The bath should be followed followed by increased outbreaks of in- by brisk rubbing with a rough towel, fectious and contagious diseases, and and finally with the bare hand. All the time calls for special attention, persons require the soap and warmnot from health and school author- water bath at least once a week, and ities, but also from parents and chil- such a bath will be necessary daily dren, in the adoption and carrying for all who work and perspire amidst

measures against these diseases and With attention given to proper food, their eradication when found. More by guarding against the fall air easily depends upon the wisdom of the par- overeat to which the fall air easily ents than the health authorities or stimulates one, with pure water, reteachers. If parents would see that gular hours, plenty of outdoor exertheir children were given a daily bath cise, frequent bathing, and constant and provided with warm clothing, if watchfulness for symptoms of indisthey would furnish them with simple, position, a family should go through well-prepared, and healthful food, if the trying fall months without much they would guard against the beset- occasion for a doctor or his remedies.

1. A dirty, littered room. 2. No attention to temperature or

fresh air. 3. Keeping on with one thing because you have no fresh, interesting plans to use.

4. Too much written work at one 5. Ignoring disorder, when you should attend to every case, meeting carelessness and inattention with per-

6. Not enough preparation of work mal and vegetable matter, all under in schoolroom at intermissions. Not

sistent demand, and impertinence and

FRUGAL HOUSEWIVES.

The wife who would contribute to Under the wisest supervision given success must help her husband to gustine heard the voice, "take and by health officers and the family con- save. It is lamentable that there are Is the only thing you need to keep read!" and, following the heavenly cerned, one can never feel entirely so many wives who are ready to impulse, he sought in the sacred sure that he is getting water abso- spend every penny their husbands scriptures the foundations for these lutely pure unless scientific analysis earn. The fault lies in the fact that When such analysis no matter what the increase in their can not be secured, and there remains any doubt of its purity, the water should be boiled and then cooled by improving their social position.

A reserved, may be homesteaded upon by any preson who is the sole head of a family, or any male over 18 years of age, to the extent of one-quarter section, of 160 ref Welling on Street East, should be boiled and then cooled by improving their social position. A pouring it into a stone or glass jar larger house is taken, more furniture protected by a dust and germ-proof bought, and a great show made in orcovering. Any ordinary fruit jar with der to let the world know that the a well-fitting cover or large-mouthed husband is rising in the world, as the

Water that has been filtered, unless a thod results in the husband coming Pasteur filter or one known to be down in the world again .- New

PRAISE IN THE HOME.

but boiling makes any water, whether sometimes than a little hearty praise. Many good people conscientiously act A most frequent method of render- on the direct opposite and seem to ing water impure is the practice of think nothing better than a little cooling by direct contact with im- hearty blame. They are mistaken, pure and unclean ice. The use of ice conscientious in their blame as they

water, and the people should demand life, bitterness and pain enough of it from our health authorities more at- -enough to depress us all and keep tention than has yet been given to us humble, a keen enough sense of the sources of its supply, as well as failure, succeed as one may and a word of hearty commendation now Hardly less important than the and then will lighten the load and supply of pure water is that of the brighten the heart and send a woman supply of pure and unadulterated on with new hope and energy, and if milk. Much has been done by legis- she have any reasonable amount of er standards in this regard, yet there Children are sometimes heart starved remains much to be done, especially for a little hearty praise. Boys will boric acid and formaldehyde, a pract hem, or at least try to, if they are

SAVE THE CHILDREN.

I appeal to the fathers of families to save the children. The fathers of dinary conditions, with milk not thus families can do more to purify the adulterated. It is well, then, to be stage than all the mayors and police to serve the public as the public desires to be served; and when those who produce plays find that decency pays better than indecency the stage will at once become clean and wholesome

All that is necessary for fathers of are certain that it is, in every respect, a decent one. And there can seives should not accompany the children from time to time.

A woman who had failed to receive from a large patent medicine firm a sample of pills for which she with the customary form on which

By its healing, soothing, antiseptic said to our shame that the large ma- "Are you a married man?" asked

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Homestead Regulations

A NY even numbered section of Domin- Policies Secured by Assets of Entry must be made personally at the

the land is situate.

HOMESTEAD DUTIES: A settler who

Phone M 592 and 5098 14 Victoria St. Toronto has been granted an entry for a home stead is required to perform the conditions connected therewith under one f

tions connected therewith under one of the following plans:

(1) At least six months' residence upon and cultivation of the land in each year during the term of three years.

(2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry under the provisions of this act resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this act as to residence prior to obtaining patent may be satisfied by such person residing with the father by such person residing with the father

or mother. (3) If the settler has his permanent residence upch farming land owned by him in the vicinity of his homestead, the requirements of this act as to residence may be satisfied by residence upon the

APLICATION FOR PATENT should be made at the end of thee years, before the Local Agent, Sub-Agent or the Homestead Inspector.

Before making application for patent the settler must give six months' notice in writing to the Commissioner of Dominion Lands at Ottawa of his intention

SYNOPSIS OF CANADIAN NORTH-WEST MINING REGULATIONS. Coal,-Coal lands may be purchased at \$10 per acre for soft coal and \$20 for anthracite. Not more than 320 acres can be acquired by one individual or company. Royalty at the rate of ten cents per ton

Royalty at the rate of ten cents per ton of 2,000 pounds shall be collected on the gross output.

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A free miner, having discovered mineral in place, may locate a claim 1,500 x 1,500

place, may locate a claim 1,500 x 1,500

The fee for recording a claim is \$5. At least \$100 must be expended on the corder in lieu t ereof. When \$300 has been expended or paid, the locate may When \$500 has upon having a survey made, and upon complying with other requirements, pur-chase the land at \$1 an acre.

The patent provides for the payment of a royalty of 2½ per cent, on the sales.

PLACER mining claims generally are 100 feet square; entry fee \$5, renewable

dredge for gold of five miles each for a term of twenty years, renewable at the discretion of the Minister of the Interior. The leases shall have a dredge in opera-tion within one season from the date of the lease for each five miles. Rental, \$10 per annum for each mile of river leased. Royalty at the rate of 2½ per cent. collected on the output after it ex-ceeds. \$10,000. ceeds. \$10,000.

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