

HOW ONE MAN GAVE.

It was our privilege recently to be permitted to look over the journal of a man who has long since passed to his reward, whose memory is blessed, whose children honor him and whom the poor will ever hold in loving remembrance. He gave with a princely hand, but unostentatiously, at first one-tenth, then more, until he gave away, it is said, fully \$100,000 in one year—all in excess of a modest living for himself and family. We make the following extracts from his journal, written in early life, which tell the story of his giving:

"May, 1843.—I would pray God to enlighten my mind as to my duty in the matter of giving, to restrain me from doing wrong in needlessly using for myself what He has entrusted to me, to give me always a liberal heart, with strong love to His cause and to my fellow-men, and that in giving for others I may greatly increase in love to Him, until His love rules supreme in me, controlling everything I do. God grant this of His infinite mercy."

"May, 1844.—If God should see it safe for me and best to give me a large property, I pray that my desires to promote His cause may also greatly increase. My desire and prayer to God is that He would give me a willingness, and more than that, a delight, in doing my whole duty in this matter, in whatever pecuniary circumstances He may place me. For the present, my intention is to give one-tenth of my whole income, including interest on my little capital, for religious and charitable purposes, and to my friends. I do not mean that I shall confine myself strictly to this, for if my income this year is not larger than it now promises to be, I should not be willing to limit myself to ten per cent; another year my income may be larger."

"April 1845.—I resolve that with God's grace helping me, I will henceforth give one-tenth of my whole income from my business, interest of money, and all other sources, for religious and other charitable uses. And further, if God will give me an enlarged heart to love His cause and the souls of men, and to overcome my selfishness, which I trust He will, I will, if I become worth \$25,000, give one-half of my net income, and if worth \$50,000 my whole net income (deducting necessary expenses, which I hope to make moderate), to spread the Gospel of Jesus Christ and to relieve the wants of man. I pray God to help me to keep these resolutions in a manner pleasing to Him, and in the highest degree to promote His glory, to accept my offering, to keep me humble before Him, and to give me the heart to praise Him that He honors me by giving me the means to benefit others."—Men.

Hope rides on every blast and thunders in the fury of the storm.

HEALTH AND HOME HINTS.

Breadcrumbs for covering the top of scalloped and other baked dishes should be buttered evenly before they are spread, not put on plain, with bits of butter scattered over.

Do not fail to oil the wringer every time you wash. If oiled often there is less wear on the machinery, and less strength is expended by the operator. To clean the rollers rub them first with a cloth saturated with kerosene oil, and follow with soap and water. Always loosen the rollers before putting the wringer away.

An immense number of people sleep on the left side, and this is a common cause of the unpleasant taste in the mouth in the morning, which is generally attributed to dyspepsia. If a meal has been taken within two or three hours of going to bed, to sleep on the left side is to give the stomach a task which is difficult in the extreme to perform.

Maple Ice Cream.—Put into a double boiler three-quarters of a pound of maple sugar broken very fine and one pint of milk. Cover and cook until the sugar is melted and the mixture is scalding hot. Add a little of it to four well-beaten eggs, mix well, turn into the boiler and stir and cook until the mixture thickens like a boiled custard. Strain and set aside until cold, add three cupsful of heavy cream, and one tablespoonful of vanilla and freeze.

TOBACCO AND LIQUOR HABITS.

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A SPRING NEED.

The Indoor Life of Winter is Hard on the Health.

Not exactly sick—but not feeling quite well. That's the spring feeling. The reason—close confinement indoors during the winter months, breathing the impure air of badly ventilated houses, offices and workshops. The trouble may manifest itself in a variable appetite, little pimples or eruptions of the skin, a feeling of weariness, and perhaps an occasional headache, or a twinge of neuralgia or rheumatism. Perhaps you think the trouble will pass away—but it won't unless you drive it out of the system by putting the blood right with a health-giving tonic. And there is only one absolutely certain, blood-renewing, nerve-restoring tonic—Dr. Williams' Pink Pills for Pale People. Thousands of grateful people have testified that these pills are the best of all spring medicines. They actually make new blood; they brace the nerves and strengthen every organ of the body. They make tired, depressed ailing men, women and children bright, active and strong. Mrs. N. Ferguson, Ashfield, N.S., says: "For the benefit it may be to others I take much pleasure in saying that I have found wonderful benefit from the use of Dr. Williams' Pink Pills. When I began taking them I was so badly run down that I could scarcely go about the house. I was also troubled with palpitation of the heart and weak spells, but the pills have fully restored me and I am now enjoying better health than I ever expected to have again."

If you want to be healthy in spring don't dose yourself with purgatives—they only weaken—they can't cure. Don't experiment with other so-called tonics. Take Dr. Williams' Pink Pills at once and see how quickly they will banish all spring ailments, and make you active and strong. Sold by all medicine dealers or sent by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

"Pa," said young Tumblestone, "if I eat dates enough will I turn into a calendar?" "You will turn into bed this instant," said the elder Tumblestone, "or I will assist you." He turned in.

Scene—A cottage of Loch Awe side. Lady Tourist (to the cottager's wife)—"Are these three nice little boys all your own, Mrs. MacFarlane?" Mrs. MacFarlane—"Yiss, mem; but him in the middle's a lassie."

A Big Mouthful.—The Hostess—"Do have some more of the pudding, Miss Guestly." Miss Guestly—"Well, just a little, as you insist, but only a mouthful, mind." The Hostess—"Jane, fill up Miss Guestly's plate again."

Ethel—"Yes. I'm going in for teaching." Marjory—"You! Going in for teaching. Why, I would rather marry a widower with half a dozen children." Ethel (with a sigh)—"So would I. But where's the widower?"

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