

SOUTHWARD HO! CRY POLAR PARTY

BY AIRPLANE, SHIP, AND SLEDGES.

British Explorers to Make Complete Survey of Ant- arctic Continent

To Antarctica, roof of the world, for six years' work, is shortly to sail the most completely outfitted polar expedition ever assembled. As for romance, however, its aim is not glory, but a complete commercial survey of the white continent and the encircling seas. The British Imperial Antarctic Expedition, as it is called, is backed by great governmental, scientific, and financial interests, which have raised \$750,000 to insure its complete success.

First of all, cartographers want the coast line charted, and limits found for the great central plateau. Then, they ask, does the mountain chain along the west coast of Ross Sea stretch unbroken across the continent, forming a continuation, except for 650 miles, of the South American Andes? Here, obviously, is work for the expedition's airplane, of which again, more later. With the nation's pocket-book in mind, Britain wants to know the extent of the coal, manganese, granite, marble, and ruby deposits already located. Where, again, are the breeding places, the secret rendezvous of the whales, 12,000 of whom in a recent year yielded \$10,000,000 worth of oil, glycerin, soap, margarine, fertilizer, and other by-products? Australia, New Zealand, and South Africa want Antarctica's climate charted, that the meteorologists at home may trace the cyclones of the southern hemisphere from their inception. Scientists throughout the world, finally, are demanding information of electrical conditions near the pole, that they may found on established fact their intricate studies in terrestrial magnetism.

On the Stout Ship "Terra Nova." The ship chosen to bear the party to Antarctica is the "Terra Nova," a seasoned whaler whose wooden sides have withstood the battering of many voyages within the polar circle. The vessel was first heard of when it went to Captain Scott's rescue in 1904. Admiring then its strength and general layout, the captain later chose it to bear him southward in 1910 on the trip that won the pole but cost his life. But the "Terra Nova" of 1910 is to be even better adapted to her work than the ship of 1910.

Thus splendidly equipped, the British Imperial Antarctic Expedition will sail from England in June of this year. Wellington, New Zealand, will be the last port of call, and will be left behind in October. A thousand miles through the mingled waters of the Indian and Pacific oceans will then bring the adventurers to the limit of the floating ice, and a day or two later, to Macquarie Island, which will be surveyed in short order. Another southward journey of the same length, through constantly thickening ice floes, will bring them to Scott Island, where three scientists, with their hut, will be marooned for a year's investigation. The ship will now be in the midst of the pack, ceaselessly dodging icebergs, and often ramming the scattered floes, which in a few months will cement themselves into a continuous mass. Antarctica's "summer" months, it must be remembered, are November, December, January, and February. During this time the unsetting sun brings the mercury very nearly to 50 deg. F. This the explorers call "hot weather."

To Pole by Airplane. Meanwhile, the "Terra Nova" will have sailed along the barrier's 400-mile front to the Bay of Whales, where the airplane will be put together, and a start made, about Christmas Day, 1920, for the pole, 800 miles to the south. A nonstop flight unfortunately will be impossible, as the level expanse of the barrier is terminated, 400 miles to the south, by the mountainous escarpments of the central plateau. So, at the foot of Axel Heiberg Glacier, discovered and named by Amundsen during his rush to the pole in 1911, will be established a depot of food and gasoline. Lightened in every possible way, the big plane will then rise from the barrier surface, make its spiral climb for altitude, and finally dart southward at 11,000 feet. If the plane comes to grief on the polar plateau, the crew of three, under Captain Wilkins, will attempt to draw their sledge back to the depot. On their return to the Bay of Whales the "Terra Nova" will pick them up, then cruise north at full speed, for the days will be growing short and the pack will be showing a desire to catch and hold the ship for the winter.

The plane is expected to prove valuable, too, for the transportation of supplies sent inland from the ship. The "Terra Nova" will, of course, be locked in the pack ice every winter, but probably far enough from shore to escape the annihilation which overtook Shackleton's "Endurance" in 1915. In the early summer of 1925, if everything goes well, the "Terra Nova" will reach New Harbour once more, take aboard the long-exiled scientists with their precious reports and specimen cases, and sail north for Wellington, which should be reached in February, the following year.

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DOG DISEASES
and How to Feed
Mailed Free to any Ad-
dress by the Author,
H. Clay Glover Co., Inc.,
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New York, U.S.A.

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SINCE 1870

For Coughs, Colds,
and the relief of in-
flammatory conditions
of the throat arising
from Bronchial, Asth-
matic affections and
derangements of the
Respiratory Organs.
Prepared from Spruce
Gum and other medi-
cinal agents. Success-
fully used for 60 years.

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RED SPRUCE GUM
MONTREAL D. WATSON & CO. NEW YORK

OUT O' LUCK
Never mind! Just take
Cascarets if Bilious,
Constipated

Everyone must occasionally give to the bowels some regular help or else suffer from constipation, bilious attacks, stomach disorders and sick headache. But do not whip the bowels into activity with harsh cathartics.

What the liver and bowels need is a gentle and natural tonic, one that can constantly be used without harm. The gentlest liver and bowel tonic is "Cascarets." They put the liver to work and cleanse the colon and bowels of all waste, toxins and poisons without gripping—they never sicken or inconvenience you like Calomel, Salts, Oil, or Purgatives.

Twenty-five million boxes of Cascarets are sold each year. They work while you sleep. Cascarets cost so little too.

In Smoky Glasgow.

A thrifty Glasgow man was approached by his small son the other day with regard to a birthday present. Sandy pondered over the matter for some time, and then said: "No, I can't give ye a present, but if you are a gude laddie I'll clean the windows so that you can see the buses go by!"

Keep Minard's Liniment in the house.

Buy Thrift Stamps.

Annual Climbing Vines

While waiting for clematis, wisteria, and other permanent vines to make sufficient growth, annual vines may be grown each year on porch or window. They make a very desirable screen or shade when trained on a trellis of proper construction, and most of them bloom profusely from midsummer till killed by frost. A more pleasing effect will usually result where several kinds are planted together.

For luxuriant growth and dense shade, there is nothing equal to the wild cucumber, but the lower leaves are likely to turn yellow late in the summer, unless the vines are kept well watered.

The moonflower and morning glory, in various colors, are favorites; a trellis covered with them presents a solid mass of blooms against the dark green foliage as long as growth continues.

Cypress vine possesses a delicate beauty that makes it very desirable to grow before a window. Balloon vine is of slower growth, but when planted in connection with morning glory or wild cucumber, the contrast creates a pleasing effect.

It is a common mistake to plant vines too near a porch or house wall. A suitable bed should be spaded up at least two feet from the foundation of the house, and the soil should be made rich with leaf mold or manure of a similar nature. If wild cucumbers

are allowed to grow two feet apart, the vines will make sufficient growth to cover a trellis ten or twelve feet high. Morning-glory and moonflower should stand no more than a foot apart, and the other vines about the same.

A suitable trellis is made by setting two substantial posts of the right length in the ground, and stretching poultry netting of the right length from one to the other. The trellis should be provided before the vines form tendrils. When vines are trained upon a trellis of this kind, they do not cling to the wall and discolor the woodwork. The shade is more effective, while the air circulates freely between vines and wall. When the vines have reached the top of the trellis, they may be trained to form a canopy on strings leading to the wall over the window or porch.

If early cultivation is given, and water supplied in abundance, there is no growth about the place that will prove more attractive throughout the season than a trellis covered with annual climbing vines.

Another use for vines, besides shading porches and windows, is screening unsightly buildings—outdoor toilets, for instance. Also, fences can be made more pleasant when covered with vines. Rubbish piles can be hidden by a screen of vines. A small packet of seeds will screen the view of an unpleasant landscape.

SPRING WEATHER HARD ON BABY

The Canadian Spring weather—one day mild and bright; the next raw and blustery, is extremely hard on the baby. Conditions are such that the mother cannot take the little one out for the fresh air so much to be desired. He is confined to the house which is often over-heated and badly ventilated. He catches cold; his little stomach and bowels become disordered and the mother soon has a sick baby to look after. To prevent this an occasional dose of Baby's Own Tablets should be given. They regulate the stomach and bowels, thus preventing or relieving colds, simple fevers, colic or any other of the many minor ills of childhood. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Do Comets Send Disease?

A scientist has stated that comets actually sprinkle our world with disease germs!

The old belief that pestilence follows in the wake of meteors may, therefore, have a great deal of truth in it.

A short time ago a meteor fell into Lake Michigan, U.S.A., and since then the attention of scientists has been focused upon the fact that our earth is at present undergoing the greatest known visitation of comets.

The pestilence known as the Black Death, which visited Europe and Asia in the fifteenth century, and caused the most appalling mortality, followed the visit of a great comet.

The mysterious influenza which the world has suffered so much lately began soon after we were immersed in the tail of Halley's comet.

It has been proved that while some comets are only masses of gas, most of them are made up of enormous swarms of meteors of all sizes. Scientists, including Lord Kelvin and Sir Oliver Lodge, hold that the majority of comets are fragments of worlds torn to pieces by some cause or other. In those comets which originated in the destruction of worlds, the disease germs or organisms would have been carried away with the debris and remained in a dormant state in the cold of space.

There is no limit to the time certain germs can remain asleep. They are known to remain dormant for countless ages in the sun-baked deserts of the world and on the frozen soil of the Pole.

When, therefore, these germs are projected into our temperate atmosphere by comets, it is thought by authorities that they awaken from their long sleep and are again rendered active and dangerous to the earth's inhabitants.

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From All Quarters.

The Japanese Government is going to equip its railway trains with wireless, to be used in place of other signals which sometimes fail during storms.

A wange craft, suggestive of an ark, is being built in his garden by an adventurous man at Oakland, California. He and his daughter propose to sail round the world in it.

A Swiss milkmaid with a musical voice obtains better wages than one who cannot sing, as a cow that is soothed with a pleasing melody during milking will, it is said, yield one-fifth more milk.

A mechanical painter is being used for painting omnibuses in the omnibus factory in Caledonian Road, London. It does in two and a half minutes work that ordinarily takes two and a half hours.

The first lifeboat ever made is still in existence in Yorkshire. It was constructed in 1802, to be used "for saving life in storms or other dangers to ships." A poor shipwright invented and made it, and Parliament considered his labor and skill so meritorious that it voted him the sum of \$6,000.

After Effects

OF INFLUENZA

OFTEN SERIOUS

Victims Are Left Weak, Tired

and Mentally Depressed—Tonic

Treatment is Strongly

Recommended.

No pestilence in years has caused

so widespread suffering than the

epidemic of influenza which swept

over Canada in the fall and winter of

1918-19 and again this winter. The

danger from this trouble is seldom

over when the characteristic symp-

toms, the fever, headache and the de-

pression of spirits have passed away.

Influenza leaves behind weakened

vital powers, thin blood, impaired di-

gestion and over-sensitive nerves. Men

and women who were robust before

stricken with influenza find their

bodies racked by pains previously un-

known to them. This condition is due

to an abnormal thinning of the blood

and leaves the system an easy prey

to other serious troubles. This is the

time when the convalescent from in-

fluenza should build up the blood,

with a reliable blood-making tonic

such as Dr. Williams' Pink Pills. Weak

blood means impoverished nerves, im-

paired digestion, a feeling of tiredness

after even slight exertion, and some-

times even more serious symptoms.

When the blood regains its rich red

quality the organs of the body func-

tion naturally. In fact, building up

the blood will vitalize the whole system.

The experience of Mr. Andrew

Marty, Bathurst, N.B., will prove of

value to a host of influenza sufferers

who still suffer from the effects of

the disease. Mr. Marty says:—"The

new life and consequently new hope

brought into my life through the use

of Dr. Williams' Pink Pills is almost

beyond my power of expression. Fol-

lowing a severe attack of influenza

in 1918 I found myself rapidly fail-

ing in health, and was naturally much

alarmed. I began to lose in weight,

could not eat, did not sleep well, and

in a word I was reduced to a mere

shadow of my former self. I was dis-

heartened because of my weakened con-

dition and things had a very blue out-

look. I tried a number of suggested

remedies, but without benefit. And

then one day Dr. Williams' Pink Pills

were suggested to me. I acted on my

friend's advice, began taking these

pills and soon felt an improvement.

Every day I seemed to grow stronger,

and after four weeks' treatment I felt

fully restored to my old-time health.

From my own experience I feel that,

if given a fair trial, there is no medi-

cine superior to Dr. Williams' Pink

Pills in building up a run down sys-

tem."

Dr. Williams' Pink Pills are a tonic,

not a stimulant. They build up the

blood, and not only the disastrous af-

fects of influenza but also troubles

due to poor blood, such as anemia,

rheumatism, indigestion and the gen-

erally worn-out feeling that affects so

many people, disappear. You can get

these pills through any dealer in medi-

cine, or by mail at 50 cents a box or

six boxes for \$2.50 from The Dr. Wil-

liams' Medicine Co., Brockville, Ont.

RHEUMATISM

This is just the season when Rheumatism with its grinding pain and stiffening of joints gets hold of you. Fight it with

Templeton's

Rheumatic

Capsules

Templeton's Rheumatic Capsules bring certain relief, and permanent results. They are recommended by doctors, and sold by reliable druggists everywhere for \$1.04 a box, or write to Templeton, 142 King St. W., Toronto, for a list of prices.

ASTHMA

Templeton's RAZ-MAN Capsules are guaranteed to relieve ASTHMA. Don't suffer another day.

Write Templeton, 142 King St. W., Toronto, for free sample.

Reliable druggists sell them at \$1.04 a box.

A One-Legged Skater.

The unconquerable spirit of the crippled veteran has seldom manifested itself so strikingly as in the case of a mechanical draftsman of Toronto, who before the war was an accomplished skater. When, as a British soldier, he lost a leg in France, his skating days seemed past. Re-

turning to Canada, however, he applied himself patiently to his old art, and eventually learned to skate once more. Now he has become so skillful with his one skate that public exhibi-

tions take up much of his spare time.

Marion Bridge, C.B., May 20, '02.

I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.

NEIL FERGUSON.

Too Much of a Good Thing.

Sandy had been staying with some friends for about a month, and while he and his host were out for a walk one day they called at a wayside inn for a drink. As his host was about to pay for it Sandy stopped him. "Na, na," he said, "I'll not allow it. Ye've been keeping me in everything at yer house for a month, and ye've treated me to the theatres and cab fares and paid for all the drinks. I tell ye, I'll have na mair of it; we'll toss for aye."

MONEY ORDERS.

Remit by Dominion Express Money Order. If lost or stolen you get your money back.

Thoroughness and concentration are undoubtedly necessary to success. Half-hearted work never pays. Unless your work becomes your pleasure it is not good work. It will not succeed.

Lift off Corns!

Doesn't hurt a bit and Freezone costs only a few cents.

With your fingers! You can lift off any hard corn, callus, or corn between the toes, and the hard skin calluses from bottom of feet.

A tiny bottle of "Freezone" costs little at any drug store; apply a few drops upon the corn or callus. Instantly it stops hurting, then shortly you lift that bothersome corn or callus right off, root and all, without one bit of pain or soreness. "Ruly! No humbug!"

GET SLOAN'S FOR YOUR PAIN RELIEF

You don't have to rub it in to get quick, comfort-ing relief

Once you've tried it on that stiff joint, sore muscle, sciatic pain, rheumatic twinge, lame back, you'll find a warm, soothing relief you never thought a liniment could produce.

Won't stain the skin, leaves no marks, wastes no time in applying, sure to give quick results. A large bottle means economy. Your own or any other druggist has it. Made in Canada, 70c, 75c, \$1.10.

Sloan's

Liniment

Keep it handy

ED. 7.

ISSUE No. 13-20.

BITS OF HUMOR