

P.C.

hands have been only recently recognized as important. On the other hand, dirty clothes, bad smells, damp cellars, leaky plumbing, dust, foul air, rank vegetation, swamps, stagnant pools, certain soils, smoke, garbage, manure, dead animals, in fact everything physically, sensorially, esthetically or psychically objectionable, were lumped together as "unsanitary" without much distinction of "source" or "route," and were regarded as a sort of general "cause of disease" to be condemned, wherever found, "for fear of epidemics."

THE OLD TEACHINGS

It was taught that infectious diseases "generated" in the foul, ill-smelling, unventilated, sunless hovels of the slums. In the vogue of those days, "the slum-dwellers live like pigs, and thereby invoke the coming of smallpox, scarlet fever, typhoid fever, diphtheria." When these diseases invaded the home of the well-to-do, where this explanation was not seemly, a pinhole leak in some plumbing fixture accounted amply for diphtheria; rotten potatoes, forgotten in a dark corner of the cellar, for typhoid fever; scarlet fever was traced to a letter from a friend who had had the disease months before; smallpox to unpacking books used by a patient a quarter of a century previously; manure piles gave rise to cholera; and dampness to malaria, which was not recognized as transmissible at all. Yellow fever originated in impure water and was directly transmitted from person to person—a typical example of intense direct contagion; tuberculosis was non-infectious and hereditary; bubonic plague was banished from the Egyptian Cairo "simply by improving the ventilation of the city" (!)*

*Parke's Hygiene, 1891; eighth edition. This was a standard work of twenty years ago.