

The Secret of Beauty

is a clear velvety skin and a youthful complexion. If you value your good looks and desire a perfect complexion, you must use Beetham's La-rola. It possesses unequalled qualities for imparting a youthful appearance to the skin and complexion of its users. La-rola is delicate and fragrant, quite greaseless, and is very pleasant to use. Get a bottle to-day, and thus ensure a pleasing and attractive complexion.

BEETHAM'S
La-rola

Obtainable from all Stores & Chemists
M. BEETHAM & SON, CHELTENHAM, ENG.



Sound Sleep



"I have had good results from Vitafer in my own family, in a bad case of Insomnia. The patient took two tins and no other medicine. She is now feeling well; has her natural sleep, and is gaining flesh at the same time."

M—G—

Stimulates and
Restores the
Digestive Organs.

Vitafer

Invigorates the
Nervous System.

Manufactured by
Southall Bros. & Barclay,
BIRMINGHAM

Do you enjoy Sound Sleep?

If your nights are disturbed or sleepless, it is a sure sign that the brain and bodily functions are out of harmony, due to derangement of the nervous or digestive system.

The quickest restorative is Vitafer, because it gives simultaneous nerve and bodily nutrition, and restores the balance of natural forces

Vitafer

The Greatest of all Tonic Foods.

Vitafer, the *British* and *Best* Tonic Food is not only for insomnia, but for Neurasthenia, Neuritis, Anaemia, and all run-down conditions of health. Ask your Doctor.

Note the moderate price which places it within reach of all.

From Drug Stores, in tins, 50c and 75c; larger sizes \$1.25 and \$2.

Sole Manufacturers: — SOUTHALL BROS. & BARCLAY, Ltd., BIRMINGHAM, ENG.