

be sufficient to support a large and efficient asylum, without counting on its receipts from paying patients. The last report of Dr. Day showed that the average cost of the whole number of patients in the Binghamton Asylum for 1868 was \$13.67 per week. The average price paid by patients was \$12.77 per week. In Canada the expenses would be, under economical management, far less than in the United States.

Of course, an asylum of this kind is intended for inebriates anxious to be restored. There is another class who are indifferent to their own welfare, and careless of reformation,—an annoyance to their neighbours and an expense to the country. Emphatically incurables are these. Here is an appropriate sphere for parliamentary legislation, in the establishment of an institution which will keep them away from society—compel them to live sober, and make them work for their own support as well as the support of their families. They form an unpleasant and injurious element when introduced into an asylum for voluntary patients, and should be kept by themselves.

Physical Culture.

WE see it stated in the American papers that the committee appointed by the University of Michigan to report upon the advisability of attaching a gymnasium to that institution, have collated in a pamphlet all the evidence they could obtain from the colleges on this continent, in which physical culture is systematically pursued. Of course, the students in these schools are quite unanimous in their opinion of the value of a gymnasium. But the committee applied to the professors, and all their evidence is derived from this source, whence, if from any quarter, we might anticipate objections. The verdict is unanimous in favour of the gymnasium. The danger from accident and the danger from overt practice are reported to be very slight, and not worth considering in comparison with the sum of good which accrues.

There is no doubt that students stand in need of more physical training than they generally get. But a distinction should be drawn between the exercise which makes healthy men, and that which makes only acrobats. A sound mind cannot exist in an unsound body, neither can it exist to any extent in a body to whose improvement its possessor devotes all his energy. It is not the business of a college