

BY THEIR FRUITS YE SHALL KNOW THEM.

Bowmanville, Jan. 5th, 1883.

Dear Sirs.—I have been a sufferer for many years with bilious colic and torpid liver. I tried one of the Notman Pads and derived great benefit from it. I can heartily recommend them to all persons affected in the same way. It would not be without one on any a/c.

One member of my family has been troubled for years with sick headache. A Pad effected a cure, while pills and nostrums did not benefit in the least.

Yours Respectfully.

HENRY MANN.

Regular Pad, 5c, sent free by mail on receipt of price. Send for description treatise.

NOTMAN PAD CO'Y, 55 FRONT ST. EAST, TORONTO.

A Fair Exchange.

Will you exchange a chronic case of Dyspepsia, or agree to break up a Bilious Temperament—to give your torpid liver activity, and thus strengthen your Digestion; regain energy, comfort, health, spirits, all for 75c? A single bottle of ZOPESA will do this. A few doses surprise those who try ZOPESA. For Biliousness and Dyspepsia in their many forms, ZOPESA is Panacea, and is warranted to cure them. It acts speedily and pleasantly. Try a 10 cent sample.



SUTHERLAND'S RHEUMATINE THE GREAT CURE FOR RHEUMATISM

And all complaints of a Rheumatic nature. RHEUMATISM is not a sovereign remedy for "all the ills that flesh is heir to," but for NEURALGIA, SCIATICA, RHEUMATISM, and complaints of Rheumatic nature.

IT IS A SURE CURE.

From Edward Mangey, Customs Preventive Service, Calcutta.

CALCUTTA, January 16, 1881

CAPTAIN H. SUTHERLAND.

DEAR SIR.—My wife has been suffering with a severe attack of rheumatism in her right knee since July last. For two whole months she was literally bedridden. She tried several remedies, which would only give her partial relief. By your recommendation she tried a bottle of your medicine, which, I am happy to say, has given her a thorough cure. The pain and swelling has entirely gone, and she feels as well as ever. My wife is very grateful to you for the medicine which has relieved her from so much suffering. If you will introduce your medicine in India it will prove a great boon to thousands. With many thanks,

I remain yours, very faithfully, EDWARD MANGEY.

SOLD BY ALL DRUGGISTS.

The Rheumatine Manufacturing Co., St. Catharines, Ont.

MESSRS. NORTHPROP & LYMAN, WHOLE SALE AGENTS, TORONTO.

Advertisement for Choice Lands in Minnesota and Dakota, mentioning 1,000,000 acres and the Winona & St. Peter R.R. Co.

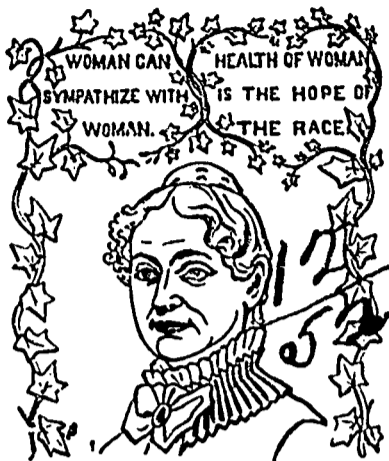
KILGOUR BROTHERS, 21 & 23 Wellington Street West, TORONTO.

TORONTO SHOE COMPANY, KING AND JARVIS. THE GREAT ONE-PRICE SHOE WAREHOUSE

INDUCEMENTS THIS WEEK

WOMAN'S OIL GOAT BUTTON BOOTS, BRIGHT KID

\$2



Spices for Health Lydia E. Pinkham

LYDIA E. PINKHAM'S VEGETABLE COMPOUND.

A Sure Cure for all FEMALE WEAKNESSES, including Leucorrhoea, Irregular and Painful Menstruation, Inflammation and Ulceration of the Womb, Flooding, PRO-LAPBUS UTERI, &c.

Pleasant to the taste, efficacious and immediate in its effect. It is a great help in pregnancy, and relieves pain during labor and at regular periods.

PHYSICIANS USE IT AND PRESCRIBE IT FREELY.

FOR ALL WEAKNESSES of the generative organs of either sex. It is second to no remedy that has ever been before the public, and for all diseases of the KIDNEYS it is the Greatest Remedy in the World.

KIDNEY COMPLAINTS of Either Sex Find Great Relief in Its Use.

LYDIA E. PINKHAM'S BLOOD PURIFIER will eradicate every vestige of Humors from the Blood at the same time will give tone and strength to the system. As marvellous in results as the Compound.

Both the Compound and Blood Purifier are prepared at 23 and 25 Western Avenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. The Compound is sent by mail in the form of pills, or of lozenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Enclose 3 cent stamp. Send for pamphlet. Mention this Paper.

LYDIA E. PINKHAM'S LIVER PILLS cure Constipation, Biliousness and Torpidity of the Liver. 25 cents. Sold by all Druggists.

DIAMOND DYES.



Best Dyes Ever Made.

FOR SILK, WOOL, OR COTTON. DRESSES, COATS, SCARFS, HATS, YARN, STOCKINGS, CARPET BAGS, RIBBONS, FEATHERS, or any fabric or fancy article easily and perfectly colored to any shade. Black, Brown, Green, Blue, Scarlet, Cardinal Red, Navy Blue, Seal Brown, Olive Green, Terra Cotta and 20 other best colors. Warranted Fast and Durable. Each package will color one to four lbs. of goods. If you have never used Dyes try these once. You will be delighted. Sold by druggists, or send us 10 cents and any color wanted sent post-paid. 24 colored samples and a set of fancy cards sent for a 3c. stamp. WELLS, RICHARDSON & CO., Burlington, Vt.

GOLD and SILVER PAINT.

Bronzo Paint. Artists' Black. For gilding Fancy Baskets, Frames, Lamps, Chandelliers, and for all kinds of ornamental work. Equal to any of the high priced kinds and only 10cts. a package, at the druggists or post-paid from WELLS, RICHARDSON & CO., Burlington, Vt.

KIDNEY-WORT

HAS BEEN PROVED THE SUREST CURE FOR KIDNEY DISEASES. Does a lame back or a disorder of the bladder indicate that you are a victim? DO NOT HESITATE; use KIDNEY-WORT. It is a powerful diuretic, and it will speedily overcome the disease and induce a healthy action to all the organs. For complaints of Ladies, to your next issue. It is a powerful diuretic, and it will speedily overcome the disease and induce a healthy action to all the organs. Sold by all Druggists. Price \$1.

Scientific and Useful.

TOAST.—It is singular that toasted bread so often comes to the table in anything but an appetizing condition. Carelessly made, it is black on one side and pallid on the other, or is so hard and dry that it is appalling to those whose teeth are not strong enough to masticate chips.

RUSKS.—To a quart of bread dough add the beaten yolks of three eggs, a half cupful of butter, and one cupful of sugar. Mix all well together. When formed into little cakes, rather high and slender, and placed close together, rub them with sugar and water, and sprinkle them with dry sugar. This quantity will fill two pans.

A GOOD WAY OF COOKING ONIONS.—It is a good plan to boil onions in milk and water; it diminishes the strong taste of that vegetable. It is an excellent way of serving up onions, to chop them after they are boiled, and put them in a stew pan with a little milk, butter, salt, and pepper, and let them stew about fifteen minutes. This gives them a fine flavour, and they can be served up very hot.

WATERPROOF BLACKING.—Dissolve one ounce of barax in water, and in this dissolve gum shellac until it is the consistency of thin paste; add lampblack to colour. This makes a cheap and excellent blacking for boots, giving them the polish of new leather. The shellac makes the boots or shoes almost entirely waterproof. Camphor dissolved in alcohol, added to the blacking, makes the leather more pliable and keeps it from cracking. One dollar will buy material enough for a gallon.

COTTAGE PUDDING.—Three eggs, two cupfuls of pulverized sugar, four large tablespoonfuls of butter, half a pint of sweet milk, one pint of flour, and two teaspoonfuls of baking powder. Work the butter to the lightest possible cream, beat the eggs separately, and mix the pudding the same as in directions for cake making. Bake half an hour. This quantity will make two cakes of the proper size. There is no better recipe than this for this favourite pudding. To be served hot, with sauce.

HAGGIS AND SCONE.—A correspondent asks what the real Scotch haggis is: It is a kind of pudding made of oatmeal, onions, etc., baked and served in the stomach of an ox or sheep, the word haggis signifying stomach. The Scotch scone—for which she also inquires—is a cake, generally unleavened; it may be made of either wheat, flour, barley, or oatmeal. In form it is round as a wheel, flat as a pancake, and—I have the word of a Scotch divine—it is sometimes as tough as sole-leather.

The following recipe furnishes an efficient remedy for coughs, colds, bronchitis, hoarseness, etc. Take the best quality powdered cubeb, licorice and gum arabic, each, one ounce. To these add, of oil anise, one dram; and of oil, cubeb, one-third of a dram, rubbing them well through the other ingredients. Now add one half pound powdered sugar and mix the whole thoroughly; after which moisten with just enough warm water to make a very stiff mass. Dust a smooth board with a little powdered licorice root so that the mass may be rolled out with a rolling pin or a glass bottle, the same as pie crust, and about as thick as a silver half dollar; then cut into small troches about one third of an inch square, dust with a little more licorice root, and leave them to dry. If you have not used too much water, they should be hard in from twenty-four to thirty-six hours.

"The Only One in America."

The International Throat and Lung Institute, Toronto and Montreal, is positively the only one in America where diseases of the air passages alone are treated. Cold inhalations are used through the Siroprator, an instrument or inhaler invented by Dr. J. Souvielle of Paris, ex-aidé surgeon of the French army, with proper dietetic, hygienic and constitutional treatment suitable to each case. Thousands of cases of Catarrh, Laryngitis, Bronchitis, Asthma, Catarrhal Deafness and Consumption have been cured at this institute during the past few years. Write, enclosing stamp, for pamphlet, giving full particulars and reliable references to 173 Church street, Toronto, Ont.; 13 Phillip's Square, Montreal, P. Q.

SOMETHING FOR EVERYBODY.

READ, MARK, AND INWARDLY DIGEST.

If you have nausea, want of appetite, flatulency, dizziness, feverish symptoms, you are suffering from costiveness, and Hop Bitters is the Sure Cure.

If your vital forces are depressed, if you have a feeling of general lassitude and weakness, are easily fatigued, perspire freely on going to sleep, are short of breath on every slight effort and have a general feeling of melancholy and depression, you are suffering from general debility and Hop Bitters removes it all.

If you have a sense of weight or fulness in the stomach; a changeable appetite, sometimes voracious, but generally feeble, a morbid craving; low spirits after a full meal, with severe pain for some time after eating, wind rising on the stomach; sour stomach; vomiting and fluttering at the pit of the stomach, and a soreness over it; nausea; or some of these symptoms, you are suffering from dyspepsia, and Hop Bitters will permanently cure you.

If you freeze one hour, burn the next, and sweat another; if you are suffering all the tortures of the Inquisition, on no account fearing you will die, and the next morning you won't; if you have blue nails and tips, yellow eyes and ghost-like complexion, you are suffering from that miasmatic fever, Bilious, Malarial, Typhoid, or Ague, and Hop Bitters will speedily cure you.

If you have a dry, harsh and yellow skin, a dull pain in the right side, extending to the shoulder blade and pit of the stomach; a tenderness over the region of the liver; a sense of tightness and uneasiness about the stomach and liver; yellowness of the eyes; bowels irregular; a hacking or dry cough; irregular appetite; shortness of breathing; feet and hands cold; tongue coated white; a disagreeable taste in the mouth; low spirits; blotches on the face and neck; palpitation of the heart; disturbed sleep; heartburn; lassitude—if you have any of these symptoms, you are suffering from Liver Complaint, and Hop Bitters only will cure you.

If you have a complaint which few understand and none will give you credit for—an enfeebled condition; a goneness throughout the whole system; twitching of the lower limbs; a desire to fly all to pieces, and a fear that you will; a steady loss of strength and health—any of these symptoms show that you are suffering from that hydra-headed disease, nervousness, and Hop Bitters will effectually cure you.

If you have Bright's disease of the kidneys, or any other disease of the kidney or urinary organs, Hop Bitters is the only medicine on earth that will permanently cure you. Trust no other.

"WHY SHOULD A MAN whose blood is warm within

Sit like his grandsire cut in alabaster?" Or let his hair grow rusty, scant and thin, When "Cingalese Renewer" will make it grow the faster.

As the frosts of winter vanish under the caloric influence of the sun's ray, so does Bright's Disease, Dropsy, Stone in the Kidneys and Bladder, and Inflammation of the Kidneys, leave the body upon the administration of Dr. Van Buren's Kidney Cure.

"We only part to meet again"—the nibs of the Extra fine Elastic pens and other styles of Esterbrook's make.

The great value of Mrs. Lydia E. Pinkham's Vegetable Compound for all diseases of women is demonstrated by every day experience. The writer of this had occasion to step into the principal pharmacy of a city of 140,000 inhabitants, and on inquiry as to which is the most popular proprietary medicine of the time, was answered, that Mrs. Pinkham's Vegetable Compound occupies a most conspicuous place in the front rank of all the remedies of this class now before the public.—Journal.

SKINNY MEN.

"Wells' Health Renewer" restores health and vigour, cures Dyspepsia, General Debility. \$1.

J. S. Wetherell, writing from Winnipeg, says: "I can say more about PHOSPHATINE now than when I say you last in Toronto. My health is improved, and I am free from headaches, and any other aches, having only used two and a half bottles of your Phosphate. For sale by all druggists.

VOICE OF THE PEOPLE

R. V. Pierce, M.D., Buffalo, N.Y. I had a serious disease of the lungs, and was for a time confined to my bed and under the care of a physician. His prescriptions did not help. I grew worse, coughing very severely. I commenced taking your "Golden Medical Discovery," and it cured me. Yours respectfully, JUDITH BURNETT, Hillsdale, Mich.