

pour into a pan containing one quart sifted corn meal, stir and add enough more meal to knead it. Either roll or cut into cakes or crumble it, as you please; the crumbled will dry quicker. Place on a cloth that is spread on a table or board and set it where the wind will blow on it, but not in the sun. Stir often through the d. It will soon dry, and will be good for three or four months.

Home Remedies.

For sore throat try a compress of cold water.

For bilious colic try soda and ginger in hot water.

For sick headache rub peppermint oil on the temples.

Tincture of arnica is the best application for sprains and bruises, and equal parts of tincture of arnica and spirits of camphor make an excellent liniment for rheumatism.

For cold in the head try snuffing powdered borax up the nostrils.

A hop bag wrung from hot vinegar is a quick relief for earache.

Snuffing tannic acid is one of the best remedies for a serious case of bleeding at the nose. Dissolve the acid in water.

If an artery is cut tie a small cord or a handkerchief tightly between it and the heart.

For legache and the "growing pains" of which the children complain wrap the leg in salt water and then in flannel.

The Ministry of Flowers.

Children love flowers, and with steady cultivation in the home and in the school, that love will develop into one of the most useful as well as delightful resources a human being can possess, bringing fresh interest, knowledge and pleasure, with each year, and no end of blessing and enjoyment to those around us. Through what other medium can we so swiftly and silently express so much of the joy and sorrow of the heart? The mission of flowers is a far higher one than many suspect. There is a power in them that can bring a look of joy into a sufferer's face. Would that everyone that has never tried it might seek the new experience lying in that direction.

Things Everyone Ought to Know.

A mile is 320 rods.
A mile 1,760 yards.
A mile is 5,280 feet.
A rod is $16\frac{1}{2}$ feet or $5\frac{1}{2}$ yards.
A square rod is $272\frac{1}{4}$ square feet.
An acre contains 160 square rods.
An acre contains 43,560 square feet.
An acre is about $208\frac{3}{4}$ feet square.
A pint of water weighs one pound.
A solid foot contains 7.48 solid pints.

A square foot is 144 square inches.
An acre contains 4,840 square yards.
A quarter section contains 160 acres.

A square yard contains nine square feet.

A solid foot contains 1,728 solid inches.

A pint of water holds $28\frac{1}{8}$ solid inches.

A gallon of water holds 231 solid inches.

A solid foot of water weighs $62\frac{1}{2}$ pounds.

A barrel ($31\frac{1}{2}$ gallons) holds 418 solid feet.

A section, or square mile, contains 640 acres.

A bushel (struck) contains 2,150 solid inches.

A gallon of milk weighs eight pounds, 10 ounces.

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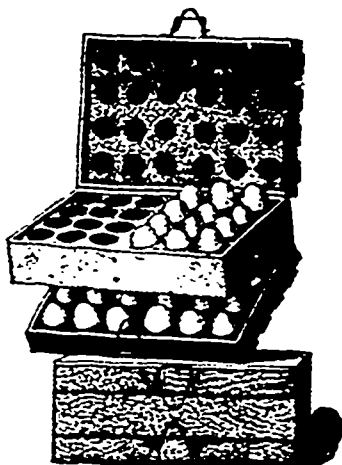
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