

NA-DRU-CO
TASTELESS PREPARATION
OF
COD LIVER OIL

The Wonderful Spring Tonic

If you have had a hard winter, Na-Dru-Co Tasteless Preparation of Cod Liver Oil will help you to recuperate quickly and avoid the coughs and colds so prevalent during the changeable spring weather.

In this preparation the nutritive and curative properties of the best Norwegian Cod Liver Oil are combined with Hypophosphites, Cherry Bark and Malt Extract in a form that is really pleasant to take and easily digested even by the most delicate.

Thus the great objection to Cod Liver Oil is removed and every one who is run down or suffering from throat or lung troubles can take advantage of its unique medicinal and strengthening qualities.

Add to this the Tonic Hypophosphites, the healing Cherry Bark and the invigorating Malt Extract, and you have probably the finest food-tonic known.

Get a 50c. or \$1.00 bottle from your Druggist. 314

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

When Women Vote

In these days of Votes for Women agitation the question arises, "Will women have more privileges when they get the franchise than they have now?" The man-made laws now in force certainly favor the women more than the men. Below we quote a few of them that are worth pondering over:

When a woman marries she automatically becomes entitled to a certain portion of her husband's property. In the case of wives without children the courts usually allow them one-third of the husband's estate should he die without making a will. Nor is he allowed to disinherit his wife. She must have her dower. He cannot sell his real estate without her consent. On the other hand the husband does not automatically enter into any joint possession of his wife's estate upon marriage. She can will every cent she owns to any object, no matter how fantastic, and he cannot claim it. He is obliged to support her, even should she have an income of \$10,000 a year and he an income of \$1,000. It is true that if

he goes to the workhouse and the wife is in possession of means she is obliged to pay for his maintenance. She can contract debts and make him pay them. So can grown-up daughters living at home. The law will put him in jail if he refuses to pay his wife's just debts. If she slanders anyone she cannot be prosecuted. He must answer to the law for her, and if there is to be any punishment he must bear it.

In case of a separation the husband is obliged to support his wife even if she has a million dollars and he is a day laborer. Similarly, if the husband is divorced, he not only loses all legal interest in his children, but he must support them. If the wife lose control she is not called upon to do anything for their support, no matter how wealthy she may be. If a husband took any of his wife's securities without her consent she could have him sent to jail as easily as though he were a common burglar. If she committed the same offence the court would hold that she was part owner of the property, anyway. In one case a banker who told a husband something

about the amount of his wife's cash balance was sued for breach of trust, and had a verdict rendered against him. It is plain, therefore, that as far as the essentials of British law are concerned, they do not discriminate against the married woman, and that the authors of "man-made" laws are not the malignant fiends they are so commonly represented to be.

Cow Testing Pays

Dominion Department of Agriculture
Dairy Branch

There can be no question as to the bright light shed by dairy records on the actual performance of herds and of individual cows. They are useful alike in proving the superiority of certain cows as well as the effect of good dairy practice.

For instance, records show that in one month a seven year old cow gave 1,430 pounds of milk, but another seven year old in the same herd gave only 400 pounds. Again it is found that 22 cows averaged 1,197 pounds of milk in a month, while another lot of 22 averaged only 545 pounds of milk. Cows that are kept as dairy cows, fed and bred for production of milk and fat, are proved by their records. Even from amongst those so kept, selection is necessary, otherwise the herd will fall off in its average. But the individual record, so easily kept, will point definitely to those which are

worth keeping.

The value of a pure bred dairy sire is also revealed when comparing herds. One herd of 14 cows gave 306 pounds of fat in a month. In an adjoining herd of 14, where cow testing has been carried on for four years and where the sire is pure bred, the yield was 556 pounds of fat, in other words the income was seventy-five dollars more for that one month. Be sure you take up cow testing this year because it pays well.

HOME HINTS

A happy fireside is better than a big bank account.

No one is useless in the world who lightens the burdens of it for another.

Don't let all the sunshine in nature become cloudy since you are growing older.

How much trouble he avoids who does not look to see what his neighbor says, or does, or thinks; but only to what he does himself, that it may be just and pure.

Make your own breakfast food, is the advice of agricultural experts, and the only material necessary is dried corn kernels and a popper. Popcorn is declared to be superior to many of the patent foods on the market, and the amount that can be raised on a bit of soil 20x40 feet at an expenditure of \$1.50 will equal 600 packages of popcorn such as sell for a nickel.

Life will always be to a large extent what we ourselves make it. Each mind makes its own little world. The cheerful mind makes it pleasant and the discontented mind makes it miserable. "My mind to me a kingdom is" applies alike to peasant and monarch. Life is for the most part but a mirror of our own individual selves. To the good the world is good; to the bad it is bad.

There are some old men and women whose souls have ripened and sweetened, even under the chilling winds of adversity. Those whom they loved have been taken from them; that which they most ardently desired has been denied them; that which they would not have chosen has been laid upon them, and out of it all they have extracted sweetness, patience and strength. These qualities draw to them the weak and the sorrowful, whom they send away with something of that refreshment which the ailing must have felt who followed Christ when he laid his hand upon them.

Millers Worm Powders are par excellence the medicine for children who are found suffering from the ravages of worms. They immediately alter the stomachic conditions under which the worms subsist and drive them from the system, and, at the same time, they are tonic in their effect upon the digestive organs, restoring them to healthful operation and ensuring immunity from further disorders from such a cause.

Dad's Dope

The circus and the baseball plant are two of nature's hardest annuals.

As far as known none of the Chicago women voters added a postscript to their cross on the ballot.

Names are sometimes misleading. A man named Batchelor has been arrested in Calgary charged with bigamy.

The erratic genius who has made application for a patent whip socket for automobiles probably fancies that it has something to do with controlling the horse power.

A Toronto girl stole a gold watch to make a present to her sweetheart. She probably wished to remind him that it was time to say something.

A Saskatchewan senator has introduced a bill in the Dominion Senate making it a criminal offence to give or receive a tip. To be consistent he might turn in his sessional railway pass.

To reduce the cost of maintenance of prisoners in the Los Angeles jail, it is proposed to make rabbit stew a feature of the prison bill of fare. There is a possibility that it will incite the inmates to dance the bunny hug.

Recognizing that even royalty would not be proof against the charm and beauty of Canadian girls, Queen Mary is anxious to arrange the Prince of Wales' matrimonial future before he starts on the proposed tour of this country.

Corns and warts disappear when treated with Holloway's Corn Cure without leaving a scar.

A police canvass in Kansas City shows that 148 women disappeared from that city in six months.

While she is only nineteen years of age, Miss Sybil Vane is considered the best prima donna in England.

Children Cry
FOR FLETCHER'S
CASTORIA

STRENGTH FOR OLD PEOPLE

A Simple Remedy Which Favors Longevity.

You act as though you just wondered how you are going to get through this trying season and do your work.

You may be overworked or have had a bad cold which has left you without strength, ambition or much interest in life; in fact you are all run-down.

Let us tell you that Vinol, our delicious cod liver and iron tonic, is just the remedy you need to rebuild wasting tissues and replace weakness with strength.

A prominent Boston lawyer says: "My mother, who is 76 years of age, owes her good health to Vinol as since taking it she can walk farther and do more than she has for years. I consider it a wonderful blood making and strength creating tonic."

We have such faith in Vinol that if it does not quickly build you up, restore your strength and make you feel well again, we will return your money. Try Vinol on our guarantee. T. B. TAYLOR & SONS, Watford.

Veterinary Surgeon.

J. McGILLICUDDY
Veterinary Surgeon,

HONOR GRADUATE ONTARIO VETERINARY College. Dentistry a Specialty. All diseases of domestic animals treated on scientific principle. Office—One door south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Braden's office.

CIVIL ENGINEER.

N. M. MANIGAULT,
ONTARIO LAND SURVEYOR
AND CIVIL ENGINEER.
305-307 ST. GEORGE ST. WATFORD, ONTARIO.

Auctioneer

J. F. ELLIOT.

Licensed Auctioneer.
For the County of Lambton.

PROMPT attention to all orders, reasonable terms or orders may be had at the Guide-Advocate office.

INSURANCE

General Insurance Office

Life, Fire and Accident Insurance, including Sick Benefits, Live Stock, and Automobile Insurance.
Farmers' Special Weather Insurance against wind storms, hail and frost.
Also Guarantee Bonds issued for collectors and other offices of trust.

F. J. HUGHES, AGENT.

OFFICE OPPOSITE MCCLAREN'S DRUG STORE

J. H. HUME.

AGENT FOR
FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.
REPRESENTING

Five Old and Reliable Fire Insurance Companies.

If you want your property insured please call on J. H. HUME and get his rates.

—ALSO AGENT FOR—

C. P. R. Telegraph and Canada Permanent Loan and Saving Co.

Ticket Agent For C. P. R.—Ticket sold to all points in Manitoba, Northwest and British Columbia.

THE LAMBTON

Farmers' Mutual Fire Insurance Company.
(Established in 1876)

J. W. KINGSTON President.
JAMES SMITH Vice-Pres.
JAMES ARMSTRONG DIRECTOR.
A. G. MINIELLY DIRECTOR.
THOS. LITHGOW DIRECTOR.
GUILFORD BUTLER DIRECTOR.
W. G. WILLOUGHBY MANAGER AND SEC. TREAS.
J. F. ELLIOT FIRE INSPECTOR.
R. J. WHITE FIRE INSPECTOR.
P. J. McEWEN AUDITOR.
ALEX. JAMIESON AUDITOR.
PETER McPHEDRAN Wainstead, P.O.
Agent for Warwick and Plympton.

Farmers Attention

WE HANDLE
COCKSHUTT IMPLEMENTS
MELOTT CREAM SEPARATORS
KEMP MANURE SPREADERS
TORONTO WINDMILLS
BUGGIES, WAGONS
GASOLINE ENGINES
LIGHTNING RODS
—AND—
EVERYTHING NEEDED ON THE FARM

Call and let us talk matters over.

CAMERON & GRAHAM

OPPOSITE HOWDEN'S GROCERY.
127-129

PAINTED WITH MARTIN-SENOUR 100% PURE PAINT
ORDINARY PAINT REQUIRES 3 GALLONS MORE

How To Paint For Less Money

A PAINT is not cheap simply because the price is low—if you would economize on paint, you must look beyond the purchase price per gallon.

The cheapest paint for you to use is the paint that takes the least amount for the job. It may cost a little more per gallon, but because it thoroughly covers more surface, wears better and stays bright longer, it is the most economical in the long run.

Martin-Senour 100% Pure Paint—
"The Paint for wear and weather", is absolutely the cheapest paint to use, because it goes farthest, and endures longest.

"100% Pure" Paint has a covering capacity of 900 sq. ft. of surface one coat, per gallon, as against a covering capacity of hand-mixed-by-guess lead and oil paint of only 500 to 550 sq. ft. of surface, per gallon, or the lower priced Prepared Paint with a covering capacity of not more than 600 sq. ft. of surface per gallon.

Give us the dimensions of your house—let us tell you how few gallons of "100% Pure" Paint it will take to cover it thoroughly—then, you will realize that it pays to use the best. 25
Investigate.

J. McKERCHER

MARTIN-SENOUR
100% PURE
PAINT & VARNISHES