

Fine for catarrh
when melted in a
spoon or snuffed
up the nose and
vapors inhaled.



Head and Chest Colds Relieved In a New Way

A Salve which Releases Medicated
Vapors when Applied Over
Throat and Chest.

Inhaled as a vapor and, at the same time absorbed through the skin like a liniment, Vicks VapoRub reaches immediately inflamed, congested air passages. This is the modern direct treatment for all cold troubles that is proving so popular in Canada and the States where over 17 million jars are now used yearly.

Splendid for sore throat, tonsillitis, bronchitis, croup, head and chest colds, catarrh, asthma or hay fever.

Just rub Vicks over throat and chest and inhale the medicated vapors. It quickly loosens up a cold.

VICKS
VAPORUB
OVER 21 MILLION JARS USED YEARLY

ECONOMY GETS ONE USER



A rather interesting letter to the recipe department contains this comment: "My son brought home two cans of Pacific Milk from a fishing trip. I used it out of a sense of saving it rather than wanting it. My first cake was so nice I tried another, then a different one. You may be glad to know we get twelve cans twice a month."

PACIFIC MILK

HEAD OFFICE: VANCOUVER
Factories at
LADNER & ABBOTSFORD, B.C.

PRESENTS?

Yes, we can help you.

SERVING TRAYS
with photo in bottom, from
\$4.00 up.

ENLARGED PHOTOS
of Local Scenery; some ready
framed.

Or we can make you
AN ENLARGEMENT

from one of your own nega-
tives. It would make a fine
present.

F. R. HAIGH

Spalding Studio, Fernie, B.C.



TRY THIS, LADIES

Have you an obstinate man in your home? One who insists that shoes cannot be skillfully repaired? Send his worn ones to us and then confront him with the evidence of your successful economy. We'll prove they can be restored to usefulness, at a price that puts an end to further argument.

J. MISCISCO

In Connection with
HARRINGTON'S SHOE STORE

MILADY'S BEAUTY SHOPPE

Marcel — Manicure
Water-Waving
Face and Scalp Treatment
Shampooing — Electrolysis

MRS. BOYCE

Phone 45. 66 Dalton Ave.

NEXT EPIDEMIC OF INFLUENZA

Another epidemic of influenza can not be staved off by methods of quarantine and isolation, according to Dr. E. O. Jordan, head of the University of Chicago department of Bacteriology, who discuss the efficacy of various preventive measures before the American Public Health Association in St. Louis recently. Practical difficulties in the way of efficient vaccination on a world-wide scale during an influenza outbreak seem so insuperable, we are told, that we can hardly make it the basis of a protective campaign. Face masks Dr. Gordon characterized as having limited applicability. Chlorin and similar gases he dismissed because they have not yet proved of decisive value. He continued, as quoted in Science Service's Daily Science News Bulletin (Washington):

"I believe, however, that something can be done to lower the attack rate in favorably situated small groups, to protect some individuals altogether and to lessen the virulence on the part of the accessory microbes. Difficult to apply, and uncertain of success as it may be, the minimizing of contacts seems at present to offer the best chance we have of controlling the ravages of influenza.

"It is now clear that the first estimates of the loss of life caused by the influenza epidemic of 1918 were data that have since come to hand, of British India of 1921, and other too low. The disclosures of the census make an estimate of 20,000,000 deaths in the whole population of the world probably not wide of the mark. This is comparatively the worst catastrophe of the sort that has visited the human race since the Black Death of the Middle Ages.

"Judging by the past, nothing is more certain than that we shall some day have another visitation of this destructive infection. It is not to be doubted that if it were to descend upon us to-morrow we would, as public-health workers and students of the disease, be little if at all better equipped to deal with it than we were seven years ago. It is conceivable, however, that if we occasionally remind ourselves of the gaps in our knowledge we shall be in a position to study more advantageously the manifestations of the disease. There are certainly also lines of direct investigation which can be prosecuted to-day with some hope of rendering ourselves better prepared."

If the influenza was not a new disease in most parts of the world it certainly was greeted like one and behaved like one, Professor Jordan continued. In many parts of the world the time of importation of the new disease, if it was a new disease, into a region where the so-called endemic influenza had previously prevailed, could be specified to a day. "Its introduction into certain army camps in the United States is known to the day and hour," Dr. Jordan stated.

BRITISH COMMUNISTS

Certain members of the Labor Party in Britain have been exercised because of the recent conviction of some Communists found guilty of sedition. They do not believe that Communists should be prosecuted on such a charge. They are inconsistent in their attitude because the laws of Communists themselves in Russia are even more strict than the British laws where sedition is concerned. In the Soviet realm there is a special section in the statute book dealing with State Crimes, which defines the term "counter-revolutionary" as applied to any act committed with the intention of overthrowing, undermining, or weakening the authority of the Workers' and Peasants' Government. The crime in Russia is punishable by the extreme penalty and confiscation of all property, or it may be reduced to imprisonment for not less than five years and confiscation of property. A State Crime, among other things, is defined as opposition to the normal operation of State institutions or undertakings.

As compared with what would have happened in Russia the sentence on the British Communists is an extraordinarily lenient one. The Criminal Code of the Russian Socialist Federative Soviet Republic is a document of unusual severity where state crimes are concerned. The British Socialists no doubt approve of the Soviet Criminal Code, but they do not approve of the Criminal Code of Britain when their friends come within the aegis of its operation. With them it depends on whose ox is gored. The worker in treason in Britain is treated lightly in comparison with the same worker in Russia, for in the latter country there is rule by violence in contrast to rule by reason and justice in British Land. —Colonist.

What hurts a woman worst in losing a man is the fear that some other woman will find him.

OFFICE CAT



BY JUNIUS

It is possible to buy a good dish-washing machine, but Fred Kennedy says a lot of men still prefer to marry them.

Isn't it terrible to see a girl with the face of an angel and then glance lower to find she's either bow-legged or knocked-kneed?

If a man has a large family he does not have much time to worry about posterity.

Man proposes, woman exposes. The invention of the saxophone was due to an accident, says a scientific magazine. One of the world's most regrettable accidents.

The Graduate
My nephew apt in language
And learned to speak in many,
But for lack of time omitted
To learn to think in any.

Women's ears are to be worn uncovered, fashion says, perhaps to better enable them to hear what the men say about their uncovered knees.

Think quickly. Execute promptly. Never give up. Never delay. Resolves not carried out are like clouds without rain in drought.

Chief Anderson says it's hard to get men to go to church for they don't seem to care what other men wear.

Are you broke or did you have your winter coal charged?

Henry Ford says he believes in moderation in everything. Joe Letcher adds, with one exception.

"That ought to shock him," leered the warden, as he shot the switch on the electric chair.

The radio reaches a lot of people, but it has yet to equal the number of listeners-in provided by a rural telephone party line.

A news item from Atchison, Kansas, said: "By mistake Steve Murphy put furniture polish instead of corn medicine on a sore toe. The soreness disappeared rapidly." Well, he has no kick coming.

Ordinary itch is only skin deep, but Jim Clark says an itch for office goes to the marrow of the bones.

"That's where I draw the line," said the artist as he adjusted the scarf for his model.

An awful bore
Is old George Yetter,
He always goes
Our yarns one better.

Ed. Stewart says the clerk who is too busy to be polite won't be near so busy after a while.

You can't travel very far on lame excuses.

Dressing up isn't much of a task for dad, opines Mable. All he needs is a clothes brush.

Have you seen our snappy ties? (Railroad advertisement).

A Fernie business man was asked where he bought his typewriter ribbons. He replied: "I don't. I always buy her flowers."

They still have a lot of toll gates on the road to success, opines Slim Goule.

Bill Wallace says the best friends are not that way if constantly in each other's company.

If a man and his wife can't get along together it is perhaps best that they separate. For if the trouble reaches an acute stage they may have to be separated.

The noblest words that man's composed
Are few and terse: "Find check enclosed."

The younger generation seems to have changed the old song to read, "Be it ever so humble there's no place at home."

In December 38 people in New Jersey committed suicide. If they wanted to get out of Jersey that bad, it seems as though they could have found a pleasanter way.

"Don't smoke and you'll come out better in the long run," said the mother to the Marathon athlete.

A Spanish matador has retired on account of his age and says he has saved a million dollars. Apparently he is not yet too old to throw the bull.

Usually, says Jimmy Mitchell, when there's little in the head much comes out of the mouth.

Father Ehman says you can't think straight and go crooked or vice versa.

It's easy to be as wise as an owl, says Scotty Bob, the chief qualification being the ability to stay out all night.

A Song of the Disillusioned
Ah, little girl; so pink and white!
You tantalize and you excite;
Your rosebud lips are wondrous sweet,
And your eyes sparkle when we meet,
I love the lights so bright and fair
That dance and riot in your hair.
Ah, you are fair, but I deplore
That you bought your curls at a beauty store.

All repairers executed without delay.—Ad. in Chelsea, Mass. Post.

DANGER OF BORROWING

Listen to a classic print shop fable: Once upon a time a nickel-nurse sent his kid to borrow the neighbor's paper, and the kid upset a hive of bees and was soon covered with lumps. His father ran to help him and caught his chin on a clothes line and sprained his back and fell and broke a \$25 watch. The clothes pole fell over on the car and smashed the windshield, and mother, rushing out to see what occasioned all the excitement, upset a five gallon churn of cream into a basket of kittens, drowning them: The electric flat-iron burned thru the ironing board while she was out of the kitchen, setting fire to the house, and the firemen broke all the windows and chopped a hole in the roof. The baby ate a jar of pickles and got cholera morbus, and the doctor's bill was \$15. The daughter ran away with the hired man during the excitement, the dog bit a neighbor's kid and the calves ate the tails off of four night-shirts on the clothes-line.

Subscribe to your home paper. Don't borrow it.—Ex.

Science gives us artificial rain and synthetic lightning when what we want is some means of making winter merely hypothetical.



ORPHEUM THEATRE
FRIDAY & SATURDAY, DEC. 25 - 26

TWO SHOWS EACH NIGHT AT 7 and 9

She—Is that a popular song you are playing?
He—It was before I began playing it.

"When I first fell off the roof," said the painter, "I didn't know where I was; but as soon as I hit the sidewalk I found out."

CANADA

WARNING TO USERS OF RADIO

All Radio Receiving Sets
MUST be Licensed

Penalty on summary conviction is a fine not exceeding \$50.00.

LICENSE FEE \$1.00 PER ANNUM

Licenses, valid to 31st March, 1926, may be obtained from Staff Post Offices, Radio Dealers, Radio Inspectors, or from Radio Branch, Department of Marine and Fisheries, Ottawa.

The proceeds from license fees are used to control broadcasting and to improve broadcast reception conditions.

A. JOHNSTON, Deputy Minister Marine & Fisheries

Jack Frost Brings King Sport to Quebec



Chateau Frontenac Dog Team with trainer. Chateau Frontenac & Toboggan Slide. (Upper right) Trotting Races—Quebec.

What is expected to be the most brilliant winter season in the history of Quebec was launched in that city recently with the formation of the Winter Sports Club which is under the patronage of His Honor the Lieutenant Governor of the Province of Quebec, Hon. Narcisse Perreault, Hon. L. A. Taschereau, Premier of the Province; and Mayor Jos. Samson of Quebec. The Club has undertaken to arrange the International College Ski Competition, the International Snow Shoe Convention, the World Championship Snowshoe races, and the famous Quebec Dog Derby. The Ski competition will include a five-mile cross-country race, a ski-jumping contest, and tests in efficiency including Christiana turns. Sight-seeing tours and sporting events will follow in harmonious succession right through the season in addition to the major events. In the Quebec Open Amateur Ski meeting in February, clubs from Montreal, Ottawa, Berlin, N.H., and others will compete. Ivin Nelson, amateur ski champion, and Oliver Kaldahl will be the ski instructors. A lady instructor is to be appointed and visitors to Quebec will be carefully instructed and taken out in parties.

As usual, skating will form one of the attractions. Lars Crawford and Mrs. Allan Kerr will act as instructors. Towards the end of January, arrangements have been made for a skating masquerade on the brilliantly

illuminated open rink outside the Chateau Frontenac, while another masquerade may be held in February. The rink will also be available for smaller masquerade skating affairs.

Moonlight ski-runs and sleighing parties, the brightly lighted toboggan slide, music from dancing rooms in the Chateau, all will add to the gaiety and charm of the carnival. The Dufferin Terrace Toboggan Slide runs well over a quarter of a mile. A long climb back, but what a soothing sensation to come flying down a long, smooth stretch of ice as if the toboggan would never stop. Five Swiss bob-sleighs have been acquired and competitions will be arranged some time in February.

Besides the regular hockey league games, negotiations are in progress to arrange an exhibition game between Sons of Ireland and a Princeton University team, while there is also every possibility of having a few ladies hockey teams. Trips will be made periodically to the Shrine at St. Anne de Beaupre, Chateau Richer, Montmorency Falls and other beautiful sites about the city. A number of excursions will be made to the Island of Orleans via the ice bridge with skiing on the return journey. This novelty is expected to make a decided hit with tourists.

Fast horses have been trained for ski-joring and will also compete on a track of beaten snow in trotting races.