

A Fashionable Woman

knows that her figure is made with her Corset. She may have beautiful and natural lines from the artist's point of view, but she knows that her form must be modelled by the Corset in order to have the contour which is necessary for her fashionable dress.

Warner's Corsets

represent the best there is in Corset designing and making. Every part of the figure in a WARNER'S MODEL is relaxed.

The Corset is scientifically boned with flexible boning, and put together so accurately that it cannot fail to fit comfortably if the proper model is selected. WARNER'S CORSETS are not expensive—they parallel the highest priced Corsets in style and beauty at much lower prices.

Every Pair guaranteed not to rust, break or tear. Prices, \$2.50 per pair up.

The Woman who wears a Warner's Corset displays a perfect figure, at the same time enjoying the best possible Corset comfort.

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Telegram

WHAT IF YOU DO FAIL.

By RUTH CAMERON.



RUTH CAMERON

"But we shall fail," she said. "Everybody fails. To some extent we are bound to fail. Because indeed nothing is clear. Nothing is a clear issue." You see I am already predicting a time of failure for your New Year's resolutions. I hope you do not think that an unkind thing to do, for I mean it far from unkindly.

The Boast Of The Wrong Things.
New Year's resolutions are beautiful things to me. I love them. Sometimes I hear people boasting that they no longer make them, and I am sorry for those people for it means to me that they are of that misguided class that boast of the wrong things. Is it something to boast about that one is losing one's idealism and one's aspirations or that one has lost 'faith in one's power' to do better? I do not think so.

A Time Of Failure, Not Absolute Failure.
But it is only because New Year's resolutions are so beautiful that I am willing to cloud the optimism of this day by predicting a time of failure. You notice I do not say failure, but a time of failure, and that is the thought I want to drive home.

Some people think that the moment a New Year's resolution is broken, it is therefore good for nothing, but to be cast on the ash heap, and that they are thereby absolved from the demands it made upon them.

What is the sense of that? **Would You Stop Trying to Find Your Way Because You Lost It Once?**
A New Year's resolution represents an aspiration towards the good and beautiful, a path that you have marked out for yourself to follow because you believe it leads towards success of one kind or another. Because you lose that path for a moment, are you to say "Oh well, perhaps it wasn't worth following after all," or I suppose I haven't enough courage or intelligence to follow it," and to wander down some by-path and give up the search? Is that what you would do if you were trying to find your way toward some city? If you had made one wrong turning, would you give up the search altogether and

abandon yourself to aimless wanderings? Suppose you make an extra resolution this year in addition to those you have planned. It is a very simple one and one which anyone can keep. You have guessed it, I am sure. That when the sad, almost inevitable, moment comes that one of your resolutions is broken, you will not abandon it but will mend it again and bravely and hopefully "carry on."

Milady's Boudoir

A NERVOUS BREAKDOWN AND BEAUTY.

Overwork and worry often cause nervous physical collapse. In such cases food and sleep should be prescribed. Perhaps one will have no desire to eat. Nevertheless it is imperative for with plenty of easily assimilated food and plenty of rest and fresh air the sooner will nervousness and weakness be overcome.

In case that one has no appetite and eating is an actual effort, liquid foods should be taken. Raw eggs and milk-rank high in value, in fact a couple of raw eggs beaten, to which is added milk not only satisfies hunger but it quite nourishing. This liquid may be sweetened and flavored if desired.

Many a woman suffers from indigestion simply from lack of exercise. If this is brought about by wealth or indolence I have but little pity to extend. Every housewife has at hand the very best means of producing a healthy condition if she will but adopt it—it is that of housework.

It is quite true that tight lacing of the waist is responsible for many cases of indigestion. The necessity for tight lacing is an ill-proportioned body, usually due to neglect or over-indulgence. The stomach rebels at being confined when performing its labors and announces its displeasure by not taking proper care of the food which results in discomfort and eventually indigestion.

Very interesting combinations of tricolette and Georgette, satin and taffeta are seen.

Narrow bands of apricot silk finish the sleeves and collar of a quaint frock in ivory silk.
The "influenza" veil has its lower half of heavy chiffon to protect the wearer from germs.

By Express This Morning:
5 Cases TURKEYS, DUCKS and GESE for New Year.
20 Cases STRICTLY FRESH EGGS.

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| Arrived to-day ex schooner from Charles...
300 sacks P.E.L. POTATOES. | MOIR'S CONNECTIONERY.
MOIR'S FRUIT CAKES,
2 lb. |
| NEW YORK LOINS. | WAGSTAFF'S PLUM PUD-
DINGS. |
| LIBBY'S SPECIAL FAMILY BEEF. | SUNKIST ORANGES. |
| VEAL LOAF—Sliced. | FLORIDA ORANGES. |
| CORNED PORK—Sliced. | FANCY TABLE APPLES. |
| CORN BEEF—Sliced. | CALIFORNIA LEMONS. |
| AMERICAN CABBAGE. | BROAD FIGS. |

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THE NEW YEAR.

Another chapter in the book of life. For us to fill with faith and courage high. Each morning we shall cut with Time's keen knife. The pages white and spotless to the eye. Some shall complete the chapter; some shall stop. And find life's narrative for them is told. Their fingers, once so sure, shall pause, then drop. The pen that was but loaned to them to hold. Few griefs Time brings itself to start our tears. We are the architects that plan and change our years. Man writes the record of his life in deeds. (Years are but chapters of the book complete). His actions, not his oft-repeated creeds. Indelibly shall stamp each glistening sheet. Nothing but empty pages brings the year. It plays no favorites with high or low. What shall be written when we finish here. We must determine as the days shall go. Time has no power the lives of men to bless. Man is the author of his own success. Another year to fill with service true! God grant that we may toll with courage fine. And with the old ideals blend the new. With neither shame nor sin to mar a line. May this book match the splendors of the old. May it relate man's progress toward his goal. And when at last the finished tale is told. May it proclaim the splendor of his soul. God grant this Year with joy and peace shall glow. And send to all the strength to make it so.

When you want Roast Beef, Roast Veal, Roast Mutton, Roast Pork, try ELLIS'.

Toronto Worrying Over War Weddings.

English Girls Marrying Canadians at Rate of 300 a Week.

Toronto, Dec. 19.—English girls marrying Canadian soldiers at the rate of 300 a week is considered by many Toronto women to be one of the most serious problems of the present generation. The fact that over 35,000 Canadian men have married English girls and that they will bring them back to make homes in Canada, a new country to them, deserves a great deal of serious thought, they say.

Mrs. Willoughby Cummings, president of the Women's Patriotic League, said: "I think it will be a very good thing for the country for the reason that it will produce an increase of English blood in Canada, which will help to counter-balance the creamy blood that we now have in our North-West. Of course it will depend greatly on the type of English girls our boys have married. If they are of a high standard they will help to promote English ideals in our country, for the average well-bred English girl is an acquisition. If our boys have not married this type it will go badly with our country for they seem to be marrying fast enough to produce a decided effect one way or the other."

"Of course, men have short memories and maybe they'll be sorry when they return and see what nice girls we have in Canada, too."

"I am sorry for the Canadian girls, I think a great many charming ones will go unmarried for this reason." Mrs. N. Brock Wilkins, president of Personal Service Club, said: "I foresee a great domestic upheaval in the future. They are doing it too fast to be safe. Our soldiers are lonely over there. The dominance of a new country appeals to the girls, and I am afraid they are marrying without giving consequences much thought. Our ideas are different from theirs, and unless they change to suit our country I think there is bound to be domestic difficulty which will result in divorce courts. The spirit of unrest likely to issue will be shown in the next generation."

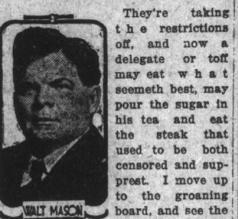
Frozen Dead At Sea.

Vessel Towed to Liverpool with one Man Dead, and Others in Freezing Condition.

Liverpool, Dec. 21.—The American schooner Catherine, of Gloucester, Mass., Capt. Archie McLeod, arrived here to-day with the French vessel Quo Vadis in tow. The Quo Vadis was bound to St. Pierre with a cargo of 3,500 bushels of salt on board. The captain of the American vessel picked up the Quo Vadis 45 miles off the coast in a helpless condition. Signals of distress were flying. Capt. McLeod went on board and found one man frozen dead and the crew in their bunks in a freezing condition. He took the vessel in tow and brought her into Liverpool. Coming up the harbor the line broke and a man on board the French vessel had his leg fractured. The American Consul here is acting for the captain and notified the French Consul in Halifax the condition of the crew of the Quo Vadis. The captain of the American vessel is asking a claim for salvage. The crew are being cared for and the doctors have them in hand.

Be sure the potatoes are thoroughly drained before starting to mash them, otherwise they will be watery. The water in which rice has been boiled can be mixed with the milk to be used in a pudding—and less milk will be necessary.

RESTRICTIONS OFF.



WALT MASON

They're taking the restrictions off, and now a delegate or two may eat with a t seemeth best, may pour the sugar in his tea and eat the steak that used to be both censored and suppressed. I move up to the groaning board, and see the old grub restored, and there are pies and hard boiled ham, and prune preserves and onion jam, and all the things I like. My being was profoundly loved when war was on, and Hoover hooved, with his official seal; and as I ate my basswood bread I sometimes tore my clothes and said, "Oh, for a good square meal! I hope to live to see the day when I won't have to live on hay and dried excelsior! Oh, how I'll eat the luscious things when we have canned a lot of kings, and won this beastly war!" And now I face the groaning board, and carve the roast beef with a sword, the sword of Bunker Hill; and there are luxuries to burn, all things for which a man might yearn—and I'm unhappy still. I can't help thinking of the skates in many war-demolished states, who cannot pick and choose; the children and the weary frames who'd like to fill their bony frames with grub that I refuse. So I feel guilty as I eat the scalloped oysters and the meat, I'm rather shy on mirch; I don't enjoy the wheaten bread; as some old sage or poet said, there's no true bliss on earth.

When you want something in a hurry for tea, go to ELLIS'—Head Cheese, Ox Tongue, Boiled Ham, Cooked Corned Beef, Bologna Sausage.

Fads & Fashions.

A high crowned hat has a rolling brim and is trimmed with large pompons of taupe feathers. The darkest and finest of mink furs are almost as handsome and very nearly as effective as sable. A tunic of brown net embroidered with jet over a slip of brown satin makes an effective costume. With a green and black plaid skirt is worn a green velvet over-blouse of most simple design. The long waist line fitted with a crushed girde is a feature which achieves a slender silhouette. A frock of turquoise blue chiffon velvet has edging of silver ribbon and a girde of dahlia-colored velvet.



THIS IS THE HOOK TO CATCH 'EM.

Fishermen, you see by the reports from Norway how they catch such enormous quantities of fish. Wall, O. Mustad's Key Brand Hook is used exclusively in that country. See that you get the Key Brand. \$175,000.00



**JUST A WHISPER
LOW and SWEET
About our BACON**

If you want to find out what really fine BACON is, try a sample fletch or two of our delicious "BERKSHIRE" brand.

We feel and believe that we can show you more intrinsically good BREAKFAST BACON than you will find anywhere else in town.

Don't take our word for it. BUY IT—TRY IT—ENJOY IT.

**F. McNAMARA,
QUEEN STREET.**

Oats and Potatoes!

Just Arrived Ex S. S. Rosina B.

1300 Bags Oats
1100 Bags Potatoes

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