



Healthy, Happy Boys and Girls

IS your child healthy? Is he or she up to standard weight, of good color, with plenty of rich, red blood to nourish the growing tissues?

For children who are thin, pale, anaemic, under weight, nervous, restless, sleepless, Dr. Chase's Nerve Food is of the greatest benefit imaginable.

Being mild and gentle in action, and yet wonderfully potent as a restorative, it soon makes the blood rich and builds up the feeble nerves.

50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.



30,000 Canadians Awarded The 1914 Star.

Thirty thousand Canadians have been awarded the 1914-15 Star to date, according to the records of the Militia Department at Ottawa. Applications are still being received for them, and there are probably still some hundreds of men and many women, who are eligible for them, but have not received them yet.

The staff of the records branch has been kept busy issuing "King's certificates on discharge," and is not nearly through with the distribution of them yet. Hundreds of applications are being dealt with daily, and this entails considerable time and labor, as all records of individuals making such application must be looked into carefully.

The honors and awards section of the branch receives many requests and queries in a day. Letters from soldiers' widows are particularly numerous and they cover a wide range of subjects. The Memorial Cross to be award-

Favors Motion Pictures

"I should rather have boys and girls go to the movies than to sit at home twirling their thumbs in a corner, imagining discordant, unruly, abnormal thoughts and brooding over budding and badly understood sex ideas. The movies furnish a clarification of youthful home-brewed fancies," so says Dr. Percy Stickney Grant, rector of the Church of the Ascension, Fifth avenue, New York, in speaking of the problem of amusement of adolescents, in a very striking article entitled, "If Christ went to the Movies," in the March issue of Photoplay Magazine.

"There is much that bears closely upon religion and social uplift in the Freudian psychoanalytic psychology. Most people spend much time in fantasy, day-dreaming, wool-gathering. The coward paints himself in heroic scenes, the shop girl pictures herself in a beautiful dress seated in the parterre of the opera. This is the stuff that 'dreams are made of.' Ideas fall into the mind not regulated by will or checked up by reality. People not only sit in dreams, but act in dreams.

"Our motion pictures are of the sort that the individual craves. First and foremost they possess whatever reality is to be had in story, drama or educational film. The movies clear out the cobwebs of the mind, putting in carefully prepared facts. They are a tonic, a regulator, and clarifier of the inner life, of the imagination. We must think of the movies as of that wonderful clean sweep that is clearing out the unhealthful fantasies of the brain."

Dr. Grant believes that Jesus would approve of the movies. "Christ approves of anything that makes for the happiness of mankind; anything that lifts the minds of his people to a higher plane; anything that refreshes and interests them after a day's hard grind." "Christ taught his followers by pictures. Parables, we call them. He used that marvelous pictorial element which is part and parcel of human life. What is the parable of the Prodigal Son but a series of pictures divinely presented? We must think of Christ as an ideal personality having vital, ethical ideas bearing on our life today, not as the vicarious offering perpetuated in the sacrament of the church. Christ lived and walked among the men of his day. He shared in the life of the common people. He ate at the Pharisees' house. He took part in the marriage celebration at Cana of Galilee. Were the Lord to descend upon our earth today can we doubt His approval of this form of education when we consider His own method of pictorial teaching?"

A yellow sheet tells of a stylishly dressed woman being found wandering in the woods, the account ending: "She was unable to give a lurid account of herself." But isn't the yellow reporter's job to supply that?—Boston Transcript.

ed widows and mothers of deceased soldiers is the subject of comment these days. But the correspondence goes all the way to Fenian medals, several of which have been given out in the last couple of months.

There are no signs of either the Allied Medal nor British Service Medal for Canadians yet. While the Militia Department has received considerable correspondence on the subject of both awards, no word as to when the actual medals may be expected by the Government has come to Canada yet.

GUARD AGAINST THE 'FLU

Serious Outbreaks of Influenza all over Canada

GOOD HEALTH IS THE SUREST SAFEGUARD

"FRUIT-A-LIVES" Brings Vigor and Vitality and Thus Protects Against Disease

There can be no doubt that the situation regarding the spread of Influenza throughout Canada is one of grave concern. It is quite true that the number of cases does not constitute an epidemic such as caused the suffering and sorrow during the terrible days of 1918. Yet there is no disguising the fact that everyone should be on their guard against the disease.

In Montreal alone, from January 20th to February 21st, three thousand, one hundred and thirty-two cases of Influenza and 183 deaths from the disease were reported to the Health Department.

If the outbreak had come at the beginning of the winter instead of the end, we might reasonably feel that the very cold weather would check the spread of the disease. But coming as it has, at the end of the winter, there is grave fear that an epidemic may occur. For spring, with its slush and rain underfoot, its dampness and chill, its constant changing from cold to warm and back again, is a prolific source of coughs and colds, pleurisy and pneumonia.

The best protection, in fact, is only safeguard against the disease, GOOD HEALTH.

Those who are not as well and strong as they should be; those who are underweight; those who are "run-down" through overwork or sickness; should build up at once. What they need is a blood-purifier, a body-builder, a strength-giver, like "Fruit-a-lives", the wonderful fruit medicine.

"Fruit-a-lives" regulates the kidneys and bowels, causing these organs to eliminate waste regularly and naturally as nature intended. "Fruit-a-lives" keeps the skin active, and insures an abundant supply of pure, rich blood. "Fruit-a-lives" tones up and strengthens the organs of digestion, sharpens the appetite, brings restful sleep and renews the vitality of the nervous system. "Fruit-a-lives" contains everything that an ideal tonic should have; to purify the blood, to build up strength and vigor, and to regulate the eliminating organs, so that the whole system would be in the best possible condition to resist disease.

Now is the time to build up your health and strength, not only as a precaution against the ravages of Influenza, but also to protect you against "spring fever" and the inevitable reaction which comes with the appearance of warmer weather. Get a box of "Fruit-a-lives" today and let this fruit medicine keep you well.

"Fruit-a-lives" is sold by all dealers at 50c a box, 6 boxes for \$2.50, trial size 25c, or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

About once in a thousand years there is a girl who really is surprised when a man proposes to her.

PILES

Do not suffer another day with itching, bleeding, or protruding Piles. No surgical operation required, and as certainly cure you as any other. Sample box free, you name on this paper and enclose 5c. stamp to pay postage.



A good many things make it pleasant to shop here; they're all included in our general principle of real service.

Its part of our service to only sell shoes of the finest quality—that's why we feature Hartt Footwear for Ladies and Gentlemen.

It's part of our service also to think more of pleasing you than of "selling" you; to see that you are properly and carefully fitted and get intelligent attention.

We always consider that any money you pay us for shoes is still your money until you've satisfied yourself that you like the shoes you've bought.

G. D. Jefferson
Wolfville, N. S.

A Health Saving Reminder

Don't wait until you get the Spanish Flu Use

Minard's Liniment

At the first sign of it. Its Healing Qualities are amazing. THE OLD RELIABLE.

Minard's Liniment Co., Ltd., Yarmouth, N. S.

SEND Your Order TO TRURO

Iron Beds from \$7.50; Springs from \$5.00; Mattresses from \$8.50. Everything needed to furnish a home. LOWEST PRICES. PROMPT SHIPMENT. SATISFACTION GUARANTEED.

Write for our Big Catalogue.

WE PAY FREIGHT on orders amounting to \$10.

VERNON & CO.,
Furniture and Carpets.
TRURO, N. S.

FINE LINEN STATIONERY

35 Cents per Box.

"THE ACADIAN" OFFICE
WOLFVILLE.

Professional Cards.

DR. J. T. HOTCHKIS
Veterinary Surgeon
WEBSTER ST. KENTVILLE.
Phone 10

M. R. ELLIOTT
A. B., M. D. (Harvard)
Office at residence of late Dr. Bowles. Telephone No. 23.
Hours—8-10 a.m., 1-3, 7-9 p.m.

COAL!

HARD COAL
SOFT COAL
COKE
KINDLING

A. N. WHEATON

R. J. Whitten

& CO.
HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.
Prompt Returns.

AUTOMOBILES FOR SALE!

Several second hand Autos. and Auto Trucks. All thoroughly overhauled and ready for the road.

T. E. HUTCHINSON
WOLFVILLE

FURNESS LINE

Regular Sailings Between
Halifax, St. John's and
Liverpool, Eng.

Halifax—London, Eng.

Every facility for

Export of Apples

Passenger Service

Halifax St. John's Liverpool

Apply to

Furness Withy & Co., Ltd.

Halifax, N. S.

St. John, N. B. Sydney, N. S. Montreal

TENDERS

Tenders will be received up to noon on Monday, March 15th, for the purchase of the Temperance Hall building and lot in Wolfville. The building is situated in the business centre of the town, the lot being 50 x 100 ft. Further description and particulars on application. The highest or any tender not necessarily accepted.

C. A. PATRIQUIN,
Wolfville, N. S., Feb. 17, 1920.



The Canadian Car and Foundry Co., at Amherst, N. S., has an order for 500 refrigerator cars. Work will be commenced as soon as stock can be secured.

Your Kidneys Sound as a Bell
Whether you are forty or eighty, you need have no trouble from your Kidneys if you use Gin Pills at the first sign of backache, dizziness, swollen joints, brick dust deposits, or urine. All these symptoms show your kidneys are affected.
Gin Pills
FOR THE KIDNEYS
are the sure, quick and safe, corrective. They have relieved Kidney Troubles of long standing. Thousands have testified voluntarily to their extraordinary power. Get a box from your druggist or dealer for prevention's sake. 50c. with money-back guarantee. Sample free on request.
Address: The National Drug & Chemical Co. of Canada, Ltd., Toronto
U.S. Address: No-Dry Co., Inc., 208 Main St., Buffalo, N.Y.