# DAILY MAGAZINE PAGE FOR EVERYBODY

WINIFRED BLACK WRITES WHERE FASHION HAS CHANGED MOST Segrets of Health The Un-moral and the Im-moral



HE un-moral woman is in the papers again. Not the im-moral woman-good ness, no! How can you be so crude?

You mustn't say people are immoral any more-that's old and, besides, it sounds bigoted and narrow minded. If they're immoral, you don't approve of them, and you think somebody ought to make a law about it, or something. But if they're un-moral—oh, that's different, entirely different.

The immoral woman isn't invited-you'd never think of leaving the un-moral woman out. The immoral woman is a "leper"-the un-

moral woman is a "type." You shudder at the very name of the immoral woman. Then you hear that the un-moral woman is going to be asked to the same week-end, you hurry and pack your suitcase and catch the first train you can to get there and begin to "study her."

She seems to do about the same things as the immoral woman, but she doesn't do them for the same reason, and that makes all the difference. She breaks up families and runs away with married men and takes little boys away from their mammas and teaches young girls to drink too much champagne—oh, it really keeps you quite busy to study the ways of the unmoral woman, but, no matter what she does, or how she does it, you must never forget the difference between those first two syllables. That's the

### Why Are They "Mysterious"?

I'm getting just the least little bit in the world tired of the un-moral woman-and the un-moral man-honestly, now, aren't you?

I can stand the immoral people well enough-I suppose they have their place in the world or they wouldn't be here—and then you always have a sort of liking for the people who are what they are—take it or leave it. You pay your money and they take their choice.

1 never can see anything so very mysterious or so very alluring about these un-moral persons. What's the secret?

.I used to like mysteries and hints and whispers. I wish I could remember how many times I've thought that I'd fall in love with some dark-eyed stranger, just because he was a stranger and his eyes were mysteriously dark. And when I started to do it he always turned out to be as commonplace as a spool of thread, and about as mysterious as a pair of scissors or

an old fashioned thimble.

I've found out by this time that the man who looks queer is queer, and you'd have to argue with me for a year to convince me that there isn't something queer about a woman who keeps on acting as if there were. The woman with advanced ideas—how interesting that sounds and how disappointing it is to find out that she has the old, old-fashioned ideas that made Delilah famous.

## Honesty Needs No Explanation.



Sleeves That Show the Way

like characteristics of fashion are watching the changes that are daily taking place in sleeve forms. It is to be remarked that only in this feature of dress has there been a decided departure from old lines. Skirts continue to flare about the ankles or spread wide at the hip line, bodices hug the figure closely and coats still ripple full below the waist, but sleeves are no longer skin-tight and without fulness at the top. Never before has there been such a varied collec-

tion of sleeves. Each frock seems to boast of its individual pair-no two are exactly alike. Here is a quintet of sleeve forms sketched at a

The first appeared in an evening gown of black By ANNETTE BRADSHAW net. The upper portion was a tiny "Empire" puff of the net gathered Betwixt and between the "into a band of black velvet. From this hung a full "wing" sleeve which is the last of this assortment. fell in graceful points about the arm. Sleeves of this type promise to chiffon, while the deep cuff is of taffeta.

ADVICE TO GIRLS

By ANNIE LAURIE

sound the knell of the sleeveless evening gown. A smart sleeve suitable for a coat or coat-dress is made of light- they are now passing through the incubator stage.

#### The Home Memorandum HOUSEHOLD HELPS By ISOBEL BRANDS

Betwixt and between the "mandolin" and the "Leg-o'-mutton" sleeves

Observe the new sleeves as they change from this phase to that, for

weight worsted material. It is joined to the

shoulder seam with a few gathers and fits the upper arm rather closely. At the elbow it begins to flare, forming a modification of the mediaeval

angel-wing sleeve, and terminates in a snugly-

bad penny, always turns up again. Here we find it fashioned of dark blue chiffon with three over-

lapping caps of blue taffeta at the top. A wrist

to the one of striped black and white taffeta. In

the short puff the stripes run in vertical lines,

while in the tight lower portion they are horizon-

tal. This sleeve is buttoned half-way to the elbow.

The full bishop sleeve, like the proverbial

Somewhat similar to the "Marguerite" sleeve

The full upper sleeve is of midnight blue

strychnine and the poison of lock have the power to cause a spasm. have the power to cause a spasm. But-there is nothing so common as the "wind from the north" to demonstrate the ability of the muscles to move inde-pendently of the will.

Why Cold and

time the

doth blow and the

chilling breeze is

in harmony with

your teeth, notice

yourself very

closely and see

exactly what it is

that happens. You DR. HIRSHI

may have the opportunity to Bolle

what is really the same thing in other

or other the jaw is specially liable to quiver spasmodically in the celd.

You will notice that the muscles which close the jaw are being thrown into a quick series of nifet little contraction. When they contract the jaw rises. After the contraction it falls by its own weight. Then the next centraction comes, and so makes the chattering, which is sometimes plainly audible. Sometimes when a person is badly frightened the muscles seem to acc its spasms. Cold, however is the general cause of this unpleasant state.

There are two kinds of the so-called spasms or chattering. Either the muscles contract and stay so as when the jaw is locked in lockjaw or the

with.

The causes of spasm and cramp—which is one kind of spasm—are very many. The only point common to them all is that they act, apart from the will, upon muscles which really have no business to contract at all except when the will commands them.

Various kinds of emotions, such as upones fright, may cause a spasm.

nse fright, may cause a spasm

Cold, if not too extreme, appears to excite the ends of the nerves in muscles, making them vibrate in tune with the

the chat er of

rhythm of the

north wind

Fear Make Your

By DR. L. K. HIRSHBERG

Teeth Chatter



bows, white leggings, bare feet and, to cap it all, add seemingly mysterious head-dresses the men wear, that look like nothing else in the world but huge feather dusters. You will now have the picture that greeted me as I rode up a small hill into the town of Tiahuanaco



# MAJOR ASHTON

One of Party of Officer Help Train New Units.

WILL LOOK AFTER CAN

Training This Summer Include Attack and Defence.

Oitawa, May 29—Announceme the bringing over from England the front of a large number of ( dian officers to assist in the tra of the Canadian units now bein ganized was made by the Minist Militia last night. The services of best available wounded officers already been secured by Gen. Hu who is a firm believer in this pla Among those mentioned are Clegg, of Peterboro; Preston, of Hope: D. D. Cameron, of Picton McPherson and Snider, of Port. Prairie; A. McDonald, British C bia; A. L. Young, Brandon; C. G. nett, Kingston; J. C. Hodson, L minister, Sask.; B. B. Morrill Sherbrooke; Major A. N. As Brantford; Porter, Toronto; I the Maritime Provinces; Law, Canadian Regiment; Gough, C. G. Arthur, Calgary; Cunn Toronto; Andrews, Winnipeg; Stockwell, Montreal; Mernagan, nipeg; and Cressy, Sudbury; Ca Weeks, London; Major Stap Lieut. Chipman, of Montreal; I Stewart, of the 214th Battalion. these officers have not had much perience at the front, yet with assistance of men of such exper of actual warfare as Major Acke Picton; Ponton, of Belleville; McCuaig, of Montreal; Captain M. Scott, of Ottawa, and sco others who may be classed as ex it is believed they will be able to the new forces into first class s With these men and the capabl ficers already in Canada Gen. He believes the different camps wi well looked after. While a great of attention will be paid t warfare, yet it is not anticipate training this Summer will be of this nature, but will comprise struction in attack and defens

A HOMESEEKERS' SPECIA TRAIN.

Tuesday, Commencing For the accommodation of seekers' and general tourist traff Western Canada, through train of ing tourist sleepers and coloni commencing Tuesday May leave Toronto 10. 40 p.m. each day until further notice, ruthrough to Winnipeg. Attention rected to the remarkably low trip fares in connection with seekers' excursions to Western ada via Canadian Pacific Rai Tickets are on sale each Tuesday October 31st inclusive, and are to return within two months date of sale. Apply to any C. Agent for full particulars. Howard, District Passenger

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• ODD and INTERESTING FACTS

Heavest Needs No Explanation.

The a remain sent like a table for charges in one do in a failed state of the Rais Your Arms at Right Angles to Your Sides, and Stretch.

A Brisk Walk Soopher, and the synthesis for the complexion and the youth reflection of the face and could not reflect the synthesis for the complexion and the youth reflection of the face and could not reflect from saying "flow do never the could not reflect the synthesis for the country as soon as you can if you wish the synthesis for a conder to soon to a highly the provided and irritability. While a third your system is in a condition to a condition to the face and could not reflect from saying "flow do never the synthesis for a conder to soon to a height of the provided and irritability. While a third your system is in a condition to the face and could not reflect from saying "flow do never the synthesis for a conder to soon to a she field in the shock of a conder to soon to a she field in the provided and irritability. While a third your system is in a condition to the face and could not reflect from saying a she field system of the provided and irritability. While a third your system is in a condition to a condition to the face and could not reflect the system of the provided and irritability. While a third your system is in a condition to a condition to a condition to the face and could not reflect the system of the provided and irritability. While a third your system is in a condition to a conditi



New Zealand's highest waterfall. Belgium's population at the outbreak amed the Sutherland, is 1904 feet. Belgium's population at the outbreak of war was 7,700,000.

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