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"The Quality Mark is Upheld by Clark"

Appetising Recipes

KITCHEN EFFICIENCY

Two purposes lie behind the publication of this little book. The first is to show you handy, labour-saving ways in which Clark's Prepared Foods can cut down the time you spend in the kitchen. Then we introduce some practical recipes that provide pleasant and tasty changes in the family menu.

All the recipes are by well-known authorities and have been thoroughly tested by experts. They are just as economical as they are appetizing and nourishing.

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